Annals of Botany **124**: 849–860, 2019 doi: 10.1093/aob/mcz129, available online at www.academic.oup.com/aob



Reproductive and genetic consequences of extreme isolation in *Salix herbacea*L. at the rear edge of its distribution

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Received: 1 March 2019 Returned for revision: 11 June 2019 Editorial decision: 17 July 2019 Accepted: 19 July 2019
Published electronically 31 July 2019

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- **Background and Aims** At the rear edge of the distribution of species, extreme isolation and small population size influence the genetic diversity and differentiation of plant populations. This may be particularly true for Arctic-alpine species in mid-latitude mountains, but exactly how peripherality has shaped their genetic and reproductive characteristics is poorly investigated. The present study, focused on *Salix herbacea*, aims at providing new insights into the causes behind ongoing demographic dynamics and their consequences for peripheral populations of Arctic-alpine species.
- **Methods** We performed a whole-population, highly detailed sampling of the only two *S. herbacea* populations in the northern Apennines, comparing their clonal and genetic diversity, sex ratio and spatial genetic structure with a reference population from the Alps. After inspecting ~1800 grid intersections in the three populations, 563 ramets were genotyped at 11 nuclear microsatellite markers (nSSRs). Past demography and mating patterns of Apennine populations were investigated to elucidate the possible causes of altered reproductive dynamics.
- **Key Results** Apennine populations, which experienced a Holocene bottleneck and are highly differentiated $(F_{ST} = 0.15)$, had lower clonal and genetic diversity compared with the alpine population $(R_{MLG} = 1 \text{ and } H_E = 0.71)$, with the smaller population exhibiting the lowest diversity $(R_{MLG} = 0.03 \text{ and } H_E = 0.24)$. An unbalanced sex ratio was found in the larger (63 F:37 M) and the smaller (99 F:1 M) Apennine population. Both were characterized by the presence of extremely large clones (up to 2500 m²), which, however, did not play a dominant role in local reproductive dynamics.
- **Conclusions** Under conditions of extreme isolation and progressive size reduction, *S. herbacea* has experienced an alteration of genetic characteristics produced by the prevalence of clonal growth over sexual reproduction. However, our results showed that the larger Apennine population has maintained levels of sexual reproduction enough to counteract a dramatic loss of genetic and clonal diversity.

Key Words: Fragmentation, snowbed, peripherality, clonal growth, genetic diversity, sex ratio, spatial genetic structure, *Salix herbacea*, gene flow, isolation, marginality, microsatellite markers.

INTRODUCTION

Genetic drift and gene flow interact with natural selection in shaping allele frequencies of populations over time. Demographic processes and spatial distribution of populations influence the strength of evolutionary forces modulating the outcome of their interplay. In particular, towards the species distribution edges, population size is expected to progressively decrease and genetic isolation to increase until the disappearance of the species. Peripheral populations are therefore assumed to exhibit lower genetic diversity and greater genetic differentiation compared with populations located in the core area of species distribution, as predicted by the centre–periphery hypothesis (Vucetich and Waite, 2003). In the survey by Eckert *et al.* (2008), it was shown that such signals, although often weak, were confirmed in approximately two-thirds of the reviewed studies. The centre–periphery hypothesis has,

however, been challenged by several studies showing that, at least on a broad geographical scale, the distribution of genetic diversity might have been markedly affected by past climate-driven range dynamics (Hewitt, 2000, 2004) rather than by demo-genetic stochasticity *per se* (Hampe and Petit, 2005). In particular, due to the location of refugial areas, peripheral meta-populations of Northern Hemisphere species at the rear edge of their distribution might represent long-term stores of genetic diversity that could be of crucial importance to species survival in the face of climate change (Hampe and Petit, 2005; Rehm *et al.*, 2015).

At the rear edge of their distribution, Arctic-alpine plant species (i.e. species with a predominantly arctic distribution, but growing in mid-latitude mountain ranges as well; Hultén and Fries, 1986) exhibit a paradigmatic case of isolated, peripheral populations. For instance, the central and southern European

mountain systems are home to a number of disjunct populations of Arctic-alpine species (Schönswetter et al., 2005). Moving southwards from their core distribution area, Arcticalpine plants still occur on mountain ranges, but at progressively higher elevation sites, restricted to habitat patches with micro-environmentally favourable conditions (Birks and Willis, 2008). Studies on population genetics of Arctic-alpine species in central and southern Europe have proliferated in recent years, most of them being carried out in the Alps (e.g. Schönswetter et al., 2003, 2005, 2008; Skrede et al., 2006; Kropf et al., 2006, 2008; Alvarez et al., 2012). On the other hand, the levels of genetic diversity in peripheral populations of Arctic-alpine plants located in the Apennines (i.e. the main mountain system of the Italian Peninsula) have been less well studied and understood (Ansell et al., 2008). This is somewhat surprising in view of the fact that the Apennines were one of the main refugial areas where cold-adapted taxa potentially survived over consecutive Quaternary glacial cycles (Ansell et al., 2008; Gentili et al., 2015a).

This lack of knowledge stimulated us to focus on the genetic consequences of extreme peripherality for Arctic-alpine species in the northern Apennines, one of the southernmost outposts where these species are well represented (Foggi, 1990; Tomaselli and Agostini, 1994; Abeli et al., 2018). We thus focused our attention on the Apennine populations of the dwarf willow, Salix herbacea, one of the most common vascular plants living in late-exposed snowbeds (Björk and Molau, 2007), habitats that host a unique set of species sharing adaptations to temperature-, nutrient- and, frequently, wind-limited environmental conditions. Snowbeds represent a key component of alpine landscape diversity, acting as warmstage microrefugia for high-mountain plants (Gentili et al., 2015b) and providing important ecosystem services to neighbouring plant communities and herbivores (e.g. Billings and Bliss, 1959; Fox, 1991). Nowadays, snowbeds are considered to be one of the most vulnerable mountain habitats threatened by climate change (e.g. Björk and Molau, 2007; Matteodo et al., 2016).

In the highly heterogeneous alpine landscape, the spatial pattern of snowmelt determines an often strong small-scale differentiation in environmental conditions influencing the genetic differentiation of alpine plant populations (e.g. Shimono et al., 2009). In this context, snowbed habitats can act as reservoirs of genetic diversity (Cortés et al., 2014). However, under future climatic conditions, characterized by warmer and longer snow-free periods, it is likely that snowbed habitats will shrink or even disappear at southern latitudes (Theurillat and Guisan, 2001). In the Apennines, the populations of snowbed species, such as the forbs Veronica alpina, Omalotheca supina and Leucanthemopsis alpina, the graminoid Luzula alpinopilosa and the moss *Polytrichastrum sexangulare*, as well as populations of several other snowbed bryophytes and lichens, are indeed largely isolated both from one another and from the alpine ones, highly fragmented and small in size (Tomaselli, 1991; Petraglia and Tomaselli, 2007). These conditions allow an intensive genetic characterization at the whole-population level to be performed, with such an approach providing new insights into the effects of extreme isolation on the genetic characteristics of snowbed species.

Salix herbacea is regarded as an ideal species for studying the effect of climate change in Arctic and alpine tundra due to its ecological characteristics and the amphi-Atlantic, Arcticalpine distribution range (Alsos et al., 2009; Wheeler et al., 2016; Abeli et al., 2018). In Europe, it spans from Svalbard to the Mediterranean mountains with the southernmost outposts in central Spain, the central Apennines and Macedonia (Rechinger and Akeroyd, 1993). This species has a number of life-history traits that may interact with isolation and demography in shaping the genetic characteristics of populations. Salix herbacea is a dioecious species that, being self-incompatible, should be more vulnerable to habitat fragmentation and small population size than self-compatible species (Leimu et al., 2006; Kramer et al., 2008). Moreover, as a primarily wind-pollinated species it should be less prone to pollen limitation than insect-pollinated species (Beerling, 1998), although seed set of wind-pollinated species may depend more on population density than on population size and isolation, as in insectpollinated plants (Steven and Waller, 2007). Salix herbacea has the potential for clonal as well as sexual reproduction (Beerling, 1998). The ecological advantages of clonal growth include the ability to effectively acquire resources such as light, water and nutrients, and share them through clonal integration, reducing the mortality of genets (e.g. Klimeš et al., 1997). Clonal growth also avoids the costs and the risks associated with sexual reproduction (Maynard Smith, 1978), allowing populations to persist in habitats in which ecological conditions can be frequently or periodically unfavourable for sexual reproduction. On the other hand, clonal growth can also affect sexual reproduction, reducing fitness due to a strong unbalance of mating groups required for outcrossing (Vallejo-Marin et al., 2010). When sexual reproduction is very limited, the accumulation of somatic mutations could also reduce fertility, potentially leading to the loss of sex (Eckert, 2001).

In continuous populations, S. herbacea can maintain both frequent sexual reproduction and high genetic diversity (Reisch et al., 2007). However, it is well known that peripheral populations of species characterized by a mixed reproductive capability may lose genetic diversity and even become monoclonal as a result of restricted gene flow, genetic drift and prevailing asexual reproduction (e.g. Beatty et al., 2008). Single genets of S. herbacea have been shown to reach crown sizes as large as 10 m (Stamati et al., 2007) and survive up to 450 years (de Witte et al., 2012), suggesting that populations and even individuals might have persisted locally despite considerable climatic oscillations. Long-lived species are expected to cope better with habitat fragmentation than short-lived ones because the former may experience smaller fluctuations in abundance (Marini et al., 2012), with a positive effect on meta-population persistence (Eriksson, 1996; Bossuyt and Honnay, 2006). As a consequence, long-lived species may exhibit extensive time delays in extinctions due to their longevity (Eriksson, 1996; Honnay and Bossuyt, 2005; Lindborg, 2007; Saar et al., 2012).

The primary objective of this study was to assess the effects of extreme isolation in the only two remnant populations of *S. herbacea* in the northern Apennines, along the rear edge of the species distribution, with reference to a population located in the Alps, where the species is widespread in high-elevation snowbed habitats. Our investigation was not

limited to a comparison of summary parameters among populations but rather consisted of a highly detailed sampling at the whole-population level for the two Apennine populations. This approach is the only one that can reveal the hitherto unknown spatial complexity behind the transition from sexual to clonal reproduction expected in peripheral populations. The two northern Apennine populations of S. herbacea are extremely small (~1.50 and ~0.16 ha) and highly isolated (~23 km apart and ~160 km from the nearest population growing in the Alps). At such a degree of isolation, and considering the biological and ecological characteristics of the species, we expected to find trends among populations going from low peripherality and larger size to high peripherality and smaller size in terms of (1) progressively lower occurrence of sexual reproduction and higher occurrence of clonal propagation, (2) more skewed distribution of clone sizes, (3) higher impact of genetic drift (reduction of genetic diversity and high genetic differentiation), and (4) increase in both the intensity and heterogeneity of the spatial genetic structure. Once the genetic consequences of isolation were assessed, we further investigated past demography and mating patterns of Apennine populations to elucidate the possible causes of altered reproductive dynamics.

MATERIALS AND METHODS

Study area

The northern Apennines harbour two highly isolated dwarf willow populations. These are ~160 km from the geographically closest populations occurring in the south-eastern Alps to the north, ~220 km from those occurring in the Maritime Alps to the west and ~260 km from those occurring in the central Apennines to the south-east. The present study is focused on these two Salix herbacea populations, lying on the northern slope of the Tuscan-Emilian Apennines 23 km apart (Fig. 1, Table 1). At both sites the dwarf willow is fairly abundant, growing as a loose mat of prostrate twigs strictly limited to snowbeds, which are surrounded by sub-shrub vegetation dominated by Vaccinium species. The easternmost population (hereafter referred to as Cimone) occurs not far from the summit of Mt Cimone (2165 m a.s.l.), the highest peak in the northern Apennines. The second population (hereafter referred to as Prado) is located on the northern slope of Mt Prado (2054 m a.s.l.). The area covered by these two populations differs considerably: Cimone covers ~0.16 ha, whereas Prado is almost ten times larger (~1.50 ha).

We compared the genetic and reproductive characteristics of northern Apennine populations with a 'geographically central' population, i.e. lying at the distributional core of *S. herbacea* in the Alps. This alpine population is located close to the Gavia Pass (2700 m a.s.l.) within the Stelvio National Park. This population (hereafter referred to as Gavia), situated at the bottom of a glacial cirque, was selected because snowbed communities are widespread in this area (Carbognani *et al.*, 2014*a*), where *S. herbacea* is currently undergoing a phase of expansion (Carbognani *et al.*, 2014*b*). The Gavia population is ~230 km from those in the northern Apennines (Fig. 1, Table 1).

Sampling procedure

The areas occupied by the two Apennine populations were fully inspected using a removable square grid consisting of measuring tapes fixed on the soil surface with permanent metal sticks. Mesh size differed between the two sites according to the area occupied by each population, being 2 and 5 m for Cimone and Prado, respectively. Each grid intersection was used as the centre of a square in which the occurrence of male and/or female individuals was recorded (Supplementary Data Fig. S1).

During successive surveys from June to August 2014, 638 squares for Cimone (i.e. 29 × 22 grid intersections) and 1150 squares for Prado (i.e. 46 × 25 grid intersections) were carefully inspected by a team of eight operators searching for all Salix ramets with reproductive structures. Around each grid, a 50-m-wide buffer area was delineated and checked for the presence of disjunct ramets. When a disjunct ramet was found, a buffer area with a radius of 50 m around the ramet was further inspected. This approach allowed us to sample the entire area within the 3 weeks following snowmelt, when the flowering peak of S. herbacea usually takes place (Carbognani et al., 2016). At each grid intersection, the nearest generative ramet was marked with a coloured wool thread and a plastic tag and its position relative to the grid intersection was recorded. In areas where no generative ramets were found, a vegetative ramet was tagged and subsequently sexed in 2015 whenever possible. In the Apennine populations, the sex of 722 ramets was determined out of a total of 818.

For Cimone and Prado, sex ratio was calculated at the whole-population level on the basis of the occurrence of female and/ or male individuals within all the square areas of the grid (Supplementary Data Fig. S1). For Gavia, sex ratio was calculated based on the occurrence of female and/or male individuals in 38 plots of ~1 m², randomly located in stands dominated by *S. herbacea* within an area of ~2 ha.

Genetic analyses were performed on 563 ramets, from which five to ten fresh leaves were collected for DNA extraction. At the northern Apennine sites, 196 samples for Cimone and 337 for Prado were randomly selected from the samples collected according to the sampling strategy described above (Fig. 2). At the alpine site, a square grid with a mesh size of 20 m was positioned on the previously described area. Then, an *S. herbacea* ramet was sampled within 1 m from 30 randomly selected grid intersections, as described above. All samples were dried with silica gel and stored at –20 °C until DNA extraction was performed.

DNA extraction and genotyping

DNA extraction was carried out using the DNeasy 96 Plant Kit (Qiagen) following the manufacturer's instructions. Thirty milligrams of dried tissue for each sample was put in each well of 96-well plates together with a 3-mm diameter tungsten bead. Plates were frozen in liquid nitrogen for 30 s before two cycles of 30 s of disruption at 28 Hz using a Mixer Mill MM300 (Retsch, Germany). DNA quality was checked on a 1 % agarose gel stained with GelRed (Biotium, USA). DNA concentration was measured with a NanoDrop ND-1000 (Thermo Scientific, Wilmington, USA).

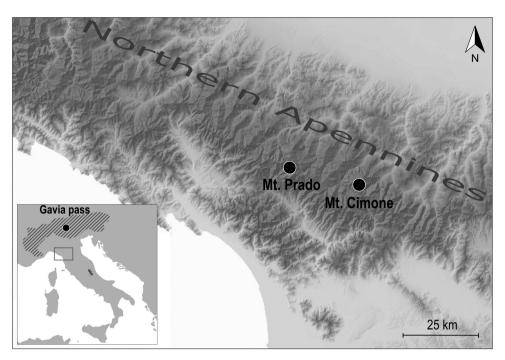


Fig. 1. Location of the two remnant *S. herbacea* populations in the northern Apennines at Mt Prado and Mt Cimone. The insert at bottom left shows the Alpine distribution of the species (hatched area) according to Jalas and Suominen (1976) and the location of the Alpine population at Gavia pass (black circle). The box in the insert represents the area of the northern Apennines included in the main figure and × symbols show the location of *S. herbacea* remnants in the central Apennines.

Sixteen nuclear microsatellite markers (nSSRs) were initially tested on a subset of samples: seven nSSRs already used on S. herbacea (Cortés et al., 2014) and nine nSSRs transferred from other Salix spp. (Stamati et al., 2003; Barker et al., 2005; Steltzer et al., 2008). After excluding low-quality and multi-banding loci as well as loci that were found to be monomorphic in all populations, 11 nSSRs were retained for subsequent analyses. The final marker set was arranged in two PCR multiplexes (Supplementary Data Table S1). Multiple PCR reactions were carried out using the Type-it Microsatellite PCR kit (Qiagen, Germany); the final PCR volume was optimized to 6 µL and the PCR mix for both multiplexes consisted of 3 µL of Qiagen Multiplex PCR Master Mix, 1 μL of DNA (20 ng μL⁻¹) and 0.2 μM primers. Multiplex composition is presented in Supplementary Data Table S1. For both multiplexes, the PCR thermal profile was as follows: an initial step at 95 °C for 5 min followed by 32 cycles at 95 °C for 30 s, 57 °C for 90 s and 72 °C for 30 s, with a final 30-min extension step at 60 °C. PCR products were run on an AB 3500 automatic sequencer (Applied Biosystems, USA) using LIZ-500 as internal size standard. Chromatograms were analysed using GeneMapper v4.1 (Applied Biosystems, USA). For two nSSRs (SB38 and ORPM 312) single PCRs were performed, multiplexing the products with the other nSSRs before loading the sequencer. A touchdown PCR with the following thermal profile was used: initial denaturation at 94 °C for 3 min, followed by ten cycles at 94 °C for 30 s, 60 °C (decreasing by 1 °C per cycle) for 30 s and 72 °C for 40 s, followed by 25 cycles at 94 °C for 30 s, 50 °C for 30 s and 72 °C for 40 s, with a final 10-min extension step at 72 °C.

Data analysis

The power of the marker set to distinguish all detectable multilocus genotypes (MLGs) within sampled ramets was

evaluated through a Monte Carlo procedure (Arnaud-Haond et al., 2007). The probability of finding identical MLGs generated by sexual reproduction (P_{sex}) in Cimone and Prado was estimated following Arnaud-Haond et al. (2007). On the other hand, the occurrence of different MLGs characterized by slight genetic differences due to few somatic mutations (i.e. derived from asexual reproduction) or scoring errors was assessed through the inspection of pairwise genetic distances among MLGs (Rozenfeld et al., 2007) within each population. In this case, MLGs differentiated by few somatic mutations can be collapsed into the same multilocus lineage (MLL) (Arnaud-Haond et al., 2007). All subsequent analyses were carried out at the MLG and MLL levels. For all the computations of clonal variation we used the RClone R package (Bailleul et al., 2016; R Core Team, 2017).

Allelic frequencies and standard genetic parameters [i.e. $F_{\rm IS}$ (inbreeding coefficient), $H_{\rm O}$ (observed heterozygosity) and $H_{\rm E}$ (expected heterozygosity)] were computed with GenAlEx v 6.5 (Peakall and Smouse, 2012). Since there is no standardized way to compute genetic variability indexes for clonal populations, these indexes were computed on datasets built relying on two extreme and opposite approaches. The first dataset comprised all sampled ramets (N=563), whereas the second dataset included only one sample for each MLG (N=145).

To assess the potential influence of the different mesh sizes used on diversity estimates, we performed a spatial rarefaction of samples by means of computer simulations. We subsampled the Prado dataset with the same mesh size used for Gavia (20 m) and the Cimone dataset with the same mesh size used for Prado (5 m). We started from a single random sample from each population and added further samples randomly, one at a time, exclusively when each new sample was >20 m apart for Prado (or 5 m apart for Cimone) from all other samples already present in the subsampled population. This procedure

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MLGs and MLLs, and Shannon-Wiener (S-W) diversity index for MLGs and MLLs computed for the three sampled populations. Clonality index R was computed as (G - 1)/ Table 1. Number of samples, numbers of MLGs and MLLs, genetic parameters (inbreeding coefficient was calculated at both ramet and MLG levels), clonality index (R) for (N-1), where G is the number of genotypes (either MLGs or MLLs) and N is sample size (Dorken and Eckert, 2001)

$ S-W \qquad S-W \\ index \qquad index \\ MLGs \qquad MLLs $	3.40 3.40 3.18 2.95 0.26 0.17
R index MLLs	1.00 0.26 0.02
R index MLGs	1.00 0.32 0.03
$F_{ m IS}$	0.19 0.06 -0.21
$F_{ m IS}$ ramets	0.19
$H_{ m E}$	0.71 0.51 0.24
$H_{\rm o}$	0.55 0.55 0.46
$A_{\rm r}$	8.64 4.09 1.87
$N_{\rm a}$	8.64 5.18 2.46
MLL	30 89 5
MLG	30 108 7
Samples	30 347 196
Altitude (m a.s.l.)	2700 2000 1750
Longitude	10°29′ E 10°23′ E 10°42′ E
Latitude	46°21′ N 44°14′ N 44°11′ N
Population	Gavia Prado Cimone

N,, number of alleles; A, allelic richness; H₀, observed heterozygosity; H_F, expected heterozygosity; F_{IS}, inbreeding coefficient.

was repeated 30 times. We did not subsample Cimone with the mesh size used for Gavia because in this case only a handful of samples would have been included.

Fine-scale spatial genetic structure (SGS) of populations was investigated by spatial autocorrelation analysis performed using RClone and the pairwise kinship coefficient (F_{ii}) of Loiselle et al. (1995). Tests for statistical significance of mean F. values in each distance class were carried out by random shuffling of individual geographical locations (1000 times) to define the upper and lower bounds of the 95 % confidence interval around the null hypothesis that F_{ij} and pairwise distances were uncorrelated. Analyses were performed using both the even distance classes option (using 20-m-wide distance classes) and the even sample size option (distributing all possible pairs in ten distance classes with similar numbers of pairs per class). The intensity of SGS was also measured by the Sp statistic (Vekemans and Hardy, 2004), computed as $Sp = b_{r}/(F_1 - 1)$, where F_1 is the average kinship coefficient between individuals of the first distance class (0-20 m) and $b_{\rm F}$ is the regression slope of the kinship estimator F_{ii} computed among all pairs of individuals against their geographical distances. The statistical significance of F_1 and b_E was assessed through 1000 permutations of spatial coordinates among individuals. For Prado, spatial autocorrelation analysis was run both on all sampled ramets and only considering one sample for each MLG (located at the barycentre of each MLG complex). Given the extremely low number of MLGs detected in Cimone (see the Results section), in this population spatial autocorrelation analysis was solely run on all samples.

To investigate how past demography and current mating patterns have shaped the extant genetic and clonal structure of Apennine populations we assessed (1) the occurrence, timing and intensity of population size changes, and (2) parentage relationships among MLGs.

Demographic inference was conducted on the MLG datasets of Apennine populations with the approach developed in the Migraine v.0.5.4 software (Leblois *et al.*, 2014). Model parameters (duration of the population size change in number of generation Dg/2N; current population size $2N\mu$; ancestral population size 2N, were estimated by mutation rate (μ) and population size (2N), were estimated under a maximum likelihood framework using the single-population model with a single continuous past variation in population size (OnePopVarSize). The generalized stepwise mutation model (GSM) was selected to describe nSSR variation. An iterative procedure based on five subsequent steps was used to gradually increase the focus on the high-likelihood region of the parameter space. At each iteration, the total number of points considered in the parameter range was 500 and the number of runs per point was 2000.

Parentage relationships were assessed through parentage analysis considering MLGs as offspring and candidate parents, as in Macaya-Sanz *et al.* (2016). Parentage analysis was carried out based on a maximum likelihood approach using the software FaMoz (Gerber *et al.*, 2003). Parentage was categorically assigned to compatible parent pairs or single parents (when it was not possible to identify a parent pair) with the highest LOD score above the threshold. The LOD score threshold was estimated following the simulation method implemented in FaMoz, by randomly generating 5×10^4 seedlings both from MLG genotypes and from MLG allele frequencies. Once

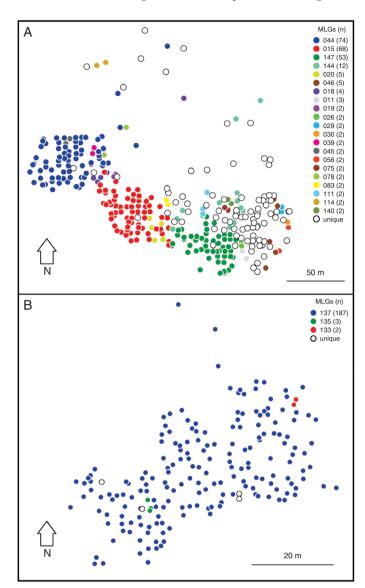


Fig. 2. Location of sampled ramets in the Prado (A) and Cimone (B) populations. Open circles represent ramets that, after genetic analyses, were classified as unique MLGs. Coloured dots represent >1 ramets MLGs. The key shows the number of ramets associated with each MLG identity code.

parentage relationships were assessed, we calculated the immigration rate as well as the individual reproductive success of MLGs. Possible dispersal distances were also estimated connecting the spatial centroids of MLGs considered as offspring and their assigned parents.

Due to the extremely low number of MLGs detected at Cimone (see the Results section), demographic inference and parentage analysis were performed solely on the Prado dataset.

RESULTS

Clonal diversity

The set of 11 SSRs used in this study allowed an accurate determination of the number of genotypes present in the samples

(Supplementary Data Table S2). Overall, 145 MLGs were identified using the entire marker set. Monte Carlo simulations showed that values approaching this plateau would have been reached even using fewer markers: 142 (98 %) MLGs were detected on average using ten markers, 140 (97 %) using nine markers and 136 (94 %) using eight markers (Supplementary Data Fig. S2). The probability of a second encounter of an identical MLG via sexual reproduction was always very low ($P_{\text{sex}} < 0.001$) for Prado. In three MLGs of Cimone P_{sex} was >0.05, but it should be noted that this computation has limitations when almost monoclonal populations are considered (Arnaud-Haond *et al.*, 2007).

The number of MLGs varied considerably among the sampled populations and clonal diversity was markedly lower in the two Apennine populations compared with Gavia (Table 1). The Shannon–Wiener diversity index for the three populations indicated the same pattern, with the Apennine populations being less diverse than the alpine reference population and, in particular, Cimone being by far the least diverse. The general pattern of clonal diversity did not change if we considered MLLs (i.e. distinct MLGs with a genetic distance below a threshold of six base pairs) instead of MLGs (Table 1). Therefore, hereafter we decided to present results based exclusively on MLGs.

The three populations did not share any MLG. In the Apennine populations, the distribution of clone abundances was highly skewed (Fig. 2, Supplementary Data Fig. S3). However, while in Prado there were three distinct abundant clones with >50 ramets (Fig. 2A), in Cimone only a single clone was abundant (Fig. 2B), accounting for >95 % of the sampled ramets. The distribution of clone abundances in Gavia was flat, since every ramet was a different MLG (Fig. 2, Supplementary Data Fig. S3).

Spatial rarefaction had the expected effect in terms of reduction of samples. In rarefied populations there are far fewer samples than in the original populations: over the 30 simulated rarefaction replicates, the number of samples at Prado (rarefied to 20 m) was reduced from 347 to an average of 40.53 (s.e. ±0.27) and the number of samples at Cimone (rarefied to 5 m) was reduced from 196 to an average of 41.3 (±0.32). Consequently, in rarefied populations there were also fewer MLGs and fewer ramets per MLG. However, such reduction did not change the overall picture emerging from the comparison of clonal diversity among populations as calculated on the original dataset. The number of MLGs was reduced, on average, from 108 to 24.2 (s.e. ± 0.29) at Prado and from 7 to 2.27 (± 0.16) at Cimone, while the clonal index increased, on average, from 0.32 to 0.61 (s.e. ± 0.01) for the rarefied Prado population and did not change for Cimone [from 0.031 to 0.032 (±0.004)]. On the other hand, the effect of rarefaction on the Shannon-Wiener diversity index was negligible.

Sex ratio

Sex ratio varied considerably among populations. Indeed, Gavia showed a balanced sex ratio of 51 F:49 M, Prado had a slightly unbalanced ratio of 63 F:37 M and Cimone was characterized by an extremely unbalanced ratio of 99 F:1 M. In addition, the spatial distribution of sexes in Prado was not random, but it was highly clumped, reflecting the spatial distribution of clones (see below).

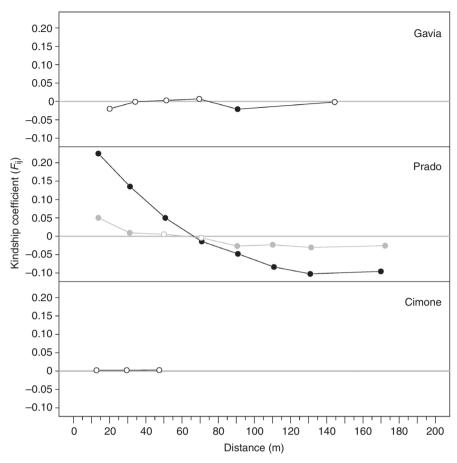


Fig. 3. Correlograms from spatial autocorrelation analysis based on the correlation coefficient F_{ij} by Loiselle *et al.* (1995) and even sample size classes for the three *S. herbacea* populations. Filled dots represents distance classes for which significant spatial structuring of individuals was observed. Black and grey lines indicated autocorrelograms calculated at the ramet and MLG level, respectively.

Genetic diversity

The overall pattern of genetic variability did not change between the two approaches used to compute genetic variability at the population level. The two Apennine populations had a reduced genetic variability compared with the alpine reference population (Table 1), which had more alleles ($N_{\rm a}$) and exhibited higher allelic richness ($A_{\rm r}$) and expected heterozygosity ($H_{\rm E}$). Again, Prado showed intermediate values and Cimone was by far the most genetically impoverished. The only difference between the two methods employed to compute variability indexes was the $F_{\rm IS}$ value for Prado, which was negative when using only one ramet per genet (i.e. with MLGs), showing an excess of heterozygotes, whereas it was positive when using all the ramets of genets, showing an excess of homozygotes.

Values of genetic differentiation indices did not change between the two approaches employed for computing allelic frequencies. The $F_{\rm ST}$ values were generally high and were not related to the geographical distance among populations (Table 2). The lowest value recorded was between Gavia and Prado, while the highest value was found for the two nearby Apennine populations. These patterns remained consistent using other methods for assessing genetic distances among population, such as Hedrick's $G_{\rm ST}$ and Jost's D (results not shown).

Spatial genetic structure

Given the clonal structure presented above, it was possible to produce spatial autocorrelograms only when all ramets in Gavia and Cimone were considered. In these two populations, an absence of SGS was detected (Fig. 3). A significant SGS up to ~50 m was found in Prado, considering both all ramets and MLGs only. The intensity of SGS was high in Prado, with a steep and negative regression slope (b = -0.1427) and Sp up to 0.1842 when calculated on all samples (b = -0.0316 and Sp = 0.0333 on MLGs).

Besides SGS indices and the spatial autocorrelogram, which provide a global evaluation of SGS in Prado, it is worth noting that the spatial distribution of MLGs was highly heterogeneous, with three large MLGs (i.e. mlg044, mlg015 and mlg147 in Fig. 2A) in the western part of the population and a high number of small MLGs in the eastern part.

Demographic inference

A bottleneck of moderate intensity was detected for Prado. The duration of the population size change in terms of number of generations (Dg/2N) was 0.121 ($\text{CI}_{95\%}$: 0.0134–0.552), the current ($2N\mu$) and ancestral ($2N_{\text{anc}}\mu$) population sizes were 0.474 ($\text{CI}_{95\%}$: 9.36 × 10⁻⁵–1.159) and 2.022 ($\text{CI}_{95\%}$: 1.192–3.995)

Table 2. F_{ST} values computed between pairs of populations. Allelic frequencies were computed considering all sampled ramets and only one sample for each MLG

	Ramets			MLGs		
	Gavia	Prado	Cimone	Gavia	Prado	Cimone
Gavia	_	***	***	_	***	***
Prado	0.09	_	***	0.05	_	***
Cimone	0.18	0.24	_	0.10	0.15	_

Significance levels: *P < 0.05, **P < 0.01, ***P < 0.001.

and the $N/N_{\rm anc}$ ratio was 0.234 with no overlap between the confidence intervals of $2N\mu$ and $2N_{\rm anc}\mu$. Considering that 2N stands for the number of gene copies (i.e. 4 times the number of diploid individuals) and assuming a mutation rate equal to 1×10^{-3} , these estimates indicate a bottleneck that occurred 58 ($CI_{95\%}$: 6–262) generations ago, reducing the effective population size from 505 ($CI_{95\%}$: 298–999) to 119 ($CI_{95\%}$: 1–290) individuals. Although there are no estimates available for clonal, dwarf willows, we can consider a reasonable generation time varying between 20 and 200 years (de Witte *et al.*, 2012), so that the median estimate of 58 generations would indicate a period ranging from 1160 to 11 600 years BP.

Potential parentage relationships among MLGs

Potential parentage relationships among MLGs were investigated through parentage analysis. Single-parent and parent-pair exclusion probabilities calculated from MLG allele frequencies were 0.9541 for the single parent and 0.9999 for the parent pair. LOD score thresholds chosen after simulations guaranteed 0.83 and 0.94 confidence levels for the assignment of single parents and parent pairs, respectively. Using such thresholds, 51 out of the 108 MLGs (47.2 %) had a compatible parent pair inside the population, 44 MLGs (40.7 %) had a single compatible parent (22 male and 22 female parents) and 13 MLGs (12 %) had no compatible local parents. At the gamete level, this translates into 70 (i.e. $13 \times 2 + 44$) out of 216 gametes (32.4) %) originated from external, not sampled or extirpated MLGs. Individual MLG reproductive success was not correlated to MLG size expressed in terms of number of ramets, either globally (r = -0.07; t-test, t = -0.74, d.f. = 106, P = 0.46) or as male parents (r = -0.04; t-test, t = -0.44, d.f. = 106, P = 0.66) or female parents (r = -0.04; t-test, t = -0.46, d.f. = 106, P = 0.64).

The distributions of effective seed and pollen dispersal distances were inferred from parentage assignments using MLG geographical centroids as spatial data. The mean seed and pollen dispersal distances were 61.27 and 67.54 m, respectively. The longest detected dissemination and pollination events were 188.79 and 197.8 m, respectively.

DISCUSSION

Plant populations at the rear edge of species distributions have a remarkable evolutionary and conservation importance as an inheritance from glacial–interglacial dynamics (Hampe and Petit, 2005). Such peripheral populations may harbour rare genetic variants potentially advantageous for both species persistence

and migration, which is particularly important considering that climate warming is expected to shift their climatic optima (Davis and Shaw, 2001; Jump and Peñuelas, 2005; Rabasa et al., 2013). Due to ecological and biogeographical marginality, peripheral plant populations are often small and isolated (Hampe and Petit, 2005), which makes them more prone to the loss of genetic variability and to stochastic demographic events (Eckert et al., 2008). The present study was primarily aimed at quantifying the effects of extreme isolation in the only two remnant populations of the dwarf willow S. herbacea in the northern Apennines through a whole-population genetic characterization. Overall, results regarding clonal structure, levels of genetic diversity and within-population SGS are all consistent in showing a marked effect of isolation on these two populations (Prado and Cimone). This effect is more marked for the extremely small Cimone population, which is almost monoclonal with a highly unbalanced production of reproductive structures between sexes (i.e. only two ramets with male flowers). Overall, our results suggest the dramatically decreased role of sexual reproduction for S. herbacea at such a degree of isolation.

In general, the clonality index ranges from 0.02 to 1 in plant species (Ellstrand and Roose, 1987), with an average value of 0.42 as calculated on 195 taxa by Vallejo-Marin et al. (2010). A large difference in clonal diversity was found in the three populations included in our study, with extremely low values for Cimone and Prado populations (0.03 and 0.32, respectively) when compared with the Alpine population (1.00) and what was found in previous studies carried out in Scotland (0.54) and Switzerland (0.78) at a much lower spatial scale (Stamati et al., 2007; Cortés et al., 2014). Our simulations of spatial rarefaction demonstrated that the number of MLGs detected is sensitive to the mesh size used for sampling the populations. However, simulations also showed that the mesh size has a limited impact on estimates of clonal diversity and, in particular, on the general picture concerning differences among populations in terms of clonality indexes. The only marked difference found after rarefaction is the increase in the clonality index at Prado. Although this difference is obviously due to less intensive sampling of extremely large clones when the mesh size is larger, it highlights the importance of accounting for the sampling design when comparing results from different populations and/or studies. However, in our study the advantages of a whole-population sampling approach outweighed the possible limitations related to the need to apply different mesh sizes, as can be clearly shown by the effectiveness of such an approach in revealing the highly complex fine-scale SGS in the Prado population.

Sexual reproduction is highly limited at the degree of isolation and population size that characterizes the Cimone population. A low clonal diversity has often been found in studies exploring the effects of isolation on clonal plants (Eckert, 2001). Low clonal diversity has been especially recorded in populations at the leading edge of species distribution. This is generally due to the combination of a limited number of founders together with the prevalence of vegetative propagation during the colonization process, plus the effects of stochastic events related to peripherality itself (e.g. Dorken and Eckert, 2001; Sugai et al., 2016). Eckert (2001) noted that, among peripheral populations, low clonal diversity is more common near the northern limit of the species' range in comparison with the southern limit, and such a pattern was confirmed by more recent investigations (Silvertown, 2008). Considering that the Apennine populations were not included in the only large-scale genetic study on S. herbacea by Alsos et al. (2009), it is difficult to understand whether these populations are at the trailing edge of what the authors call the 'alpine genetic cluster' or at the leading edge of an Apennine genetic cluster. However, considering the latitudinal pattern found by previous literature reviews (Eckert, 2001; Silvertown, 2008), our study reveals a strong impact of peripherality on clonal diversity even at southern latitudes.

Low clonal diversity combines with other signals pointing to the prevalence of vegetative propagation over sexual reproduction in Apennine peripheral populations. A skewed sex ratio was found in both populations and an excess of heterozygotes was detected at the MLG level at Cimone. In S. herbacea, a sex ratio of 60 F:40 M (Crawford and Balfour, 1983) and a slight excess of homozygote individuals up to $F_{IS} = 0.09$ (Cortés et al., 2014) were recorded in populations located in the Alps. Overall, the deviation detected in the mating system of Apennine populations, especially in the smallest one, is consistent with what is to be expected in plant populations when vegetative propagation prevails over sexual reproduction. In fact, although high isolation and low density of populations are expected to increase genetic drift and positively correlate with inbreeding levels (Wright, 1946), an excess of heterozygote individuals could occur in species with mixed reproductive systems, such as apomictic, clonal or self-fertilizing species (Peck et al., 1998; Dorken and Eckert, 2001). In particular, high rates of clonal reproduction might determine a heterozygote excess due to the accumulation of somatic mutations over time (Balloux et al., 2003). Indeed, geographical and subsequent genetic isolation are thought to outweigh the advantages of sex in marginal populations and to induce a shift towards asexual reproduction in clonal plants (Eckert, 2001). Such a transition towards clonality can also result in profound consequences for the genetic variation within small populations (Raabová et al., 2015). In fact, we found that both expected heterozygosity and allelic richness significantly decreased from the alpine to the smallest Apennine population. In Cimone, allelic richness and expected heterozygosity are only 46 and 59 %, respectively, of those found in Gavia. Such a dramatic decrease in genetic diversity is linked with the strong effect of genetic drift due to the small population size of the Apennine populations and the likely historical absence of gene flow. The genetic differentiation between Prado and Cimone, besides being high compared with what was detected among fragmented populations of congeneric species (Sochor et al., 2013; Berlin et al., 2014; Perderau et al., 2014), is higher than alpine–Apennine differentiation. Moreover, demographic inference on the Prado dataset confirms the scenario depicted by Alsos et al. (2009) for the

species in the northern Apennines. Based on modelling climatically suitable areas, these authors hypothesized a widespread distribution of *S. herbacea* across the Last Glacial Maximum (~21 000 BP) followed by a demographic contraction and a migration towards mountain summits in the Holocene. The northern Apennines were, in fact, characterized by an expansion of arboreal species from 10 400 BP (Watson, 1996) and a concurrent strong warming phase from 11 000 to 5000 BP (Samartin *et al.*, 2017). Our data indicate the occurrence of a bottleneck that reduced the effective population size of *S. herbacea* by ~80 % during the Holocene in this area.

Genetic variation can be highly and heterogeneously structured even at the microgeographical scale in trees, as shown by recent findings based on neutral and potentially adaptive markers (reviewed by Scotti et al., 2016). The closer a genetic survey is to a whole-stand genetic characterization, the higher the chance for such complexity to come to light (Aleksić et al., 2017) and, in turn, to successfully show possible differences in SGS between contrasting populations. Indeed, our intensive sampling of northern Apennine populations provides a comprehensive picture of the modification on the fine-scale SGS of S. herbacea induced by peripherality, confirming that the prevalence of clonal reproduction alters the spatial distribution of genotypes in plants with mixed reproductive capabilities (Binks et al., 2015; Raabová et al., 2015; Jankowska-Wroblewska et al., 2016). A recent review has shown the importance of clonality as a driver of spatial structuring of genetic variation, with clonal tree species characterized by a spatial clustering of genotypes at the genet level up to approximately three times higher than non-clonal species (Dering et al., 2015). A formal assessment of SGS in Cimone is of little relevance because of its almost monoclonal structure, but spatial structuring in Prado is indeed much higher than that in Gavia. Although such a comparison should be viewed with caution due to different sampling strategies employed in Prado and Gavia, it is worth noting that the Sp values estimated for Prado are high even compared with what is generally found in wind-dispersed species (Vekemans and Hardy, 2004). Moreover, a significant SGS up to 50 m is much larger than that which had previously been found in S. herbacea core populations (i.e. 7 m; Stamati et al., 2007). Among the demographic factors and life history traits that can produce patches of genetically related individuals within natural plant populations, limited seed and pollen dispersal and small effective density are particularly relevant (Vekemans and Hardy, 2004; Sagnard et al., 2011). Parentage analysis shows that, at Prado, it is unlikely that seed and pollen dispersal have been spatially limited. On the other hand, the presence of large clones has the effect of lowering the effective population density (van Loo et al., 2007) and this might contribute to an increase in the intensity of SGS. As a result, the presence of extremely large clones at Prado is the most likely cause of the extent of the spatial clustering of genotypes detected.

Spatial statistics inferred from the relationship between pairwise genetic similarity and spatial distance (i.e. Sp, F_{ij}) show a strong spatial impact of prevailing clonal reproduction in peripheral populations, but the main differences in SGS among the three populations emerge when the spatial distribution and extent of MLGs are considered. From previous research on core populations, it emerged that the mean size of clones varies between 0.70 and 0.96 m² (Reisch *et al.*, 2007; Stamati *et al.*,

2007). A highly heterogeneous spatial distribution of clone size, with MLGs ranging from a few square metres to ~2000 m². can be found in both Apennine populations. A similar heterogeneity in the spatial distribution of different-sized clones was recorded in *Populus tremula* populations as a consequence of the prevalence of vegetative propagation over sexual reproduction in rear-edge populations (Cristóbal et al., 2014). In P. alba, Macaya-Sanz et al. (2016) found large clones with peculiar genomic characteristics that may have promoted their spread under stressful environmental conditions. The conclusion that isolation exacerbates the effect of clonality, increasing the strength and complexity of SGS, is corroborated by the study of two rare species of sedges with different levels of geographical isolation (Binks et al., 2015). Besides confirming that clonality is one of the life-history traits that can have a profound impact on spatial processes in plants with mixed reproductive capabilities (Dering et al., 2015), our results show how far the complexity of fine-scale SGS can be increased by prolonged conditions of peripherality (i.e. a highly skewed distribution of genet sizes with a few dominant and probably more resilient individuals covering most of the population area).

An interesting aspect that has emerged from the spatial distribution of MLGs in Prado is that the western part of the population is dominated by three large clones (mlg044, 72×53 m; mlg015: 60×42 m; mlg147: 56×40 m), whereas the eastern part is mainly composed of unique or small MLGs. The particular spatial distribution of clones in Prado leads to an interesting hypothesis: whether the three large clones are the parents of the remaining 105 MLGs. To test this hypothesis, we ran a parentage analysis to check how many of the remaining individuals are compatible with being the offspring of parent pairs comprising mlg044 (male), mlg015 and mlg147 (females). Based on genetic compatibility, only two out of 105 MLGs were likely to have originated from these three large clones and, in general, there was no correlation between reproductive success and MLG size. This rules out a possible recent origin from a limited number of individuals of the eastern part of the population, as confirmed by the current effective population size estimated by demographic inference, which is similar to the number of MLGs detected. These results indicate that reproductive dynamics are not extremely simplified in this isolated population. Contrary to what has been found in other clonal tree species (Macaya-Sanz et al., 2016), large clones do not dominate sexual reproduction in isolated S. herbacea populations and therefore the causes of heterogeneous mating patterns are not dependent on the potential reproductive output of single individuals. Considering that the large dissemination and pollination distances detected would seem to exclude possible dispersal limitations, our results suggest that micro-environmental variation might have an important role in determining the spatial distribution of MLGs, as already demonstrated for S. herbacea by Cortés et al. (2014).

To conclude, our comprehensive survey at the whole-population level has helped to provide a quantitative assessment of the effects of and the demographic dynamics induced by extreme isolation in the only two remnant populations of *S. herbacea* in the northern Apennines. Clonal and genetic diversity has been shown to be extremely impoverished and the sex ratio highly distorted in the smallest population on Mt Cimone. Conversely, it seems that the larger population occurring on Mt Prado has at least buffered the major impact of a marked

reduction in its effective population size during the Holocene. These results contribute to the knowledge concerning the reproductive and genetic characteristics of cold-adapted species at the rear (warm) edge of their distribution, and are of maximum importance in addressing conservation efforts for highly endangered marginal populations of Arctic-alpine species (Abeli et al., 2018). The occurrence of large-sized genets suggests that S. herbacea has very long-lived individuals, which have persisted in the northern Apennines for a long time (centuries or even millennia), experiencing climatic oscillations as well as land-use changes. However, while clonal growth could be essential in postponing the extinction of these populations, the extremely low level of sexual reproduction exhibited by the smallest population will likely prevent the opportunity for both local adaptation and further resilience in the long run. The topography of the northern Apennines (low-elevation summits and few, small areas with long-lasting snow cover) substantially impedes the migration of alpine tundra species to more favourable locations (Petraglia and Tomaselli, 2007). Further studies are therefore needed to assess the levels of local adaptation of remnant populations of S. herbacea and to forecast their fate under global climate change scenarios. Indeed, the current and unprecedented warming trend calls into question whether these S. herbacea populations can keep up with fast and dramatic environmental changes, including prolonged snow-free periods, a higher frequency of summer heatwaves and increasing competition with taller sub-alpine shrubs.

SUPPLEMENTARY DATA

Supplementary data are available online at https://academic.oup.com/aob and consist of the following. Figure S1: schematic representation of the approach used for sampling at Mt Prado. Figure S2: results of the Monte Carlo procedure to assess the power of the marker set to distinguish all detectable multilocus genotypes within sampled ramets. Figure S3: MLG abundances in the three studied populations. Table S1: description of the 11 nuclear SSRs used in this study and composition of the two multiplexes. Table S2: genotypes at the 11 microsatellite loci of all individuals from the three populations.

FUNDING

This work was supported by the Ente Parco Nazionale Appennino Tosco-Emiliano project ex cap. 1551–2014 'Conservazione di *Salix herbacea* L. nel Parco Nazionale dell'Appennino Tosco-Emiliano' and the COST Action FP1202 'Strengthening conservation: a key issue for adaptation of marginal/peripheral populations of forest trees to climate change in Europe (MaP-FGR)'.

ACKNOWLEDGEMENTS

We thank the Ente Parco Nazionale Appennino Tosco-Emiliano, Ente di gestione per i Parchi e la Biodiversità Emilia Centrale, and Parco Nazionale dello Stelvio for logistic support. Sincere thanks are due to F. Perucco, M. Petit Bon, N. Delnevo, C. Zanni, P. Bertolini Zaccara, G. Chiari, T. Vanini, E. Bianchi, S. Chiussi, E. Vajana and L. Inserviente for field-work support,

and to F. Degola, M. Labriola and C. Boggi for technical assistance during laboratory work. We are also grateful to three anonymous reviewers for their useful comments on the manuscript and to T. G. W. Forte for revising the English text.

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