

# Mechanical behaviour of ductile polymer cellular model structures manufactured by FDM

Jacopo Agnelli<sup>a</sup>, Claudia Pagano<sup>b</sup>, Irene Fassi<sup>b</sup>, Laura Treccani<sup>c</sup>, Fabio Bignotti<sup>a</sup>, Francesco Baldi<sup>a,\*</sup>

<sup>a</sup>*Università degli Studi di Brescia, Dipartimento di Ingegneria Meccanica e Industriale, Via Branze 38, I - 25123 Brescia, Italy*

<sup>b</sup>*STIIMA-CNR, Institute of Intelligent Industrial Systems and Technologies for Advanced Manufacturing, Consiglio Nazionale delle Ricerche, Via A. Corti 12, I - 20133 Milano, Italy*

<sup>c</sup>*CSMT Gestione S.c.a.r.l., Via Branze 45, I - 25123 Brescia, Italy*

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## Abstract

In this work, Acrylonitrile-Butadiene-Styrene model structures were manufactured by FDM, and their mechanical behaviour investigated under compression, both at small and at large strains. The structure design strategy adopted, based on the use of circular cross-section beam-like elements formed under controlled conditions, led to obtain open-celled structures (with a porosity degree of  $\approx 65\%$ ) composed of unit cells with different shapes and dimensions assembled to form regularly repeating patterns. The stress-strain behaviour, from cube- and prism-shaped specimens with different sizes and loaded along different directions, was discussed in the light of the outcomes from (i) cyclic compression experiments and (ii) morphological analyses of cryogenic fracture surfaces of specimens compressed at high strain levels. The response along the 3D-stacking direction was traced back to the elastic-plastic case, with non-recoverable strain starting to accumulate between 3% and 5% strain and structure densification starting below 20%. The specimen size effects turned out to be not dominant, even if slightly higher levels of stiffness and strength were measured for the largest cube. This result was discussed on the basis of the peculiar morphology of the structure examined.

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\*Corresponding author

*Email address:* [francesco.baldi@unibs.it](mailto:francesco.baldi@unibs.it) (Francesco Baldi)

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## 1. Introduction

Additive manufacturing (AM) shows good capability for the fabrication of parts of almost any shape in a very short time allowing designers and engineers to tailor the products to the customers' requirements. Among the additive manufacturing processes, fused deposition modelling (FDM) has become popular due to the low cost and large range of usable materials (Penumakala et al., 2020). In FDM of polymeric materials, a filament is heated and then deposited layer-by-layer from a nozzle on a platform according to the part model, which is sliced into several 2D layers to obtain the tool path motion of the nozzle. It was initially dedicated to prototypes, but thanks to recent technological advancements, nowadays it is used to print parts for industrial applications in a lot of sectors. In the aerospace and automobile industry, FDM manufactured parts are used to replace traditional metal components and reduce their weight maintaining appropriate robustness, this also reduces the turnaround time for part repair. Electronic applications take advantage of the development of polymer composites with tailored electrical properties to manufacture FDM parts for dielectric, conductive, sensors and energy storage applications. In biomedical applications (Javaid and Haleem, 2018), one of the greatest advantages of AM is the straightforward process chain from diagnosis to surgery, using the same imaging and scanning results, necessary for the diagnosis, to create the digital design of the physical model. In this way, reverse engineering allows the manufacturing of highly customizable products. In tissue engineering, FDM allows the fabrication of complex internal architecture in scaffolds with controlled porosity and interconnected network. It is suitable for the manufacturing of polymer cellular structures, ensuring the possibility to obtain high shape complexity and size flexibility, while guaranteeing structural regularity and repeatability thanks to the controlled filament deposition and thermo-mechanical history imposed. Sev-

eral recent works have been focused on lattice structures manufactured by AM. They can be considered as metamaterials since they can show physical properties absent in the constituent materials and originated from the architecture (Askari et al., 2020).

This work is part of a larger research activity aimed at developing new fracture mechanics testing methodologies for the characterization of elastic-plastic open-celled cellular solids with a moderately high mechanical compliance (elastic modulus in the range  $10 \div 100$  MPa) and characterized by a pronounced degree of structural heterogeneity (Gibson and Ashby, 1997). In this framework, the FDM technology was exploited to manufacture model structures to be used as reference testing systems in addressing specific fundamental and methodological issues. In the present paper, the mechanical behaviour of these model structures was investigated both at small and at large strains, and accompanied by morphological analyses, with the aim of laying the foundations for the study of their structural integrity. Three-dimensional open-celled structures in a ductile polymer (Acrylonitrile-Butadiene-Styrene, ABS), composed of unit cells with different shapes and dimensions and assembled to form regularly repeating patterns, were examined. The design of the structure was based on circular cross-section beam-like elements, directly formed by the filament extruded by the 3D printer under controlled conditions. Similar design strategies can be found in literature ((Zhou et al., 2016), (Shalchy et al., 2020), (Bachtiar et al., 2021)). This approach is inherently different from the most widely employed in FDM literature, where the nozzle deposits consecutive filament portions that stack to form the walls/struts of the cells ((Platek et al., 2020), (Kumar et al., 2022), (Wang et al., 2023)).

The stress-strain behaviour of the manufactured 3D-structures was studied by means of monotonic compression tests carried out in quasi-static conditions on cube- and prism-shaped specimens; the effects of the specimen size, as well as of the test loading direction, were investigated. Cyclic loading-unloading compression tests were also carried out to study, on a global scale, the non-recoverable strain accumulation processes in the elastic-to-plastic transition

phase. The effects of the accumulated plastic deformation on the material structure were also investigated locally, analyzing the deformed structures at large applied strains (between 20% and 60%), to elucidate the mechanisms governing the 3D-structure deformation. Further, the mechanical behaviour of the polymeric element forming the 3D-structures, which is the filament extruded through the 3D printer nozzle, was investigated by means of uniaxial tensile tests carried out on portions of the filament produced with the same process conditions used for the manufacturing of the structures.

## 2. Experimental

### 2.1. Material and fabrication of the structures

An Original Prusa i3 MK3S+ FDM printer, equipped with a nozzle of 0.4 mm in diameter, was used to manufacture the model structures with a commercial filament of ABS. Special attention was paid to the preliminary design phase, in terms of both selection of the appropriate process conditions and of the suitable architectures of the specimens. The nozzle and plate temperatures were set at 220°C and 80°C, respectively, and the material was extruded at 400 mm/min, corresponding to an apparent shear rate at the nozzle die (Macosko, 1994) of 133 s<sup>-1</sup>. Such value, typical of a standard die forming process, suggests that a given (non-null) degree of macromolecular pre-orientation is present in the material in the extruded filament. The glass transition temperature of the polymer in the extruded filament was measured by Differential Scanning Calorimetry (by means of a TA Instruments calorimeter, model Q100, with a scanning heating rate of 10°C/min, under a nitrogen atmosphere, on samples collected from the 3D-printed structures) and it resulted of 104°C. The density of the extruded filament,  $\rho_{\text{ABS}}$ , was determined from independent measurements of mass and volume carried out on several portions of the filament printed with the same process parameters used for the manufacturing of the 3D-structures, and it resulted of  $1.06 \pm 0.02$  g/cm<sup>3</sup>. For each filament portion examined, the mass was measured with a digital analytical balance with 10<sup>-1</sup> mg resolution, and

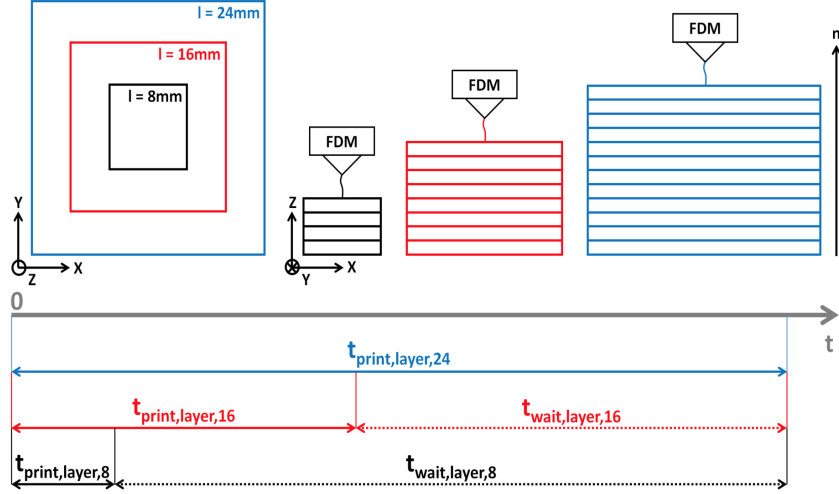


Figure 1: Visual representation of specimen manufacturing process and times (Eq. 1).

the volume calculated from length measurements carried out by means of  $1\ \mu\text{m}$  resolution micrometer (for the sample diameter) and by the optical microscope  
 90 Leica MS5 equipped a travelling xy-table moved by micrometers having the graduation of  $1\ \mu\text{m}$  (for the sample length).

The 3D-printed specimens examined were cubes and prisms with square-base, manufactured with a 30% “infill density”. This means that the cubes and prisms are not completely solid, which would correspond to 100% “infill  
 95 density”, but are nominally 70% hollow. The specimen base was on the X-Y plane, and the height along the Z direction (see Figure 1). The deposition of a layer - line by line, in the X-Y plane (in-plane deposition) - was followed by the 0.4 mm upward shift of the nozzle (along the Z direction, which is the layer stacking direction) and, by the deposition of the subsequent layer (Figure  
 100 1). The process was repeated for all the  $n$  layers (Figure 1) of the specimen, where  $n$  is a multiple of 4, in order to have a ordered 4-layer basic unit with filament deposition at  $0^\circ$ ,  $45^\circ$ ,  $90^\circ$  and  $-45^\circ$ , in the first, second, third and fourth layer, respectively (see Figure 2). Such basic unit was then repeated in the layer stacking direction (Z) to obtain the specimen prefixed height. In

105 order to study the effect of the specimen size on the mechanical response under  
 compression, two different specimen shapes were manufactured: (i) cubes with  
 varying side length values (8, 16, 24 mm); (ii) square-base prisms with 16 mm  
 base side length and varying height (8 and 24 mm). The complete recap of  
 the model structures, as well as the convention adopted for their labelling, is  
 110 presented in Table 1. In a continuous printing process with a fixed material  
 deposition rate, the time necessary to complete the deposition of a single layer  
 varies according to the layer surface area of the specimen: the smaller this area,  
 the lower the time. In the case of the cube-shaped specimens here examined  
 ( $C_8$ ,  $C_{16}$  and  $C_{24}$ ), a continuous deposition of material would therefore result in  
 115 different cooling and solidification histories undergone by the polymeric material  
 in the cubes with different base sizes. In order to reduce as much as possible  
 these differences in the thermal histories, for the smaller specimens ( $C_8$  and  
 $C_{16}$ ) a specific waiting time was added to the manufacturing time, between  
 the depositions of two consecutive layers. More specifically, the time necessary  
 120 for the complete manufacturing of a  $C_{24}$  layer ( $t_{\text{print,layer,24}} = 58$  s) was taken  
 as the reference, and for  $C_8$  and  $C_{16}$  specimens an appropriate waiting time  
 ( $t_{\text{wait,layer,8(16)}}$ ) - when no deposition took place - was introduced at the end of  
 each layer printing phase so that (see also Figure 1):

$$t_{\text{print,layer,8}} + t_{\text{wait,layer,8}} = t_{\text{print,layer,16}} + t_{\text{wait,layer,16}} = t_{\text{print,layer,24}} \quad (1)$$

## 2.2. Characterization

### 125 2.2.1. Morphological analyses and density measurements

Morphological characterization of the specimens was carried out, at the  
 macro-scale, by means of standard optical and digital microscopy techniques  
 (Leica microscopes, models MS5 and DMS300). These analyses allowed also  
 the assessment of the quality of the samples. Additional morphological analy-  
 130 ses were performed on the  $C_{16}$  structures after deformation under compression  
 at large strain levels (the compression tests on the 3D-structures are described

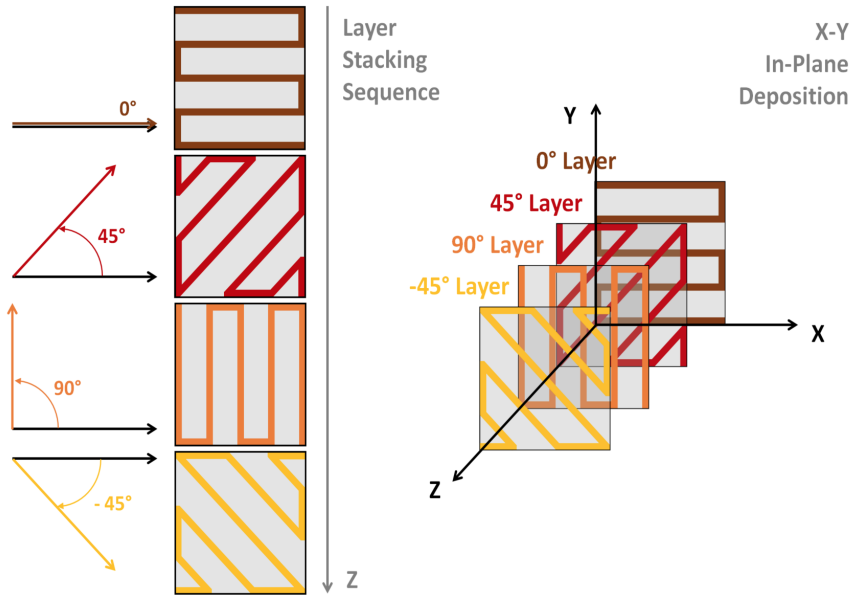


Figure 2: Infographic of the main 4 layers and their sequence in layer stacking direction to form the repeating basic unit for the 3D structures.

below). Three nominal apparent strains, namely 20%, 40% and 60%, were analyzed on three different specimens. For each specimen, the load was rapidly removed once the pre-set level of deformation was reached, and the deformed specimen was then kept at room temperature for at least one week in order to allow most of the free strain recovery. A sharp pre-notch was then introduced at a given position into each of the three deformed specimens and into one undeformed specimen. Each specimen was then brought to complete fracture after a prolonged exposure to liquid nitrogen, in such a way that any plastic deformation associated with the fracture process that started from the tip of the pre-notch could be hindered. The cryogenic-fracture surfaces (parallel to the X-Z plane) of the various specimens was then observed at the microscopes.

For each specimen, the apparent density,  $\rho_{\text{app},3\text{D}}$ , was determined as the ratio between the specimen mass and its volume. Mass measurements were carried out by means of a digital analytical balance with  $10^{-1}$  mg resolution. The volume was determined from the specimen dimensions, measured using either

a digital micrometer (with 1  $\mu\text{m}$  resolution) or a Vernier caliper (with 50  $\mu\text{m}$  resolution), for lengths lower or higher than 20 mm, respectively. An “apparent” character is attributed to the density of the specimen in consideration of the porous nature of the material.

### 2.2.2. Mechanical tests

*Tensile tests on the extruded filament.* Uniaxial tensile tests were carried out on portions of the filament produced with the same process conditions used for the manufacturing of the 3D-structures. An Instron test system (model 3366) equipped with a 500 N load cell was used, and the tests were performed at room temperature. The testing configuration is showed in Figure 3. A graph paper mask was used in order to make the specimen handling and correct positioning phases easier. The distance between the grips,  $l_0$ , was fixed at 70 mm, and the crosshead speed was set at 3.5 mm/min in such a way to obtain a nominal strain rate equal to that used in the compression tests on the 3D-structures (see below, in this Section). Five different samples were tested. For each sample, the load vs crosshead displacement curve was recorded, and then converted into a nominal tensile stress vs nominal tensile strain curve. The stress was determined as the load over the initial sample cross section (the filament diameter was measured as described at Section 2.1); the strain was calculated from the crosshead displacement, divided by  $l_0$ .

*Compression tests on the 3D-structures.* Compression tests were performed by using the Instron test system 3366 equipped with a 10 kN load cell, at room temperature. Both monotonic (one-way) and cyclic compression tests were carried out. In the monotonic tests, the crosshead speed was varied depending on the height of the specimen under analysis, in order to obtain the same apparent compression strain rate, which was  $0.05 \text{ min}^{-1}$ . A thin layer of paraffin oil was deposited on each compression plate in order to reduce the friction between the specimen and the plate. The testing configuration is showed in Figure 4. The experiments were meant to explore the following effects (with reference to Table 1):

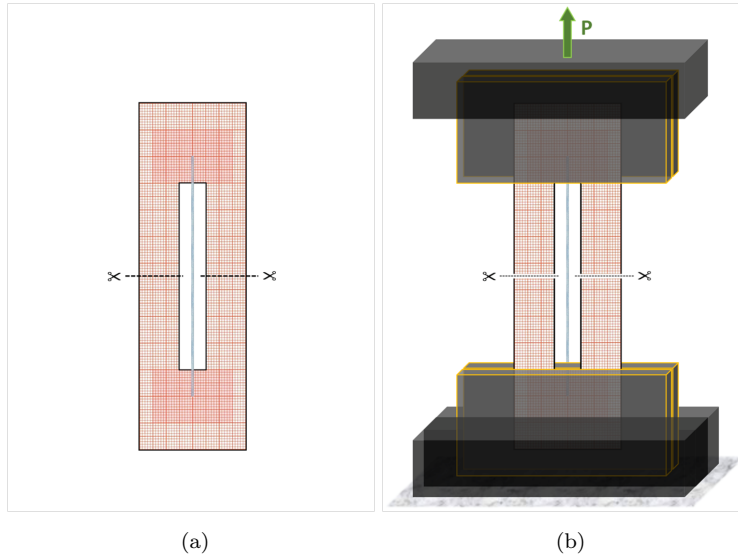


Figure 3: Tensile test procedure on the extruded filament of ABS. (a) Preparation of the graph paper mask for handling and positioning phases; (b) execution of the test.

- loading direction effect, from tests on  $C_{16}$  specimens carried out with the loading direction either parallel or orthogonal to the 3D-growth (Z) direction;
- 180 • size effect, from tests on  $C_8$ ,  $C_{16}$  and  $C_{24}$  specimens loaded along the Z direction;
- height effect, from tests on  $P_8$ ,  $C_{16}$  and  $P_{24}$  specimens loaded along the Z direction.

For each specimen geometry and loading direction examined, four specimens  
 185 were tested. For each specimen tested, the load,  $P$ , vs crosshead displacement,  
 $u_r$ , curve, output of the test, was converted into the apparent stress,  $\sigma_{app}$ , vs  
 apparent strain,  $\epsilon_{app}$ , curve.  $\sigma_{app}$  was calculated as  $P$  over the initial cross  
 section of the specimen,  $\epsilon_{app}$  as the crosshead displacement,  $u_{cor}$  - properly  
 190 corrected to remove the “foot zone” of the  $P$  vs  $u_r$  curve corresponding to the  
 approaching and plate-specimen contact establishment phases - divided by the



Figure 4: Compression tests on 3D-printed cellular structures.

initial height of the specimen. The dimensions of the specimens were measured as described at Section 2.2.1. The compression stress and strain here determined have been considered “apparent” because of the cellular nature of the systems examined. Tests were interrupted at an  $\epsilon_{app}$  level higher than 50%, with the  
 195 only exception of the experiments on the  $C_{24}$  specimens that were interrupted at smaller strains, when the load reached the full-scale of the load cell.

The cyclic compression tests were carried out on the cube-shaped specimens with different side lengths ( $C_8$ ,  $C_{16}$ ,  $C_{24}$ ) - one single specimen for each size. Each cycle consisted of a loading phase, characterized by the same apparent  
 200 compression strain rate used in the monotonic tests, followed by an unloading phase at a doubled speed. The crosshead displacement,  $u_r$ , reached at the end of the loading phase increased from cycle to cycle according to the scheme presented in Figure 5a. Load,  $P$ , vs  $u_r$  curves were collected as output, and then properly corrected for the “foot zone”, as mentioned above, in order to obtain  
 205 the  $P$  vs  $u_{cor}$  curve (Figure 5b). The tests were interrupted at  $\epsilon_{app} \approx 25\%$ . For

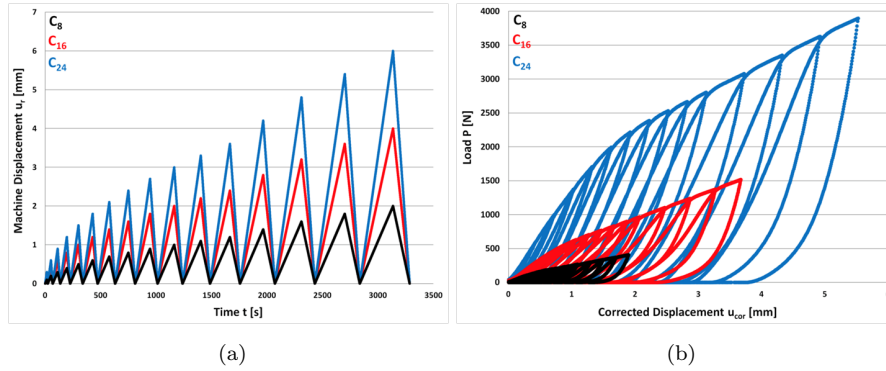


Figure 5: Cyclic compression tests on cube-shaped C<sub>8</sub>, C<sub>16</sub>, C<sub>24</sub> specimens. (a) Test input as Machine Displacement,  $u_r$ , vs Time,  $t$ , plot; (b) output curves expressed in terms of Load,  $P$ , vs Corrected Displacement,  $u_{cor}$  (see text).

each cycle, the maximum apparent deformation applied,  $\epsilon_{app,max,appl}$ , and the residual apparent deformation after the unloading phase,  $\epsilon_{app,res}$ , which are regarded as the fundamental quantities for this kind of analysis, were determined. In particular,  $\epsilon_{app,res}$  was taken in correspondence of the last point of monotonic

210 decrease on the unloading curve below the threshold value of 0.5 N.

Table 1: Specimens tested (with indication of geometry, dimensions and loading direction used in the compression tests) and mechanical properties measured under compression (apparent elastic modulus,  $E_{\text{app}}$ , and apparent stress at failure,  $\sigma_{\text{app, failure}}$ ). For each property, the mean value  $\pm$  standard deviation is reported.

3D-Specimens					
Geometry	Nominal Characteristic Dimension <sup>a</sup> [mm]	Test Loading Direction <sup>b</sup>	Code	$E_{\text{app}}$ [MPa]	$\sigma_{\text{app, failure}}$ [MPa]
Cube	8	Parallel	C <sub>8</sub>	45 $\pm$ 4.8	2.4 $\pm$ 0.23 <sup>c</sup>
	16	Parallel	C <sub>16</sub>	39 $\pm$ 3.9	2.1 $\pm$ 0.12
	16	Orthogonalx	C <sub>16-X</sub>	71 $\pm$ 2.7	3.9 $\pm$ 0.47
	16	Orthogonally	C <sub>16-Y</sub>	71 $\pm$ 3.9	4.2 $\pm$ 0.53
	24	Parallel	C <sub>24</sub>	54 $\pm$ 3.9	3.0 $\pm$ 0.29
Prism <sup>d</sup>	8	Parallel	P <sub>8</sub>	40 $\pm$ 3.5	2.3 $\pm$ 0.43
	24	Parallel	P <sub>24</sub>	40 $\pm$ 1.2	1.5 $\pm$ 0.13

<sup>a</sup>: for the cube-shaped specimens, the characteristic dimension is the length of the side of the cube; for the prism-shaped specimen, it is the height of the prism, read along the specimen 3D-growth direction according to the layer-to-layer fabrication approach of the FDM technology. <sup>b</sup>: “Parallel” indicates that the specimen loading direction used in the compression tests was parallel to the specimen 3D-growth direction; “Orthogonal” indicates that the loading direction was perpendicular to the specimen 3D-growth direction (subscript “X” or “Y” specifies the loading direction used in the test, see Figure 1 and Figure 8b). <sup>c</sup>: Average of two values, measured on the two specimens with  $\rho_{\text{rel}}$  between 0.33 and 0.37 (see section 3.1); uncertainty determined as the semi-dispersion. <sup>d</sup>: Rectangular prism with 16mm-side square base.

### 3. Results and Discussion

#### 3.1. Morphology and density of the structures

The two-dimensional development of the 3D-structure can be easily detected by looking at the manufactured 3D-specimens along an axis parallel to the 3D-  
215 printing growing direction (Z direction). Figure 6a shows the X-Y top surface view of specimens  $C_{24}$ ,  $C_{16}$  and  $C_8$ . The 3D-structures appear characterized, on the X-Y plane, by a repetition of figures. Each figure, whose characteristic size is of the order of 1 mm, is generated from the complex overlapping, along the Z direction, of the layers with different orientation. This defines space frames  
220 (cells) with different shapes and dimensions. Figures and cells can be seen also from the sectional view of the structure that is reported in Figure 6b, obtained from a CAD model from the relief of the  $C_8$  specimen. The cells are fully interconnected, and they even give rise to corridors along the entire height of the specimen.

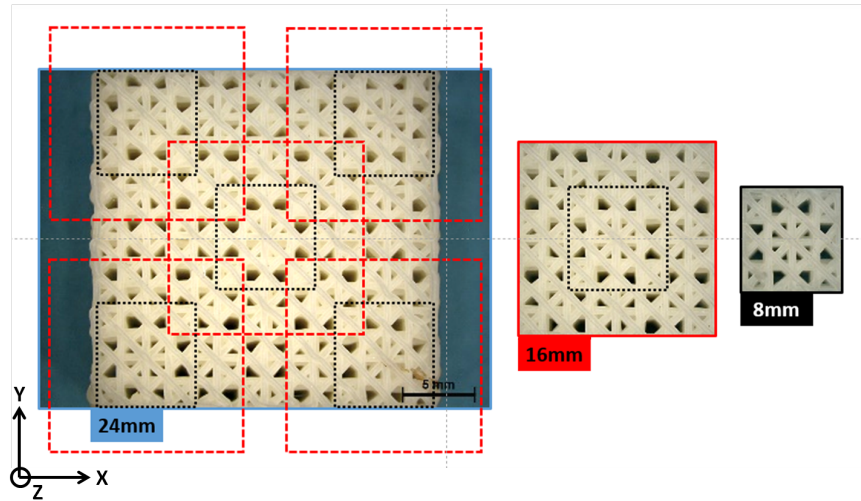
225 The structure of the 8mm-side specimen ( $C_8$ ) can be regarded as the fundamental building block to perform a morphological analysis of the specimens with different sizes. As shown in Figure 6a, the  $C_8$  structure can be found right in the centre of the  $C_{16}$  structure, which in turn can be found right in the centre of the  $C_{24}$  structure. Further,  $C_{24}$  shows  $C_8$  structures at its corners, embedded  
230 in incomplete  $C_{16}$  structures. These latter (i) overlap partially the central  $C_{16}$  structure in co-shared regions, and (ii) are mutually joined by connecting zones. These observations suggest that these lattice structures could be regarded, at the macro-scale, as a form of cellular solids characterized by a regular repetition of a basic pattern -  $C_8$  and its supersets - formed by cells with different  
235 shapes and sizes. The degree of structural heterogeneity, ensured by such design strategy, effectively turned out to be higher than that commonly observed in the literature on FDM structures (see, for example, (Maskery et al., 2018), (Abou-ali and Al-ketan, 2019), (Ling et al., 2019), (Eren et al., 2022)).

The key parameter that characterizes the structures is their apparent density,  
240  $\rho_{\text{app},3\text{D}}$ . From classical literature on cellular solids (Gibson and Ashby, 1997),

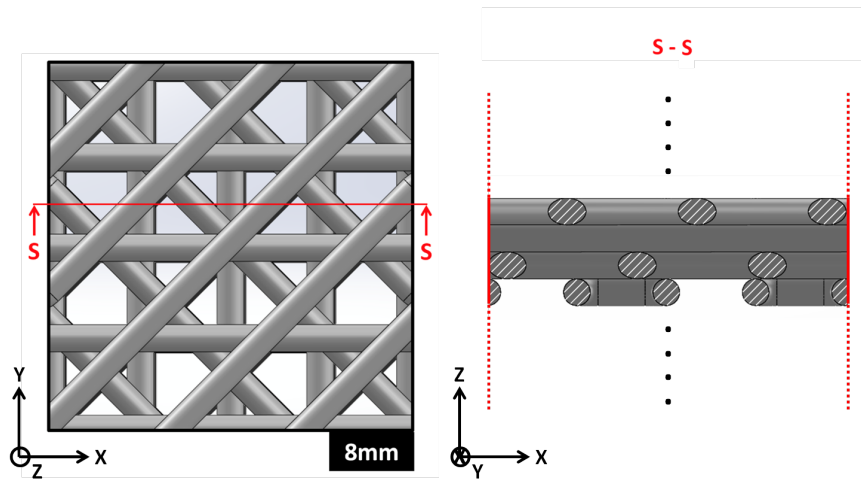
the most widely employed specimen-related parameter is the relative density,  $\rho_{\text{rel},3\text{D}}$ , which is the ratio between  $\rho_{\text{app},3\text{D}}$  and the material density, which in the case of the structures here examined is the density of the filament extruded from the 3D-printer,  $\rho_{\text{ABS}}$ . As expected by considering that the various specimens  
245 were ideally identical from the structural point of view, the differences recorded among their  $\rho_{\text{rel},3\text{D}}$  values were very small. A 3.2% standard deviation was obtained with a  $\rho_{\text{rel},3\text{D}}$  mean value of 0.35. It is worth noting that, according to (Gibson and Ashby, 1997), such a value of  $\rho_{\text{rel},3\text{D}}$  is typical of structures that are on the border between “true cellular solids” (with relative density smaller  
250 than 0.3) and “solids containing isolated pores”. In order to rely on a more homogeneous base of data, the specimens with a value of  $\rho_{\text{rel},3\text{D}}$  outside  $0.35 \pm 0.02$  were not considered in the analysis. This is the case of only two specimens belonging to the  $C_8$  series.

### 3.2. Mechanical behaviour

255 Under uniaxial tension, the extruded filament of ABS exhibited a typical ductile behaviour, as shown by the nominal tensile stress vs nominal tensile strain curve in Figure 7. The material showed yielding at a strain level of  $\approx 3\%$ , and reached breakage at a strain level close to 35%. From the stress-strain curves obtained for the five different samples examined, the mechanical stiffness  
260 (Young’s modulus,  $E_{\text{ABS}}$ ) and strength (tensile stress at yield,  $\sigma_{\text{y,t,ABS}}$ ) of the material were determined.  $E_{\text{ABS}}$ , evaluated from the slope of the curve in the initial linear region, resulted of  $1910 \pm 110$  MPa (mean value  $\pm$  standard deviation);  $\sigma_{\text{y,t,ABS}}$ , taken at the peak of the curve, resulted of  $36.2 \pm 2.6$  MPa. On the macro-scale, strain localization phenomena characterized by a progressive  
265 development of whitened zones along the deformed strand (see Figure 7) were noticed during the test, just after yielding. These whitened zones should be directly related, on the micro-scale, with the deformation mechanism of voiding (rubber particle cavitation and multiple crazing (Agnelli et al., 2018)). By increasing the applied strain, the whitened zones tend to coalesce up to the  
270 breakage of the strand.



(a)



(b)

Figure 6: Morphological analyses of the cellular structures. (a) Top view (X-Y) of the cube-shaped structures with side 24, 16 and 8 mm. The morphological repeating patterns of the smaller structures are detected in the larger ones ( $C_8$  in  $C_{16}$ ,  $C_8$  and  $C_{16}$  in  $C_{24}$ ) and highlighted by means of dashed lines of the corresponding colour. (b) Top view (X-Y) of the CAD 3D model of the  $C_8$  structure, accompanied by the cross section (X-Z) of a single 4-layer basic unit, **S - S**.

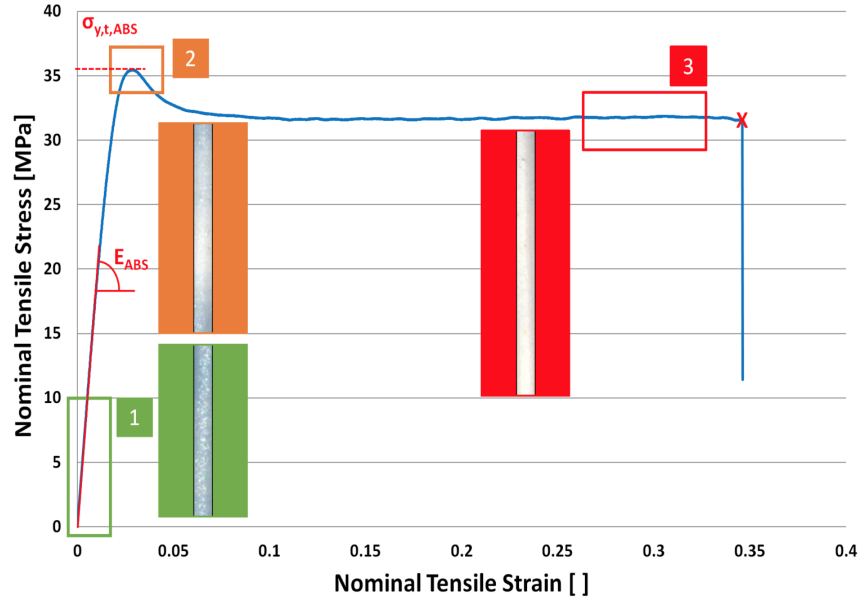
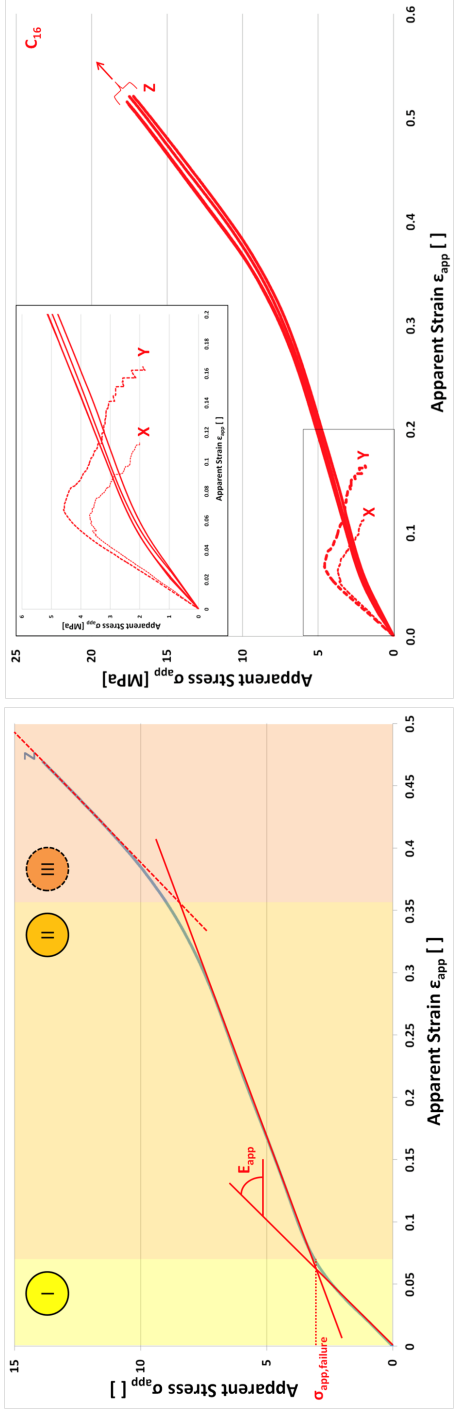


Figure 7: Nominal Tensile Stress vs Nominal Tensile Strain of the extruded ABS filament, accompanied by pictures of the specimen taken during the test.

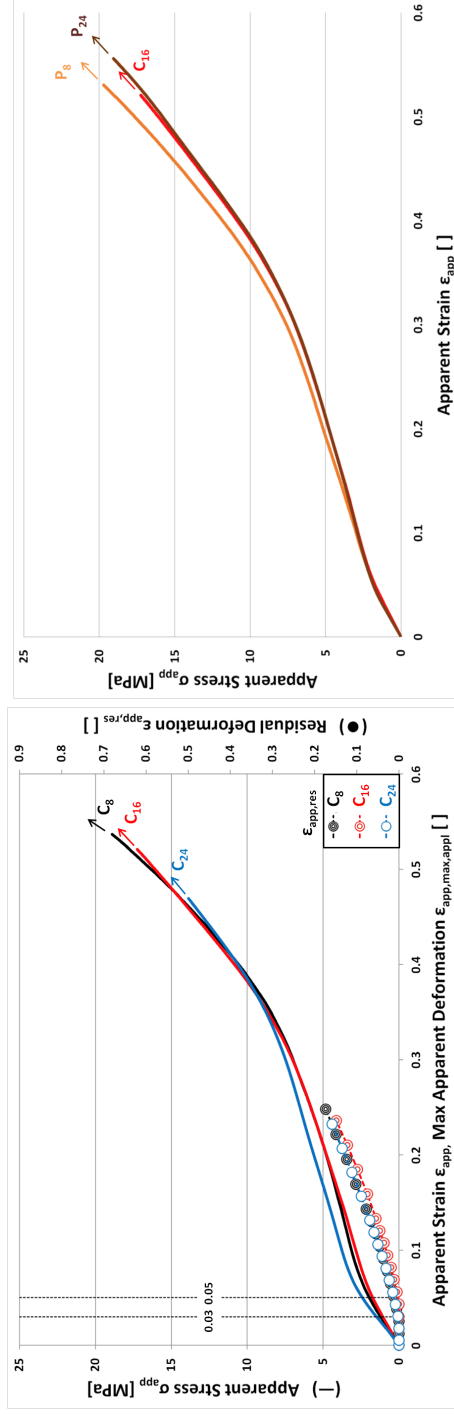
The apparent stress,  $\sigma_{app}$ , vs apparent strain,  $\epsilon_{app}$ , curves obtained from the monotonic compression tests carried out on the 3D-specimens are presented in Figure 8. The  $\sigma_{app}-\epsilon_{app}$  curves of specimens loaded along the layer stacking direction show a characteristic trend, irrespective of the type of 3D-specimen examined. The curves can be described using a tri-linear model, with three distinct regions (I, II and III) and the slope in region II smaller than the other two (Figure 8a). Between adjacent regions, the curve shows a knee, which is broader in the region II-III. The comparison of the four  $\sigma_{app}-\epsilon_{app}$  curves obtained from the C<sub>16</sub> specimens loaded along the Z direction (Figure 8b) provides an indication of the high repeatability degree of the results. This whole trend, up to test interruption, might be interpreted on the basis of the behaviour of an elastic-plastic cellular solid under compression presented by (Gibson and Ashby, 1997). The three different regions would correspond to: the linear-elasticity region at low strain levels (region I); the structure plastic collapse zone (region

285 II); the structure densification zone (region III). The actual confirmation that  
 this interpretation could be appropriate also for the 3D-structures here exam-  
 ined, when loaded along the 3D-growth direction, was given by the results got  
 from i) the compression cyclic tests (Figure 8c), and ii) the observation of the  
 structures deformed at large strain levels (Figure 9). Indeed, for the cyclic tests  
 290 (Figure 5b), the  $\epsilon_{\text{app,max,appl}}$  applied to the specimen is assumed to be the sum  
 of only two strain contributions: (i) a recoverable and (ii) a residual contribu-  
 tion (indicated with  $\epsilon_{\text{app,res}}$ ). The latter is “stored” in the specimen and, due  
 to the mainly elastic-plastic response of the constituent material (ABS), can  
 be directly related to plasticity. In general, the  $\epsilon_{\text{app,res}}$  data cannot be consid-  
 295 ered completely independent from the specific strain history applied during the  
 experiment. Nevertheless, considering the specific scope of these experiments  
 within the work, its influence on the outcomes can be assumed as negligible.  
 The apparent residual deformation, represented as a function of  $\epsilon_{\text{app,max,appl}}$  in  
 Figure 8c, shows that irrespective of the size, the 3D-structures start accumu-  
 300 lating residual strain at deformation levels (between 3% and 5%) just smaller  
 than the region of the I-II knee in the  $\sigma_{\text{app}}-\epsilon_{\text{app}}$  curves. This indicates that this  
 knee can be therefore associated with the plastic failure of the specimen. The  
 absence of any residual strain contribution at the very beginning of the region  
 I, at low strains, confirmed that the mechanical response could be considered  
 305 as linear-elastic within this specific zone. In consideration of these outcomes,  
 by resorting to a bi-linear representation of the curve around the I-II knee (see  
 Figure 8a), a stress value representative of the plastic failure of the structure  
 ( $\sigma_{\text{app,failure}}$ ) and an apparent elastic modulus of the structure ( $E_{\text{app}}$ ) were de-  
 termined and taken as indexes of the mechanical strength and stiffness of the  
 310 structure loaded along the Z direction, respectively. Their values are reported  
 in Table 1. It is worth noting that the viscoelastic character of the constituent  
 material is inherently set aside, giving it only a secondary role in the mechanical  
 response of the structure.

Figure 9 shows the internal sectional views of the  $C_{16}$  structure after defor-  
 315 mation under compression along the Z direction at strain levels of 0%, 20%, 40%



(a)



(b)

(c)

(d)

Figure 8: Compression tests on 3D printed cellular structures: output Apparent Stress,  $\sigma_{app}$ , vs Apparent Strain curve,  $\epsilon_{app}$ . (a) Response of the cellular structures tested in Z (from a  $C_{24}$  specimen) and interpretation according to the tri-linear model (see text) proposed by (Gibson and Ashby, 1997). (b) Effect of testing direction (X, Y, Z), from tests carried out on  $C_{16}$  specimens. (c) Effect of size of cube-shaped specimens ( $C_8$ ,  $C_{16}$ ,  $C_{24}$ ) on the mechanical response of the systems in layer stacking direction, Z (-). In addition, the final results of compression cyclic tests, expressed in terms of Residual Deformation  $\epsilon_{app, res}$ , vs Max Apparent Deformation applied,  $\epsilon_{app, max, appl}$ , is reported ( $\bullet$ ). The region where residual deformation starts to accumulate is indicated by black dashed lines. (d) Effect of height in specimens ( $P_8$ ,  $C_{16}$ ,  $P_{24}$ ) characterized by the same square base side length (16 mm), on the mechanical response of the systems in Z. Tests in Z are interrupted at about 50% apparent strain.

and 60%, and subsequent cryogenic fracture. They provide information about the deformation mechanisms associated with region II and III of the  $\sigma_{\text{app}}-\varepsilon_{\text{app}}$  curve. A similar approach was adopted by (Wang et al., 2023). The direct relationship between the structural details emerging from the image corresponding to the undeformed structure and the sectional view of the CAD model reported in Figure 6b clearly comes out. Assuming the four specimens nominally identical, the results in the different photos can be considered as consecutive frames of a unique progressive deformation process. By comparing the undeformed structure with that obtained at 20% strain, it can be observed that the structure collapses homogeneously at a macro-scale, via shape distortion and size reduction of the framed spaces defined by the ABS filament. Interestingly, whitened zones appear. Considering that ABS extruded filament whitening (Figure 7) is associated to voiding - a volumetric deformation mechanism under tension - it follows that the ABS walls in the 3D structure undergo local tensile stresses equal to  $\sigma_{y,t,ABS}$  ( $36.2 \pm 2.6$  MPa). This value is about seven times higher than the corresponding apparent stress resisted by the structure under compression at 20% strain (Figure 8b), and this confirms the high degree of complexity of the state of stress undergone at large strains by the material that forms a cellular solid (Gibson and Ashby, 1997). Figure 9 clearly shows that by increasing the level of applied deformation, the extent of shape distortion and cell size reduction increases giving rise to an evident densification of the structure. The whitened zones increase in number and area extension, and tend to concentrate along Z-oriented lines at the filament contact points between the stacking layers (see the image of the 40% deformed structure). The structures deformed at apparent strain levels of 20%, 40% and 60% exhibited non-recoverable strain levels of 9.6%, 29.2% and 51.3%, respectively. By comparing the data of  $\rho_{\text{rel},3D}$  measured on the deformed structures with those taken in the undeformed state, an increase in apparent density values of 7%, 29% and 54%, respectively, emerged. Interestingly, this outcome indicates the occurrence of densification already at an applied strain of 20%, which is right in the middle of the region II of the  $\sigma_{\text{app}}-\varepsilon_{\text{app}}$  curve (see Figure 8a). Therefore, this specific region, initially associ-

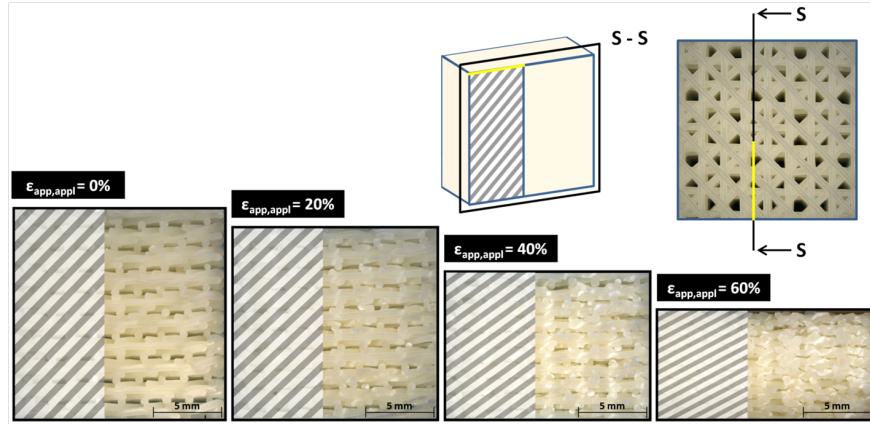


Figure 9: Optical microscope pictures of the **S - S** cross sections (from cryogenic fracture in liquid nitrogen) from 4 **C<sub>16</sub>** specimens tested at different levels of  $\epsilon_{app,max,appl}$  (0%, 20%, 40%, 60%). The sharp notch, introduced in the specimens (in the same position showed in Figure 6b) after testing, is indicated in yellow. The portion of specimen containing the notch is overshadowed using grey stripes pattern.

ated only to the structure plastic collapse, has to be related also to structure densification. In agreement with (Egan et al., 2022), who worked on 3D-printed polymeric systems with  $0^\circ$ ,  $45^\circ$ ,  $90^\circ$ ,  $-45^\circ$  orientations and with relative density similar to that of the structures here examined, the occurrence of structure densification in the region II is probably at the basis of the slope exhibited by the  $\sigma_{app}-\epsilon_{app}$  curve in this specific region (largely higher than that expected for an ideal elastic-plastic behaviour, which is  $\approx 0$ ). By comparing the response (stress-strain curve) exhibited by the structures examined with that showed by other elastic-plastic cellular solids within the region II, it emerges that such a smooth trend (completely free of stress oscillations) seems to be typical of structures where struts in Z-direction are either not present (Shalchy et al., 2020) (Bachtiar et al., 2021) or characterized by low slenderness. On the contrary, when such high-slenderness struts are present, a scattering trend with repeated peaks is typically observed (Eren et al., 2022) (Wang et al., 2023), which can be attributed to their local buckling.

Regarding the specimen size effects, the  $\sigma_{app}-\epsilon_{app}$  curves of the cube-shaped

specimens with different sizes ( $C_8$ ,  $C_{16}$ ,  $C_{24}$ ) loaded along the Z direction (Figure 8c) show a very similar response for  $C_8$  and  $C_{16}$  specimens, whereas  $C_{24}$  presents slightly higher stresses in both region I and II. Therefore,  $C_{24}$  has slightly higher values of  $E_{app}$  and  $\sigma_{app, failure}$ , with respect to  $C_8$  and  $C_{16}$  (see Table 1). The response of the prism-shaped specimens having the same square base of  $C_{16}$  but different heights ( $P_8$  and  $P_{24}$ ) - Figure 8d and Table 1 - suggests that the higher values of  $E_{app}$  and  $\sigma_{app, failure}$  measured for  $C_{24}$  are related to its two-dimensional development on the X-Y plane rather than to its height. Indeed  $P_{24}$ , with same base of  $C_{16}$  and same height of  $C_{24}$ , exhibits the same stiffness of  $C_{16}$ , and even a smaller strength. The way the five different  $C_{16}$  structures (Figure 6a) combines to form the  $C_{24}$  specimen might be responsible of a synergistic effect that promotes the increase in the mechanical properties observed for  $C_{24}$ . Regarding the effect of the loading direction (Figure 8b), the compression response along a direction orthogonal to Z (either X or Y) shows a  $\sigma_{app}$ - $\epsilon_{app}$  curve very different from the tri-linear trend observed for compression along the Z direction. This peculiar trend is characterized by the achievement of a peak in the stress associated to the onset of delamination phenomena between two adjacent layers, originating from the weakest points of the structure. The progress of the delamination phenomena, even accompanied by buckling, explains the irregular stress decrease observed beyond the stress peak. The stress at the peak was taken as  $\sigma_{app, failure}$  and, from the linear region of curve at very low strains, the value of  $E_{app}$  was determined (Table 1). As expected, given the geometrical symmetry of the structure, no difference was observed between the values of  $E_{app}$  and  $\sigma_{app, failure}$  measured along X or Y. When loaded along a direction that is orthogonal to the layer stacking one, the structure is  $\approx 1.8$  times stiffer and  $\approx 2$  times stronger than along Z (from a forced relation between strength data associated to two different failure mechanisms).

Following the approach typically used in literature for cellular solids (Gibson and Ashby, 1997) the values of  $E_{app}$  and  $\sigma_{app, failure}$ , normalized over the elastic modulus and yield stress of the constituent material,  $E_{ABS}$  and  $\sigma_{y,t, ABS}$ , respectively, are plotted against the relative density,  $\rho_{rel, 3D}$  (Figure 10a and 10b,

respectively). One data-point corresponds to one specimen; the data-points  
 395 corresponding to the two  $C_8$  specimens having  $\rho_{\text{rel},3\text{D}}$  outside  $0.35 \pm 0.02$  (see  
 section 3.1) are also indicated. For both  $E_{\text{app}}$  and  $\sigma_{\text{app, failure}}$ , the data coming  
 from the X and Y loading directions are visibly above those measured along the  
 Z direction. The two series of data in the density region of interest are very well  
 grouped, especially in the stiffness plot, and the data-points coming from the  
 400 specimens with different sizes or heights mix well with each other. By referring  
 to the data measured under compression along the Z direction, only the vari-  
 ation of  $\rho_{\text{rel},3\text{D}}$  can induce an appreciable effect on the mechanical properties  
 of the 3D-structure in agreement with the cellular material analysis approach  
 (Gibson and Ashby, 1997) described by a power law curve:

$$y = d \cdot x^f \quad (2)$$

405 In Figure 10a, which refers to the stiffness, such a curve was traced imposing  
 $d = 1$  and taking  $f$  as the mean of the  $f$ -values obtained by forcing this expression  
 to each single Z direction data-point, including also those coming from the two  
 $C_8$  specimens with  $\rho_{\text{rel},3\text{D}}$  outside the region limited by the dot lines (the mean  
 $f$ -value resulted equal to 3.63). In Figure 10b, which refers to the strength,  
 410 such a curve was traced according to the theoretical relationship proposed for  
 the plastic-collapse strength of open-celled foams (with  $d$  and  $f$  equal to 0.3  
 and  $3/2$ , respectively); it intercepts the group of experimental Z-direction data-  
 points. The extent to which the constituent polymer (ABS) contributes to the  
 3D-structure stiffness is smaller with respect to that to which it contributes  
 415 to the 3D-structure strength, in agreement with what observed by the authors  
 for a very different 3D-structure manufactured by FDM (based on a different  
 polymer, with a different architecture and much denser) (Pagano et al., 2021).

#### 4. Conclusions

In this work, ductile polymer (ABS) model structures were manufactured  
 420 by FDM, and their mechanical behaviour investigated under compression. The

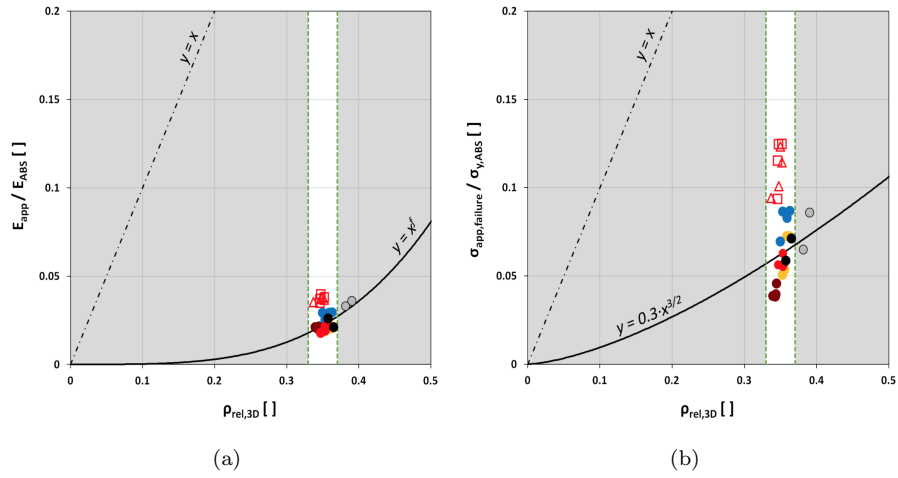


Figure 10: (a) Relative stiffness,  $E_{\text{app}}/E_{\text{ABS}}$ , and (b) relative strength,  $\sigma_{\text{app,failure}}/\sigma_{y,\text{ABS}}$ , as a function of the relative density,  $\rho_{\text{rel},3\text{D}}$ , of the 3D-structures. Full circles: data-points from tests carried out with the loading direction parallel to the layer stacking direction (**black**, C<sub>8</sub>; **red**, C<sub>16</sub>; **blue**, C<sub>24</sub>; **orange**, P<sub>8</sub>; **brown**, P<sub>24</sub>; grey circles refer to C<sub>8</sub> specimens with  $\rho_{\text{rel},3\text{D}}$  outside  $0.35 \pm 0.02$ ). **Red** open symbols: data-points from tests carried out with the loading direction orthogonal to the layer stacking direction (triangles, C<sub>16-X</sub>; squares, C<sub>16-Y</sub>). Continuous line is the power law curve traced according to Eq. 2 by using  $d = 1$  and  $f = 3.63$  in (a) and  $d = 0.3$  and  $f = 3/2$  in (b) (see text). Vertical dashed lines traced at  $\rho_{\text{rel},3\text{D}} = 0.33$  and at  $\rho_{\text{rel},3\text{D}} = 0.37$ .

peculiar structure design strategy adopted led to obtain three-dimensional open-celled systems (with a porosity degree of 65%), composed of unit cells with different shapes and dimensions assembled in such a way to form regularly repeating patterns. Effects of the test specimen size, height and loading direction were investigated, and the results analyzed in the light of the outcomes from cyclic compression experiments and morphological analyses of the cryogenic fracture surfaces of specimens compressed at high strain levels. A markedly non-isotropic response was observed. The compressive behavior in the layer stacking direction was traced back to the elastic-plastic case, with the stress-strain curve exhibiting three different regions: a linear-elasticity region at low strain levels (region I); a region where the structure plastic collapse occurs, combined with the initiation of the structure densification (region II); a structure densification region (region III). The size effects is not dominant, but observable on the specimens with the largest size examined, which showed slightly higher levels of stiffness and strength. This is tentatively attributed to their peculiar structure, resulting from a complex interconnection of the basic structures forming the smaller specimens, which are arranged in co-shared regions and with connecting zones being created. Taking into account the mechanical response of the constituent material (characterized in the form of the extruded filament, under tension), the fundamental role of the architecture on the mechanical response of the 3D-structures is definitely evident.

The outcomes of the present paper form the basis for a subsequent work (already in progress) on the study of the structural integrity of the 3D-structure here examined, under the framework of the fracture mechanics.

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