

1 **Natural co-occurrence of aflatoxins and ochratoxin A in ginger (*Zingiber***
2 ***officinale*) from Nigeria**

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13

14 **Abstract**

15 The natural co-occurrence of aflatoxins (AFB₁, AFB₂, AFG₁ and AFG₂) and ochratoxin A
16 (OTA) in dried split ginger purchased from different local markets in Lagos, South West
17 Nigeria has been investigated. A total of 120 ginger samples, 31 collected during the rainy
18 season and 89 during the dry season, were analyzed. Mycotoxins were determined
19 according to the AOAC Official Method 2008.02 based on multi-toxin immunoaffinity column
20 clean up and liquid chromatography quantification. The incidence of contamination with
21 aflatoxins (AFs) and OTA was significantly higher during the rainy season (81% and 77%,
22 respectively) than the dry season (46% and 37%, respectively). Average levels of AFs and
23 OTA in positive samples were 3.13 and 5.10 µg/kg in the rainy season (range 0.11-9.52
24 µg/kg and 0.20-9.90 µg/kg) and 1.18 and 2.76 µg/kg (range 0.20-3.57 µg/kg and 0.17-12.02
25 µg/kg) in the dry season, respectively. Furthermore, the levels of AFB₁ detected in 7 out of

26 31 samples (23%) collected during the rainy season were above the European Union (EU)
27 maximum permitted level (i.e. 5 µg/kg). No samples were found above the EU regulatory
28 limits established for OTA in ginger (i.e. 15 µg/kg). Moreover, a higher co-occurrence of AFs
29 and OTA was observed in samples collected during the rainy season (65%) than the dry
30 season (21%). Data showed that high humidity and temperature occurring during storage,
31 which are prevalent in the rainy season, offer favorable conditions for AFs and OTA fungal
32 production. This is the first report on the co-occurrence of AFs and OTA in ginger samples
33 from Nigeria. Our results demonstrate that, in order to minimize the risks for consumers, the
34 monitoring of the co-occurrence of these mycotoxins in ginger is highly recommended.

35

36 Keywords: aflatoxins, ochratoxin A, co-occurrence, ginger (*Zingiber officinale*), Lagos-
37 Nigeria

38

39 **1. Introduction**

40 Ginger (*Zingiber officinale*) is a perennial root crop cultivated nearly tropical and subtropical
41 areas of the world. The rhizomes, which contain several bioactive constituents, are widely
42 used both as a spice and for medicinal purposes. Concerning this aspect, ginger rhizome
43 has been used extensively for more than 2500 years in China to treat headaches, nausea
44 and colds and in Mediterranean and Western countries as an alternative therapy for the
45 treatment of rheumatological conditions, dyslipidemia and muscular discomfort (Bordia *et*
46 *al.*, 1997; Langner *et al.*, 1998; Sharma & Clark, 1998; Grant & Lutz, 2000). Ginger also has
47 a high content of minerals, vitamins and phytochemicals. Due to these properties ginger has
48 gained considerable attention in the USA and Europe in recent years as a botanical dietary
49 supplement, especially for its use in the treatment of chronic inflammatory conditions
50 (Shukla *et al.*, 2007).

51 The largest producer of ginger in the world is India, followed by China, Nepal, Nigeria and
52 Thailand (Onu *et al.*, 2014). Even though Nigeria ranks fifth for ginger production, the country
53 contributes significantly to ginger export all over the world (Zakka *et al.*, 2010). In particular,
54 Nigeria and China are the major suppliers to Europe (Onu *et al.*, 2014). In Kaduna State,
55 the major producing area in Nigeria, ginger is usually planted in March, harvested in
56 November, and then sun-dried (Nmadu & Marcus, 2013).

57 In world trade, the rhizome is marketed in several forms such as fresh or dried product, liquid
58 or solid extract, tablets or capsules, bulk powder and in tea bags (Whitaker *et al.*, 2009).
59 Spices, including ginger, can be subjected to contamination during harvesting, handling,
60 storage and distribution by several fungi responsible for spoilage and production of
61 mycotoxins, in particular aflatoxins (AFs) and ochratoxin A (OTA) (Ozbey & Kabak, 2012;
62 Kabak & Dobson, 2015). Aflatoxins (AFB₁, AFB₂, AFG₁ and AFG₂) are the most toxic group
63 of mycotoxins produced by some *Aspergillus* species (*A. flavus*, *A. parasiticus* and more
64 rarely by *A. nomius*) (Pitt, 2000). Aflatoxin B₁ is among the most carcinogenic substances
65 known and has been classified by the International Agency for Research on Cancer as
66 Group 1 (IARC,1993). Ochratoxin A is produced mainly by *Penicillium verrucosum* in
67 temperate climates and by *Aspergillus ochraceus* (and more rarely by *A. carbonarius*) in
68 warm and tropical climates. It can contaminate agricultural products prior to harvest or, much
69 more commonly, during storage (EFSA, 2006). Ochratoxin A has been shown to cause
70 several toxic effects in animals including immunotoxicity, nephrotoxicity and teratogenicity.
71 Furthermore, the IARC, based on sufficient evidence of its carcinogenicity in animal studies,
72 has classified OTA as a possible human carcinogen (Group 2B) (IARC, 1993).

73 Due to their health hazards for humans, many countries have established regulations for
74 mycotoxins in spices. Concerning ginger, the European Commission has established
75 maximum levels of 5 µg/kg for AFB₁, 10 µg/kg for total AFs (the sum of AFB₁, AFB₂, AFG₁
76 and AFG₂) and 15 µg/kg for OTA (European Commission, 2006; European Commission,

77 2012). Due to environmental conditions favorable to colonization of toxigenic fungi in tropical
78 countries, both groups of mycotoxins could co-contaminate spices both in the field and
79 storage. In vitro and in vivo studies have shown that mycotoxin mixtures may exert
80 synergistic or additive toxic effects (Oliveira and Correa, 2010). The consumption of food
81 contaminated with more mycotoxins could be a significant threat to human health.

82 Reliable methods for the simultaneous determination of AFs and OTA in ginseng and other
83 botanical roots have been developed and validated (Trucksess *et al.*, 2006; Trucksess *et*
84 *al.*, 2007, Trucksess *et al.*, 2008). In particular, a method for the determination of AFB₁,
85 AFB₂, AFG₁, and AFG₂ and OTA in ginseng and ginger has been validated by collaborative
86 study (Trucksess *et al.*, 2008) and subsequently approved by the AOAC International as
87 Official Method (AOAC Official Method 2008.02).

88 In order to assess health risks for humans and animals due to the simultaneous exposure
89 to AFs and OTA in spices, the co-occurrence of these mycotoxins in red chilli, paprika, black
90 pepper, cumin and cinnamon has been widely reviewed in the literature in several countries
91 such as Brazil (Shundo *et al.*, 2009), Hungary (Fazekas *et al.*, 2005), India (Saha *et al.*,
92 2007), Malaysia (Jalili *et al.*, 2012; Ali *et al.*, 2015), Spain (Hernández Hierro *et al.*, 2008;
93 Santos *et al.*, 2010), Turkey (Ozbey *et al.*, 2012), Pakistan (Iqbal *et al.*, 2013) and Italy
94 (Prelle *et al.*, 2014). However, only a few studies concerning the co-occurrence of OTA and
95 AFs in ginger powder have been reported (Trucksess *et al.* 2007; Wen *et al.*, 2013; Wen *et*
96 *al.*, 2014). To date, no survey on the co-occurrence of AFs and OTA in ginger from Nigeria
97 has been reported. Therefore, the aim of this study was to investigate the natural co-
98 occurrence of AFs and OTA in ginger samples purchased from local markets in Lagos,
99 South West Nigeria during the dry season (November - March) and the rainy season (April
100 - October), in order to compare the detected levels with permissible limits established by the
101 European Commission. The possible influence of storage conditions occurring during the

102 dry and rainy seasons on the incidence and levels of AFs and OTA contamination in ginger
103 samples is discussed.

104

105 **2. Materials and Methods**

106 *2.1. Sample collection*

107 A total of 120 dried split ginger samples were purchased randomly from different local
108 markets in Lagos Nigeria. In particular, 89 samples were collected during the dry season
109 (January – April 2014, equivalent to 2-5 months of storage) and 31 samples during the rainy
110 season (July - October 2014, equivalent to 8-11 months of storage). Samples were kept at
111 4°C until chemical analysis.

112

113 *2.2. Reagents and Chemicals*

114 Acetonitrile and methanol (HPLC grade) were purchased from Carlo Erba Reagents (Milan,
115 Italy). Ultrapure water was produced by a Waters Milli-Q system (Waters, Milford, MA, USA).
116 Ochratoxin A and AFs (AFB₁, AFB₂, AFG₁, AFG₂) analytical standards, TWEEN[®] 20, sodium
117 chloride (NaCl), phosphate-buffered saline (PBS) and sodium bicarbonate (NaHCO₃) were
118 purchased from Sigma-Aldrich (Milan, Italy). Glass microfiber filters (Whatman GF/A) and
119 paper filters (Whatman N. 4) were obtained from Whatman (Maidstone, UK). *AflaOchra*
120 *HPLC™* immunoaffinity columns were purchased from VICAM, A Waters Business (Milford,
121 MA, USA).

122

123 *2.3. Preparation of Standard Solutions*

124 An OTA stock solution was prepared at concentration of 1 mg/mL by dissolving the solid
125 toxin in toluene:acetic acid (99:1, v/v). An OTA standard solution, at the concentration of
126 about 10 µg/mL, was prepared by dissolving in methanol an adequate amount of the stock
127 solution previously evaporated to dryness under a stream of nitrogen. The standard solution

128 was tested spectrophotometrically ($\epsilon = 6330 \text{ cm}^2/\text{mmol}$, at $\lambda = 333 \text{ nm}$ in methanol). For the
129 preparation of standard solutions for HPLC calibration curves, a solution of OTA was
130 prepared in methanol at a concentration of 250 ng/mL. Aliquots of this solution were
131 evaporated to dryness under a stream of nitrogen and dissolved in a mixture
132 acetonitrile/water/acetic acid 99:99:2 (v/v/v). The 250 ng/mL OTA standard solution was also
133 used as the spiking solution for recovery experiments.

134 Standard solutions of AFB₁, AFB₂, AFG₁, and AFG₂ were prepared separately according to
135 the AOAC Official Method 971.22 by dissolving the solid toxins in toluene/acetonitrile (90:10,
136 v/v) at a concentration of 100 $\mu\text{g}/\text{mL}$ for each aflatoxin. A working solution for each aflatoxin
137 at the concentration of 10 $\mu\text{g}/\text{mL}$ was prepared in toluene/acetonitrile 90:10 (v/v) and tested
138 spectrophotometrically ($\epsilon = 19300, 21000, 16400$ and $18300 \text{ cm}^2/\text{mmol}$ for AFB₁, AFB₂,
139 AFG₁ and AFG₂, respectively, at $\lambda = 350 \text{ nm}$). For the preparation of a mixed solution for
140 HPLC calibration, a mixed aflatoxins solution (containing 1000 ng/mL of AFB₁ and AFG₁,
141 and 200 ng/mL of AFB₂ and AFG₂ in toluene/acetonitrile 90:10 (v/v)) was prepared by
142 appropriate dilution of AFB₁, AFB₂, AFG₁ and AFG₂ working solutions. In particular, aliquots
143 of the mixed aflatoxins solution (1000 ng/mL of AFB₁ and AFG₁, 200 ng/mL of AFB₂ and
144 AFG₂) were evaporated to dryness under a stream of nitrogen and reconstituted in a mixture
145 of water/acetonitrile 60:40 (v/v). For recovery experiments, an AF spiking solution (250
146 ng/mL of AFB₁ and AFG₁, 50 ng/mL of AFB₂ and AFG₂) was prepared by evaporating to
147 dryness (under a stream of nitrogen) the mixed aflatoxins solution, which was then
148 reconstituted in acetonitrile.

149 *2.4. Sample extraction and clean up*

150 Dried split ginger samples were finely ground (particle size $\leq 0.5 \text{ mm}$) using a Cyclone
151 sample mill (PBI International, Milan, Italy). Extraction and clean up of the powdered ginger
152 were performed according to the AOAC Official Method 2008.02. In particular, 5 g of sample
153 was weighted into a 50 mL centrifuge tube, 1 g of NaCl was added and the sample was

154 extracted with 25 mL methanol/0.5% NaHCO₃ (70:30, v/v) by shaking at 400 rpm for 10 min
155 (KS 4000i, IKA Werke GmbH & Co. KG., Staufen, Germany). The extract was centrifuged
156 for 10 min at 7000 rpm (SL 16 Centrifuge Series, Thermo Fisher Scientific Inc, Waltham,
157 MA, USA). Seven milliliter of supernatant were diluted with 28 mL 0.1 M PBS containing 1%
158 Tween[®] 20, mixed and filtered through a glass microfiber paper. Twenty-five milliliter of
159 diluted extract (equivalent to 1 g sample) were passed through an immunoaffinity column
160 (*AflaOchra HPLC™*, Milford, MA, USA) at a flow rate of about one drop per second. The
161 column was washed with 5 mL of 10 mM PBS and 5 mL of distilled water at a flow rate of
162 one or two drops per second. Ochratoxin A and AFs were eluted from the column with
163 methanol (2 × 1 mL) at flow rate of one drop per second. The cleaned extract was collected
164 in a 4 mL screw-cap amber vial, allowing the column to run dry by forcing air through column.
165 The eluate was diluted with 1 mL of water before HPLC analysis.

166

167 *2.5. HPLC analysis*

168 Two separate HPLC analyses were performed for the determination of AFs and OTA,
169 respectively. In particular, separate aliquots (100 µL) of the purified extract were injected
170 into the HPLC apparatus, which consisted of an Agilent 1260 Series Chromatographic
171 System (Agilent Technologies, Palo Alto, CA, USA) equipped with a fluorometric detector
172 (model G1321B). Data acquisition and instrument control were performed by the OpenLAB
173 data software (Agilent Technologies).

174 For determination of AFs, the analytical column used was a the Luna[®] PFP(2) (3 µm, 150 ×
175 4.6 mm, Phenomenex, Torrance, CA, USA). The chromatographic separation was
176 performed by isocratic elution at a flow rate of 0.8 mL/min with a mobile phase of
177 acetonitrile/water 30:70 (v/v). A post-column derivatization with a photochemical derivatizer
178 (UVE™, LC Tech, Dorfen, Germany) was performed to enhance the fluorescence intensity
179 of AFB₁ and AFG₁ (photochemical radiation with UV light at 254 nm). The fluorometric

180 detector was set at excitation and emission wavelengths of 365 nm and 435 nm,
181 respectively. The column was kept at a temperature of 30°C. The retention times of AFG₂,
182 AFB₂, AFG₁, and AFB₁ were between 7 and 13 min.

183 For OTA determination a Zorbax SB-C18 analytical column (5 µm, 150 × 4.6 mm, Agilent
184 Technologies) was used. The chromatographic separation was performed by isocratic
185 elution at a flow rate of 1 mL/min with a mobile phase composed of acetonitrile/water/acetic
186 acid 99:99:2 (v/v/v). The column was kept at a temperature of 30° C and the fluorometric
187 detector was set at excitation and emission wavelengths of 333 nm and 460 nm,
188 respectively. The retention time of OTA was about 7 min.

189 Typical HPLC chromatograms of AFB₁, AFB₂, AFG₁ and AFG₂ (Fig. 1a) and OTA (Fig. 1b)
190 of standard solutions, blank and naturally contaminated ginger samples are reported in
191 Figure 1.

192 Limits of detection (LODs), defined as a signal-to-noise ratio 3:1, were 0.1 µg/kg for OTA,
193 AFB₁ and AFG₁ and 0.02 µg/kg for AFB₂ and AFG₂. Limits of quantification (LOQs), defined
194 as a signal-to-noise ratio 10:1, were 0.3 µg/kg for OTA, AFB₁ and AFG₁ and 0.06 µg/kg for
195 AFB₂ and AFG₂.

196 In three replicate experiments, uncontaminated (blank) ginger samples were spiked
197 simultaneously with 100 µL of the AFs spiking solution and 100 µL of the OTA spiking
198 solution, to obtain a spiking level of 12 µg/kg for AFs (i.e. 5 µg/kg AFB₁, 1 µg/kg AFB₂, 5
199 µg/kg AFG₁, 1 µg/kg AFG₂) and 5 µg/kg for OTA. Spiked samples were left to dry for 1 hour
200 at room temperature to allow solvent evaporation. Samples were then extracted for
201 mycotoxin analysis. This procedure is commonly used in in-house and in interlaboratory
202 validation studies. Average recoveries of AFs and OTA from ginger were 75% and 86%,
203 respectively with relative standard deviations less than 6%.

204

205 *2.6. Statistical analysis*

206 To compare the evaluation of difference incidence of contamination of OTA and AFs in
207 ginger samples between the rainy and dry seasons the software Sigma Plot™ (Version 12.3,
208 Statistic software Inc, USA) was used. The Shapiro Wilk test was used to determine the
209 normality of the contamination data distribution of two seasonal surveys. Due to the non-
210 normal distribution of the data, the non-parametric Mann-Whitney U test was used, with the
211 level of confidence fixed at $p < 0.05$ (95%). The Mann-Whitney U test is used to determine
212 whether or not two population medians are equal.

213

214 **3. Results and discussion**

215 The Nigerian climate is generally characterized by high temperatures alternating dry and
216 wet seasons. The rainfall usually starts in April and ends in October, while the dry season
217 starts in November and ends in March. Lagos, Nigeria, lies within latitudes 6°4' and 7°5' N
218 and longitudes 3°5' and 8°8' E and has a bimodal annual rainfall averaging between 1,300
219 and 2,000 mm and maximum temperatures ranging from 26-28°C (Adetunji et al., 2014).
220 These climatic conditions play a key role in fungal growth and mycotoxin contamination
221 during storage of commodities, mainly when inadequate storage conditions are used
222 (Heperkan, 2006). This study reports, for the first time, the occurrence of AFs and OTA in
223 dry ginger samples from Nigeria, collected at two different periods of storage during the dry
224 and rainy seasons.

225

226 *3.1. Occurrence of Aflatoxins*

227 Among the 120 samples analyzed, 54 samples (45%) were below the limit of detection
228 (LOD) of 0.1 µg/kg for AFB₁ and AFG₁ and 0.02 µg/kg for AFB₂ and AFG₂. Of these, six
229 samples collected during the rainy season (19%) and 48 samples during the dry season
230 (54%). Sixty-six samples (55%) were contaminated by AFs at levels up to 9.52 µg/kg. In
231 particular, during the rainy season, 25 ginger samples (81% of samples collected in the rainy

232 season) were contaminated in the range from 0.11 to 9.52 µg/kg with mean value of positive
233 samples of 3.13 µg/kg. However during the dry season, a lower percentage of samples (46%
234 of samples collected in the dry season) were contaminated by AFs, in the range 0.20-3.57
235 µg/kg, with mean concentration of positive samples of 1.18 µg/kg (Table 1).

236 Furthermore, AFB₁ was detected in all aflatoxin-positive ginger samples, in the range 0.11-
237 8.76 and 0.11-3.30 µg/kg, during rainy and dry seasons, respectively. In the rainy season
238 AFB₂ was detected in 17 samples (55%), ranging from 0.13 to 1.01 µg/kg. In the dry season
239 AFB₂ was detected in 27 samples (30%) ranging from 0.13 to 0.79 µg/kg (Table 1). The
240 mean values of positive samples determined in the rainy and dry seasons were 2.87 and
241 0.99 µg/kg for AFB₁ and 0.38 and 0.29 µg/kg for AFB₂, respectively. No AFG₁ and AFG₂
242 were detected in either season. This could be explained by the colonization of ginger
243 samples by *Aspergillus flavus*, a producer of only type-B aflatoxins in most of cases. In this
244 regard, recently, Jeswal and Kumar (2015) reported that *A. flavus* was the most dominant
245 fungal species among all fungi invading several spices, including ginger. In either season
246 no sample was contaminated by AFs above the regulatory limits fixed in the EU for the sum
247 of aflatoxins in ginger (i.e. 10 µg/kg). However, in the rainy season 7 samples (23%) were
248 found to be contaminated with AFB₁ above the limit of 5 µg/kg (up to 8.76 µg/kg). Statistical
249 analysis with the Mann-Whitney U statistic test showed that AFB₁ and AFB₂ contamination
250 levels were significantly higher ($p < 0.05$) during rainy season than during the dry season.
251 Similarly, the incidence of AFB₁ and AFB₂ occurrence (%) was higher for samples collected
252 during the rainy season with respect to the dry season (Figure 2). Probably, the climatic
253 conditions such as high humidity and high temperature favored mold growth and aflatoxin
254 production (Atanda *et al.*, 2013). These conditions, which are prevalent in wet seasons,
255 combined with poor manufacturing practices during handling and storage, may account for
256 the higher mycotoxin contamination recorded during the rainy seasons than the dry seasons.

257 The occurrence of AFs in ginger powder and finished products has been previously reported.
258 In particular, in agreement with our results a survey carried out in the USA showed that 67%
259 of 39 samples were contaminated by AFs at levels of up to 31.2 µg/kg with 10 samples
260 above the EU regulatory limits (Trucksess *et al.*, 2007). In Turkey, it has been observed that
261 two of four ginger samples analyzed were contaminated with AFB₁ above the EU limits
262 (Tosun and Arslan, 2013). On the contrary, even though in Morocco it was reported that
263 86% of 55 ginger powder analyzed samples were contaminated by aflatoxins, the total AFs
264 and AFB₁ were below the regulatory limits established by the European Commission, with
265 maximum levels of 9.10 µg/kg and 3.50 µg/kg, respectively (Zinedine *et al.*, 2006). Similarly,
266 in surveys carried out in the UK in 1996, in Poland in 2011 and 2012 and in China in 2013
267 and 2014, the observed levels of AFs were below the EU limits (McDonald and Castle, 1996;
268 Twarużek *et al.*, 2013; Wen *et al.*, 2013; Wen *et al.*, 2014).

269

270 3.2. Occurrence of OTA

271 Among the 120 ginger samples analyzed, 62 samples (52%) resulted below LOD of 0.1
272 µg/kg. Of the samples below the LOD, six were collected in the rainy season (23%) and 56
273 (63%) were collected in the dry season. With regard to the rainy season, 24 ginger samples
274 (77% of samples from the rainy season) were contaminated by OTA ranging from 0.20 to
275 9.90 µg/kg with average concentration of positive samples of 5.10 µg/kg. Among the 89
276 samples collected during the dry season, 33 (37%) were contaminated by OTA in a range
277 0.17-12.02 µg/kg, with a mean value of positive samples of 2.76 µg/kg (Table 1).
278 Furthermore, OTA contamination levels were significantly higher (Mann-Whitney U test, $p <$
279 0.05) in samples collected during the rainy season relative to those collected during dry
280 season. In addition, the incidence of OTA occurrence (%) was higher for samples collected
281 during the rainy season relative to the dry season (Figure 2). Thus, these results with OTA
282 showed the same trend as was observed with AFs occurrence.

283 In our survey, no sample was found above the regulatory limits established by European
284 Commission for OTA in ginger (i.e. 15 µg/kg) (European Commission, 2012). However, in
285 India high levels of OTA were found in two samples of ginger powder, i.e. 23 and 80 µg/kg
286 (Thirumala-Devi *et al.*, 2001). In agreement with our findings, in recent surveys carried out
287 in China (Wen *et al.*, 2013; Wen *et al.*, 2014) and in the USA (Trucksess *et al.*, 2007), no
288 samples were observed above the EU limits. In the first survey, carried out in China, all 25
289 analyzed samples were below the LOD (< 0.3 µg/kg). In the second survey 5 out of 30
290 samples were contaminated with OTA ranging from 0.3 to 5.2 µg/kg (Wen *et al.*, 2014). In
291 addition, in the USA survey, 29 out of 39 samples were contaminated, with a range of 1-10
292 µg/kg (Trucksess *et al.*, 2007).

293

294 3.3. Co-occurrence of AFs and OTA

295 Among the 120 ginger samples collected, 41 samples (34%) were simultaneously
296 contaminated by AFs and OTA. In particular, data showed that in the rainy season 22 ginger
297 samples (71%) were simultaneously contaminated by AFs and OTA in the concentration
298 range 0.11-9.52 and 0.20–9.90 µg/kg, respectively, while in the dry season 19 samples
299 (21%) were simultaneously contaminated by AFs and OTA in the concentration range 0.11-
300 3.18 and 0.18–5.41 µg/kg, respectively. In the rainy season, the mean values of positive
301 samples observed were 5.57 µg/kg for OTA and 3.40 µg/kg for AFs, whereas in the dry
302 season the mean values of positive samples were 2.14 and 1.40 µg/kg, respectively.
303 Concerning the comparison of both seasons, a trend was identified between the incidence
304 of simultaneous occurrence of AFs and OTA and the season. This is in line with the trend
305 reported above for the single mycotoxins. In fact, the incidence of co-occurrence (Figure 2)
306 and contamination levels (Mann-Whitney U test, $p < 0.05$) of AFs and OTA were higher in
307 samples collected during the rainy season than the dry season. In the literature, it has been
308 highlighted that a combined intake of both mycotoxins may increase the risk of adverse

309 effects in humans (Speijers & Speijers, 2004). In this regard, Sedmikova *et al.* 2001,
310 demonstrated that OTA could increase the mutagenicity of AFB₁ when they occurred
311 simultaneously in the same matrix. A synergistic effect due to these combined mycotoxins
312 was also found by Huff and Doerr (1981).

313 During recent decades, the co-occurrence of AFs and OTA in ginger samples has been
314 evaluated in only a few surveys (Trucksess *et al.*, 2007; Wen *et al.*, 2013; Wen *et al.*, 2014).
315 In particular, in agreement with our findings, 67% of ginger samples from the United States
316 were found to be co-contaminated with AFs and OTA in the range 0.6-31.2 µg/kg and 1.2-
317 10.3 µg/kg, respectively, with averages values of 12.3 and 4.4 µg/kg (Trucksess *et al.*, 2007).
318 On the contrary, two recent surveys carried out in China did not show co-occurrence of AFs
319 and OTA in ginger and ginger products (Wen *et al.*, 2013; Wen *et al.*, 2014).

320

321 **4. Conclusions**

322 The natural co-occurrence of AFs and OTA in ginger samples collected from local markets
323 in Lagos (Nigeria) has been shown for the first time. A higher incidence of co-occurrence of
324 AFs and OTA was observed in samples collected during the rainy season (65%) in
325 comparison with those collected during the dry season (21%). These findings could be
326 explained by the high humidity and temperature which are prevalent in Nigeria in the rainy
327 season, and by inadequate storage practices that offer favorable conditions for mold growth
328 and mycotoxin production.

329 The high incidence of co-occurrence of AFs and OTA in ginger indicates the importance of
330 their monitoring such co-occurrence on a global scale. In order to evaluate and prevent
331 health risk due from their potential synergistic effects there is an urgent need to creating
332 public awareness of this issue.

333

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337

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484 **Highlights**

485 Occurrence of aflatoxins (AFs) and ochratoxin A (OTA) in ginger from Nigeria was
486 investigated

487 High incidence of AFs and OTA co-occurrence was found in samples collected in the rainy
488 season

489 Monitoring of AFs and OTA co-occurrence is recommended to assess human risk exposure

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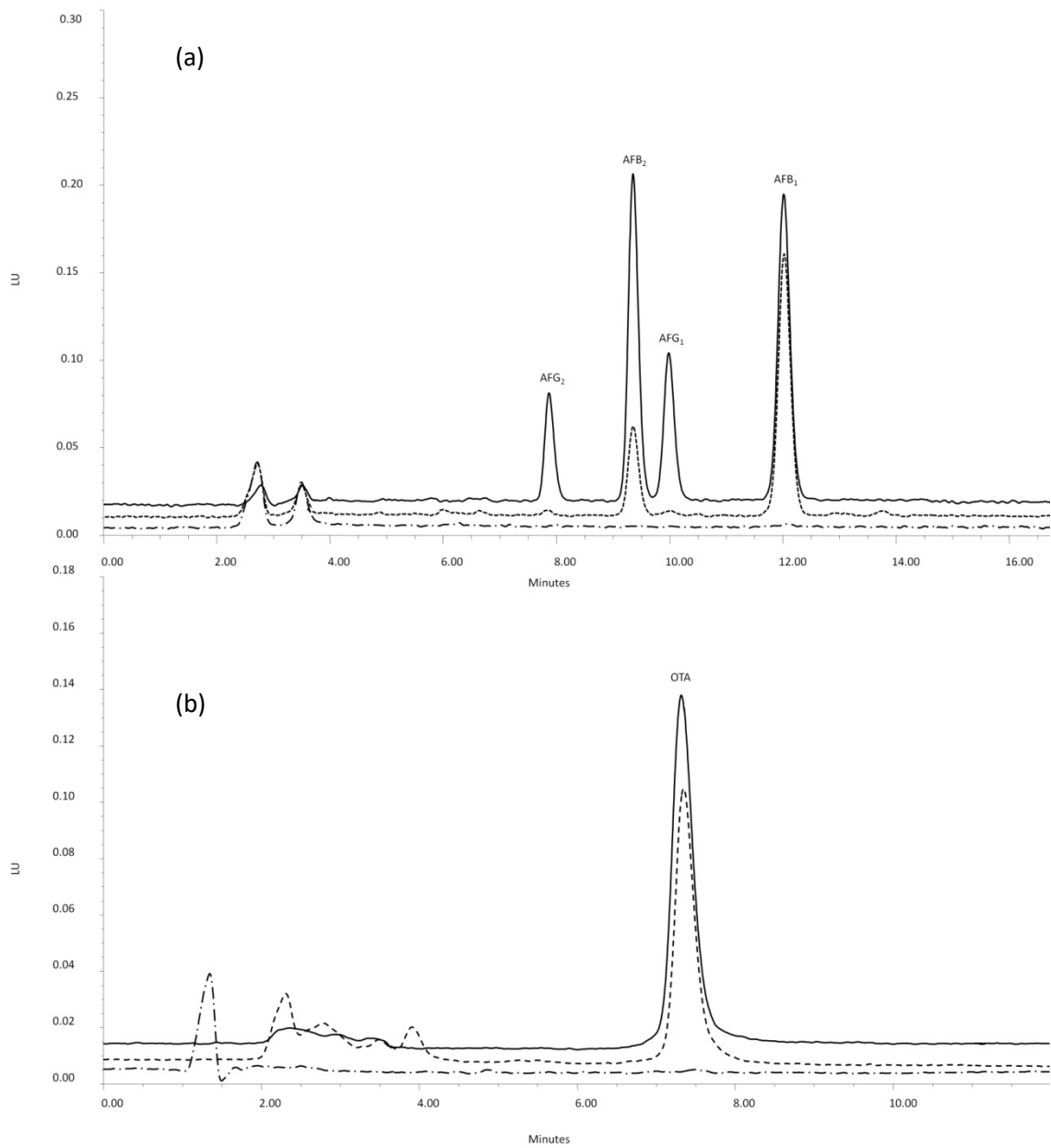
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Figure 1



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512 **Figure 1.** Chromatograms of the HPLC analyses for AFBs (a) and OTA (b) determinations of:

513 (—) standard solutions; (- -) naturally contaminated samples; (- · -) blank

514 samples. Chromatographic conditions are reported in Section Materials and

515 Methods.

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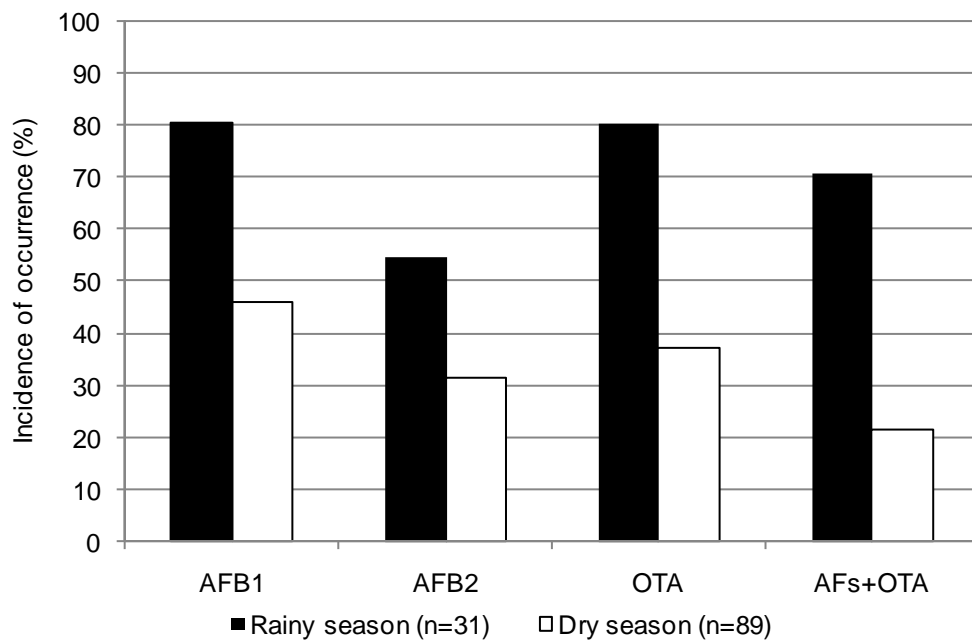
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Figure 2

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523 **Figure 2.** Incidence of occurrence (%) of AFB1 and AFB2 and OTA in ginger samples collected in
524 rainy and dry season in Nigeria in 2014.

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534 **Table 1.** Occurrence of aflatoxins (AFB₁, AFB₂, AFG₁ and AFG₂) and OTA in ginger samples,
535 collected from Nigeria during rainy and dry seasons in 2014.

Season	Descriptive statistics	Mycotoxin contamination						
		AFG ₁	AFG ₂	AFB ₁	AFB ₂	AFs ^a	OTA	AFs + OTA
Rainy (n=31)	No. of positives ^b (%)	0 (0)	0 (0)	25 (81)	17 (55)	25(81)	24 (77)	22 (71)
	Range (µg/kg)	<LOD ^c	< LOD ^c	0.11- 8.76	0.13- 1.01	0.11- 9.52	0.20- 9.90	0.20-9.90 (OTA) 0.11 -9.52 (AFs)
	Mean of positives (µg/kg)	n.d. ^d	n.d. ^d	2.87	0.38	3.13	5.10	5.57 (OTA) 3.40 (AFs)
	Mean (µg/kg)	n.d. ^d	n.d. ^d	2.32	0.21	2.52	3.94	
	Median (µg/kg)	n.d. ^d	n.d. ^d	1.62	0.13	1.88	1.07	
	No. samples > EU ML ^e (%)	-	-	7 (23)	-	0	0	
Dry (n=89)	No. of positives ^b (%)	0 (0)	0 (0)	41 (46)	27 (30)	41(46)	33 (37)	19 (21)
	Range (µg/kg)	< LOD ^c	< LOD ^c	0.11- 3.30	0.13- 0.79	0.20- 3.57	0.17- 12.02	0.18-5.41 (OTA) 0.11 -3.18 (AFs)
	Mean of positives (µg/kg)	n.d. ^d	n.d. ^d	0.99	0.29	1.18	2.76	2.14 (OTA) 1.40 (AFs)
	Mean (µg/kg)	n.d. ^d	n.d. ^d	0.46	0.09	0.54	1.02	
	Median (µg/kg)	n.d. ^d	n.d. ^d	0.00	0.00	0.00	0.00	
	No. samples > EU ML (%)	-	-	0	-	0	0	

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537 AFs: sum of AFB₁, AFB₂, AFG₁ and AFG₂; ^b No. of positives: mycotoxin level >LOD.

538 ^cLOD: limit of detection (0.1 µg/kg for OTA, AFB₁, AFG₁; 0.02 µg/kg for AFB₂, AFG₂)

539 ^dn.d.: not detected

540 ^eML: maximum permitted level (5 µg/kg for AFB₁; 10 µg/kg for total AFs; 15 µg/kg for OTA)

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