

1 **Influence of *in vitro* digestion process on polyphenolic profile of skin grape (*cv Italia*) and on**
2 **antioxidant activity in basal or stressed conditions of human intestinal cell line (HT-29)**

3

4 Garbetta A.¹, Nicassio L.¹, D'Antuono I.¹, Cardinali A.¹, Linsalata V.¹, Attolico G.², Minervini F^{1*}.

5 ¹ National Research Council of Italy (CNR), Institute of Sciences of Food Production (ISPA),

6 Via G. Amendola 122/O, 70126 Bari, Italy

7 ² National Research Council of Italy (CNR), Institute of Studies on Intelligent Systems

8 for Automation (ISSIA) Via G. Amendola 122/D, 70126 Bari, Italy

9 * Corresponding Author: Fiorenza Minervini fiorenza.minervini@ispa.cnr.it +390805929360

10 **Abstract**

11 Table grape *cv Italia* is a typical food of Mediterranean diet and one of the sources of phenolic
12 compounds, particularly present in the skin portion. The aim of this study was to characterize the
13 polyphenolic profile of skin grape and to assess their stability after *in vitro* digestion process.
14 Further, the modulation of ROS and GSH levels was assessed in basal and in stressed conditions of
15 human intestinal cells (HT-29). The main phenolic compounds identified by HPLC-DAD analysis
16 in skin grape extract were: procyanidin B₁, caftaric acid, catechin, coumaric acid, quercetin 3-
17 glucuronide and quercetin 3-glucoside. All compounds showed a good stability after *in vitro*
18 digestion (from 43 to 80%). On intestinal cells, the biological effect of skin grape polyphenols was
19 influenced by *in vitro* digestion process and was related to their concentration and to the
20 intracellular redox status of cells. In basal conditions of intestinal cells, higher polyphenol
21 concentrations showed pro-oxidant effect (recorded as high ROS level and low GSH content) due to
22 their oxidation in cell culture condition, with consequent hydrogen peroxide production. Otherwise,
23 in stressed conditions, grape polyphenols exerted antioxidant effects up to low levels (1.3×10^{-6}
24 $\mu\text{g/gr}$) and restored the stress-related GSH reduction. The digestion process influenced the chemical
25 stability of polyphenols and attenuated their biological effects. In conclusion, grape skin

26 polyphenols showed different activity in relation to their concentrations and to the cellular redox
27 state.

28 **Highlights:**

- 29 • Grape skin polyphenols pattern did not change after *in vitro* digestion process
- 30 • Redox status of intestinal cells modulated bioactivity of polyphenols skin grape
- 31 • Production of hydrogen peroxide by polyphenols in neutral environment

32 **Keywords:** grape, polyphenols, digestion process, intestinal cell model, antioxidant activity,
33 intracellular ROS, intracellular GSH

34 **Abbreviations**

35 CAA: cellular antioxidant activity. CMHP: cumene hydroperoxide. DCFH-DA: 2',7'-
36 dichlorofluorescein diacetate. FW: fresh weight. GI: gastro-intestinal. GSH: reduced glutathione.
37 MCB: monochlorobimane. ROS: reactive oxygen species. TP: total polyphenols.

38 **1. Introduction**

39 In gastrointestinal (GI) tract, the control of the intestinal redox environment is central for the
40 nutrient digestion and absorption and for the barrier function (Circu & Aw, 2012) and it is assured
41 by a complex dynamic system, involving antioxidant enzymes as well as non-enzymatic molecules
42 (Spanou et al., 2011). High concentration of Reactive Oxygen Species (ROS) plays a key role in the
43 pathogenesis of numerous chronic inflammatory intestinal diseases (Nawaz et al., 2016; Kim, Kim,
44 & Hahm, 2012). Dietary antioxidants are known to prevent the oxidative damage of
45 macromolecules and to maintain redox homeostasis (Spanou et al., 2011) by quenching excessive
46 ROS and protecting or reinforcing endogenous antioxidative defense systems (Pervin et al., 2014).
47 The most abundant antioxidants in the diet are polyphenols and table grapes represent one of the
48 excellent sources of polyphenolic compounds (Giordano et al., 2016) differently distributed in grape
49 seeds (60-70%), skin (28–35%) and pulp (10% or less) (Nawaz, Shi, Mittal, & Kakuda, 2006). In
50 grape seed and skin the main phenolic compounds are proanthocyanidins, followed by
51 anthocyanins, flavonols, flavanols, stilbens and phenolic acids (Xia, Deng, Guo, & Li, 2010).

52 Growing interests on phenolic compounds from grapes have focused on their beneficial effects on
53 human health, such as antioxidant, cardioprotective, antiinflammation, antiaging and hypoglycemic
54 properties (Lavelli, Sri Harsha, Ferranti, Scarafoni, & Iametti, 2016; Panico et al., 2006; Xia, Deng,
55 Guo, & Li, 2010).

56 The present work was addressed to characterize the polyphenol profile of table grape skin *cv Italia*
57 and to assess their stability after *in vitro* digestion process, because the skin, after seeds, contained
58 the main amount of polyphenols. In addition, some markers of redox status were evaluated in order
59 to assess the effect of polyphenols on human intestinal cell line both in basal and in stressed
60 conditions, by measuring the modulation of ROS and GSH levels. Further, the polyphenols
61 oxidation process in neutral cell culture conditions (Long & Halliwell, 2012; Odiatou, Skaltsounis,
62 & Constantinou, 2013) was verified and its influence on antioxidant activity was tested.

63 2. Materials and methods

64 2.1 Materials

65 2',7'- dichlorofluorescein diacetate (DCFH-DA), cumene hydroperoxide (CMHP),
66 monochlorobimane (MCB) and all enzymes used for *in vitro* digestion were obtained from Sigma-
67 Aldrich (Milan, Italy). The polyphenol standards used in this study were purchased from PhytoLab
68 GmbH & Co. KG (Vestenbergsgreuth, Germany). HT-29 intestinal cell line was purchased from
69 ECACC (Sigma-Aldrich).

70 2.2 Polyphenols extraction from grape skin

71 Organic table grape *cv Italia* was provided by local farm (Tarulli O.P., Noicattaro, Bari, Italy). For
72 the polyphenols extraction, 40 grape berries were manually peeled and the skin (about 8% of the
73 whole berry weight) was recovered. The skin (15 g) was subjected to the extraction using 100 mL
74 of boiling methanol/H₂O (50:50) twice for 1 hr. The boiling methanol was used in order to have the
75 best extraction yield without affecting the polyphenol stability (Perva-Uzunalić et al., 2006). After

76 filtration, the extracts were concentrated and brought to the final volume of 25 mL. Finally, the
77 extracts were filtered and stored at -20°C for further analyses.

78 **2.3 In vitro digestion process of skin grape extract**

79 Skin grape extract from *Italia cv* underwent *in vitro* GI digestion following the method described by
80 Cardinali et al., (2011). After digestion, the aqueous small intestinal digesta was frozen at -80 °C
81 until HPLC-DAD analysis for assessment of polyphenols stability.

82 The percentage of polyphenols resulted stable to the GI conditions, was calculate as follows:

$$83 \text{Stability (\%)} = \text{CF/CI} \times 100$$

84 where CF is the polyphenol concentration in digesta fraction and CI is the initial polyphenols
85 concentration in undigested grape skins extract.

86 **2.4 Polyphenols characterization of skin grape before and after *in vitro* digestion.**

87 HPLC analysis was performed using Agilent 1260 Infinity System equipped with a 1260 binary
88 pump, 1260 HiP Degasser, 1260 TCC Thermostat, 1260 Diode Array Detector and Agilent Open
89 Lab Chem Station Rev C.01.05 software. For the chromatographic separation, the column Luna C-
90 18 (5 µm; 4.6 × 250 mm) (Phenomenex Torrance, California, USA) was used. The polyphenols
91 detection was carried out using the characteristic wavelengths of each compound: 280 nm for
92 catechin and procyanidin B₁, 325 nm for hydroxycinnamic acid and tartaric acid esters, and 360 nm
93 for flavonoids. For the elution, the method reported by Lattanzio (1982) was followed and for the
94 identification and quantification, the external commercial standards were used when available.
95 Instead, caffeic acid and coumaric acid were used respectively for the quantification of caftaric acid
96 and the coutaric acid.

97 **2.5 Intestinal cell line**

98 The human intestinal cell line HT-29 was grown following the procedures described by Minervini
99 et al., (2014). With exception of cellular antioxidant activity assay, for the other assays HT-29 were
100 exposed to skin grape extract and chyme samples at different total polyphenols (TP) concentrations:

101 from 0.23 to 130 μg TP/gr of fresh weight of grape skin (FW) and from 0.23 to 70 μg TP/gr FW,
102 respectively.

103 **2.6 Basal ROS quantification**

104 In order to verify if grape skin polyphenols induced a modulation on basal oxidative status of
105 human intestinal cells, ROS quantification was performed on HT-29 cells following the protocol
106 described by Garbetta et al., (2014) with some modifications. After the staining phase with DCFH-
107 DA probe, cells were treated for 30 min with skin grape extract and chyme samples. The
108 fluorescence emission at 530 nm was measured with excitation at 485 nm after 1 h at 37°C into a
109 Varioskan Flash Spectral Scanning Multimode Reader (Thermo Fisher Scientific). The level of
110 intracellular ROS was expressed as percentage respect to control of DCF fluorescence.

111 **2.7 Cellular antioxidant activity assay.**

112 The antioxidant activity induced by polyphenols on induced ROS levels before and after *in vitro*
113 digestion of grape skin extract *cv Italia*, was determined using Cellular Antioxidant Activity (CAA)
114 assay according to Wolfe & Liu (2007) with some modifications. HT-29 cells were seeded at 5 x
115 10⁴ cells/well on a 96 well white flat-bottom plate and incubated at 37°C for 24 h. Cells were
116 stained with 5 μM DCFH-DA and incubated for 30 min. Then, cells were treated for 30 min with
117 methanolic extract from 6 x 10⁻⁷ to 60 mg of FW skin grape/mL (corresponding to a range of TP
118 from 1.3 x10⁻⁶ to 130 μg /gr FW) or with chyme samples ranged from 0.05 to 12 mg of FW skin
119 grape /mL (corresponding to a range of TP-from 0.23 to 70 μg /gr FW). Finally, cells were treated
120 with CMHP (12.5 μM) for the last 10 minutes and the fluorescence was measured every 5 min for 1
121 h at 37°C into a Varioskan Flash Spectral Scanning Multimode Reader (Thermo Fisher Scientific)
122 at emission wavelength of 530 nm and excitation wavelength of 485 nm. The quantification of CAA
123 units and the median effective dose (EC₅₀) were performed following the protocols proposed by
124 Wolfe & Liu (2007). The cellular antioxidant activity (CAA) values were expressed as micromoles
125 of catechin equivalent per 100 gr of FW. The catechin was used as standard compound with high
126 antioxidant activity in order to normalize the antioxidant activity.

127

128 **2.8 GSH quantification**

129 The effect of polyphenols on redox status of HT-29 cells was studied assessing the intracellular
130 reduced Glutathione (GSH) by using MCB as specific probe (Loikkanen, Naarala, & Savolainen,
131 1998) in the presence and in the absence of stress inducer CMHP. Briefly, HT-29 were seeded in 96
132 well white flat-bottom plate and, after overnight incubation, were supplemented with skin grape
133 methanolic extract or with chyme samples for 1 hr. The cells were loaded with MCB (40µM/well)
134 for 15 min at room temperature in the dark. Thereafter, the formed fluorescent MCB-GSH complex
135 was measured at an excitation wavelength of 395 nm and an emission wavelength of 460 nm with
136 Varioskan Flash Spectral Scanning Multimode Reader (Thermo Fisher Scientific).

137 **2.9 Hydrogen peroxide determination**

138 The hydrogen peroxide (H₂O₂) production, consequent to the oxidation of polyphenols in a neutral
139 conditions, was previously reported by other authors (Long & Halliwell, 2012; Odiatou,
140 Skaltsounis, & Constantinou, 2013). In order to evaluate the possible production of H₂O₂ by grape
141 skin polyphenols in neutral conditions, the quantification of H₂O₂ in the culture medium was
142 performed by using Life Technologies's Amplex® Red Hydrogen Peroxide/Peroxidase Assay Kit
143 with Varioskan Flash Spectral Scanning Multimode Reader (Thermo Fisher Scientific) at excitation
144 and emission maxima of approximately 571 nm and 585 nm. Hydrogen peroxide amount was
145 calculated by a standard curve from 0 to 5 µM and assessed in the presence or in the absence of HT-
146 29 intestinal cell line after 1 hr exposure to methanolic extract or chyme samples.

147 **2.10 Statistical Analysis**

148 Statistical analysis was performed by using SigmaPlot™ software v.12 (Systat Software, Inc.,
149 SigmaPlot for Windows). All pairwise Multiple Comparisons Dunn's method was used to evaluate
150 significant differences between cells treated with methanolic grape skin extract or chyme from *in*
151 *vitro* digestion of grape skin and control. Data were expressed as mean ± standard deviation of 9
152 values from 3 independent experiments. Values of P < 0.05 were considered statistically different.

153 **3, Results**

154 **3.1 Polyphenols characterization of skin grape before and after *in vitro* digestion**

155 Table 1 shows the phenolic characterization of grape skin extract from white grape (*Italia cv*). The
156 quali-quantitative composition of non-anthocyanic polyphenols is very similar between white and
157 red grape varieties, although the polyphenols pattern may be also influenced by the degree of
158 ripeness, climate, berry size and grapevine variety (Giovinazzo & Grieco, 2015; Kammerer, Claus,
159 Carle, & Schieber, 2004). The main phenolic compounds identified were: procyanidin B₁, caftaric
160 acid, catechin, coutaric acid, quercetin 3-glucuronide and quercetin 3-glucoside. Traces of fertaric
161 and caffeic acids were also found, but they cannot be quantified (data not shown). The main
162 hydroxycinnamic acid, esterified with tartaric acid, was caftaric acid (658.02 µg/gr FW) followed
163 by coutaric acid (96.87 µg/gr FW) although the latter, during grape maturation, undergoes to a
164 reduction. The main flavanols present in the grape skin extract were procyanidin B₁ (360.33 µg/gr
165 FW) and catechin (87.02 µg/gr FW). Finally, the presence of two flavonols, such as quercetin 3-
166 glucuronide and 3-glucoside (100.95 µg/gr FW and 32.83 µg/gr FW, respectively), was noteworthy.
167 After *in vitro* digestion, a good stability of the main polyphenols identified (from 43 to 80 %) was
168 found with a recovery of 66%, of the total amount in grape extract. The figure 1 showed the
169 chromatographic profile of grape skin extract (Fig.1 A) and after GI digestion (Fig.1 B), Interesting
170 to underline that all the identified peaks were detected after digestion process and the formation of
171 new compounds after digestion process was not evident.

172 **3.2 Basal ROS quantification**

173 The effect of grape skin polyphenols on basal oxidative status of intestinal cell line was showed in
174 Fig 2. The higher TP concentrations (up to 30 µg TP/gr FW) of methanolic extract (Fig 2A) induced
175 a significant and remarkable (P<0.001) increase in ROS production by HT-29 cells. The
176 concentrations ranging from 0.23 to 15 µg TP/gr FW of grape skin did not induce any significant
177 modification of basal oxidative status. Concerning chyme samples (Fig 2B) of grape skin, only the

178 highest concentration (70 $\mu\text{g TP/gr FW}$) significantly ($P < 0.001$) increased the physiological levels
179 of intracellular ROS.

180 **3.3 Antioxidant activity against ROS induction by using CAA assay**

181 As shown in Table 2, the methanolic extract resulted significantly more antioxidant (10 times)
182 respect to the chyme sample. The EC_{50} values, reported in Table 2, corresponded to TP levels of
183 $0.03 \pm 0.006 \mu\text{g/gr FW}$ for methanolic extract and $0.27 \pm 0.04 \mu\text{g/gr FW}$ for chyme sample.

184 **3.4 GSH quantification**

185 Concerning the effect of grape skin polyphenols on basal level of GSH, as shown in Fig 3, only the
186 highest concentration of methanolic extract induced a significant ($P < 0.001$) decrease in GSH-
187 bimane fluorescence respect to the control, as a consequence of increased basal ROS production.
188 No effect on basal level of GSH was observed after cell exposure to grape skin chyme samples
189 (data not shown).

190 After ROS induction in HT-29 cells with CMHP, a significant ($P < 0.001$) decrease in GSH-bimane
191 fluorescence was observed in control samples, as a defensive response of cells to the oxidative
192 stress. In presence of skin grape methanolic extract, significant ($P < 0.05$) increased levels of GSH
193 (about 10% respect to the stimulated control) was found at all tested skin grape concentrations. On
194 the contrary, in presence of chyme samples of skin grape, the level of GSH fluorescence remained
195 lower and unchanged respect to control samples stimulated by CMHP (data not shown).

196 **3.5 Hydrogen peroxide determination**

197 After incubation in the cellular media, all the tested samples (extract and chyme) generated a high
198 level of H_2O_2 , in a concentration-dependent manner (both in absence and in presence of cells) as a
199 consequence of polyphenols oxidation. In Table 3 are showed the H_2O_2 quantifiable concentrations
200 and the percentage of fluorescence increment relative to the H_2O_2 production respect to the control.

201 In particular, without intestinal cells, the skin grape sample incubated in the culture media at
202 concentration up to $7.5 \mu\text{g TP/gr FW}$, produced an off-scale level of H_2O_2 ($> 5 \mu\text{M}$). Moreover, at

203 all other tested concentrations, the H₂O₂ levels were significant (P<0.001) higher than the control
204 sample in dose-dependent manner. Also the chyme samples, up to 30 µg TP/gr FW, induced a not
205 quantifiable H₂O₂ levels (> 5 µM). Furthermore, when the polyphenol concentrations were lower
206 (up to 0.94 µg TP/gr FW of grape skin), the H₂O₂ production was significantly (P<0.05) higher than
207 the control sample, but with less extend.

208 Moreover, the presence of cells reduced the H₂O₂ levels in medium both in control and in treated
209 (methanolic and chyme) samples. In particular, with methanolic extract, apart the concentrations up
210 to 15 µg TP/gr FW, a quantifiable H₂O₂ level was recovered. At concentrations ranged from 0.94 to
211 7.5 µg TP/gr FW, H₂O₂ levels were significantly (P<0.05) higher respect to the control. The lowest
212 polyphenol concentrations of methanolic extract produced H₂O₂ levels comparable to the control
213 sample (Table 3). Intestinal cell exposure to grape skin chyme samples induced a quantifiable H₂O₂
214 amount at the all tested polyphenol concentrations. A significant (P<0.05) difference respect to the
215 control was found up to 15 µg TP/gr FW.

216 4. Discussion and conclusions

217 In the current paper, the stability of table grapes skin phenolics to the GI conditions and their effect
218 toward cellular antioxidant response, were investigated. According to Rodríguez- Montealegre et
219 al., (2006), the caftaric acid was the main hydroxycinnamic acid present in grape skin followed by
220 procyanidin B1, quercetin 3-glucuronide, 3-glucoside and catechin. The caftaric acid was the main
221 hydroxycinnamic acid present in grape, responsible of the astringent taste in grape and wine, albeit
222 during winemaking for the enzymatic oxidation, its amount decreased (Singleton, Salgues, Zaya, &
223 Trousdale, 1985). Furthermore, all the identified compounds showed a good stability to the *in vitro*
224 GI conditions (about 66%) giving some preliminary insight on the potential for bioaccessibility.
225 The here showed results are in agreement with those reported by other authors on table grape
226 polyphenols bioaccessibility (Tagliazucchi, Verzelloni, Bertolini, & Conte, 2010), and also on
227 different matrices, such as grape juices and grape seeds (Moser et al., 2016; Laurent, Besancon, &
228 Caporiccio, 2007).

229 Further, the influence of grape polyphenols on intestinal cells, in relation to their redox status, was
230 also considered. In cell-free condition, the skin grape polyphenols (extract and chyme samples)
231 produced a higher H₂O₂ amount respect to the control samples in a dose-dependent manner, in
232 agreement to oxidation process toward polyphenols reported by authors (Long & Halliwell, 2012;
233 Odiatou, Skaltsounis, & Constantinou, 2013). The digestion process negatively influenced the
234 polyphenol oxidation in cell-free condition, reducing H₂O₂ production. The presence of HT-29 cells
235 reduced the H₂O₂ levels in the medium of both controls and treated (methanolic extract and chyme)
236 samples, probably due to cellular uptake/decomposition of H₂O₂ (Bellion et al., 2009).

237 At a cellular level, the polyphenol concentrations and the cell redox status (in not stressed and in
238 stressed conditions) of cells influenced the bioactivity of skin grape. In basal condition, the pro-
239 oxidant effect (recorded as high intracellular ROS) after exposure to higher TP concentrations was
240 probably due to the diffusion of H₂O₂ through the plasma membrane mediated by aquaporins
241 (Miller, Dickinson, & Chang, 2010). As a consequence, a reduced GSH level was observed in basal
242 conditions. In fact Wang et al., (2016), using lower polyphenols concentrations (from 0.1 to 10
243 µg/ml), reported no influence on GSH level in basal condition of Caco-2 cells.

244 The effect of polyphenols changed after stress induction. A dose-dependent reduction of induced
245 ROS levels was observed following exposure to skin grape extract in agreement with Wang et al.,
246 (2016) on Caco-2 cells and on rat colon explants reported by Giordano et al., (2016). Concerning
247 GSH levels, a dramatic depletion of intracellular GSH was observed in control samples exposed to
248 oxidative stress inducer partly prevented by the presence of polyphenols. Similar results on partial
249 restored GSH content were found by Wang et al., (2016) when Caco-2 cells were exposed to grape
250 polyphenolextract. These results supported that the antioxidant activity of dietary polyphenols is
251 due both to ROS scavenger and to the reinforcement of endogenous GSH level, one of the
252 antioxidant defense system (Pervin et al., 2014).

253 The digestion process decreased the polyphenols levels with consequent reduction of H₂O₂
254 production in culture medium (with and without cells) and it did not influence the basal redox

255 intracellular markers (ROS and GSH). The digestion process significantly reduced the antioxidant
256 activity towards induced ROS levels without modifications of GSH level. Similarly Tagliazzucchi
257 et al., (2010) reported, during digestion, modifications of antioxidant activity (assessed by FRAP
258 method), correlated to the variations in whole grape polyphenol content as well as to the pH
259 intestinal conditions, as also found for other fruits and vegetables (Huang et al., 2017).

260 In conclusion, antioxidant polyphenols present in skin grape extract may have pro-oxidant activity
261 under certain conditions, such as high concentrations, not stressed cell status and/or neutral
262 environment leading to cellular dysfunctions. In stressed cellular condition, skin grape polyphenols
263 showed a high antioxidant activity. For this reason, as the digestion process could attenuate both
264 effects, adequate amount of antioxidant food should be consumed, especially in oxidative stress-
265 related diseases.

266

267 **Study funding/competing interest(s)**

268 This study was supported by the Research project “Development of innovative food products
269 through biotechnological, plant design and technological solutions” (PROINNO_BIT) funded by
270 Italian Ministry of Education, University and Research (MIUR). This work has been supported by
271 the “Biodiversità per la valorizzazione e sicurezza delle produzioni alimentari tipiche pugliesi,
272 BioNet-PTP” project (Cod. 73) funded by Programma Operativo Regionale Puglia FESR 2000-
273 2006 - Risorse libere - Obiettivo Convergenza. The authors have no conflicts of interest to
274 disclose.

275 **References**

276 Bellion, P., Olk, M., Will, F., Dietrich, H., Baum, M., Eisenbrand, G., & Janzowski, C. (2009).
277 Formation of hydrogen peroxide in cell culture media by apple polyphenols and its effect on
278 antioxidant biomarkers in the colon cell line HT-29. *Molecular Nutrition & Food Research*, 53,
279 1226–1236.

- 280 Cardinali, A., Linsalata, V., Lattanzio, V., & Ferruzzi, M. G. (2011). Verbascosides from olive mill
281 waste water: assessment of their bioaccessibility and intestinal uptake using an in vitro
282 digestion/Caco-2 model system. *Journal of Food Science*, 76, H48-54.
- 283 Circu, M. L., & Aw T. Y. (2012). Intestinal redox biology and oxidative stress. *Seminars in Cell &*
284 *Developmental Biology*, 23, 729–737.
- 285 Garbetta, A., Capotorto, I., Cardinali, A., D'Antuono, I., Linsalata, V., Pizzi, F., & Minervini, F.
286 (2014). Antioxidant activity induced by main polyphenols present in edible artichoke heads:
287 influence of in vitro gastro-intestinal digestion. *Journal of Functional Foods*, 10, 456-464.
- 288 Giordano, M. E., Ingrosso, I., Schettino, T., Caricato, R., Giovinazzo, G., & Lionetto, M. G. (2016).
289 Intracellular Antioxidant Activity of Grape Skin Polyphenolic Extracts in Rat Superficial
290 Colonocytes: In situ Detection by Confocal Fluorescence Microscopy. *Frontiers in Physiology*, 27,
291 7-177.
- 292 Giovinazzo, G., & Grieco, F. (2015). Functional properties of grape and wine polyphenols. *Plants*
293 *Foods for Human Nutrition*, 70, 454-462.
- 294 Huang, W., Mao, S., Zhang, L., Zheng, L., Zhou, F., Zhao, Y., & Li, M. (2017). Phenolic
295 compounds, antioxidant potential and antiproliferative potential of 10 common edible flowers from
296 China assessed using a simulated in vitro digestion-dialysis process combined with cellular assays.
297 *Journal of the Science of Food and Agriculture*, 97, 4760–4769.
- 298 Kammerer, D., Claus, A., Carle, R., & Schieber, A. (2004). Polyphenol Screening of Pomace from
299 Red and White Grape Varieties (*Vitis vinifera* L.) by HPLC-DAD-MS/MS. *Journal of Agricultural*
300 *and Food Chemistry*, 52, 4360-4367.
- 301 Kim, Y. J., Kim, E. H., & Hahm, K. B. (2012). Oxidative stress in inflammation-based
302 gastrointestinal tract diseases: challenges and opportunities. *Journal of Gastroenterology and*
303 *Hepatology*, 27:1004–1010.
- 304 Lattanzio, V. (1982). High performance reversed phase liquid chromatography of free and bound
305 phenolic acids in eggplant (*Solanum melongena* L.). *Journal of Chromatography*, 250, 143–148.

- 306 Laurent, C.; Besancon, P., & Caporiccio, B. (2007). Flavonoids from a grape seed extract interact
307 with digestive secretions and intestinal cells as assessed in an in vitro digestion/Caco-2 cell culture
308 model. *Food Chemistry*, 100, 1704–1712.
- 309 Lavelli, V., Sri Harsha, P. S. C., Ferranti, P., Scarafoni, A., & Iametti, S. (2016). Grape skin
310 phenolics as inhibitors of mammalian α -glucosidase and α -amylase – effect of food matrix and
311 processing on efficacy. *Food and Function*, 7, 1655–1663.
- 312 Loikkanen, J. J., Naarala, J., & Savolainen, K. M. (1998). Modification of glutamate-induced
313 oxidative stress by lead: the role of extracellular calcium. *Free Radical Biology and Medicine*, 24,
314 377-384.
- 315 Long, L. H., & Halliwell, B. (2012). The effects of oxaloacetate on hydrogen peroxide generation
316 from ascorbate and epigallocatechin gallate in cell culture media: Potential for altering cell
317 metabolism. *Biochemical and Biophysical Research Communications*, 417, 446–450.
- 318 Miller, E. W., Dickinson, B. C., & Chang, C. J. (2010). Aquaporin-3 mediates hydrogen peroxide
319 uptake to regulate downstream intracellular signaling. *Proceedings of the National Academy of*
320 *Sciences of the United States of America*, 107, 1568-15686.
- 321 Minervini, F., Garbetta, A., D'Antuono, I., Cardinali, A., Martino, N. A., Debellis, L., & Visconti,
322 A. (2014). Toxic mechanisms induced by fumonisin b1 mycotoxin on human intestinal cell line.
323 *Archives of environmental contamination and toxicology*, 67, 115-123.
- 324 Moser, S., Lim, J., Chegeni, M., Wightman, J. D., Hamaker, B. R., & Ferruzzi, M. G. (2016).
325 Concord and niagara grape juice and their phenolics modify intestinal glucose transport in a coupled
326 in vitro digestion/Caco-2 human intestinal model. *Nutrients*, 8, 414.
- 327 Nawaz, H., Shi, J., Mittal, G. S., & Kakuda, Y. (2006). Extraction of polyphenols from grape seeds
328 and concentration by ultrafiltration. *Separation and Purification Technology*, 48, 176–181.
- 329 Odiatou, E. M., Skaltsounis, A. L., & Constantinou, A. I. (2013). Identification of the factors
330 responsible for the *in vitro* pro-oxidant and cytotoxic activities of the olive polyphenols oleuropein
331 and hydroxytyrosol. *Cancer Letters*, 330, 113–121.

- 332 Panico, A. M., Cardile, V., Avondo, S., Garufi, F., Gentile, B., Puglia, C., Bonina, F., Santagati, N.
333 A., & Ronsisvalle, G. (2006). The *in vitro* effect of a lyophilized extract of wine obtained from
334 Jacquez grapes on human chondrocytes. *Phytomedicine*, 13, 522–526.
- 335 Perva-Uzunalić, A., Škerget, M., Knez, Ž., Weinreich, B., Otto, F., & Grüner, S. (2006). Extraction
336 of active ingredients from green tea (*Camellia sinensis*): Extraction efficiency of major catechins
337 and caffeine. *Food Chemistry*, 96, 597-605.
- 338 Pervin, M., Hasnat, M. A., Lee, Y. M., Kim, D. H., Jo, J. E., & Lim, B. O. (2014). Antioxidant
339 activity and acetylcholinesterase inhibition of grape skin anthocyanin. *Molecules*, 19, 9403-9418.
- 340 Rodríguez-Montealegre, R., Romero-Peces, R., Chacón-Vozmediano, J. L., Martínez-Gascueña, J.,
341 & García-Romero, E. (2006). Phenolic compounds in skins and seeds of ten grape *Vitis*
342 *vinifera* varieties grown in a warm climate. *Journal of Food Composition and Analysis*, 19, 687–
343 693.
- 344 Singleton, V. L., Salgues, M., Zaya, J., & Trousdale, E. (1985). Caftaric Acid Disappearance and
345 Conversion to Products of Enzymic Oxidation in Grape Must and Wine. *American Journal of*
346 *Enology and Viticulture*, 36, 50-56.
- 347 Spanou, C., Veskoukis, A. S., Stagos, D., Liadaki K., Anastasiadi, M., Haroutounian, S. A., Tsouka,
348 M., Tzanakouli, E., & Kouretas, D. (2011). Effects of grape extracts on the *in vitro* activity of
349 enzymes involved in oxidative stress regulation. *In vivo*, 25, 657-662.
- 350 Tagliazucchi, D., Verzelloni, E., Bertolini, D., & Conte, A. (2010). *In vitro* bio-accessibility and
351 antioxidant activity of grape polyphenols. *Food Chemistry*, 120, 599–606.
- 352 Wang, S., Mateos, R., Goya, L., Amigo-Benavent, M., Sarrià, B., & Bravo, L. (2016). A phenolic
353 extract from grape by-products and its main hydroxybenzoic acids protect Caco-2 cells against pro-
354 oxidant induced toxicity. *Food and Chemical Toxicology*, 88, 65-74.
- 355 Wolfe, K. L., & Liu, R. H. (2007). Cellular antioxidant activity (CAA) assay for assessing
356 antioxidants, foods, and dietary supplements. *Journal of Agricultural and Food Chemistry*, 55,
357 8896–8907.

358 Xia, E. Q., Deng, G. F., Guo, Y. J., & Li, H. B. (2010). Biological activities of polyphenols from
359 grapes. *International Journal of Molecular Sciences*, 11, 622-646.

360

361

362

363

364 **Figures captions**

365 **Fig. 1** Effect of cv *Italia* white grape table skin polyphenols on basal ROS production in HT-29
366 intestinal cell line before (a) and after (b) *in vitro* digestion. (Mean \pm SD n=9. ** P< 0.001 respect
367 to the control).

368

369 **Fig. 2** Effect of grape skin methanolic extract on intracellular GSH level in HT-29 intestinal cell
370 line. (Mean \pm SD n=9. ** P< 0.001 respect to basal control; # P<0.05 respect to stimulated control).

371

Table 1 Polyphenolic compounds in skins of cv *Italia* white grape table: hydroalcoholic extract, digested, and stability after *in vitro* digestion.

<i>Polyphenolic compounds</i>	<i>Extract</i> ($\mu\text{g/g fw}$)	<i>Digested</i> ($\mu\text{g/g fw}$)	<i>Stability</i> (%)
Procyanidin B1	360.33 \pm 9.0	170.46 \pm 5.1	47.31
Caftaric acid	658.02 \pm 18.4	527.77 \pm 15.8	80.21
Catechin	87.02 \pm 2.6	46.83 \pm 1.4	53.82
Coutaric acid	96.87 \pm 3.4	64.68 \pm 2.3	66.77
Quercetin 3-glucuronide	100.95 \pm 3.8	52.28 \pm 2.0	51.79
Quercetin 3-glucoside	32.83 \pm 1.3	14.22 \pm 0.5	43.31
TOTAL	1336.02 \pm 46.8	876.24 \pm 33.3	65.59

372

Table 2 Comparison of antioxidant activity of cv *Italia* white grape table skin after and before *in vitro* digestion. (Mean \pm SD n=9. * values for methanolic sample and chyme sample are significantly different P< 0.05)

	<i>EC₅₀ value</i> (<i>mg of grape skin/ml</i>)	<i>Cellular Antioxidant Activity</i> (<i>CAA</i>) ($\mu\text{mol CAT equivalent/100 gr FW}$)
Grape skin methanolic extract	0.07 \pm 0.04	4.39 \pm 0.93
Grape skin chyme sample	0.7 \pm 0.03 *	0.43 \pm 0.03*

373

374

375

Table 3 Effect of grape skin polyphenols before and after *in vitro* digestion on H₂O₂ production.

$\mu\text{gTP/g FW}$	<i>Methanolic extract</i>				$\mu\text{g TP/g FW}$	<i>Chyme sample</i>			
	<i>medium</i>		<i>cells</i>			<i>medium</i>		<i>cells</i>	
	H ₂ O ₂ (μM)	% Fluorescence increment	H ₂ O ₂ (μM)	% Fluorescence increment		H ₂ O ₂ (μM)	% Fluorescence increment	H ₂ O ₂ (μM)	% Fluorescence increment
ctr	1.19 \pm 0.16 ^a		0.29 \pm 0.04 ^a		ctr	1.17 \pm 0.06 ^a		0.34 \pm 0.07 ^a	
130	> 5	5868	> 5	6800	70	> 5	1543	1.93 \pm 0.10 ^b	281
30	> 5	3026	> 5	2207	30	> 5	578	0.95 \pm 0.01 ^b	107
15	> 5	1810	> 5	1317	15	3.66 \pm 0.04 ^b	264	0.51 \pm 0.04 ^b	30
7.50	> 5	862	2.52 \pm 0.04 ^b	437	7.50	2.25 \pm 0.10 ^c	114	0.45 \pm 0.06 ^{a,b}	20
3.75	5.00 \pm 0.20 ^b	406	1.16 \pm 0.11 ^c	171	3.75	1.65 \pm 0.05 ^d	51	0.35 \pm 0.03 ^{a,b}	1
1.88	3.13 \pm 0.14 ^c	202	0.67 \pm 0.05 ^d	75	1.88	1.38 \pm 0.06 ^{e,f}	22	0.36 \pm 0.02 ^{a,b}	3
0.94	2.16 \pm 0.11 ^d	101	0.42 \pm 0.06 ^e	27	0.94	1.32 \pm 0.05 ^f	16	0.33 \pm 0.06 ^{a,b}	0
0.47	1.79 \pm 0.25 ^{d,e}	62	0.36 \pm 0.03 ^{a,e}	14	0.47	1.23 \pm 0.10 ^{a,f}	6	0.28 \pm 0.03 ^{a,b}	0
0.23	1.44 \pm 0.04 ^e	26	0.25 \pm 0.02 ^{a,f}	0	0.23	1.17 \pm 0.02 ^{a,f}	0	0.26 \pm 0.02 ^{a,b}	0

(Mean \pm SD n=9). Different letters within a column denote significant differences (P<0.05)

Fig.1

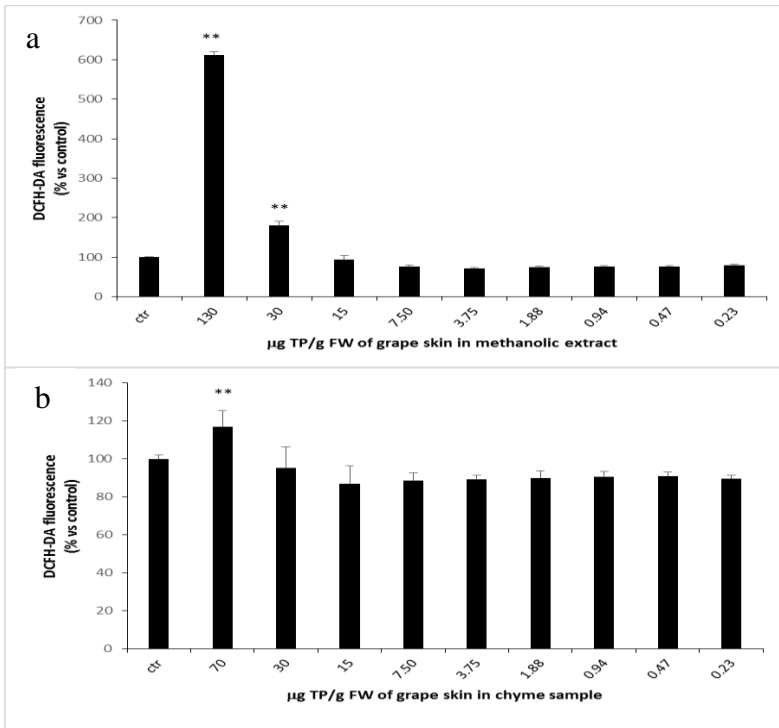


Fig 2

