

# Substitutional p-Type Doping in NbS<sub>2</sub>–MoS<sub>2</sub> Lateral Heterostructures Grown by MOCVD

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Monolayer MoS<sub>2</sub> has attracted significant attention owing to its excellent performance as an n-type semiconductor from the transition metal dichalcogenide (TMDC) family. It is however strongly desired to develop controllable synthesis methods for 2D p-type MoS<sub>2</sub>, which is crucial for complementary logic applications but remains difficult. In this work, high-quality NbS<sub>2</sub>–MoS<sub>2</sub> lateral heterostructures are synthesized by one-step metal–organic chemical vapor deposition (MOCVD) together with monolayer MoS<sub>2</sub> substitutionally doped by Nb, resulting in a p-type doped behavior. The heterojunction shows a p-type transfer characteristic with a high on/off current ratio of  $\approx 10^4$ , exceeding previously reported values. The band structure through the NbS<sub>2</sub>–MoS<sub>2</sub> heterojunction is investigated by density functional theory (DFT) and quantum transport simulations. This work provides a scalable approach to synthesize substitutionally doped TMDC materials and provides an insight into the interface between 2D metals and semiconductors in lateral heterostructures, which is imperative for the development of next-generation nanoelectronics and highly integrated devices.

thickness,<sup>[1]</sup> layer-dependent band structure,<sup>[2]</sup> and favorable electrical properties.<sup>[3]</sup> Among them, monolayer molybdenum disulfide (MoS<sub>2</sub>) is most widely studied due to its strong photoluminescence<sup>[4]</sup> (PL) and high stability.<sup>[3]</sup> Monolayer MoS<sub>2</sub> with a large intrinsic bandgap of 1.8 eV<sup>[5]</sup> and a high on/off current ratio of 10<sup>8</sup> in n-type FET devices<sup>[1]</sup> behaves as an n-type semiconductor, which is attributed to the electron doping by sulfur vacancies,<sup>[6,7]</sup> Moreover, MoS<sub>2</sub>-based integrated nanoelectronics are emerging rapidly in recent years, such as in-memory devices<sup>[8]</sup> and artificial neural networks (ANNs),<sup>[9]</sup> which highlights their potential to extend Moore's law in advanced technologies.<sup>[10,11]</sup> Complementary logic applications based on MoS<sub>2</sub> are desirable for the realization of a platform for low energy-consuming and high effective computing, which requires the reliable synthesis of p-type MoS<sub>2</sub>.<sup>[12]</sup>

Several methods have been reported to achieve p-type doped MoS<sub>2</sub>, such as plasma treatment,<sup>[13–15]</sup> charge transfer,<sup>[16,17]</sup> and contact engineering.<sup>[12,17]</sup> However, these non-intrinsic p-type doped MoS<sub>2</sub> were limited to multilayer thicknesses and their further applications are hindered by the complicated process

## 1. Introduction

Semiconducting 2D transition metal dichalcogenides (TMDCs) have been extensively investigated for next-generation nanoelectronics and optoelectronics because of their atomic scale

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and low controllability,<sup>[18]</sup> showing that the synthesis of high-quality and controllable p-type doped monolayer MoS<sub>2</sub> remains a challenge. Recently, some attempts have been reported to introduce substitutional metal doping with Nb atoms inside MoS<sub>2</sub> lattice structure by chemical vapor deposition (CVD),<sup>[18–20]</sup> realizing charge transfer by electron occupation of metal d-orbitals.<sup>[21,22]</sup> Nevertheless, these p-type MoS<sub>2</sub> FET devices show a low on/off ratio and carrier mobility because of their large contact resistance related to strong Fermi level pinning on metal contacts.

2D metal–semiconductor (M–S) junctions based on TMDC heterostructures are expected to result in a reduced contact resistance due to weakened Fermi level pinning and modulation of the Schottky barrier.<sup>[23]</sup> Furthermore, the interface of these 2D M–S heterostructures is one of the crucial factors determining their performance, requiring comprehensive characterization, such as identifying geometrical distortions, interfacial coupling, and electronic states.<sup>[24]</sup> Although TMDC heterostructures can be obtained using the transfer technique thanks to van der Waals interactions,<sup>[25]</sup> CVD growth is scalable toward large area growth, layer number control, high reproducibility, as well as low residue<sup>[26]</sup> concentration. Several examples of lateral and vertical TMDC heterostructures grown by CVD have been reported, including semiconductor–semiconductor heterostructures (e.g., MoS<sub>2</sub>/WS<sub>2</sub>,<sup>[27]</sup> MoS<sub>2</sub>/MoSe<sub>2</sub><sup>[28]</sup>) and metal–semiconductor heterostructures (e.g., NbS<sub>2</sub>/WS<sub>2</sub><sup>[29]</sup>).

Here, we demonstrate the one-step simultaneous MOCVD synthesis of NbS<sub>2</sub>–MoS<sub>2</sub> lateral heterostructures with p-type Nb substitutional doping of monolayer MoS<sub>2</sub>. Atomic force microscopy (AFM), Raman spectroscopy, photoluminescence (PL), aberration-corrected scanning transmission electron microscopy (STEM) combined with energy-dispersive X-ray spectroscopy (EDX) were used to confirm the high-quality lateral heterostructure growth and substitutional Nb doping. The FET device based on our heterojunction exhibits a p-type transfer characteristic with the highest on/off current ratio of 10<sup>4</sup> ever reported in p-type MoS<sub>2</sub> realized via substitutional metal doping. Density-functional theory (DFT) simulations were performed to calculate the band structures of Nb-doped MoS<sub>2</sub> and reveal the Fermi level alignment at the interface with the critical role of doping. Temperature-dependent *I*–*V* characterization and self-consistent quantum transport simulations were carried out to extract the Schottky barrier height (SBH) at the interface of the p-type heterojunction.

## 2. Results and Discussion

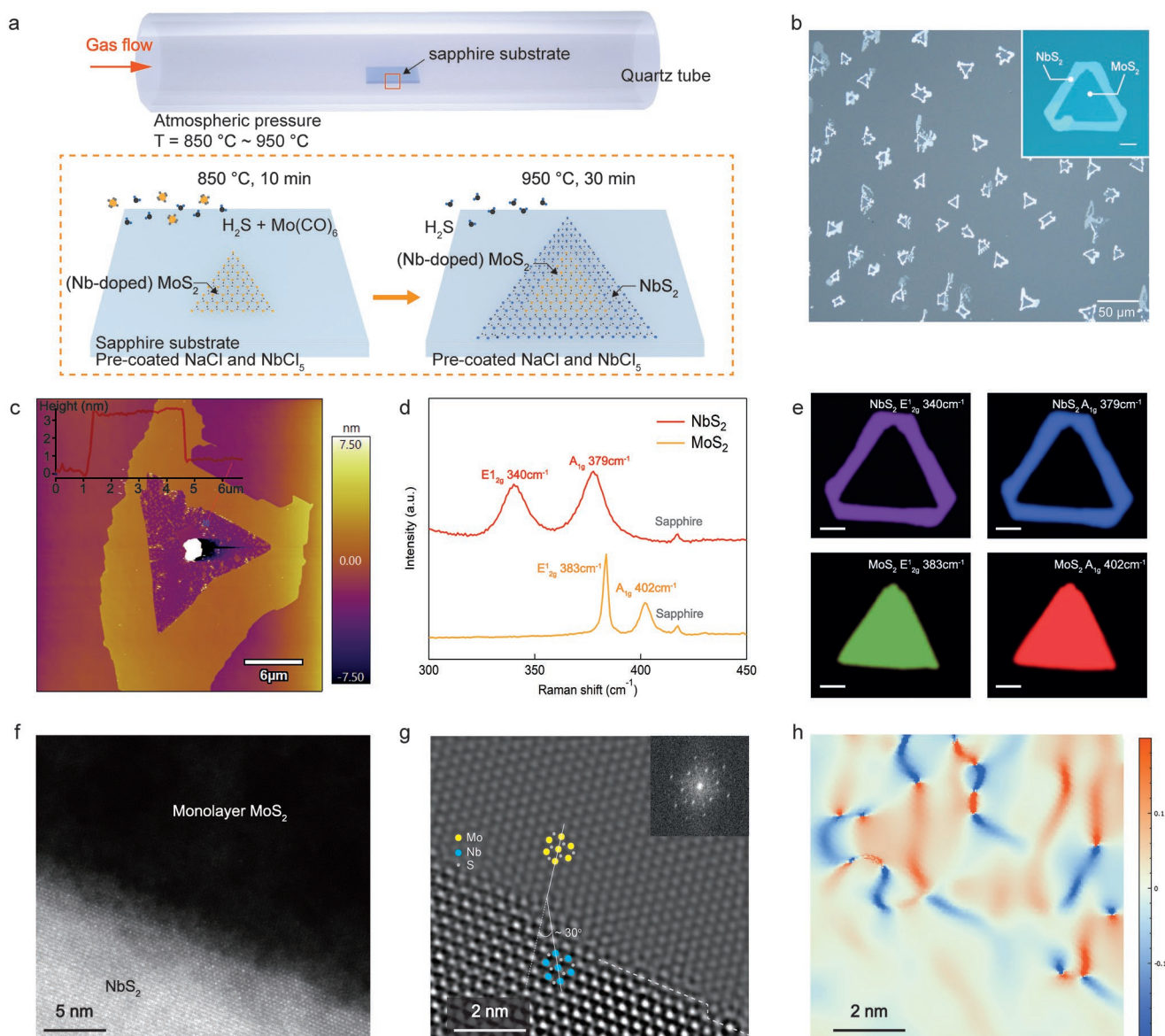
### 2.1. 2D NbS<sub>2</sub>–MoS<sub>2</sub> Lateral Heterostructures Grown by MOCVD

Our NbS<sub>2</sub>–MoS<sub>2</sub> lateral heterostructures were synthesized by sequentially growing each component on a *c*-plane sapphire wafer in a home-built MOCVD system, as schematically shown on **Figure 1a**. Since NbS<sub>2</sub> requires a higher growth temperature than MoS<sub>2</sub> according to our previous results,<sup>[30,31]</sup> the quartz tube was first heated to 850 °C with temperature maintained for 10 min for monolayer MoS<sub>2</sub> growth. During this time, molybdenum hexacarbonyl (Mo(CO)<sub>6</sub>) and hydrogen sulfide (H<sub>2</sub>S) precursors were simultaneously introduced into the

growth tube. Subsequently, the precursor supply was turned off and the tube was continuously heated until 950 °C. Monolayer MoS<sub>2</sub> on sapphire substrate was in turn employed for the preparation of heterostructures. H<sub>2</sub>S flow was resumed, reacting with the pre-coated NbCl<sub>5</sub> and resulting in NbS<sub>2</sub> growth. Initial nucleation of NbS<sub>2</sub> preferably takes place at the edges of as-grown MoS<sub>2</sub> due to its high chemical reactivity. NbS<sub>2</sub> growth continues outward onto the surface of sapphire owing to its lower Gibbs free energy compared to the surface of MoS<sub>2</sub>,<sup>[32]</sup> resulting in lateral NbS<sub>2</sub>–MoS<sub>2</sub> heterostructures. Typical as-grown NbS<sub>2</sub>–MoS<sub>2</sub> lateral heterostructures are shown in **Figure 1b**, characterized by MoS<sub>2</sub> triangles with a lateral size of ≈30 μm and surrounded by NbS<sub>2</sub> with a width of ≈5 μm. Notably, the successive growth of both components without air exposure prevents the oxidation of as-grown MoS<sub>2</sub> edges, which is essential for the formation of high-quality lateral heterostructures. Additional details on the growth method are available in the Experimental Section.

**Figure 1c** shows the AFM image of an as-grown NbS<sub>2</sub>–MoS<sub>2</sub> lateral heterostructure on the sapphire substrate, indicating a smooth surface with a thickness of 3 nm for NbS<sub>2</sub> and a height of 0.7 nm for monolayer MoS<sub>2</sub>. By controlling the different growth parameters, we were able to tune the thickness of NbS<sub>2</sub> within the heterostructures between 3 and 10 nm. **Figure 1d** presents the Raman spectra obtained from different regions of the heterostructure acquired at room temperature. The Raman spectrum from the central region (orange curve) contains two typical peaks at 383 cm<sup>−1</sup> (E<sub>2g</sub><sup>1</sup>) and 402 cm<sup>−1</sup> (A<sub>1g</sub>), confirming the monolayer nature of MoS<sub>2</sub>. The peripheral region shows peaks in the Raman spectrum (red curve) located at 340 cm<sup>−1</sup> (E<sub>2g</sub><sup>1</sup>) and 379 cm<sup>−1</sup> (A<sub>1g</sub>), in agreement with the vibration modes of NbS<sub>2</sub>. Raman intensity maps corresponding to the characteristic modes of NbS<sub>2</sub> and MoS<sub>2</sub> are shown in **Figure 1e**. Uniform signals indicate uniform chemical distribution and the clear boundaries can be seen between the NbS<sub>2</sub> and MoS<sub>2</sub> regions, confirming the formation of in-plane heterostructures without alloying.

To investigate the atomic structure and interface of the heterostructure, aberration-corrected annular dark-field (ADF)-STEM imaging was performed with images shown in **Figure 1f,g**. Due to varying thickness, few-layer NbS<sub>2</sub> shows stronger contrast in comparison to monolayer MoS<sub>2</sub>. The magnified and filtered image shows a clear and sharp interface between the two materials. Moreover, the fact that NbS<sub>2</sub> is vertically stacked in a hexagonal lattice arrangement (2H-phase) with no visible defects in the individual regions suggests a high crystalline quality of our heterostructure samples. A relative orientation angle of ≈30° is estimated from their atomic lattice structure of the heterostructure, which can be further confirmed from the corresponding fast Fourier transformation (FFT) image shown in the inset. Energy-dispersive X-ray spectrometry (EDX) spectrum and mappings shown in **Figure S1** (Supporting Information) present the elemental spatial distribution, also confirming the chemical compositions of NbS<sub>2</sub> and MoS<sub>2</sub>. Geometric phase analysis (GPA) of the corresponding ADF-STEM image shows compressive in-plane strain along the interface with MoS<sub>2</sub> (see **Figure 1h**). Distribution of strain is clearly observed along the interface, which is attributed to the lattice mismatch and layer variations of the two compounds.



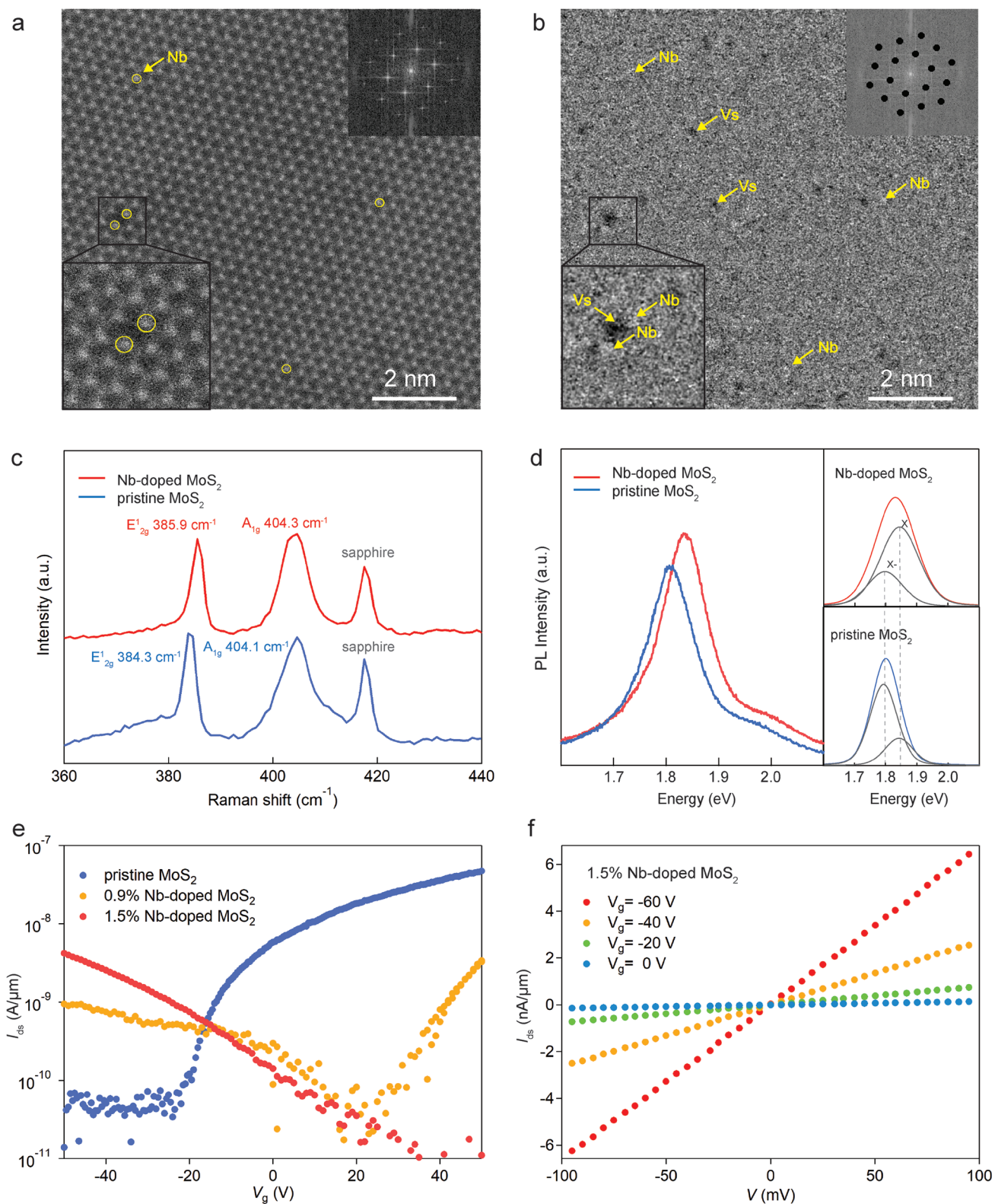
**Figure 1.** NbS<sub>2</sub>-MoS<sub>2</sub> lateral heterostructures grown by MOCVD. a) Schematic illustration of the MOCVD process for NbS<sub>2</sub>-MoS<sub>2</sub> lateral heterostructure growth. b) Optical microscopy image of as-grown NbS<sub>2</sub>-MoS<sub>2</sub> lateral heterostructures grown on sapphire. Inset: Zoomed-in image presenting a MoS<sub>2</sub> triangle surrounded by NbS<sub>2</sub>. Scale bar: 10 μm. c) AFM image and the corresponding height profile of as-grown NbS<sub>2</sub>-MoS<sub>2</sub> lateral heterostructure. The thicknesses of NbS<sub>2</sub> and MoS<sub>2</sub> are ≈ 3 nm and 0.7 nm, respectively. d) Raman spectra at room temperature for NbS<sub>2</sub>-MoS<sub>2</sub> lateral heterostructures on sapphire. The red curve was measured on peripheral NbS<sub>2</sub>, while the orange curve was taken on central MoS<sub>2</sub>. e) Raman mapping images based on the intensity of the typical modes on NbS<sub>2</sub> region and MoS<sub>2</sub> region from the heterostructure sample. Scale bar: 10 μm. f, g) STEM images taken on the interface of NbS<sub>2</sub>-MoS<sub>2</sub> lateral heterostructure. The darker side shows monolayer MoS<sub>2</sub>, while the brighter sides correspond to few-layer NbS<sub>2</sub>. A mis-orientation angle of 30° can be observed. Inset of (g) FFT of the ADF-STEM image shown in (g). The separated diffraction spots indicate the in-plane growth of the heterostructure. h) 2D strain mapping of NbS<sub>2</sub>-MoS<sub>2</sub> heterostructure for in-plane ( $\epsilon_{xx}$ ) direction, which is analysed from the corresponding image shown in (g).

## 2.2. p-Type Nb-Doped Monolayer MoS<sub>2</sub> in the Heterostructures

Our monolayer MoS<sub>2</sub> in the heterostructures was substitutionally doped with Nb atoms during the MOCVD process. Nb dopants were introduced from pre-coated NbCl<sub>5</sub> into the MoS<sub>2</sub> lattice during the initial, MoS<sub>2</sub> growth phase, at 850 °C (Figure 1a, left panel). Notably, the substitutional doping (together with MoS<sub>2</sub> growth) and the formation of the hetero-

structure interface with NbS<sub>2</sub> and subsequent NbS<sub>2</sub> take place at different stages and temperatures of growth process, independently of each other.

A typical ADF-STEM image acquired in the individual MoS<sub>2</sub> region in Figure S2a (Supporting Information) shows the large and contamination-free region. Further magnified ADF-STEM image in Figure 2a shows the perfect atomic lattice structure of monolayer MoS<sub>2</sub>. Several sulfur vacancies, a



**Figure 2.** Nb-doped MoS<sub>2</sub> in the lateral heterostructures. a,b) ADF-STEM image of the Nb-doped MoS<sub>2</sub> film and inverse fast Fourier transform (IFFT) filtered image, respectively. Top-right insets show the corresponding FFT images. c,d) Raman and PL spectrum of Nb-doped MoS<sub>2</sub> compared with pristine MoS<sub>2</sub> on sapphire substrates measured at room temperature. e) Transport properties of Nb-doped MoS<sub>2</sub> with various doping concentrations. A Ti/Au stack is utilized as an electrode contact. Pristine MoS<sub>2</sub> shows an n-type behavior, 0.9% Nb-doped MoS<sub>2</sub> shows both p-type and n-type behavior, and 1.5% Nb-doped MoS<sub>2</sub> shows a p-type behavior. Source–drain voltage was fixed at 200 mV during the measurement. f) *I*–*V* curves of 1.5% Nb-doped MoS<sub>2</sub> under various back-gate voltages at room temperature.

common defect in TMDs, can be observed. The fast Fourier transform (inset) pattern from the corresponding image further confirms the high-quality growth. In principle, different atoms can be identified directly from their atomic contrast because of the relation between ADF intensity and the  $Z$  number ( $\approx Z^2$ ). However, since Nb and Mo differ from each other by only one  $Z$  number, it is not straightforward to distinguish them in ADF-STEM images. Therefore, the inverse fast Fourier transform (IFFT) method was used to identify Nb dopants in MoS<sub>2</sub>,<sup>[33]</sup> as shown in Figure 2b. Nb atoms are highlighted with yellow circles in Figure 2a and can be seen as bright dots at the corresponding location in Figure 2b. Sulfur vacancies ( $V_S$ ) are also visible as black dots in Figure 2b. Quantitative ADF-STEM simulations were also performed to distinguish Nb as substituent atoms (see in Figure S2c, Supporting Information), using the DFT calculated atomic models with similar imaging parameters as in the experiments. The line profiles from both experimental and simulated images show a lower intensity along Nb atoms compared with Mo atoms. In addition, to extract the doping concentration precisely, EDX spectroscopy was further employed in the MoS<sub>2</sub> region as shown in Figure S3 (Supporting Information). Elemental mapping and spectrum from the corresponding region show the spatial distribution of S, Mo, and Nb atoms. Although the K and L edge energies for Nb and Mo are very close, peak deconvolution can be used to separate them, highlighting the uniform distribution of the three elements within the measured region showing an atomic concentration of  $S > Mo > Nb$ . Average Nb dopant concentration extracted from the EDX is  $\approx 1.5\%$ .

Figure 2c compares Raman spectra acquired from the Nb-doped MoS<sub>2</sub> and pristine MoS<sub>2</sub> on sapphire substrate. Both of the characteristic peaks ( $E_{2g}^1$  and  $A_{1g}$ ) show a separation of  $\approx 20\text{ cm}^{-1}$ , indicating the monolayer nature of the pristine MoS<sub>2</sub> and Nb-doped MoS<sub>2</sub>. The Raman signals of Nb-doped MoS<sub>2</sub> show a blueshift compared with the pristine MoS<sub>2</sub>, consistent with previous literature.<sup>[18]</sup> The same location of sapphire signals confirms that the shift is not due to noise. The shift of Raman spectra depends on the coexistence of strain and charge doping.<sup>[34,35]</sup> In our case, the blueshift of Raman signals can be explained by growth-induced tensile strain and reduced electron-phonon scattering, which results from the distorted lattice and hole injection due to the substitutional Nb-doping,<sup>[18]</sup> respectively.

Figure 2d presents PL spectra of Nb-doped monolayer MoS<sub>2</sub> and pristine monolayer MoS<sub>2</sub>, as well as their corresponding fitting curves. A strong PL peak located at  $\approx 1.80\text{ eV}$  was observed in pristine monolayer MoS<sub>2</sub>, in-line with its direct-bandgap nature.<sup>[4]</sup> Compared with pristine MoS<sub>2</sub>, the Nb-doped monolayer MoS<sub>2</sub> shows a blueshifted PL peak with enhanced intensity, which is consistent with previous results on p-type doping of MoS<sub>2</sub>.<sup>[18,36]</sup> To explain the spectral changes, the PL peaks can be considered as a combination of the trion ( $X^-$ ) peak at  $\approx 1.79\text{ eV}$  and the exciton ( $X$ ) peak at  $\approx 1.85\text{ eV}$ , as shown by the gray curves. In pristine MoS<sub>2</sub>, the PL spectra are dominated by the trion ( $X^-$ ) peak because of the strong electron doping.<sup>[37]</sup> With Nb doping, the exciton ( $X$ ) peak becomes dominant due to the reduced electron density and a suppressed electron concentration.

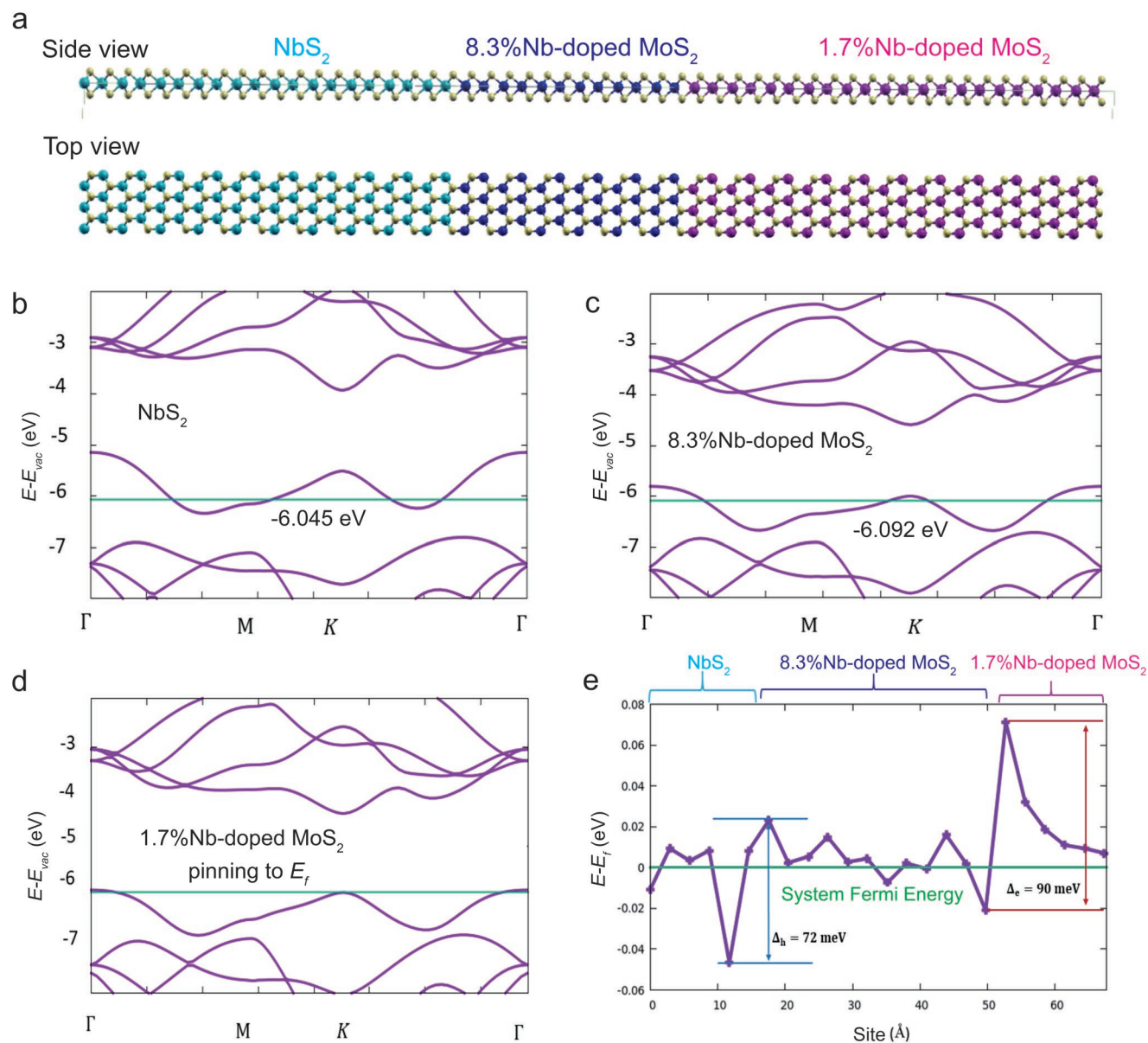
To examine electrical transport properties of our Nb-doped MoS<sub>2</sub>, transfer characteristics were studied on multiple samples with different doping concentrations with results shown in Figure 2e. Notably, a Ti/Au stack was used as a conventional 3D contact to our MoS<sub>2</sub> channel. The variation of Nb dopant concentration is due to different amounts of spin-coated NbCl<sub>5</sub> precursor during growth, which shows a range of 0.9% to 4.6% according to our EDX analysis (see in Figure S4, Supporting Information). A clear transition from n-type to p-type is visible from the transfer curves, as the Nb dopant concentration increases. In 1.5% Nb-doped MoS<sub>2</sub> sample, a typical p-type behavior with an on/off ratio of  $1 \times 10^3$  and field-effect mobility of  $\approx 1.43\text{ cm}^2\text{ V}^{-1}\text{ s}^{-1}$  was observed. The mobility is lower than that of pristine MoS<sub>2</sub>, which can be attributed to the increased structural distortion because of substitutional Nb doping in MoS<sub>2</sub>. Nevertheless, in a sense of material development, p-type MoS<sub>2</sub> achieved by substitutional doping is already an advancement compared to pristine MoS<sub>2</sub>. Additionally, a linear  $I$ - $V$  curve displays ohmic contacts between Nb-doped MoS<sub>2</sub> and Ti electrodes within our measured range, as shown in Figure 2f.

### 2.3. Atomistic and Electronic Structures of NbS<sub>2</sub>-MoS<sub>2</sub> Heterojunction

To shed theoretical insight into the heterojunction between metallic NbS<sub>2</sub> and p-type Nb-doped monolayer MoS<sub>2</sub>, first-principle calculations were performed based on DFT. Density of states (DOS) and the band structure for the heterojunction are shown in Figure 3. The detailed calculation parameters are available in the Supporting Information.

To model the NbS<sub>2</sub>-MoS<sub>2</sub> lateral heterostructure at the quantum-mechanical (QM) level, we exploit the virtual crystal approximation (VCA),<sup>[38]</sup> i.e., we define “mixed” chemical elements composed of a given percentage of Nb and Mo elements. This allows us to rapidly analyze the structural and electronic properties of phases with Mo/Nb mixed composition. From this analysis, we create our QM structural model: a reasonably large unit cell (depicted in Figure 3a) made of: i) pure NbS<sub>2</sub>, ii) a Nb-doped MoS<sub>2</sub> buffer, and iii) a slightly Nb-doped core/pristine MoS<sub>2</sub> (the Nb-doping content is  $\approx 1.5\%$  at the experimental level, set to 1.66% for convenience in the simulations). The buffer phase (ii) is introduced to mediate the 5% lattice mismatch between MoS<sub>2</sub> (3.19 Å at the DFT level) and NbS<sub>2</sub> (3.35 Å). Its doping level is set to 8.3%, as this doping is energetically the most stable, i.e., it has the minimum gradient of total energy and work function with respect to the lattice parameter (see the Supporting Information for more details).

The VCA analysis of the pure phases detailed in the Supplementary Information confirms the dependence of band structure upon lattice parameters.<sup>[40,41]</sup> Moreover, a fragment analysis<sup>[39]</sup> of the system, illustrated in Figure 3e, leads us to two further conclusions. First, the top of the valence band (TVB) of semiconducting MoS<sub>2</sub> is pinned to the Fermi level of the system. Second, there are two localized barriers in the electrostatic potential at the NbS<sub>2</sub>/[8.3%Nb-doped-MoS<sub>2</sub>]/[1.7%Nb-doped-MoS<sub>2</sub>] junctions of  $\Delta_{\text{h}} \approx 72\text{ meV}$  and



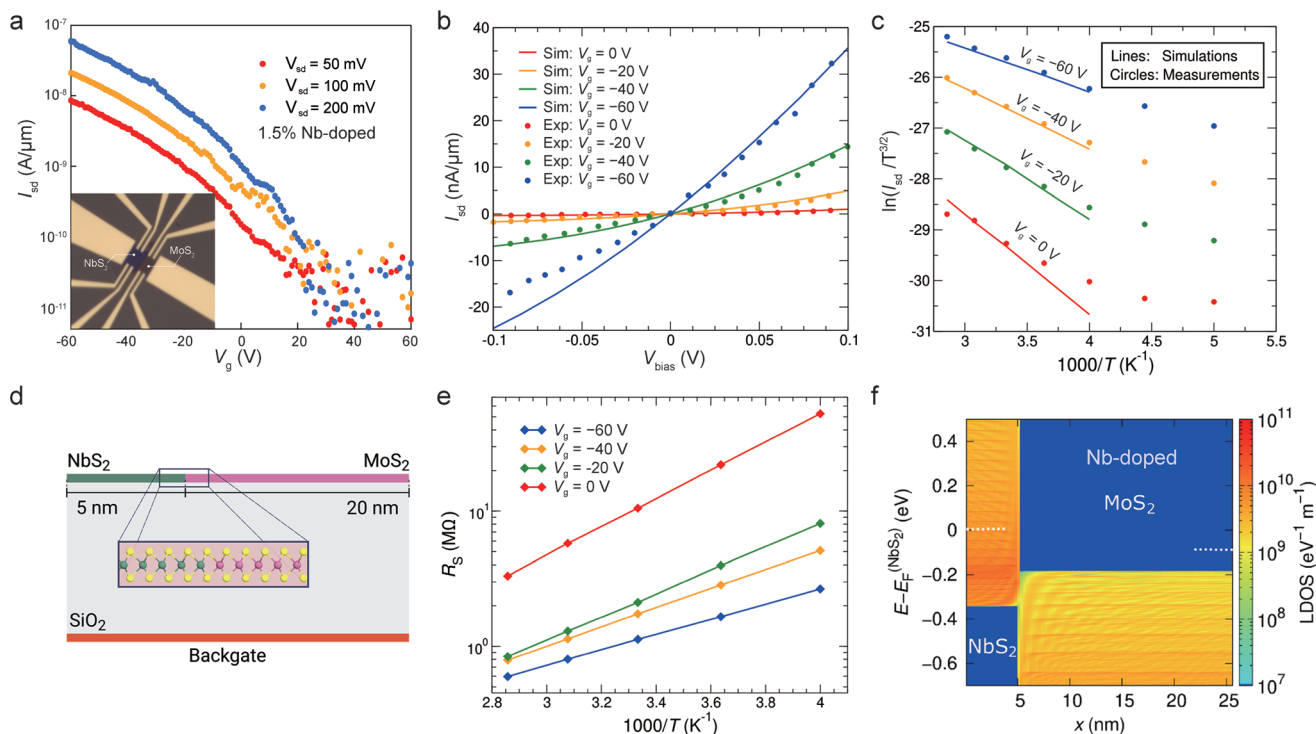
**Figure 3.** QM modeling of the NbS<sub>2</sub>/MoS<sub>2</sub> lateral heterostructure in terms of a composite three-phase NbS<sub>2</sub>/8.3% Nb-doped MoS<sub>2</sub>/1.7% Nb-doped MoS<sub>2</sub> system. a) Atomistic depictions in side and top views. b–d) Band structure of the pure fragments, aligned as derived from the analysis of the electrostatic potential in the scattering system. e) Profile of local Fermi energy or local top of the valence band profile along the transmission direction derived from a fragment analysis of the electrostatic potential on metal atoms,<sup>[39]</sup> with a highlighted potential jump at the buffer-phase/MoS<sub>2</sub> junction of  $\Delta = 90$  meV.

$\Delta_e \approx 90$  meV, which suggests a suppression of transmission at the heterojunctions, despite the uncertainty in the values of these barriers due to the deformation of the band structure following the formation of charge dipoles at the interface (Figure S11, Supporting Information). In synthesis, QM modeling predicts that the lattice and electronic mismatch at the NbS<sub>2</sub>–MoS<sub>2</sub> lateral heterostructure is overcome by Nb doping of MoS<sub>2</sub> (as produced by growing NbS<sub>2</sub> in excess of Nb onto pre-prepared MoS<sub>2</sub> flakes and evidenced by EDX and ADF-STEM measurements) mediating structurally and electronically the NbS<sub>2</sub>→MoS<sub>2</sub> transformation, and giving rise

to a p-type NbS<sub>2</sub>–MoS<sub>2</sub> heterojunction, also possessing good electrical transport properties.

#### 2.4. p-Type NbS<sub>2</sub>–MoS<sub>2</sub> Heterojunctions

To characterize the transport properties of our MOCVD-grown NbS<sub>2</sub>/p-type MoS<sub>2</sub> lateral heterostructures, FET devices based on the heterojunctions were fabricated on Si/SiO<sub>2</sub> substrate (shown in Figure S5, Supporting Information), where NbS<sub>2</sub> is used as a 2D contact compared to the devices with conventional



**Figure 4.** a) Room-temperature transfer characteristic of the FET device based on the NbS<sub>2</sub>-MoS<sub>2</sub> lateral heterojunction with 1.5% of Nb doping concentration, shown in the inset. NbS<sub>2</sub> is utilized as a 2D contact. Scale bar: 10 μm. Back-gate voltage V<sub>g</sub> is applied to the substrate with a source-to-drain voltage ranging from 50 to 200 mV. P-type behavior is demonstrated from the transfer curves. b) Comparison of measured and simulated I<sub>ds</sub>-V characteristics of an NbS<sub>2</sub>-MoS<sub>2</sub> lateral heterojunction at room temperature for different values of back-gate voltage. c) Comparison of the Arrhenius plots obtained from measurements (dots) and simulations (lines). The probe voltage was fixed to 100 mV during the measurement. d) Sketch of the simulated device (not to scale). e) Sheet resistance R<sub>s</sub> extracted from simulations as a function of temperature. f) Colormap of the density of states along the device close to flat-band conditions. The dotted lines denote the Fermi level at the NbS<sub>2</sub> and MoS<sub>2</sub> contacts.

3D contacts shown in Figure 2e. A linear *I*-*V* curve confirms metallic behavior without gate modulation of our NbS<sub>2</sub> at room temperature with a total resistance (*R*<sub>tot</sub>) of 770 Ω (see in Figure S6, Supporting Information). **Figure 4a** demonstrates the room-temperature transfer characteristic curves collected from the FET devices shown in the bottom-left image with a 1.5% Nb doping concentration. A typical p-type behavior with an on/off ratio of 1 × 10<sup>4</sup> was observed and the four-probe field-effect mobility is calculated to be 1.46 cm<sup>2</sup> V<sup>-1</sup> s<sup>-1</sup> (defined as  $\mu = \frac{dI_{ds}}{dV_g} \times \frac{L}{WC_1V}$ , where *L* and *W* are the channel length and width between two voltage probes, respectively, while C<sub>1</sub> is the capacitance between Nb-doped MoS<sub>2</sub> channel and the back gate per unit area). The four-probe *I*-*V* curves in Figure 4b present the output characteristics of the NbS<sub>2</sub>-MoS<sub>2</sub> lateral heterojunction at room temperature. A non-symmetric current rectification behavior is visible from the *I*-*V* curves, indicating the presence of a Schottky contact at the heterointerface. To study the Schottky barrier height (SBH) at the NbS<sub>2</sub>/p-type MoS<sub>2</sub> junction, temperature-dependent transport measurements were carried out under various gate voltages, as shown in Figure 4c. In order to obtain an accurate estimate of the barrier height, we fit the measurement data with the results of quantum transport simulations of the heterojunction. We have used the following transport model to perform our simulation: NbS<sub>2</sub> and MoS<sub>2</sub>

monolayers were described by a nearest-neighbor, two-orbital tight-binding Hamiltonian. The Hamiltonian parameters were calibrated to obtain the best agreement with the DFT band structures of the uncoupled materials in the energy range of interest for transport phenomena. This model leaves as free parameters the hopping amplitude between the monolayers at the heterointerface and the height of the Schottky barrier in flat-band conditions. The value of both of these quantities was iteratively adjusted in order to obtain the best fit of the I<sub>ds</sub>-*V* characteristics. The value *t*<sub>IF</sub> of the hopping amplitude considered in simulations also accounts for the cumulative effect of the defects and disorder localized at interface, which is otherwise assumed to be ideal in our model. We estimated |*t*<sub>IF</sub>| ≈ 2 × 10<sup>-6</sup> eV, a very small value, which suggests a strongly defective interface in addition to the localized barriers already observed in Figure 3e.

The cross section of the simulated device is sketched in Figure 4d. The simulation domain in the transport direction is restricted to a neighborhood of the heterointerface. For a given I<sub>ds</sub> current, the voltage drop over this region is smaller than the experimentally measured *V*, due to the presence of a residual parasitic sheet resistance R<sub>s</sub> associated to the ≈5 μm-long MoS<sub>2</sub> region between the heterojunction and the voltage contact. In order to map the source-to-drain bias over the simulation region into *V*, and thus, obtain results directly

comparable with the experimental data, we estimated  $R_s$  from the  $I_{ds}-V$  measurements at room temperature by means of the Cheung method.<sup>[42]</sup> The dependence of  $R_s$  on the temperature was modeled by assuming  $R_s \propto \exp\left(\frac{\Delta E_v}{k_B T}\right)$ , where the distance  $\Delta E_v$  between the top of the valence band and the Fermi level in the  $\text{MoS}_2$  was estimated from the simulation of the metal/ $\text{SiO}_2$ / $\text{MoS}_2$  stack in equilibrium conditions. It is shown in Figure 4e for different values of  $V_g$ .

To take into account the substitutional doping due to Nb atoms,  $\text{MoS}_2$  was assumed p-doped at a concentration of  $6 \times 10^{12} \text{ cm}^{-2}$ . This value is in reasonable agreement with the doping levels extracted from the EDX data. Furthermore, a uniform density of states  $D_{it} = 3.4 \times 10^{13} \text{ cm}^{-2}$  was included in the  $\text{MoS}_2$  bandgap to model the presence of traps at the interface with  $\text{SiO}_2$ . The simulation results for the  $I_{ds}-V$  characteristics and for the Arrhenius plot are compared with the corresponding experimental data in Figure 4b,c, respectively. The plots show that our numerical model closely reproduces the dependence of the current on both the back-gate voltage and the bias voltage, for temperatures sufficiently close to 300 K and higher. The deviations of the experimental Arrhenius curves from the exponential behavior for temperatures  $\lesssim 250$  K are likely due to disorder-induced fluctuations of the Schottky barrier height along the  $\text{NbS}_2\text{-MoS}_2$  interface.<sup>[43]</sup> This effect is not taken into account in our simulations. Figure 4f shows the local density of states along the device close to flat band conditions. According to the map, the corresponding Schottky barrier height turns out to be  $\Phi_B^{\text{FB}} \approx 230$  meV.

### 3. Conclusion

One-step MOCVD method was utilized to synthesize  $\text{NbS}_2\text{-MoS}_2$  lateral heterostructures with Nb dopants present in monolayer  $\text{MoS}_2$ . A visible interface and high quality of the as-grown heterostructures were proven by detailed characterization. Due to the increased hole concentration from Nb doping, monolayer  $\text{MoS}_2$  shows a p-type transfer characteristic with a high on/off current ratio of  $\approx 10^4$ . A detailed compositional model of the heterojunction interface, describing the transition between the pure lattice-mismatched phases of  $\text{NbS}_2$  and  $\text{MoS}_2$  through a buffer phase of 8.3% Nb-doped  $\text{MoS}_2$  was derived through DFT simulations. Furthermore, a value of 230 meV for the Schottky barrier height at the  $\text{NbS}_2\text{-MoS}_2$  interface was estimated by fitting the electrical measurements with the results of self-consistent quantum transport simulations. Our work makes an instructive combination of substitutional doped TMDC materials and 2D metal-semiconductor heterostructures, and paves the way to designing innovative nanoscale devices and CMOS-like 2D circuits.

### 4. Experimental Section

**Material Synthesis:**  $\text{NbS}_2\text{-MoS}_2$  lateral heterostructures were produced by metal-organic chemical vapor deposition (MOCVD) method in the home-built system shown in Figure 1a. Niobium chloride ( $\text{NbCl}_5$ ) was chosen as the Nb precursor because of its low melting point and relatively high solubility compared to other precursors (e.g.,  $\text{Nb}_2\text{O}_5$ ).

The Mo precursor,  $\text{Mo(CO)}_6$ , was stored inside of a bubbler whose temperature was maintained at 20 °C. Sodium chloride ( $\text{NaCl}$ ) was used to reduce growth temperature by suppressing the reaction energy barrier.<sup>[44]</sup> A c-plane sapphire substrate was annealed in air for 6 h and spin-coated with 0.3 mol  $\text{L}^{-1}$   $\text{NaCl}$  solution in deionized water as well as 0.00125 mol  $\text{L}^{-1}$   $\text{NbCl}_5$  solution in isopropanol (IPA) before being loaded into the chamber. During the growth process,  $\text{MoS}_2$  was synthesized first at 850 °C with 5 sccm of  $\text{H}_2\text{S}$  and 10 sccm of Ar, which carries  $\approx 1.8 \times 10^{-4}$  sccm of  $\text{Mo(CO)}_6$  flowing into the tube. A flow of 4 sccm of  $\text{H}_2$  was introduced into the growth chamber to efficiently remove carbon contamination generated from  $\text{Mo(CO)}_6$ .  $\text{MoS}_2$  growth lasted for 10 min and the precursor supply was abruptly cut-off. Subsequently, the tube was heated up to 950 °C, and then 35 sccm of  $\text{H}_2\text{S}$  was introduced into the tube for 30 min to react with pre-coated  $\text{NbCl}_5$  and form  $\text{NbS}_2\text{-MoS}_2$  heterostructures. Last, the furnace cooled down to room temperature naturally with a mixture gas flow of 5 sccm of  $\text{H}_2\text{S}$  and 200 sccm of Ar in order to provide a sulfur-rich environment. The growth environment was maintained at atmospheric pressure during the whole process.

**Raman and Photoluminescence (PL) Measurements:** Raman and PL measurements were conducted by using a Renishaw inVia Confocal Raman microscope at room temperature. A laser beam with wavelength of 532 nm and a power of 1 mW was utilized to excite the samples. To obtain suitable spectral ranges and resolution, diffraction gratings of 3000  $\text{g mm}^{-1}$  and 300  $\text{g mm}^{-1}$  were employed in Raman and PL measurements, respectively.

**Sample Transfer:** To transfer as-grown heterostructures from the sapphire substrate, the sample was spin-coated with poly(methyl methacrylate) (PMMA) 4% in anisole (A4) at a speed of 2000 rpm for 1 min and baked on a hot plate at 70 °C for 15 min for drying. The edges of the PMMA film were scratched by a sharp tweezer and then the sample was immersed in water for 5 min. Subsequently, the PMMA film attached with heterostructure samples was detached from sapphire by water tension and picked up by the target chip. In order to promote the adhesion, the sample was baked again on a hot plate at 70 °C for 15 min. At last, the sample was immersed in acetone overnight and annealed in high vacuum at 250 °C for 6 h to remove the PMMA residue.

**Scanning Transmission Electron Microscopy Measurements:** Scanning transmission electron microscopy experiments were conducted using a double aberration-corrected FEI Titan Themis, equipped with a X-FEG, Super-X EDX detector, and a Wein-type monochromator, operated at 80 kV acceleration voltage. All STEM images were acquired using the following conditions: the probe convergence angle was set to 20 mrad, camera length was chosen to be 185 mm which corresponds to the high-angular annular dark field (HAADF) detector 49.5–198 mrad collection angle, the estimated probe current of  $\approx 16\text{--}20$  pA, and images were recorded with a resolution of  $512 \times 512$  pixels and 8  $\mu\text{s}$  dwell times. EDX measurements were performed in both Titan Themis and FEI Talos TEM. The intensities of STEM-EDS elemental maps and spectrum shown in Figures S1 and S3 (Supporting Information) were recorded using Nb  $L\alpha$ , Mo  $K\alpha$ , and S  $K\alpha$  X-ray emissions, respectively. Velox software, ThermoFisher Scientific was used to process the EDX spectrum and elemental mapping data. Band pass and Inverse fast Fourier transform filtering was used to process the images in ImageJ. Multislice algorithm-based ADF-STEM simulations were carried out with the QSTEM software package using the DFT calculated Nb-MoS<sub>2</sub> atomic model.

**Device Fabrication:** The heterostructure samples were transferred on  $\text{Si/SiO}_2$  substrate before fabrication. The sample was first etched into a suitable geometry by using e-beam lithography and  $\text{XeF}_2$  etching. A second step of e-beam lithography was used to make electrode patterns and a layer composed of 2 nm/80 nm-thick Ti/Au was thermally evaporated as electrodes. Finally, a lift-off process was performed in acetone to remove PMMA layer.

**Transport Measurements:** Electrical transport measurements were carried out in a Janis closed-cycle cryogen-free cryostat. Prior to measurements, the sample was annealed in high vacuum at 150 °C for 6 h. DC electrical measurements were done by applying DC source-drain voltage and back-gate voltage with Agilent E5270B sourcemeter



while measuring four-probe DC voltage and current with Keithley 6514 electrometer.

**DFT Simulations:** Density-functional theory (DFT) simulations were performed using the Quantum Espresso (QE) package,<sup>[45]</sup> using 50 Ry as energy cutoff for the wave function and 500 Ry as density cutoff, and  $1 \times 22 \times 1$  Monkhorst–Pack k-meshes to sample the Brillouin zone. A plane-wave basis set, a gradient-corrected exchange–correlation (XC) functional (Perdew–Burke–Ernzerhof (PBE)),<sup>[46]</sup> and scalar-relativistic ultrasoft pseudopotentials (US-PPs) were utilized for all atoms, and also to produce “mixed” pseudopotentials within the virtual crystal approximation (VCA).<sup>[38]</sup>

**Transport Simulation:** Transport simulations were performed within the ballistic non-equilibrium Green’s function framework, by using the self-consistent Schrödinger–Poisson solver NanoTCAD VIDES.<sup>[47]</sup> Periodic boundary conditions were applied in the direction transverse to transport, and a set of 30 transverse wave vectors was used to sample the first irreducible Brillouin zone.

The effect of the parasitic sheet resistance  $R_s$  was taken into account by replacing in simulations the experimental value of the source-to-drain bias  $V$  with  $V' = V - R_s I_{ds}$ . The latter represents a further equation to be self-consistently coupled to the transport and Poisson equations.

## Supporting Information

Supporting Information is available from the Wiley Online Library or from the author.

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## Conflict of Interest

The authors declare no conflict of interest.

## Author contributions

A.K. initiated and supervised the project. Z.W. performed MOCVD growth with supervision of A.R. M.T. performed STEM measurements and EDX spectroscopy. Z.W. performed Raman and PL measurements with help of Y.Z. Z.W. fabricated the devices and performed electrical measurements with assistance of G.M.M. G.I. designed and supervised the numerical simulation of transport. G.L, F.M., and D.L. developed the quantum transport model, performed the device numerical simulations, and extracted the Schottky barrier height and the MoS<sub>2</sub> series resistance. A.F. performed conception and design of QM modelling. Z.G. and P.K. conducted QM simulations and modelling under supervision of L.S. A.K. and Z.W. analysed the experimental data with input from H.G.J. and M.T. All the authors contributed to the writing of the manuscript.

## Data Availability Statement

The data that support the findings of this study are openly available in Zenodo at <https://doi.org/10.5281/zenodo.7382708>, reference number 7382708.

## Keywords

metal–organic chemical vapor deposition (MOCVD), p-type MoS<sub>2</sub>, substitutional doping, TMDC heterostructures

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