

1 **Thyroid disrupting effects of low-dose dibenzothiophene and cadmium in single or**
2 **concurrent exposure: new evidence from a translational zebrafish model**

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Abstract

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Thyroid hormones (THs) are major regulators of biological processes essential for correct development and energy homeostasis. Although thyroid disruptors can deeply affect human health, the impact of exogenous chemicals and in particular mixture of chemicals on different aspects of thyroid development and metabolism is not yet fully understood. In this study we have used the highly versatile zebrafish model to assess the thyroid axis disrupting effects of cadmium and dibenzothiophene, two environmental endocrine disruptors found to be significantly correlated in epidemiological co-exposure studies. Zebrafish embryos (5dpf) were exposed to low concentrations of Cd (from 0.05 to 2 μ M) and DBT (from 0.05 to 1 μ M) and to mixtures of them. A multilevel assessment of the pollutant effects has been obtained by combining *in vivo* morphological analyses allowed by the use of transgenic fluorescent lines with liquid chromatography mass spectrometry determination of TH levels and quantification of the expression levels of key genes involved in the Hypothalamic-Pituitary-Thyroid Axis (HPTA) and TH metabolism. Our results underscore for the first time an important synergistic toxic effect of these pollutants on embryonic development and thyroid morphology highlighting differences in the mechanisms through which they can adversely impact on multiple physiological processes of the HPTA and TH disposal influencing also heart geometry and function.

Keywords:

Dibenzothiophene, Cadmium, zebrafish embryos, Hypothalamic-Pituitary-Thyroid Axis disruption, Thyroid Hormone Receptors, cardiac defects

50 **1. Introduction**

51 Thyroid hormones play a pivotal role both during mammal development and in the
52 adulthood by controlling growth, maturation, homeostasis and functions of key biological
53 systems including cardiovascular, nervous and reproductive apparatuses {Li, 2014; Klein,
54 2007;Jabbar, 2017;Yazbeck, 2012;Gilbert, 2012}. For this reason, thyroid disruptor
55 chemicals are gaining increasing interest as key determinants of adverse effects in fetal
56 maturation and in the post-natal life in humans. However, despite the importance of thyroid
57 system for human health, not all thyroid disruptors have so far been identified and the
58 mechanisms of combined disruption remain largely unexplored. Among chemical
59 disruptors, polycyclic aromatic hydrocarbons (PAHs) are the most prevalent global
60 environmental contaminants {Samanta, 2002; Manzetti, 2013; Sinaei, 2019} with
61 deleterious metabolic, cardiovascular and neurodevelopmental bioactivities {Moorthy,
62 2015;Incardona, 2005 ;Billiard, 2008}, observed either in humans and animal models
63 {Rundle, 2012 ;Poursafa, 2018; Poursafa, 2017; Incardona, 2011; Perera, 2006; Perera,
64 2014}. A growing body of evidence indicates that PAHs may also affect thyroid function.
65 Although the exact mechanism of action is not completely understood, PAHs seem to
66 impact several aspects of thyroid gland biological functions including TH synthesis,
67 accumulation and secretion {Izawa, 2007; Wu, 2004; Hua, 2007 }. In particular, PAH might
68 interfere with TH receptor (THR) transcription, hence inhibiting thyroid function {Sun,
69 2008}.

70 Cadmium (Cd), one of the most harmful metallic elements, is a well-established endocrine
71 disruptor and a widespread environmental pollutant as well {Tchounwou, 2012 }. {Khan,
72 2017; Rafati Rahimzadeh, 2017; Kim, 2018 }. Cd accumulates predominantly in liver,
73 kidneys, and muscles, but also in the thyroid gland due to the presence of metallothioneins
74 (MT), cysteine-rich proteins that bind Cd and represent a potent intracellular Cd detoxifier

75 {Klaassen, 2009;Li, 2015 }. The relationship between Cd exposure and Cd accumulation in
76 thyroid gland is supported by the observation that thyroid Cd concentrations are higher in
77 people living in Cd polluted areas than in those residing in non-contaminated areas
78 {Uetani, 2006 }.

79 The vast majority of studies have examined the action of a single chemical disruptor at a
80 time but humans are often exposed to mixtures of multiple chemical disruptors. Notably a
81 recent study, which characterized the correlation profile and cluster patterns of seven
82 classes of environmental endocrine disruptors (EEDs), found a significant correlation
83 between Cd and PAHs {Chen, 2019}. Therefore, a better understanding of the impact of
84 PAH and Cd co-exposure on the complete development and function of the thyroid system
85 may be helpful in contrasting the noxious effects of such pollutants.

86 The use of zebrafish as model organism for environmental health studies has been
87 steadily increasing over the past few decades {Lieschke, 2007; Dooley, 2000}.

88 The zebrafish model has several advantages including: high degree of homology with the
89 human genome, ex utero embryonic development, short reproductive cycle, and possibility
90 of population studies {Ali, 2011} {Howe, 2013}. Moreover, the transparency of the larvae
91 and the possibility to easily generate transgenic lines expressing tissue-specific
92 fluorescent proteins provide powerful tools to follow *in vivo* and in a non-invasive way the
93 differentiation/development of numerous tissues/organs {Zon, 2005; Huang, 2003;
94 Lawson, 2002}. Importantly in the context of this study, the toxicity of drugs and
95 environmental pollutants as well as thyroid gland development and functioning of the
96 hypothalamus-pituitary-thyroid-axis (HPTA) have been shown to be well conserved
97 between humans and zebrafish {Reimers, 2006; Brittijn, 2009; De Felice, 2012}, {Blanton,
98 2007;Fagman, 2010;Porazzi, 2009}.

99 These advantages have been exploited for toxicity tests of PAHs and Cd (inserire i
100 riferimenti più salienti tra quelli citati sotto). In spite of significant advances, several
101 important aspects remain unaddressed.

102 Based on such premises, this study aimed to investigate the impact of an important PAH
103 compound, the 3 rings dibenzothiophene (DBT), and of Cd on different aspects of fetal
104 development, with a focus on the HPTA, thyroid morphogenesis and function and cardiac
105 development, since heart is a well-known target of TH action {Li, 2014; Klein, 2007;
106 Jabbar, 2017} and alterations of sheared congenital factors have been identified at the root
107 of cardiac and thyroid congenital defects in human and zebrafish studies {Opitz, 2015;
108 Marelli, 2017}. For this purpose, zebrafish embryos were exposed to low concentrations of
109 DBT and Cd, either in single or combined treatment. Our results indicate a novel multilevel
110 synergic toxic impact of the pollutant exposure highlighting differences in their toxicity
111 effects.

112 **2. Materials and methods**

113

114 *2.1 Maintenance of Zebrafish lines and breeding.*

115 The zebrafish facility has held the authorization n°297/2012-A since 12/21/2012. All animal
116 procedures conform to the guidelines from Directive 2010/63/EU of the European
117 Parliament regarding the protection of animals used for scientific purposes. Wild type AB,
118 *Tg(myf7:EGFP)* and *Tg(tg:mcherry)* (kindly provided by Dr. Sabine Costagliola, University
119 of Bruxelles, Belgium) zebrafish lines were used in this study.

120 Zebrafish were raised in Tecniplast housing systems (Zebtec, Standalone) in 14 hrs light
121 and 10 hrs dark at 28°C. Zebrafish diet was purchased from SDS, Dietex, France and from
122 Sparos, Portugal). *Artemia magnetica* was obtained from INVE acquatica, INVE

123 technologies, Belgium. Tricaine (3-amino benzoic acid ethylester) comes in a powdered
124 form from Sigma (Cat.# A-5040).

125 Breeding

126 The day before treatments, adult fishes (about 1 years old) at a ratio of 2 males to 3
127 females for group mating fish were put in off-system breeding tanks at a density of 5 or
128 less fish per liter of water, separated by sex using a divider. The breeding tank consists of
129 an upper (breeding) and lower (embryo collection) chamber separated by plastic mesh to
130 allow the eggs to fall avoiding access to the breeding adults. Early in the following
131 morning, when the facility light switch on, the water tank was refreshed and divider
132 removed. Three hours later, eggs from successful crosses were manually collected and
133 analyzed under microscope to remove dead or deformed eggs while adult fishes were
134 returned to system tanks. Selected eggs were distributed in plastic plates, 50 eggs/plates
135 in 40 ml of water. Time 0 (0 hpf) was considered 1 hour after divider removal.

136 *2.2 Chemical solution preparation*

137 Dibenzothiophene and cadmium were obtained from Sigma Aldrich Corporation (USA).
138 DBT and Cd were dissolved respectively in DMSO and in distilled water to make stock
139 solutions at concentration of 50 mM. These stock solutions were kept at 4°C until they
140 were used. The working solutions were freshly prepared by diluting the stock solutions with
141 DMSO or deionized water before use. All the concentrations used were prepared 10^3 folds
142 concentrated, so the same volume was added to the plates in all the treatments. The
143 range of concentrations we tested were:

144 DBT: 0.05, 0.1, 1, 10 μ M

145 Cd: 0.05, 0.1, 0.2, 2, 10 μ M

146 Cd 0.05 μ M+DBT (0.05, 0.1, 1 μ M)

147 Cd 0.2 μ M+DBT (0.05, 0.1, 1 μ M)

148 The final DMSO concentration in DBT and in co-exposure treatments was 0.1%, which is
149 below the values considered toxic {Hallare, 2006 #1321;Christou, 2020 #1328}. The lack
150 of significant DMSO effects, even in the presence of cadmium, was demonstrated by the
151 absence of differences in survival and hatching rate in embryos exposed to increasing
152 concentration of Cd or Cd+0.1% DMSO (Table 1). Moreover embryos exposed to
153 increasing concentration of Cd or Cd+0.1% DMSO were also compared to evaluate an
154 eventual contribution of DMSO to the Cd-induced thyroid malformations and skin defects.
155 No differences were observed in any of these comparisons (data not shown).

156 *2.3 Toxicology tests*

157 At 4 hpf, solvent or chemical compounds at the different concentrations were added to the
158 plates containing the eggs. During the exposure period, water with the different chemical
159 concentrations were changed every day, to keep the concentration consistent.

160 After 24 hr dead embryos were removed and recorded for the survival rate calculation.
161 Usually no further dead embryos were observed in the following days. At 48 hpf hatched
162 embryos were recorded. The hatching % indicates the percentage of embryos which have
163 hatched on the 48hpf survived embryos. Malformation analysis and cardiac imaging were
164 performed on 3 days post fertilization (dpf) embryos. Thyroid imaging was performed on 5
165 dpf embryos. 5 dpf embryos were collected and stored at -80°C for subsequent thyroid
166 hormone determination and gene transcription analysis. For RNA extraction embryos were
167 frozen at -80°C in Quiazol (30-50 embryos /700 μl of Quiazol). Three biological replicates
168 for each exposure concentration were prepared. This means that all the breeding
169 procedures were repeated at different times and starting from different combination of
170 male and female fishes.

171 *2.3 Imaging*

172 Imaging was performed as described previously {Guzzolino, 2019 }. Briefly bright field
173 optical imaging was performed with a Leica M80 microscope and a Nikon DS-Fi1 camera

174 using NIS-Elements F 3.0 software. The acquisition of fluorescent samples was performed
175 with a Leica DM IL microscope and with a Nikon YFL microscope both equipped with a
176 CoolSnap CF camera (Photometric). For thyroid imaging, *Tg(tg:mcherry)* embryos were
177 previously anesthetized in 100mg/100ml of tricaine and embedded in 1% low melting
178 agarose to allow a correct positioning of the body embryo. For heart beat analysis 3dpf
179 *Tg(myI7:EGFP)* embryos were embedded in 1% low melting agarose and Videos were
180 acquired and quantified with a Leica MZ10F microscope. For each embryos at least 3
181 videos of 30 seconds each were recorded from the Selected Regions of Interest fixed on
182 the fluorescent atrium and ventriculum. In each video atrium and ventriculum beats were
183 simultaneously recorded. The heart rate was successively measured analyzing the
184 tracking signal obtained.

185 *2.4 TH quantification by HPLC-MS-MS method*

186 Instrumentation and operative conditions

187 For TH quantification, instrument layout was made up of an Agilent (Santa Clara, CA,
188 USA) 1290 UHPLC system, including a binary pump, a column oven set to 20°C and a
189 thermostated autosampler, coupled to an AB-Sciex (Concord, Ontario, Canada) QTrap
190 6500+ triple quadrupole mass spectrometer, equipped with an IonDrive Turbo V source
191 operating in positive ion mode. The integrated switching valve was used to discard both
192 head and tail of the HPLC runs. Chromatographic separations were carried out using a
193 110 Å, 2x50 mm, 3µm particle size, Gemini C18 column (Phenomenex, Torrance, CA),
194 protected by a C18 Security Guard Cartridge. 5µL of each sample were injected into the
195 UHPLC system and the chromatographic separation was carried out by a flow rate of 400
196 µl min⁻¹ using methanol/acetonitrile (20/80 by volume) added with 0.1% formic acid as
197 solvent A and water containing 0.1% formic acid as solvent B. Mobile phases' gradient
198 conditions were as follow: 95 % solvent B from 0 to 3 min; 35 % solvent B from 3 to 8.5

199 min; 0 % solvent B from 8.5 to 9 min; 0 % solvent B from 9 to 11 min. The column was re-
200 equilibrated to 95 % solvent B from 11 to 14 min.

201 System control, data acquisition and analyses were performed using an ABSciex Analyst®
202 version 1.7 software.. Mass spectrometry selected reaction monitoring (SRM) method and
203 all related parameters were set as previously described methods {Saba, 2010; Saba,
204 2014}.

205 Sample extraction

206 Formerly published methods {Saba, 2010; Saba, 2014; Chen, 2018 } have been slightly
207 modified and used for the quantification of T3 and T4 in zebrafish larvae. Briefly, 100 fish
208 larvae were resuspended in 200µL of aqueous buffer containing 200 ng of pronase
209 enzyme. After that, appropriate amounts (0.76 pmol¹³C₆-T3 and 0.64 pmol¹³C₆-T4) of
210 stable isotope labeled internal standards were added, samples were gently vortexed and
211 then incubated 16h at 37°C. After incubation, samples were cooled down (RT), sonicated
212 for 10 min, then 600 µL of ice-cold acetone were added and the mixture was kept at 4°C
213 for 30min to allow proteins precipitation. After centrifugation at 22780 x g for 15 min, the
214 supernatants were transferred to a new 2 mL Eppendorf tube and evaporated at 40 °C
215 under a gentle stream of nitrogen. Dried samples were reconstituted with 500 µL of 0,1 M
216 potassium acetate buffer (pH=4) prior to loading onto Agilent (Santa Clara, CA, USA)
217 Bond-Elut Certify 130 mg SPE cartridges, antecedently conditioned by consecutive wetting
218 with 2 mL of dichloromethane/isopropanol (75/25 by volume), 2 mL of methanol and 2 mL
219 of 0,1 M potassium buffer (PH = 4). Each cartridge was washed with 3.5 mL of water, 2 mL
220 of 0.1 M hydrochloric acid, 7 mL of methanol and 3.5 mL of dichloromethane/isopropanol
221 (75/25 by volume). After complete dryness, samples were eluted with 2 mL of
222 dichloromethane/isopropanol/ammonium hydroxide (70/26.5/3.5 by volume), dried under
223 nitrogen. Dried eluates were derivatized adding 200 µL of 3.0 N hydrochloric acid in n-
224 butanol and incubated for 60 min at 60 °C. This derivatization step allows the formation of

225 the corresponding butyl esters of thyroid hormones and their internal standards.
226 Afterwards, samples were dried again as mentioned above and, then, reconstituted with
227 100 μ L of acetonitrile/0.1 M hydrochloric acid (50/50 by volume) prior the injection into the
228 HPLC-MS-MS system. Stock solutions of T3 and T4 were prepared at 1 μ g/mL
229 concentration in methanol. Calibration curves were daily prepared by serial dilution with
230 methanol at a concentration ranging from 0.05 to 25 ng/mL and derivatized with samples.

231 *2.5 RNA extraction and quantitative Real-time PCR.*

232 Total RNA was extracted from frozen embryos using the miRNeasy Mini kit (Qiagen).
233 Embryos, which had been frozen in Quiazol immediately after the end of the treatment,
234 were solubilized by repeated pipetting up and down of the suspension. After the
235 solubilization step, the samples were centrifuged to remove the extremely few non-
236 solubilized residues. Thereafter, the extraction was performed according to the
237 manufacturer's instructions. RNA quantity and quality were analyzed using a NanoDrop-
238 1000 spectrophotometer. The purity of each sample was between 1.8 and 2.0 (A260/A280
239 nm ratio). RNA integrity was evaluated running non-denaturing TBE 1,5% agarose gel.
240 CDNA was retro-transcribed using Quantitec Reverse Transcription kit (Quiagen) following
241 the manufacturer's instructions. Real-time PCR (qRT-PCR) was carried out using
242 SsoAdvanced™ Universal SYBR® Green Supermix - Bio-Rad with Rotor Gene (Quiagen).
243 PCR conditions were: 95°C 30" (1X); 95°C 5", 60°C 20" (40X); 1 cycle of melting. For
244 analysis normalization 3 housekeeping genes were routinely analyzed: EF1 α , rpl13a and
245 18S. A list of oligonucleotides used in this manuscript is reported in table S1.

246

247 *2.4 Statistic*

248 All the data are expressed as the mean \pm standard error. The normality and homogeneity
249 of the data were verified using Kolmogorov-Smirnov test and Levene's test, respectively.
250 Two group comparisons were performed by Student's t test. For thyroid analyses Chi

251 square test was performed. Multiple group comparisons were performed by one-way
252 Analysis of Variance (ANOVA) followed by Bonferroni post hoc test. Differences were
253 considered statistically significant at a value of $p < 0.05$. Following a square root
254 transformation of the data, a univariate linear model was run in SPSS to estimate the main
255 effect and the interaction effect of the two pollutants on the gene expression levels of
256 $THR\alpha$ and $THR\beta$.

257

258 **3.Results**

259

260 3.1 DBT and Cd exert synergistic adverse effects on embryo development

261 Both single exposure to Cd or DBT and their co-exposure did not affect the survival and
262 hatching rates of zebrafish embryos at any of the different concentrations or treatment
263 combinations tested (Table 1).

<i>Survived embryos at 24hpf (%)</i>	Cd 0 μM	Cd 0,05 μM	Cd 0,2 μM	Cd 2 μM	Cd 10 μM
H₂O	94,11 \pm 3,2	98,33 \pm 1,67	94,78 \pm 2,69	95,22 \pm 3,25	92,44 \pm 0,44
DMSO	95 \pm 2,54	94,7 \pm 0,1	93,3 \pm 0,2	95 \pm 5	92,08 \pm 0,47
DBT 0,05 μM	98,89 \pm 1,11	89,17 \pm 4,17	96,67 \pm 3,33	96,67 \pm 3,33	--
DBT 0,1 μM	96,67 \pm 3,33	91,67 \pm 2,39	87,16 \pm 4,99	97,11 \pm 1,97	--
DBT 1 μM	98,89 \pm 1,11	95 \pm 5	89,15 \pm 3,41	90,24 \pm 3,97	--
DBT 10 μM	91,33 \pm 0,67	--	--	--	--

<i>Survived embryos at 24hpf (%)</i>	Cd 0 μM	Cd 0,05 μM	Cd 0,2 μM	Cd 2 μM	Cd 10 μM
H₂O	94,11 \pm 3,2	98,33 \pm 1,67	94,78 \pm 2,69	95,22 \pm 3,25	92,44 \pm 0,44
DMSO	95 \pm 2,54	94,7 \pm 0,1	93,3 \pm 0,2	95 \pm 5	92,08 \pm 0,47
DBT 0,05 μM	98,89 \pm 1,11	89,17 \pm 4,17	96,67 \pm 3,33	96,67 \pm 3,33	--
DBT 0,1 μM	96,67 \pm 3,33	91,67 \pm 2,39	87,16 \pm 4,99	97,11 \pm 1,97	--
DBT 1 μM	98,89 \pm 1,11	95 \pm 5	89,15 \pm 3,41	90,24 \pm 3,97	--
DBT 10 μM	91,33 \pm 0,67	--	--	--	--

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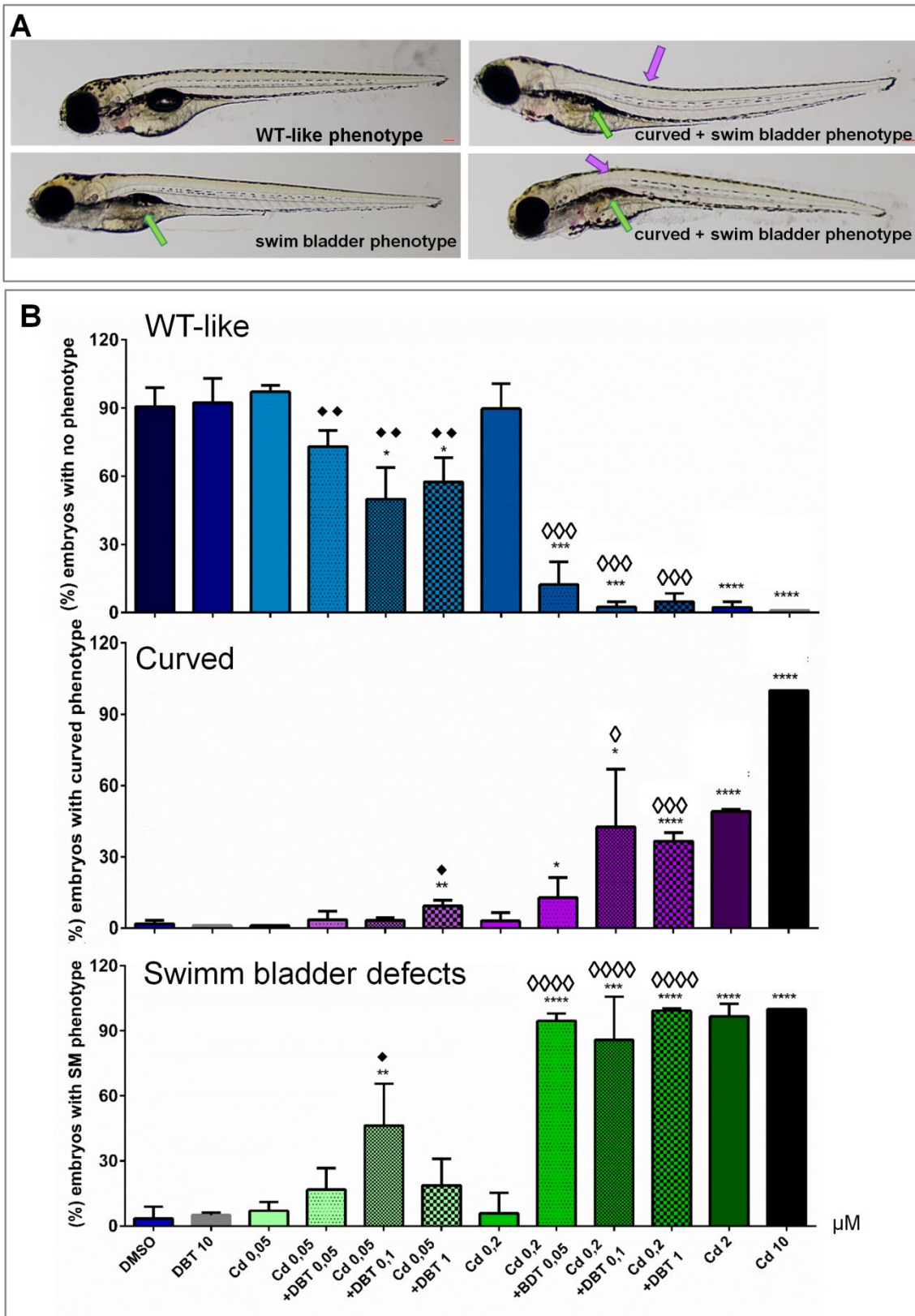
Table1. Quantification of survival rate at 24 hpf and hatching rate at 2 dpf, in embryos exposed to increasing concentrations of Cd and DBT or mixtures of them. Values are shown as media \pm SEM of ≥ 3 independent experiments where ≥ 60 embryos for each treated group were analyzed. ANOVA-1 test * $P < 0.05$. Abbreviations: Cd: cadmium; DBT: dibenzothiophene; DMSO: dimethyl sulfoxide.

However, the morphological analysis revealed a progressive dose-dependent increase of embryo malformations, especially when co-treatment was considered (Fig. 1). As a single

271 pollutant, Cd at the highest concentrations (2 and 10 μM), resulted in a significant increase
272 of embryos with slight axial-tail curvature and with delayed or failed inflation of the swim
273 bladder, a recognized specific marker of developmental toxicity {Price, 2020} (Fig.1A,B).
274 None of these morphological defects were induced by DBT exposure alone, with the
275 exception of a trend versus failed inflation of swim bladder that was observed only at the
276 highest DBT concentration tested and that did not reach the statistical significance in
277 comparison to control (Fig.1A,B). Nonetheless, co-exposure to these substances
278 dramatically decreased the susceptibility threshold to embryo malformations to a lower
279 level than the sum of single pollutants, indicating a synergistic toxic effects of these
280 chemicals (Fig.1B).

281 As a single pollutant, Cd showed not only a stronger toxicity compared to DBT but also
282 wider effects. Cd concentration of 0.2 μM and above was particularly aggressive for
283 embryo skin that is not protected by scales at this stage of development (Fig.S1A,B,C).
284 Moreover, as already reported {Han, 2019 #6}, 0.05 μM Cd were able to affects the otolith
285 development (Fig.S1A,B) in about 30% of embryos while almost the totality of embryo
286 otoliths appeared smaller at 2 μM Cd concentration (data not shown). At any of the proven
287 concentrations DBT did not induce these defects nor influenced the percentage of Cd-
288 exposed embryos showing both skin and otolith defects (Fig S1 C and data not shown).

289



290

291 **Figure 1. Effects of Cd and/or DBT exposure on embryo morphology.** A) Bright field representative
 292 images of 5 dpf embryos showing the different kind of phenotypes obtained after exposure to Cd, DBT or
 293 their mixtures. Green arrows point to swim bladder defects, purple arrows point to axis defects. Scale bar

294 100 µm. B) Quantification of embryos with the indicated phenotypes All values reported were the mean of
 295 ≥ 3 independent experiments each of them including embryos from different clutch. ≥ 60 embryos for each
 296 treated group were analyzed. Since DBT has no effects at any of the tested concentrations, only the 10 µM
 297 concentration value was reported in the graphs. T test * $P < 0.05$ ** $P < 0.01$ *** $P < 0.001$ **** $P < 0.0001$ vs
 298 DMSO 0.1%. ♦ $P < 0.05$ ♦♦ $P < 0.01$ *** vs Cd 0.05µM; ◇ $P < 0.05$ ◇◇ $P < 0.01$ ◇◇◇ $P < 0.001$ ◇◇◇◇ $P < 0.0001$ vs
 299 Cd 0,2 µM. Abbreviations: Cd: cadmium; DBT: dibenzothiophene; DMSO: dimethylsulfoxide; dpf: days post
 300 fertilization; WT: wild type-like morphology; SM swim bladder.

301

302 3.2 DBT and Cd critically affect thyroid gland development and TH body concentration

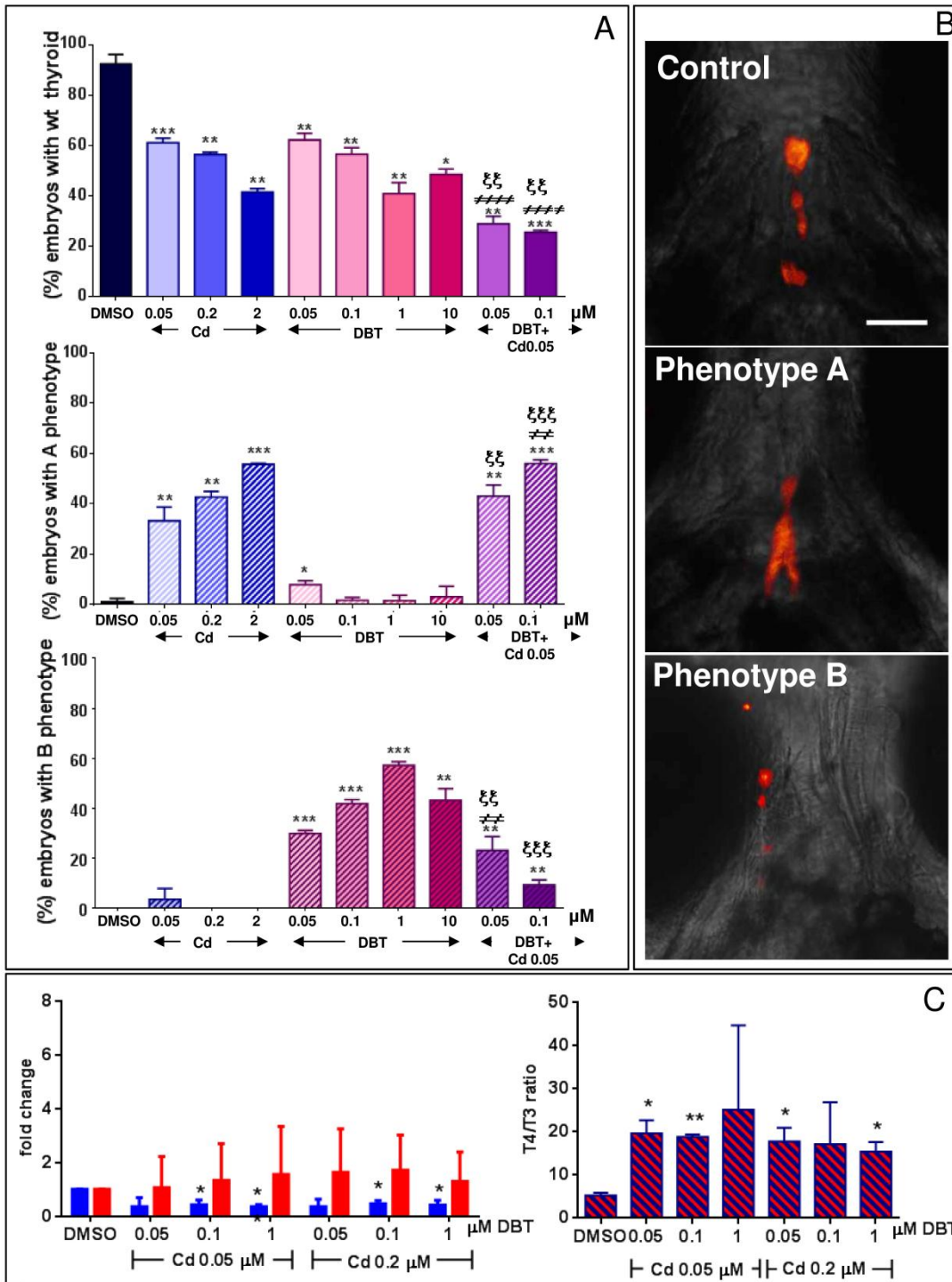
303 As first assessment of specific thyroid toxicity, we next focused on thyroid morphology
 304 alterations. To morphologically analyze thyroid development after Cd or/and DBT
 305 exposure, we exploited the transgenic zebrafish line *Tg(tg:mCherry)*, in which thyroid-
 306 specific expression of a membrane version of mCherry reporter gene allows live imaging
 307 of thyroid development {Opitz, 2012 #9}.

308 Following a single treatment, live imaging of embryos raised in the presence of Cd and
 309 DBT revealed that both toxicants affected the early stages of thyroid development even at
 310 the lowest concentrations and with a dose-dependent effect (Fig. 2). However two different
 311 phenotypes were induced by the two toxicants: in Cd treatments thyroid follicular cell
 312 populations lost spatial definition both in number and size and could appear partially fused
 313 (phenotype A, Fig. 2A, middle). DBT exposure resulted essentially in thyroid size reduction
 314 with a higher distance among thyroid follicular cell populations along the anteroposterior
 315 axis (phenotype B, Fig. 2A bottom). Co-exposure further reduced the number of embryos
 316 with normal thyroid development with grossly additive effect (Fig. 2A, top). However a
 317 more careful observation of the two different phenotype trends suggests a synergistic
 318 increase of phenotype A and a synergistic decrease of phenotype B in the mixtures. This
 319 effect becomes more evident with the increase of DBT concentrations (Fig. 2 middle and
 320 bottom). Overall these data indicate that Cd and DBT affect thyroid development,

321 suggesting different mechanisms of action which can mutually influence each other when
322 mixture are utilized.

323 As a second endpoint of thyroid toxicity, we assessed the total triiodothyronine (T3) and
324 thyroxine (T4) levels, using HPLC-MS-MS. Several different clutches and treatments were
325 collected and analyzed. T3 and T4 values obtained for untreated embryos were
326 respectively 0,4 and 6 pg/larvae, in line with already reported values {Chen, 2018
327 #28;Walter, 2019 #32}. Quantification results in embryos exposed to single pollutants were
328 more variable, although a general trend for T3 decrease was observed. However, co-
329 exposure, even at the lower concentrations, consistently caused a significant increase of
330 T4/T3 ratio, suggesting an alteration of TH production (Fig. 2C).

331



332

333 **Figure 2. Cd and/or DBT exposure cause alterations of thyroid development and activity. A)**

334 Quantification of thyroid defects induced by exposure or by co-exposure to increasing concentrations of DBT

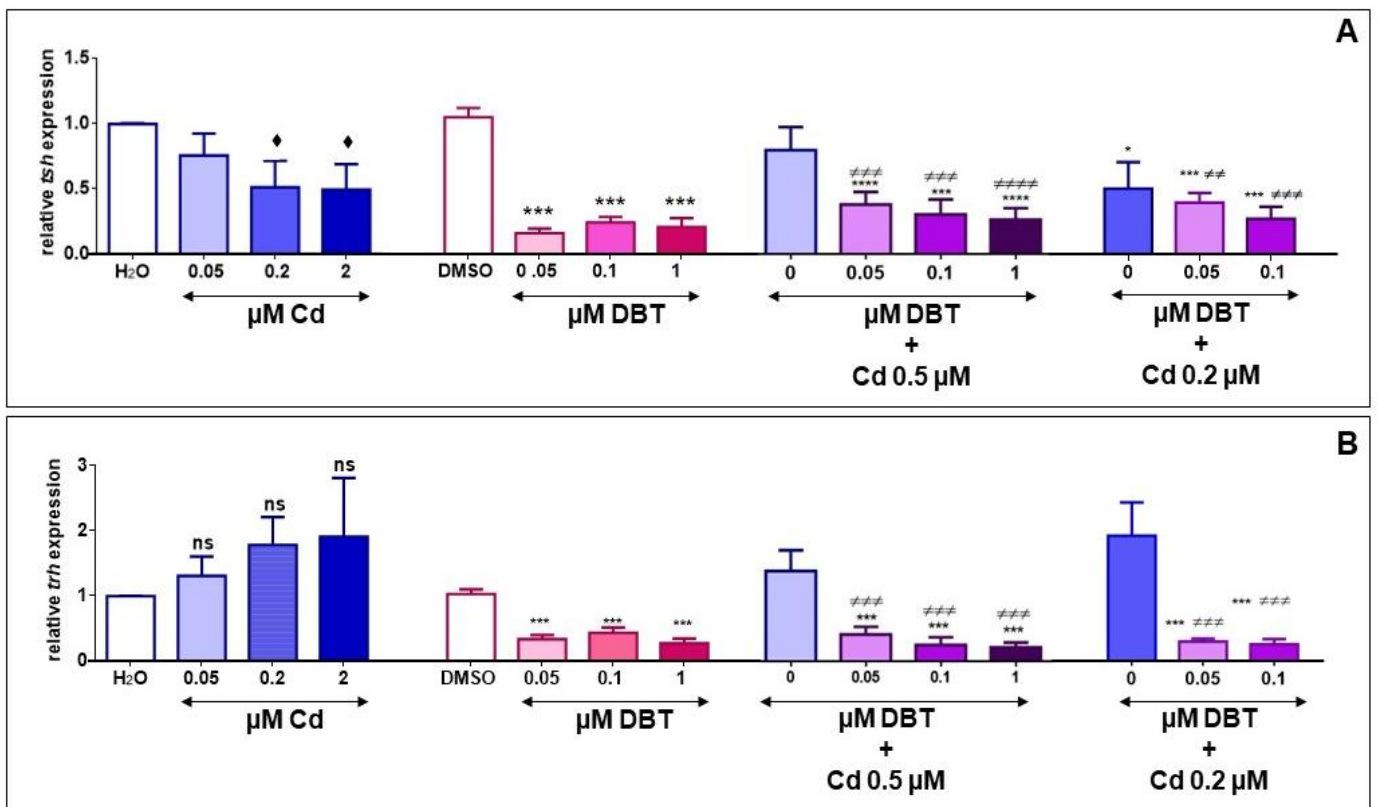
335 and Cd in 5dpf embryos. ≥ 30 embryos for each treated group were analyzed B) Fluorescence images of336 5dpf *Tg(tg:mcherry)* embryos showing representative examples of thyroid defects. Chi square test * $P < 0.05$ 337 ** $P < 0.01$ *** $P < 0.001$ **** $P < 0.0001$ vs DMSO. ## $P < 0.01$ #### $P < 0.0001$ vs Cd 0,05 μM. ξξ $P < 0.01$ ξξξξ338 $P < 0.001$ of DBT+Cd versus DBT only . Scale bar 50 μm C) 5dpf zebrafish wild type AB embryos of different

339 clutches and from different treatments were collected and processed as described in methods. Mass

340 spectrometry analysis were performed to quantify the pg of total T3 and T4 hormones per embryos after the
 341 different treatments. Two mass spectrometry analysis on pools of three different treatments were performed.
 342 T3 and T4 values are reported as fold changes relative to the quantifications obtained from embryos
 343 exposed to the vehicle DMSO. * P<0.05, ** P<0.01 vs DMSO. WT: wild type-like morphology.
 344

345 3.3 DBT and Cd differentially affect the HPT axes

346 The observed alterations of the thyroid gland morphology and TH levels prompted us to
 347 analyze the expression of HPTA key hormones: i) the thyroid-stimulating hormone (*tsh*),
 348 an essential regulator of thyroid differentiation, growth and function {Ortiga-Carvalho, 2016
 349 #13} and ii) the thyrotropin-releasing hormone (*trh*), the main positive regulator of Tsh
 350 synthesis (Ortiga-Carvalho et al., 2016).



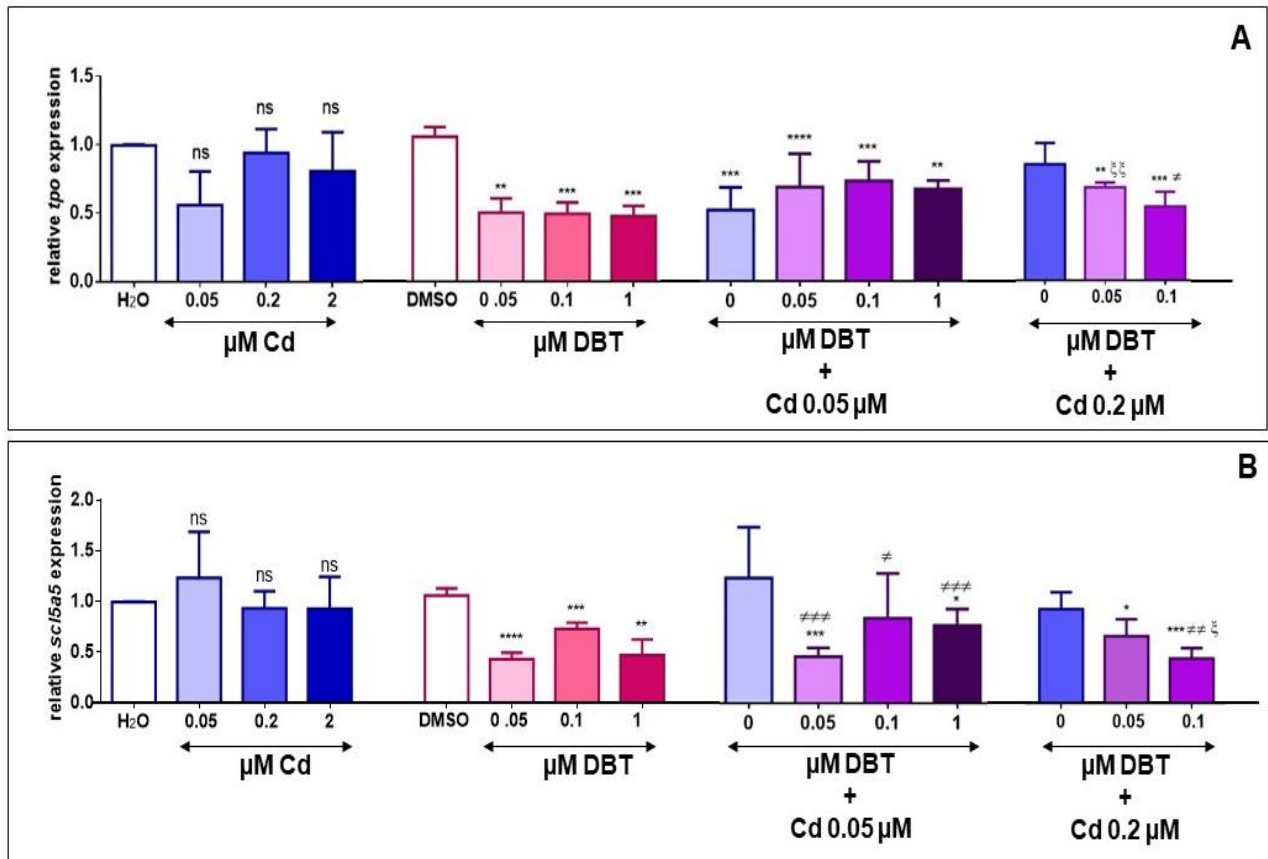
351
 352 **Figure 3. Impact of Cd and/or DBT exposure on the expression of key genes of hypothalamus**
 353 **pituitary axis.** Relative mRNA expression levels of *tsh* (A) and *trh* (B) in 5dpf embryos exposed to
 354 increasing concentrations of Cd (left) DBT (center) and mixtures of them (right). ♦ P versus H₂O, * P versus
 355 DMSO, † P of DBT+Cd versus Cd and ‡ P of DBT+Cd versus DBT only.
 356

357 Exposure to both toxicants significantly repressed *tsh* expression as quantified by Q-RT
358 PCR analysis (Fig. 3A). The impact of DBT was particularly severe even at the lowest
359 concentrations and without a dose-dependent effect (Fig.3A middle panel). Although Cd
360 alone affected *tsh* expression, the presence of Cd was not able to further significantly
361 decrease the *tsh* levels in DBT exposed embryos(Fig. 3A). Besides the reduced *tsh*
362 expression level, DBT exposed embryos showed decreased expression of *trh*. *Trh levels*
363 *were not significantly modified by increasing concentration of Cd both in control or DBT*
364 *exposed embryos*. Collectively, the observed alterations induced by DBT suggest a down-
365 regulation of the HPTA, which is in line with the raised T4/T3 levels. In contrast, Cd
366 exposure did not significantly affect *trh* levels nor significantly modified the DBT toxicity
367 (Fig.3B), thus prompting for minimal impact of this toxicant when the HPTA signaling is
368 concerned.

369 Since inflammation is one of the possible causes of *trh/tsh* alterations (Ortiga-Carvalho et
370 al., 2016), we then evaluated the expression of tumor necrosis factor alpha (*tnf- α*),
371 interleukins (IL)*IL-1* and *IL-6* inflammation markers by Q-RT PCR in embryos exposed to
372 all the different toxicant combinations. Exposed embryos did not show any significant
373 changes in the expression of all these markers compared to those not exposed (not
374 shown) suggesting that inflammation does not contribute to the observed hormonal
375 changes at such concentrations of treatments.

376 To assess the contribution of aberrant thyroid gland production to the observed alterations
377 in TH levels, we next analyzed the aftermaths of Cd and DBT exposure on two Tsh-
378 regulated key proteins involved in TH biosynthesis: i) the sodium iodine symporter
379 (*sc/5a5*), which primarily transports iodide in the thyroid gland and ii) the thyroperoxidase
380 (*tpo*), which catalyzes the addition of iodine to thyroglobulin. *Tpo* and *sc/5a5* showed a
381 similar trend to that of *tsh*, with a significant inhibition in the presence of all the DBT
382 concentrations, a low or absent sensitivity to Cd exposure and a dosage-dependent down-

383 regulation in embryos co-exposed to increasing DBT concentrations and 0,2 μM Cd
 384 (Fig.4A,B). Overall, these findings indicate a depression of thyroid function, especially by
 385 DBT.



386
 387 **Figure 4. Impact of Cd and/or DBT exposure on the expression of thyroid hormone biosynthesis**
 388 **genes.** Relative mRNA expression levels of *tpo* (A) and *scl5a5* (B) in 5dpf embryos exposed to increasing
 389 concentrations of Cd (left) DBT (center) and mixtures of them (right). ♦ P versus H₂O, * P versus DMSO, ≠ P
 390 of DBT+Cd versus Cd only and ξ P of DBT+Cd versus DBT only.

391

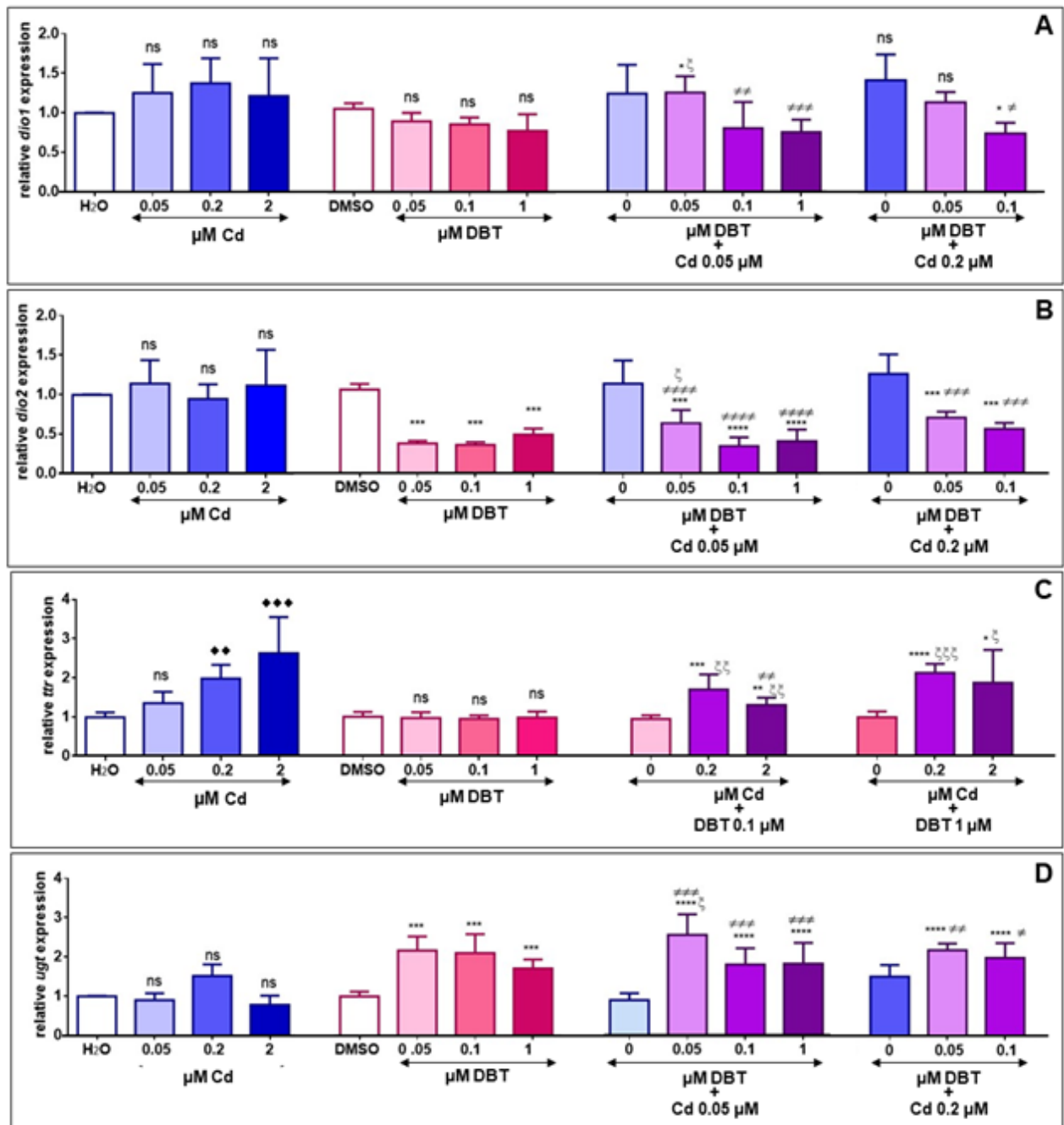
392 3.4 DBT and Cd differentially affect TH peripheral disposal and THR expression

393

394 Then we focused on crucial players of thyroid hormone peripheral metabolism and
 395 transport such as: i) deiodinases (*dios*), which mediate either the activation or inactivation
 396 of T₄ leading to T₃ or rT₃, respectively, ii) uridine-5'-diphosphate-glucuronosyl
 397 transferases (*ugt*), which can impact TH homeostasis facilitating their biliary excretion

398 {Ritter, 1992 #136} and iii) the transthyretin (*ttr*), an important TH carrier (the main TH
399 carrier in mammals, the thyroid-binding globulin protein, is absent in fish) but also a
400 regulator of TH solubility and half-life in plasma. In particular, we tested the expression of
401 *dio1*, the hepatic isoform, and *dio2* that is the isoform responsible for the intracellular
402 production of T3. As shown in Fig. 5A, we detected a slight decrease of *dio1* only after co-
403 exposure to 0.1 μM DBT and 0.2 μM Cd, while DBT but not Cd strongly inhibited *dio2*
404 expression (Fig. 5B). The *ugt* expression was affected exclusively by DBT that significantly

405 stimulated *ugt* expression even at even at lower concentrations (0.05 and 0.1 μM , Fig. 5C).



406

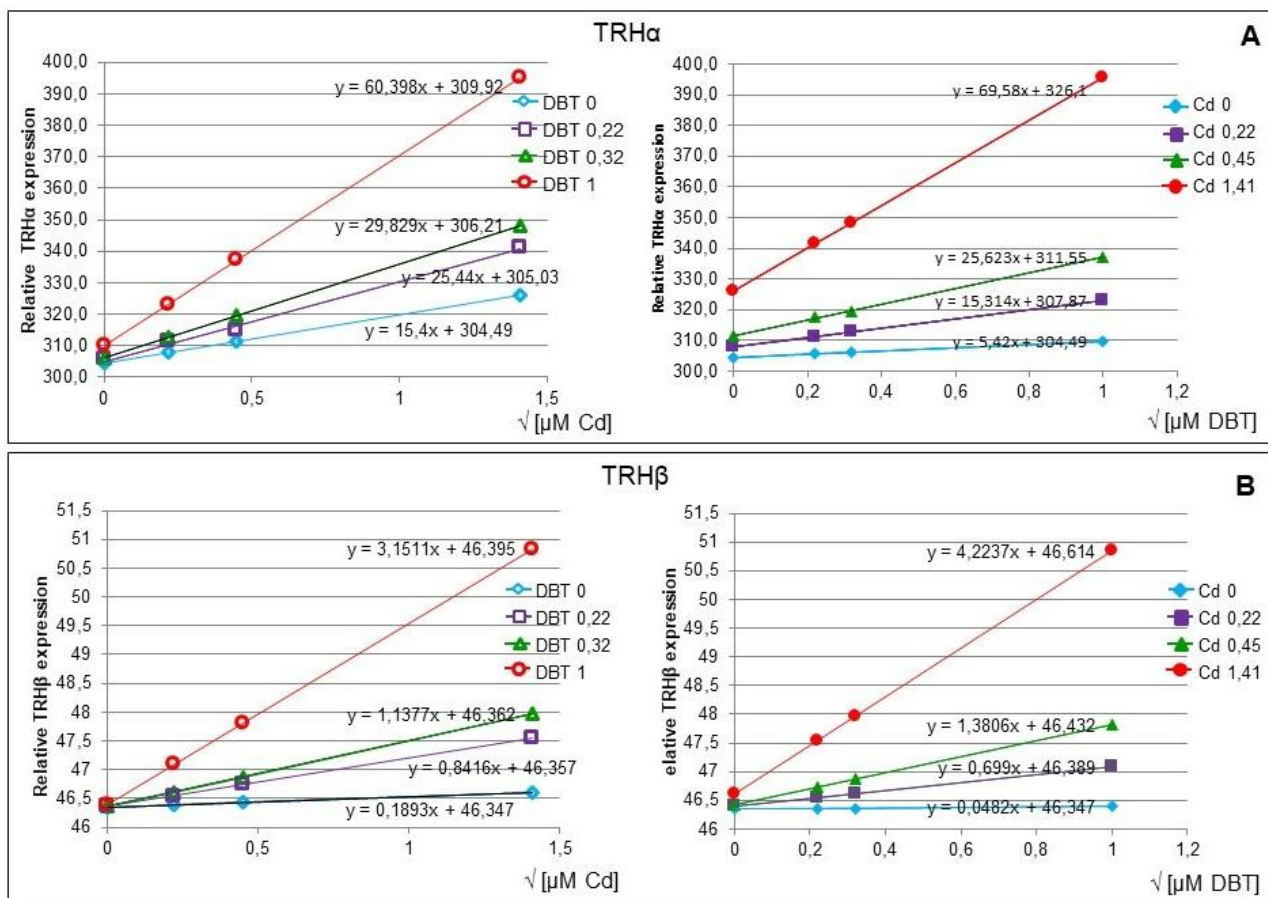
407 **Figure 5. Effects of Cd and/or DBT exposure on the expression of thyroid hormone peripheral**
 408 **metabolism genes.** Relative mRNA expression levels of *dio1* (A), *dio2* (B), *ugt* (C) and *ttr* (D) in 5dpf
 409 embryos exposed to increasing concentrations of Cd (left) DBT (center) and mixtures of them (right). ♦P
 410 versus H₂O, * P versus DMSO, #P of DBT+Cd versus Cd only, and ξ P of DBT+Cd versus DBT only.

411

412 These data confirm the high impact of DBT on the overall HPTA signaling and on the
 413 peripheral disposal of THs. Importantly, the reduction in *dio2* expression may account, at

414 least partially, for the observed rise in T4/T3 ratio. Conversely, *ttr* expression was
 415 increased by Cd but not DBT (Fig.5D), suggesting a differential impact of the two toxicants
 416 on different processes of TH system biology.

417 Lastly, we analyzed the expression of THR α , the nuclear transcription factors required for
 418 T3-dependent regulation of gene expression. Unlike all the other genes analyzed, THR
 419 expression exhibited a positive linear correlation with increasing toxicant concentrations
 420 (Fig.6 and figure S2). Cd individually was able to cause a significant dose-dependent
 421 increase of THR α expression level (main effect: $p < 0.05$) and, to a lesser extent, of THR β
 422 expression levels (main effect: $p < 0.05$) (Fig.6 turquoise lines). The univariate analysis
 423 excluded a main driver effect of DBT on THR α expression ratio (main effect: not
 424 significant), however a strong synergistic and dose-dependent effect on both receptors
 425 was highlighted after DBT and Cd co-exposure (Cd*DBT interaction effect: $p < 0.0001$).



426

427 **Figure 6 Positive linear regression between Cd and/or DBT exposure and THR α and β expression.**
428 Relative mRNA expression levels of THR α (A) and β (B) in 5dpf embryos exposed to increasing
429 concentrations of Cd and DBT alone and mixtures of both toxicants. As assessed by univariate analysis, the
430 data were well fitted by a linear model in which Cd as single pollutant increased gene expression of both
431 receptors (Cd main effect: $p < 0.05$) (turquoise lines). Also, a highly significant interaction of the two pollutants
432 was observed (Cd*DBT interaction effect: $p < 0.0001$), indicating a strong synergistic action. A square root
433 transformation of the Cd and DBT concentration were used. In panel A, main effect Cd $P < 0,05$ and DBT
434 $P = 0,06$, not significant; interaction effect $P < 0,001$. In panel B, main effect Cd $P < 0,05$ and DBT $P = 0,3$, not
435 significant; interaction effect $P < 0,001$.

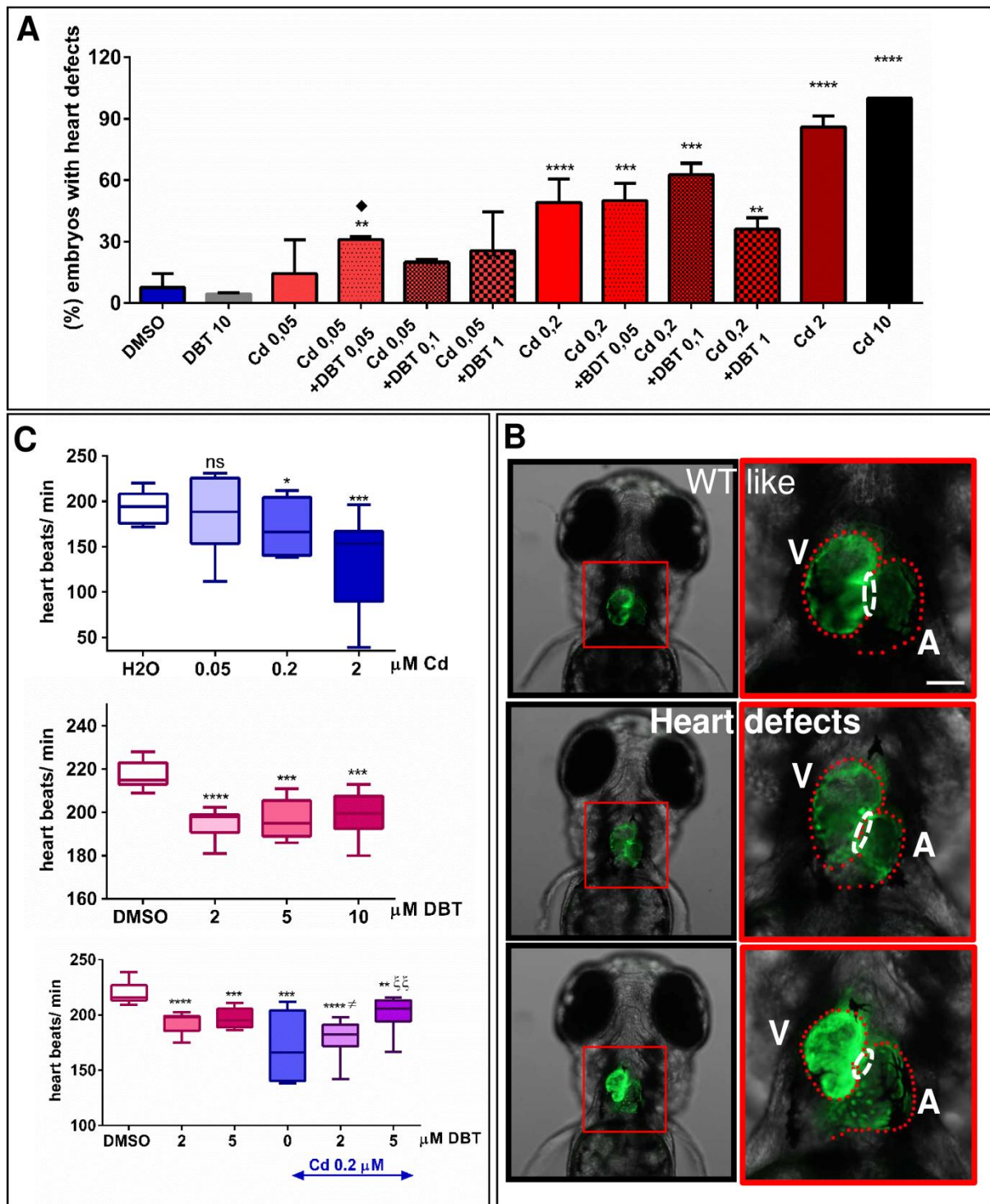
436

437 These data strongly support a strong impact of Cd as single contaminants and of both
438 pollutants in combined exposure, on the expression of these two members of the nuclear
439 receptor superfamily.

440

441 *3.5 DBT and Cd adversely impact heart development and function*

442 Next, we investigated the effect of toxicant exposure on cardiac development since
 443 aberrant cardiovascular development has been associated to thyroid dysgenesis in



444

445 **Figure 7. Effects of Cd and/or DBT exposure on embryo cardiac morphology and function.** A)
 446 Quantification of cardiac defects induced by exposure to increasing concentrations of DBT and Cd and their
 447 mixtures. All values reported were the mean of 3 independent experiments. ≥ 50 embryos for each treated
 448 group were analyzed. B) Fluorescence images of 72 hpf *Tg(MyI7:EGFP)* embryos showing representative

449 examples of mild heart defect. Red dotted lines mark heart contours and white dotted line outline the
450 orientation of the atrio-ventricular valve. Scale bar 50 μ M. C) Quantification of heart beats/min in 5dpf
451 embryos exposed to Cd, DBT or mixtures of them. * *P* versus DMSO, ξ *P* versus Cd 0.2 and $\neq P$ versus DBT
452 at the corresponding dosages.

453

454 zebrafish {Opitz, 2015#140;Marelli, 2017 #146} and, conversely, THs are important for
455 maturation of several organ systems, including the heart {Chattergoon, 2019
456 #143;Chattergoon, 2019 #145}. Transgenic line *Tg(Myl7:eGFP)*, in which cardiomyocytes
457 express EGFP{Huang, 2003 #133}, was used for *in vivo* analysis of heart development in
458 control and treated embryos. Live imaging of 72hpf embryos revealed the emergence of a
459 significant number of cardiac defects in embryos exposed to Cd while DBT treatment did
460 not cause any cardiac morphological alteration even at high dosages (Fig.7A). Exposure to
461 0,05 to 0,2 μ M Cd concentrations determined a dose-dependent increase in mild cardiac
462 defects, especially looping defects (Fig.7A,B). More severe defects such as alteration of
463 ballooning, shape or size of chambers (Fig. S3) were always associated to extracardiac
464 morphological embryo alterations suggesting that more general non-cardiac specific
465 developmental molecular pathways may be affected by Cd toxicant. The addition of DBT
466 to low Cd concentrations did not lead to a any further deterioration on heart development
467 with the exception of an additional modest impact on cardiac ballooning (Fig.7 A,B). The
468 analysis of the heartbeat frequency in 5dpf embryos showed that the progressive cardiac
469 morphological alterations observed following Cd exposure were concomitant with a
470 progressive decrease of the heartbeat frequency (Fig. 7C, up). Interestingly, although not
471 affecting the cardiac morphology, DBT exposure induced a decrease of heartbeats/min at
472 2 and 5 μ M (Fig. 7B, middle), while at 10 μ M DBT we also observed cases of arrhythmias
473 with occasional 2:1 AV block (not presented). These outcomes are suggestive of a
474 condition of tissue hypothyroidism, which is consistent with the altered thyroid metabolism,

475 decreased *dio2* activity and reduced T3 levels. In co-exposed embryos, the presence of
476 DBT seemed to slightly antagonize this effect (Fig. 7B, bottom).

477

478 **4. Discussion**

479

480 The current study point to show that in zebrafish DBT, Cd, synergistically impact zebrafish
481 development and specifically thyroid development and metabolism. Zebrafish
482 embryo/larval stages have been previously utilized to study the toxicity of different
483 members of PAHs and, in particular, of the three ring DBT. DBT was generally used at
484 concentrations that showed a strong impact on embryo morphology, causing several
485 malformations such as serious dorsal curvature of the trunk and tail, and reduction of the
486 head and cardiac edema. Our study starts from the observation that much lower DBT
487 concentrations, which grossly preserve embryo body integrity, are nevertheless able
488 {Walter, 2019, Marelli, 2017, Kim, 2016; Brar, 2010; Geier, 2018} impact on zebrafish
489 morphology significantly increasing the toxicity of Cd in co-exposure experiments. We
490 investigated the effects of Cd on zebrafish morphology in a range (0.05-10 μ M) that can be
491 considered in the low range of concentrations reported for zebrafish studies. Curved body
492 axis and reduced or absent swimm bladder inflation, exploited as developmental toxicity
493 markers, were significantly affected by Cd as single toxicant only at concentrations higher
494 than 0.2 μ M. However the sensitivity threshold dramatically drop off in the presence of
495 DBT showing a clear synergistic effect. It is worth noting that synergism osserved for these
496 developmental toxicological endpoints do not mean common mechanisms of toxicity
497 because largely different molecular signaling events are underlying these effects. Indeed
498 development is a particularly susceptible period dependent from a highly coordinated and
499 regulated network of transcription and signaling events. These endpoints therefore have

500 the advantage to be particularly efficient and sensitive hazard discovery biosensors, but
501 have the limits of a low specificity . {Buha, 2018 }

502 Our data show that Zebrafish embryos are particularly sensitive to Cd that causes skin
503 alteration even at 0,05 μM dosage and induces 50% of curved embryos at 2 μM
504 concentration. Worth noting, the lowest DBT tested concentration with no impact on
505 embryo development, significantly increases the Cd impact on embryo morphology,
506 revealing a adverse synergistic effect of these contaminants on embryo development.

507
508 Moreover our study show that DBT concentrations not affecting structural embryo
509 development induce a significant increase in thyroid malformations as highlighted using
510 the *Tg(tg:mcherry)* transgenic line. This result indicates that zebrafish, in the
511 developmental window analyzed, can be particularly susceptible to TH-disrupting
512 contaminants, as previously suggested {Walter, 2019 #150}. The lack of embryo
513 malformations in the presence of thyroid alterations, which are known to affect Zebrafish
514 development {Marelli, 2017 #151}, is only an apparent contradiction. During the first three
515 days of zebrafish development (sufficient for the development of most organs), the embryo
516 depends on the maternal THs stored in the yolk sac since thyroid gland is not yet formed.
517 For this reason, during the first days of development thyroid alterations might have less
518 impact on the overall embryo development. Cd exposure is also able to impact thyroid in
519 zebrafish embryos, but several line of evidences suggest that the two pollutants can act
520 through different mechanisms.

521 In vivo analysis show that different phenotypes are induced in a dose-dependent way by
522 Cd and DBT exposure. The follicular-like thyroid structures appeared heavily deformed
523 and often fused in Cd treated embryos (A phenotype) while DBT exposure resulted
524 essentially in size reduction and higher dispersion along the vertical embryo axes of the
525 follicular structure (B phenotype). Although the effects for combined exposure are

526 numerically additive, the progressive increase of A phenotype and the decrease of B
527 phenotype observed with the increasing of DBT in the presence of Cd, suggests some
528 interactions between the two disrupting pathways which foster the system toward the more
529 severe phenotype.

530 Also the analysis by QRT-PCR of several enzymes of the HPT axis show different effects
531 onsequent to Cd or DBT exposure. similar result was also observed at the morphological
532 level on thyroid development.

533 In line with thyroid morphological alterations, both pollutants caused a significant decrease
534 of *tsh* expression, which is generally used as marker to indicate whether environmental
535 contaminants give rise to thyroid dysfunction {Zhai, 2014}. The impact of DBT on *tsh* and
536 *trh*, weas high even at the lowest tested concentration. On the contrary Cd and not
537 significantly affected by the copresence of Cd. We also tested other genes of HPTA such
538 as *tpo* or *sclc5a5* that showed a similar trend as *tsh*: significant down-regulation by DBT
539 exposure, low or no effect after Cd exposure and a progressive decrease in expression at
540 increasing concentrations of DBT in the presence of Cd. An opposite trend was found for
541 *ttr* that seems positively affected only by Cd exposure. {Buha, 2018}

542 In fish also, HPTA regulates the concentration of THs that in turn exerts a negative
543 feedback control not only on the pituitary, but also on the hypothalamus, inhibiting TRH
544 secretion. Our study revealed that co-exposure to DBT and Cd in different dosage
545 combinations caused an alteration of T4/T3 ratio confirming an impact of these pollutants
546 on THs homeostasis. A significant decrease of global T3 level was observed in exposed
547 embryos, while for T4 only a trend to increase was detectable due to a variability of the
548 absolute hormone levels quantified in different experiments. The decrease in the
549 transcription of *dio2*, the main player in the conversion of T4 to T3 (Ortiga-Carvalho et
550 al.,2016), might be one of the causes of the observed T3 reduction. DBT but not Cd
551 represses *dio2* expression and a progressive reduction of this enzyme was observed also

552 in embryos exposed to increasing DBT concentrations in the presence of Cd. Conversely,
553 neither Cd nor DBT impact *dio1* expression and exclusively the co-exposure to both
554 toxicants produced a weak but significant decrease.

555 Our THs quantification does not allow to discriminate between bound and free hormones.
556 Free and bound THs might have different concentrations and this may be one possible
557 explanation for the observed low levels of *trh* and *tsh* in presence of low T3. Moreover,
558 both Cd and DBT are known to adversely affect neurodevelopment {Ciesielski, 2012;
559 Sarma, 2017; Wang, 2016}, therefore this aspect could interfere with the neuronal control
560 of HPTA.

561 Alterations of HPTA have been observed during inflammatory diseases. In addition,
562 injection of cytokines such as IL-1 and IL-6 and TNF- α in animal models has been reported
563 to decrease TSH. Although both Cd and DBT have been shown to induce inflammatory
564 response, {Alshaarawy, 2013; Yang, 2016; Olszowski, 2012} we did not detect any
565 increase in IL-1 and IL-6 nor in TNF- α in any of the experimental group of treated embryos
566 compared to controls, probably because of the low dosages used.

567 Several of the genes we investigated exhibit non-linear responses to toxicant exposures.
568 Dose-dependent frequency of embryo malformations and non-linear responses of some
569 genes of thyroid patterns have been already described, for example, in Chinese toad
570 (*Bufo gargarizans*) {Wu, 2017}. Several reports indicate non-linear responses after both Cd
571 and DBT exposure and imply also hormetic phenomena. In our study, the impact on the
572 expression of some thyroid genes caused by the exposure to increasing DBT
573 concentrations, did not significantly change from the low to the high dosages we tested. A
574 dose-dependence was more frequently identifiable in co-exposure experiments. Although
575 we did not explore a wide range of dosages, these trends are difficult to explain. {Buha,
576 2018}.

577 A different trend was shown by the two genes codifying for THs receptors, *thra* and *thrβ*. A
578 positive linear relationship was observed between the expression of *thra* and *thrβ* and
579 exposure to Cd. In addition, our analysis revealed a significant interaction of the two
580 toxicants with regard to the expression of both receptors. THRs are the crucial mediators
581 of THs activity. Therefore, the alterations of these receptors, which are responsible for
582 sensing not only THs but also many other molecules, could interfere with the homeostasis
583 and metabolism of the organism.

584 In zebrafish, repression of *thr* expression in thyroid receptor-morPAHnts has been shown
585 to recapitulate the clinical features of RTH α or RTH β patients {Marelli, 2016}. These
586 findings, together with the observation that zebrafish and human THRs are functionally
587 interchangeable, support a crucial role of THRs also in zebrafish. THRs are pivotal
588 regulators of gene expression and exert their activity by binding to TR responsive element
589 within targeting genes and recruiting co-activator or co-repressor chromatin remodeling
590 complexes. Interestingly, THRs are engaged on chromatin DNA not only in their TH ligated
591 form but also as ligand-independent form. The presence or the absence of the hormones
592 can induce THRs to recruit alternatively activating promoter complexes or transcriptional
593 corepressors in a highly dynamic process. Therefore, altered levels of THs and/or THRs,
594 by affecting the ratio between ligated and unligated receptor forms, are expected to deeply
595 impact global gene expression and function of tissues where the receptors are highly
596 expressed.

597 Accordingly, in spite of increased THR expression, we found alterations of cardiac function
598 that are indicative of tissue hypothyroidism. These results are consistent with the notion
599 that unligated THRs act as transcriptional repressors of several T3-dependent cardiac
600 genes involved in regulating the frequency, force and speed of heart contraction {Forini,
601 2019}.

602 In conclusion, our study highlights a synergic effect on thyroid metabolism between two
603 environmental endocrine disruptors that epidemiological studies have shown to be
604 significantly correlated, DBT and Cd. The synergism is detectable even at low dosages of
605 Cd and DBT and particular evident at the level of THR modulation. Due to the pervasive
606 activity that THRs have in the control of numerous biological activities, this result, obtained
607 in the zebrafish model, if confirmed in higher vertebrates by further studies, could be of
608 great translational relevance.

609

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618

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