

Graceful exit from inflation to radiation era with rapidly decreasing agegraphic potentials

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Abstract

We present a class of models where both the primordial inflation and the late times de Sitter phase are driven by simple phenomenological agegraphic potentials. In this context, a possible new scenario for a smooth exit from inflation to the radiation era is discussed by resorting the kination (stiff) era but without the inefficient radiation production mechanism of these models. This is done by considering rapidly decreasing expressions for $V(t)$ soon after inflation. We show that the parameters of our models can reproduce the scalar spectral parameter n_s predicted by Planck data in particular for models with concave potentials. Finally, according to the recent BICEP2 data, all our models allow a huge amount of primordial gravitational waves.

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1 Introduction

Many experimental observations during the past decade (see [1, 2, 3]) are in agreement with the hypothesis of a present day accelerating universe.

In the standard Λ CDM cosmological model, an accelerating universe scenario invokes the presence of the so-called dark energy expressed in terms of a cosmological constant Λ representing about 70% of the present universe matter-energy. However, the physical origin of this constant is still obscure. Moreover, the physical mechanism leading to a small Λ that begins to dominate only recently still remains mysterious. In view of the fact that a cosmological constant is the most simple solution of the Klein-Gordon equation for a scalar field ϕ , it seemed reasonable to consider a time-varying field, named quintessence field, to describe a running cosmological constant driven by some potential $V(\phi)$ (see for example [4, 5, 6, 7]). This quintessence field produces a late times cosmological constant by means of a mechanism very closed to the one leading to primordial inflation. i.e. a slowly rolling scalar field (see for example [8, 9, 10]). These models admit a tracker solution which partially alleviates the coincidence problem. An unsolved problem in these models is fine-tuning, i.e the fact that the energy density for Λ is so small compared to typical particle physics scales. Moreover, it is unclear how to obtain a smooth transition, after the inflationary epoch, to the radiation era, since the typical density of quintessence field is at least two orders smaller than the background density. Only in recent times the quintessence field should begin to dominate and thus mimic a cosmological constant. As a result, what is practically absent in the literature of modern cosmology is an unified view in which a smooth transition from the inflationary epoch to the radiation era up to dark energy era is obtained. An interesting alternative proposal to alleviate this lack is to link primordial inflation to dark energy. Initially [11, 12, 13], this has been considered in the context of anthropic selection effects. More recently, in [14] it was shown that primordial quantum fluctuations of an almost massless scalar field during the primordial inflation could explain the present quasi-de Sitter phase. Another interesting paper along this line is [15]. Here, the actual accelerating phase is obtained from primordial inflation by using the renormalization group equation to obtain the rate of change of the density of the vacuum energy as dictated by the usual approach of quantum field theory in curved spacetimes. The model also predicts a transition to the radiation era. However, a description in terms of an effective action together with the dynamics of ϕ is still missing. In this paper, we follow this interesting line of research, but use a different approach. In particular, we attempt to obtain a unified description of the whole history of the universe starting from the inflationary epoch by means of phenomenological potentials, but initially expressed in term of the cosmic time t . In particular, we are interested in possible alternative mechanisms allowing a graceful exit from inflation together with a transition to the radi-

ation era. This paper is organized as follows. In section 2 we write down the relevant equations together with a presentation of our approach. In section 3 we study a particular model leading to the inflationary epoch. In section 4 we analyze the problem of a smooth exit from the inflation, while in section 5 we study the universal tracker de Sitter solution of our models. In section 6 we study the dynamics of our model. In section 7 we analyze our models in light of Planck data and present a study for a more general class of potentials allowing concave potentials. In section 8 we study the possibility to introduce a running cosmological constant. Finally, section 9 is devoted to some conclusions.

2 Preliminaries

To start with, we consider the line element appropriate for a Friedmann cosmology with constant spatial curvature k :

$$ds^2 = -c^2 dt^2 + a^2(t) \frac{dr^2}{(1 - kr^2)} + a^2(t) d\Omega^2. \quad (1)$$

The relevant Einstein's field equations representing a cosmological perfect fluid with pressure $p(t)$ and energy density $\rho(t)$ together with an homogeneous and isotropic scalar field ϕ with pressure p_ϕ and energy density ρ_ϕ and with a potential $V(\phi)$ are:

$$\frac{a_{,t}^2}{a^2} + k \frac{c^2}{a^2} = \frac{8}{3} \pi G (\rho + \rho_\phi), \quad (2)$$

$$\frac{a_{,t,t}}{a} = -\frac{4\pi G}{3c^2} [c^2 \rho + 3p + c^2 \rho_\phi + 3p_\phi], \quad (3)$$

$$\frac{\phi_{,t,t}}{c^2} + 3H \frac{\phi_{,t}}{c^2} + \frac{dV}{d\phi} = 0, \quad (4)$$

$$\rho_\phi = \frac{\phi_{,t}^2}{2c^4} + \frac{V(\phi)}{c^2}, \quad p_\phi = \frac{\phi_{,t}^2}{2c^2} - V(\phi). \quad (5)$$

In the usual approach to describe inflation one introduces a simple expression for $V(\phi)$. The most popular expression driving an inflationary primordial era is $V(\phi) \sim \frac{1}{2} m^2 \phi^2$, though such potential is practically ruled out by the recent Planck data [16]. However, the very recent BICEP2 data [17] are in tension with Planck one concerning the value of the index r measuring the primordial B-mode polarization (see section 6).

In any case, irrespective of the potential used, the mechanism driving the

exit from inflation up to the formation of usual matter is not yet well established. To this purpose, we take a different point of view by introducing 'phenomenological' potentials in terms of the cosmic time t , i.e. agegraphic potentials. Also in [18] the authors consider particular expressions for $V(t)$ arising from a variational equation for the potential $\phi(t)$ leading to a particular form for $a(t)$. In particular, the expressions for $V(t)$ in [18] allowing a transition to the usual Friedmann regime are the ones with $V(t) \sim 1/t^2$. However, the transition occurs when $t \rightarrow \infty$, so it is not clear as to obtain a rapid transition in order to be in agreement with nucleosynthesis. As a result, we need of an expression for $V(t)$ quickly decaying after inflation. Moreover, the potential $V(t)$ in order to satisfy Planck constraints must be nearly flat during inflation. The aim of this paper is to explore explicit expressions for $V(t)$ that are in agreement with Planck and BICEP2 data allowing a graceful exit from inflation to the radiation era without invoking the usual reheating mechanism with an oscillating scalar field and avoiding the inefficient particle creation due to the gravitational field. Our approach does not belong to the mainstream of the cosmological models, where a physically motivated potential $V(\phi)$ is introduced. However, we point out that by considering the potential $V(t)$ in terms of the cosmic time permit us to follow directly the chronology of the universe. Often in the literature the transition to the radiation dominated era is obtained asymptotically and it is not clear how to obtain a transition to the radiation era just before nucleosynthesis. Moreover, the recent Bicep2 experiment indicates that the inflation with a single scalar field is again well posed but also that, thanks to the high running spectral index, the inflation can be well depicted by an effective expression of $V(t(\phi))$ that is not fixed in terms of ϕ . As an example, at the beginning of the inflation, we can have an effective potential $V(\phi) \sim \phi$, i.e. the starting of the inflation is related to the axion monodromy potential, but after the de Sitter inflationary expansion we can have $V(\phi) \sim \phi^4$. Once a suitable expression for $V(t)$ is obtained, we can reconstruct the usual expression $V(\phi)$ in the different cosmological epochs. As we will show in this paper, a rapidly decreasing potential $V(t)$ allows a negligible fraction of radiation present soon after the inflation to dominate the universe. For this purpose, we are interested in expressions for $V(t)$ that are quickly decreasing soon after inflation. We set the potentials

$$V(t) = k_\phi + I_\phi e^{-\frac{(t+kT)^n}{T^n}}, n \geq 1 \quad (6)$$

where k_ϕ, I_ϕ, T, k are constant parameters with n a positive integer and $k \geq 0$ of the order of unity or less. The form of the potential is not at all arbitrary:

it must be chosen so that Planck constraints are satisfied, is nearly flat during the primordial inflationary era and with a fast decaying after inflation. The constant k_ϕ will be the future cosmological constant. Moreover, since we start with the inflationary epoch, we neglect the curvature term. Obviously, the idea to add a negligible constant or a quintessence potential to the inflationary potential is not the novelty of this approach (see for example [19] or [20]). In practice, the dark energy can be seen as a small term k_ϕ in the classical potential $V(t(\phi))$ generated by the primordial field survived up to dark matter era.

Concerning quantum fluctuations, as shown in [14], a quantum fluctuation can be frozen by the Hubble damping after inflation and thus produce a quintessence field. In [20] a small constant relic of primordial inflation is also considered. Moreover, in [15], by using renormalization group techniques, a negligible constant correction to the vacuum energy during inflation becomes the actual cosmological constant. This shows that the idea that a small relic of early inflation becomes the actual cosmological constant is supported in the literature.

At this point, it is essential to stress that, in order to obtain physically reasonable models, we must look for monotonically decreasing expressions for ϕ in terms of t . In this way, we have a well defined expression for V in terms of ϕ , i.e. $V(\phi) = V(t(\phi))$. As a result, we can always regain the usual expression $V(\phi)$ which is important for a physical comprehension of the inflationary mechanism.

In the next sections, we motivate the choice (6) together with a more general class of potentials discussed in section 6.

3 Inflationary era

To start with, we firstly consider a particular simple class of (6) allowing simple computations:

$$V(t) = k_\phi + I_\phi e^{-\frac{t}{T}}, \quad I_\phi \gg k_\phi. \quad (7)$$

Inflation is expected to begin at early times t_i with $t_i \sim 10^{-36}$ s (in our setting $t = 0$) and end to t_e with $t_e \sim (10^{-33}, 10^{-32})$ s. We set to $t = 0$ the starting of primordial inflationary era. Moreover, we take $V_{,\phi} = V_{,t}(\phi, t)^{-1}$, that is certainly true for ϕ monotonically decreasing. In this phase, the field equations are totally dominated by the scalar potential $V(t(\phi))$.

To obtain the primordial inflationary epoch, the following usual conditions

must hold:

$$\frac{|\phi_{,t,t}|}{c^2} \ll \left\{ 3H(t) \frac{|\phi_{,t}|}{c^2}, |V_{,t}| |(\phi_{,t})^{-1}| \right\}, \quad \frac{\phi_{,t}^2}{2c^2} \ll V(t). \quad (8)$$

The parameter T is expected to be of the order of the end of the inflationary epoch t_e or greater. Hence, the following condition holds during the quasi-de Sitter inflationary phase:

$$\frac{t}{T} < 1. \quad (9)$$

Obviously, the approximation of this section will be more and more efficient provided that $t \ll T$. In this case we have with good approximation a quasi de Sitter phase. Although in this section we perform the calculation with the potential (7), similar computations hold for the more general potentials (6).

As a title of example, by setting $t/T \sim 1/10$ and $T \sim 10t_e$ during inflation, the end of the de Sitter inflationary epoch occurs when the potential is not more strictly constant and its variation is greater than 10%.

Under these assumptions, equation (4) for the potential (7) becomes:

$$\phi_{,t}^2 = \frac{c^3 I_\phi e^{-\frac{t}{T}}}{T \sqrt{24\pi G V(t)}}. \quad (10)$$

In (10) we have two possible roots. For physical purposes, we choose the one that is monotonically decreasing ($\phi_{,t} < 0$) expression for ϕ . Hence, we have a well defined expression for V in terms of ϕ , i.e. $V(\phi) = V(t(\phi))$. By means of the condition (9), after a Taylor expansion of (10) we obtain:

$$\phi = \phi_0 - At + Bt^2 + o(t^2/T^2), \quad (11)$$

$$A = \frac{\sqrt{26}^{\frac{3}{4}} c^{\frac{3}{2}} \sqrt{I_\phi}}{12 \sqrt{T \sqrt{\pi G (k_\phi + I_\phi)}}}, \quad (12)$$

$$B = \frac{\sqrt{6} (I_\phi + 2k_\phi) \sqrt{\sqrt{24}} \sqrt{I_\phi} c^{\frac{3}{2}}}{96 T (k_\phi + I_\phi) \sqrt{T \sqrt{\pi G (k_\phi + I_\phi)}}}, \quad (13)$$

where ϕ_0 is the initial value for ϕ . It is easy to see that inequalities (8) are satisfied for:

$$T \gg T_I \simeq \frac{c}{10 \sqrt{\pi G (k_\phi + I_\phi)}}. \quad (14)$$

Inequality (14) will be studied in the next section. In this way, our particular model can reproduce inflation with an Hubble flow H_I given by:

$$H_I \simeq \frac{1}{c} \sqrt{\frac{8}{3} \pi G (k_\phi + I_\phi)}. \quad (15)$$

As a consequence, inequality (14) becomes:

$$T \gg T_I \simeq \frac{\sqrt{8}}{10\sqrt{3}H_I}. \quad (16)$$

Finally, by denoting with N the e-folds number, we obtain the approximate formula:

$$t_e \geq \frac{N}{H_I}. \quad (17)$$

For the reasoning above, t_e denotes the end of the phase where H_I is practically constant. However, the accelerated expansion lasts for a few small time after t_e . Hence, to solve the flatness problem, N in (17) can be less than 60. It should be noticed that all the physical conditions above are independent of the initial value of ϕ , i.e. ϕ_0 . This is interesting since fine-tuning for ϕ_0 is avoided. Since in our approach we use a kind of inverse method, to a better understanding of the inflationary mechanism, we need to reconstruct the potential in the usual field theory form, i.e. $V(\phi)$. In the case under consideration, and also for the generalizations of section 6, what is relevant during inflation is the behaviour (11) up to the first term with respect to t , i.e. $\phi = \phi_0 - At + o(1)$. The term $\sim t^2/T^2$ is relevant for the calculation of the spectral index η_V (see section 6). After solving with respect to the cosmic time we obtain, during the initial (de Sitter) inflationary epoch, the following Taylor expansion:

$$V(\phi) = V_0 + \frac{I_\phi}{TA} (\phi - \phi_0) + o(\phi - \phi_0), \quad V_0 = k_\phi + I_\phi. \quad (18)$$

The effective part of the reconstructed potential, at the beginning of the inflation ($t \simeq 0$), the potential $V(t(\phi))$ is linear with respect to ϕ with excellent approximation. The leading term in (18) recalls the one of axion monodromy potentials but with higher order corrections. These corrections become more and more relevant when approaching the end of the inflation. In this way we have a time varying expression for V in terms of ϕ , while in the usual approach this behaviour is fixed. Moreover, as shown in this section, the initial value ϕ_0 is irrelevant for the inflationary mechanism to work. Hence we could set $\phi_0 = 0$. Otherwise, we can choose $\phi_0 = (ATV_0)/I_\phi \sim AT$ and thus we regain the usual expression for the potential in axion monodromy models for chaotic inflation at $t \simeq 0$.

4 From inflation up to recombination

Also in this section and in section 5 we use for practical computations the simple potential (7), but the conclusions also apply to the more general one (6). First of all, k_ϕ must be identified with the actual cosmological constant, i.e. $k_\phi = \Lambda c^4/(8\pi G)$. Concerning the ratio between the inflationary cosmological constant $\Lambda_I \sim I_\phi$ and the value of Λ , we are unable to reliably calculate the expected vacuum energy. In practice, only theoretical estimates of various contributions to the vacuum energy density in quantum field theory are at our disposal. From these estimations we have that $\Lambda_I/\Lambda \sim (10^{40}, 10^{120})$. Since $H_I^2 \sim I_\phi$ and $H_0^2 \simeq k_\phi \sim \Lambda$, we have $\Lambda_I/\Lambda = I_\phi/k_\phi \sim (10^{40}, 10^{120})$ and $H_I/H_0 \sim (10^{20}, 10^{60})$. Moreover, conditions (15) and (16) imply that $T \gg t_P$, being t_P the Planck time. Hence, for the ratio I_ϕ/k_ϕ the range $I_\phi/k_\phi \geq \sim 10^{100}$ seems most viable since a smaller value would imply a rather unrealistic value for T . In fact, it is expected that the scalar field ϕ drives the inflationary epoch at early times and not when radiation forms, before nucleosynthesis. In the range $I_\phi/k_\phi \geq \sim 10^{100}$, also a small time of the order of $T \sim 10^{-32}s, 10^{-31}s$ works. In practice, T can be chosen of the order of $(1, 10^2)t_e$. With these estimates, as an example, for $t \gg \sim 10^{-28}s$ we have that $V(t) = k_\phi(1 + o(1))$. This means that the potential (7) (and (6) obviously), after the time $t \sim t_e$ rapidly converges to the value k_ϕ . However, this does not imply that ϕ becomes rapidly constant, i.e. our models converge rapidly to the standard cosmological constant scenario. This happens if and only if during inflation, in addition to the conditions (8), we have $\phi_{,t}^2 \sim c^2 k_\phi$. But this situation is not interesting since we have not a way to obtain a smooth transition from inflationary era to the usual matter era in a natural simple way. The opposite condition during inflation (i.e. $\phi_{,t}^2 \gg c^2 k_\phi$, but $\ll c^2 V(t)$), is obtained for $T \ll (10^{50}, 10^{60})t_0$, with t_0 the actual age of the universe. Obviously this condition is satisfied in our case. Hence, we have a scenario such that also after the inflation ϕ is monotonically decreasing, but much less rapidly with respect to $V(t(\phi))$. As a result, after a very short transition epoch ($t \sim 10^{-28}s$ by using $T \sim 10^{-31}s$) the relevant equation for ϕ becomes:

$$\phi_{,t} [\phi_{,t,t} + 3H\phi_{,t}] = 0 + o(1). \quad (19)$$

Hence, shortly after the inflation, it is justified to consider the following expansion for ϕ : $\phi = \phi_0(1 + o(1))$, where ϕ_0 is solution of the homogeneous part of equation (19) and the terms $o(1) \sim I_\phi/T e^{-t/T}$ (for the potential (7)) and are exponentially small. By setting $\phi_{,t}^2 = \psi$, the equation (19), after the inflation and before that the term k_ϕ begins to dominates with respect to

the kinetic one $\phi_{,t}^2$ in $H(t)$ (i.e. at the late times de Sitter phase), becomes:

$$\frac{1}{2}\psi_{,t} + \frac{\psi^{\frac{3}{2}}}{c^2}\sqrt{12\pi G} = 0. \quad (20)$$

Note that during inflation, when V dominated on the term $\phi_{,t}$, equation (19) is homogeneous with respect to $\psi(t)$ with the second member given by $I_\phi/T e^{-t/T}$ by using (7). Hence, the field ϕ started to receive contributions from the homogeneous part plus the particular solution of the non homogeneous one. These inhomogeneous contributions must be zero as $T \rightarrow 0$. This fact also motivates the reasonings leading to equation (20), soon after inflation.

The solution for (20) look as follows: $\phi = B - c^2/(\sqrt{12\pi G}) \ln[(t/c^2)\sqrt{12\pi G} - C]$, where B, C are integration constants. For our purposes and without loss of generality we can set $C = 0$ (this can be done for example by a simple constant shift in the time.). Hence we have that the density of the scalar field ρ_ϕ at the stiff era is $\rho_\phi = 1/(24\pi G t^2)$, i.e. it scales as ordinary matter in a power low dominated cosmology with $a(t) \sim t^{\frac{1}{3}}$. Note that with this solution, the conditions $\phi_{,t}^2 \gg c^2\{2k_\phi, V(t(\phi))\}$ and $H\phi_{,t}^2 \gg c^2|V_{,t}|$, $|\phi_{,t}\phi_{,t,t}| \gg c^2|V_{,t}|$ are satisfied at early epochs after inflation up to dark matter era and guarantee the correctness of the approximation leading to equation (20).

Thanks to the condition chosen, this solution is equivalent to ordinary matter with a stiff equation of state, i.e. $p_\phi = c^2\rho_\phi$ and with the typical behaviour $\{\rho_\phi, p_\phi\} \sim 1/t^2$ of ordinary hot big bang cosmology. Note that the equation of state $p_\phi = c^2\gamma_\phi\rho_\phi$ for the scalar field, just before the stiff dominated era (leading to the approximate equation (20)) and after the pure inflationary epoch ($\gamma_\phi \simeq -1$), runs very quickly from the value $\gamma_\phi \simeq -1$ soon after the inflation up to the stiff value $\gamma_\phi \simeq 1$. This implies that in a very short time, the factor γ_ϕ assumed all the values between $[-1, 1]$ and as a result ordinary matter and radiation has been created during this short transition phase. Hence, a possible scenario is that a fraction of radiation created soon after inflation ($t \in (T, 10^3T)$), or just present during inflation but negligible with respect to ρ_ϕ , was in thermal equilibrium when a quasi-stable stiff era ($\rho_{\phi \sim 1/t^2}$) is reached.

In particular, during this post inflationary epoch, we can have the decoupling $\phi \rightarrow \phi_1 + \chi$, where χ is a light field such that $|\phi_1| \gg |\chi|$ and $\phi_{,t}^2 \gg \chi_{,t}^2$. Another viable possibility is that a negligible amount of radiation, depicted by χ , has been present soon after primordial inflation together with the inflationary potential ϕ .

In [21] has been shown that light scalar fields can drive the last stage of

inflation by means of dominant quantum fluctuations proportional to some positive power of ϕ_0 and eventually create a new inflationary phase. Fortunately, these arguments are not applicable in our context for several reasons. First of all, in our scenario the light field χ comes into action when the equation of state for ρ_ϕ, p_ϕ is not inflationary, i.e. $\gamma_\phi \geq -1/3$. Moreover, the initial value ϕ_0 is inessential to begin inflation and thus can be set to zero in our framework.

As a result, after the 'stiff' era, we may have a universe composed of two perfect fluids: an ordinary one that follows the standard hot big bang cosmology (χ) and a scalar field component (ϕ_1) with a stiff equation of state decaying more rapidly with respect to ordinary matter up to dominate the universe a late epoch with a de Sitter inflationary epoch.

After this 'decoupling', the ordinary matter decays as $\sim 1/t^2$, while ρ_1 and p_1 decay following equation (19), but now with $H(t) \sim \alpha/t$.

Note that reheating scenarios without oscillations of ϕ can be traced back to (for example) the papers [22, 23, 24]. In particular, the mechanism to create matter with a non oscillating field, whose kinetic part is much greater than the potential $V(\phi)$, has been named 'kination' in [24]. In this picture, the conventional reheating mechanism is substituted by quantum field effects in curved spacetimes similar to the Hawking radiation formation, provided that a huge cosmological expansion $H(t)$ arises. A criticism to this approach can be found in [25], where a non oscillating scalar field ϕ can suffer for a lack of efficient mechanisms to describe the reheating phase after the inflation, exception made for the preheating scenarios, although for sufficient huge values for $H(t)$ this mechanism could be efficient too (see [24]).

However, the mechanism described above concerning our models can be eventually added to the 'curvaton' mechanism during kination. In our approach, the parameter T permit us to fix the time transition to the stiff era. Hence, in the scenario we have proposed, a fraction of radiation (together with other kinds of particles) created during the transition to the stiff era ($\phi_{1,t}^2 \sim c^2 V(t(\phi_1))$) or just present during inflation, can be thermalized during the stiff era well before nucleosynthesis. After this decoupling, the density ρ_1 looks as $\rho_1 \sim a^{-6}(t)$, while the radiation after the decoupling of ϕ follows the usual big bang scenario. To be more quantitative, consider the time evolution of the ordinary radiation energy ρ_r during the stiff era:

$$\rho_{r,t} + 3H\rho_r(1 + \gamma_r) = 0, \quad \gamma_r = \frac{1}{3}, \quad H = \frac{1}{3t}. \quad (21)$$

As a result, by denoting with ρ_{ir} the initial fraction of the radiation (created just before the stiff era) at the beginning of the stiff era $t = t_i$ we have for

(21) the solution $\rho_r = \rho_{ir}(t_i/t)^{4/3}$. For ρ_ϕ during the stiff era we have (see reasonings below equation (20)) $\rho_\phi = 1/(24\pi Gt^2)$. Hence, for the ratio ρ_ϕ/ρ_r we obtain

$$\frac{\rho_\phi}{\rho_r} = \frac{\rho_{i\phi}}{\rho_{ir}} \left(\frac{t_i}{t}\right)^{\frac{2}{3}}. \quad (22)$$

Equation (22) shows that by setting $\rho_{i\phi} \gg \rho_{ir}$, after a short time well before nucleosynthesis, the radiation becomes dominant with respect to stiff matter. As an example, by setting $t_i = 10^{-27} s$ and $\rho_{i\phi} \sim 10^3 \rho_{ir}$, at the time $t \sim 10^3 t_i$, radiation becomes the $\sim 10\%$ of the whole matter content of the universe. Moreover, for $\rho_{i\phi} \sim 10^5 \rho_{ir}$ at $t \sim 10^6 t_i$ ($\sim 10^{-21} s$), we have again that radiation becomes the $\sim 10\%$ of the stiff matter. As a consequence, a negligible fraction of radiation created soon before the stiff era (or present during inflation) can dominates the universe by a very short time. Hence, stiff era quickly ends and radiation era with $H = 1/2t$ starts well before nucleosynthesis. Also note that a fraction of baryonic matter can survive at the stiff era with the same mechanism depicted above. These simple computations show that the depicted mechanism allowing a smooth exit from inflation can be physically viable with the potentials (6). At the recombination up to low redshifts of the order of some units, we have, from (19), $\rho_1 \sim k^2/t^4$, with k an integration constant. By equation (2), we obtain the leading correction to the behaviour of H , i.e. $H(t) = \alpha/t + \beta/t^3 + o(1)$, $\beta > 0$ both for (7) (6). For the scale factor $a(t)$ we obtain, after integrating (2), $a(t) \sim t^{\frac{2}{3}} e^{-\frac{\beta}{2t^2}} + o(1)$. These corrections are small ensuring certainly a small deviation from the standard Λ CDM scenario at least from recombination epoch. Hence we expect agreement with the usual constraints (Supernovae Type Ia, CMB..). After recombination $\phi_{1,t}^2/c^2$ becomes so small to be comparable with k_ϕ , and as a consequence the cosmological constant born at primordial inflation begins to dominate. It should be noted that, thanks to these corrections, after recombination our models are not coincident with the concordance one. More consistent deviations can be obtained by considering a time variable term instead of k_ϕ in (7). We stress that the scenario discussed above is only a possibility. More precise quantum calculations are essential to take this hypothetical scenario as sound. In any case, We believe that the interesting physical fact is the existence of early times, shortly after inflation, such that $\{\rho_\phi, p_\phi\} \sim 1/t^2$ allowing a creation in a short period of radiation and baryonic matter, since this can allow a possible smooth transition to the usual hot big bang scenario. The important mathematical fact is that for a quickly decaying potential the equation for ϕ becomes homogeneous, and as a result soon after inflation ϕ has a power law expression.

Another realistic possibility is that a certain amount of radiation can be created soon before inflation due to black hole evaporation (see for example [26]) and dominate the universe after inflation with the mechanism depicted above.

5 Late times de Sitter era

The important condition that must be satisfied in order to have a late time tracker de Sitter era is:

$$V_{,t} = o(\phi_{,t}), \quad for \quad t \rightarrow \infty. \quad (23)$$

Under this condition, the leading terms at $t \rightarrow \infty$ for equation (4) by using (7) is:

$$\phi_{,t,t} + \frac{1}{c} \sqrt{24\pi G k_\phi} \phi_{,t} = 0, \quad (24)$$

with solution

$$\phi = B_1 + B_2 e^{-\frac{1}{c} \sqrt{24\pi G k_\phi} t}, \quad (25)$$

with B_1, B_2 two arbitrary constants. Condition (23) is fulfilled for

$$T < \frac{1}{c\sqrt{3\Lambda}}. \quad (26)$$

From equation (16) we see that (26) is fulfilled if and only if $c\sqrt{\Lambda} \ll H_I$. Hence, thanks to the previous section estimates and to the present day very small value of the cosmological constant, condition (26) is obviously verified and a de Sitter inflationary phase emerges independently on the physical parameters of the model. This means that a late times de Sitter phase is a tracker solution for our model. Finally, note that also at the present time t_0 the term k_ϕ in the potential (6) can dominate on the kinetic one, provided that the rather reasonable assumption on $B_2 > 0$ is imposed:

$$B_2 \ll \frac{c^2 e^{(c/2\sqrt{3\Lambda} t_0)}}{\sqrt{12\pi G}}. \quad (27)$$

In fact, we look for a monotonically decreasing ϕ , and certainly condition (27) can be satisfied for $t \ll t_0$ after recombination. Only when the dust density of the universe ρ_d is of the order of $\rho_d \sim k_\phi/c^2$, the universe starts to accelerate.

6 Reconstruction of the potential and dynamics of the scalar field

For sake of simplicity in this section we study the features of our potential (7), but similar arguments follow for the one (6). To start with, thanks to (2) and (4) and after setting $\phi_{,t}^2/c^2 = K(t)$ we have:

$$\frac{K_{,t}}{2} + K \sqrt{24\pi G \left(\rho_m + \frac{K}{2c^2} + \frac{V}{c^2} \right)} = \frac{I_\phi}{T} e^{-\frac{t}{T}}, \quad (28)$$

where ρ_m denotes the usual matter-energy content of the universe. For the reasonings of the section 4, we may suppose that this quantity is completely negligible up to the kination era. Starting from the kination epoch, also a small fraction of radiation can quickly dominate the matter-energy content of the universe. Hence, during inflation up to kination we can set $\rho_m = 0$. During the primordial inflation, with the slow roll approximation we have the expansions (11) and (18). Note that in this approximation, the equation (28) can be integrated. The resultant solution is rather cumbersome, but the main properties of the primordial de Sitter era are depicted by the following effective expression for the potential $V(\phi)$:

$$V(\phi) = k_\phi + I_\phi + \frac{I_\phi}{AT} (\phi - \phi_0) + I_\phi \left[\frac{B}{TA^3} + \frac{1}{2A^2T^2} \right] (\phi - \phi_0)^2 + o(1). \quad (29)$$

As pointed in section 3, at the starting of the early inflationary epoch, the effective potential (29) is practically linear in the field ϕ . During this fase, the kinetic term $K(t)$ is monotonically decreasing (see the expansion (11) and below) and $K(t) \ll V(t), K(t) \gg k_\phi$. At the end of inflation, when $\phi_{,t}^2/c^2 \sim V(t)$, the behaviour of $V(\phi)$ becomes more complicated with respect to the behaviour (29), but K is again monotonically decreasing with $V(t)$ dropping rapidly to the value k_ϕ . It is important to note that also at the kination era, i.e. when $\phi_{,t}^2/c^2 \gg V(t)$, equation (28) implies that $K_{,t} < 0$. Since the right hand side of (28) is certainly negligible from the kination era, this implies that from inflation up to late times the kinetic term is always monotonically decreasing.

At the kination era ($K \gg V, \rho_m \ll K/c^2, t \geq t_{ik}$), equation (28) can be integrated and the potential can be put in the form:

$$V(\phi) = k_\phi + I_\phi e^{-\frac{t_{ik}}{T} Q(\phi)}, \quad Q(\phi) = e^{-\frac{\sqrt{12\pi G}}{c^2} (\phi - \phi_{ik})}. \quad (30)$$

Note that to obtain expression (30), for sake of simplicity, an integration constant, namely K_{ik} has been used to have $K \sim 1/t^2$ during kination era.

Also note that the potential (30) is rapidly converging to k_ϕ . In fact $\phi - \phi_{ik} \leq 0$ and typically (see the reasonings at section 4) $t_{ik}/T \geq \sim 1000$. Hence soon after the begin of the kination era, the small radiation present in ρ_r begins to dominate on K and radiation era begins well before nucleosynthesis. For completeness, we can give the expression for $t(\phi)$ during the radiation era:

$$V(\phi) = k_\phi + I_\phi e^{-\frac{t(\phi)}{T}}, \quad t(\phi) = \frac{1}{\left[\frac{\phi - \phi_{ir}}{2c\sqrt{K_{ir}t_{ir}^{\frac{3}{2}}}} + \frac{1}{t_{ir}^{\frac{1}{2}}} \right]^2}. \quad (31)$$

Starting from the radiation era and up to decoupling, the potential V plays no role in the universe dynamics, that is well depicted by the usual hot big bang scenario. However, a non vanishing K is always present leading to corrections of the usual scenario that could be detectable. Also in this case we give the expression for $t(\phi)$ during the dark matter era, after decoupling:

$$V(\phi) = k_\phi + I_\phi e^{-\frac{t(\phi)}{T}}, \quad t(\phi) = \frac{1}{\frac{\phi - \phi_{im}}{c\sqrt{K_{im}t_{im}^2}} + \frac{1}{t_{im}}}. \quad (32)$$

This situation changes when $K/c^2 \sim \rho_m < k_\phi/c^2 \simeq V(\phi)/c^2$. There, a new inflation arises leading to the current acceleration of the universe. The potential during the late times inflationary epoch is given by (see section 5):

$$V(\phi) = k_\phi + I_\phi \left(\frac{\phi - \phi_\infty}{B_2} \right)^{\frac{c}{T\sqrt{24\pi G k_\phi}}}, \quad \phi - \phi_\infty > 0, \quad B_2 > 0, \quad (\phi - \phi_\infty)/B_2 < 1. \quad (33)$$

The term depending on ϕ in (33) is completely negligible with respect to k_ϕ . In this way, we have reconstructed the expression for $V(\phi)$ at the cosmological era: during inflation (formula (29)), during kination (formula (30)), during radiation era (formula (31)), during dark matter era (formula (32)) and finally at the late times de Sitter era (formula (33)).

Note that, similarly to the potential proposed in [19], we can also obtain an approximate (but qualitatively equivalent to the one with V expressed as a time function) description of our model with V given in terms of ϕ . To this purpose, we must match the expressions (29)-(33) by imposing the continuity of V together with the first derivative of $V(\phi)$, i.e. $V_{,\phi}(\phi)$ at the various cosmological era. This is done in the appendix where, to obtain a better reconstruction, a transition zone between the end of primordial inflation and the begin of kination is introduced. Summarizing, the important ingredients are: the monotonically decreasing behaviour for $K(t)$; the rapidly converging behaviour for $V(t)$ to k_ϕ soon after inflation; the fact that $K(t)$ decreases

after inflation much less quickly with respect to $V(t)$.

Equations (11)-(13) show that during inflation up to $t \leq T$, K is monotonically decreasing, but the ratio V/K remains practically constant during this time. For $t > T$, the potential $V(t)$ rapidly converges to k_ϕ and then the second member of (28) becomes rapidly converging to 0 and then K continues to be monotonically decreasing for all times. As a numerical example, consider $T = 10^{-33}s$ and a huge inflation near the Planck scale with $I_\phi \sim 10^{107}Kg/(ms^2)$. During the inflation up to $t \sim T$, we have that $V \simeq I_\phi$. After a time $t \simeq 3.22 \cdot 10^2 T$, we have that $V(t)$ becomes of the order of unity ($1Kg/ms^2$). After a time $t \simeq 3.32 \cdot 10^2 T$, we have practically $V(t) \simeq k_\phi$. Hence, after a very short time after T , the behaviour of K is completely determined by the left hand side of (28), while the role of $V \simeq k_\phi$ on the dynamics of the universe is completely negligible. Hence, K assumes a power law behaviour (see the discussion after equation (20)). Only after recombination (see section 5), when $K < k_\phi$ a new inflationary era emerges. To appreciate this rapid variation of the dynamic soon after $t = T$, consider equation (28) with $K = q(t)V$. Typically, at the begin of the inflation we have that $q_0 \in [10^{-10}, 10^{-3}]$, it depending on the value of I_ϕ . Since K is chosen monotonically decreasing, from (28) we have

$$q\sqrt{1 + \frac{q}{2}} > q_0 F(t), \quad F(t) = \frac{I_\phi e^{-\frac{t}{T}}}{V(t)} \sqrt{\frac{k_\phi + I_\phi}{V(t)}}. \quad (34)$$

Note that during the inflationary epoch up to $t \simeq T$, the function $q(t)$ is practically constant and also $F(t)$ is, with $F(t) \simeq 1$ with obviously $q \ll 1$. The situation quickly changes for $t > T$. As a numerical example, consider again $T = 10^{-33}s$. Up to $t \leq T$, $F(t)$ is of the order of the unity ($F(t) \simeq 1.7$ for $t = T$). But for $t = 10T$ we have $F(t) \simeq 148$, while for $t = 10^2 T$ we found $F(t) \sim e^{50}$. As a consequence, in a very short time after $t = T$, $q(t)$ enormously increases from values $q \ll 1$ up to very huge values and at $t = 10^2 T$ the kinetic term K becomes at least $\sim q_0 e^{100/3}$ times greater than V and kination begins. These examples are sufficient to illustrate the fate of K in the rapid transition from inflation to kination era. As shown in the discussion after equation (22), a negligible fraction of radiation at the kination era quickly leads to a radiation era well before nucleosynthesis (as well known radiation expands much more rapidly with respect to stiff matter). From the reasonings above it is evident that the delicate point is the transition from inflation to kination. To this purpose, we have numerically integrated equation (28) from inflation up to kination. In fig. 1 we have considered the cases with $T = 10^{-33}s$, $T = 10^{-32}s$ and $I_\phi/k_\phi = 10^{117}$,

$I_\phi/k_\phi = 10^{104}$. The time is expressed in Planck units. From fig. 1 we see that in both cases when $t \simeq 10T$ we have $K = V$. After this time, the potential V very quickly converges to k_ϕ and $K \gg V$ and as a consequence kination era begins soon after $t \simeq 10T$. At the kination $V \simeq k_\phi$ and the reasonings above take place. The integration confirms the essential fact that K (and ϕ) are monotonically decreasing for all times since starting from the kination era the right hand side of equation (28) is completely negligible. In fig. 2 we have plotted the ration V/K .

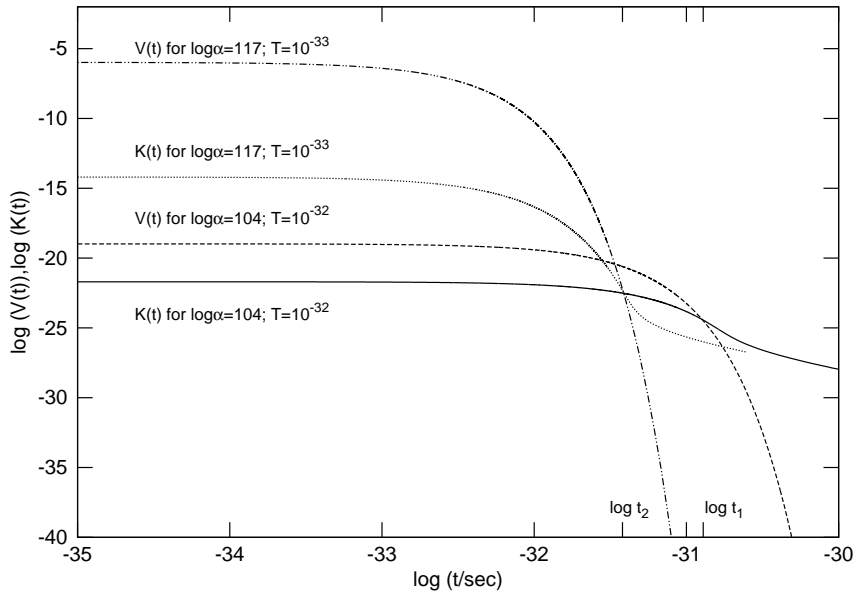


Figure 1: In figure the behaviour of $\log V(t)$ and $\log K(t)$ vs. $\log(t/sec)$ (t is the time). The figure shows plots corresponding to the following choices of parameters: $(\alpha = 10^{104}; T = 10^{-32} \text{ sec})$ and $(\alpha = 10^{117}; T = 10^{-33} \text{ sec})$. It also shows the corresponding times $\log(t_1/sec) = -30.89$ and $\log(t_2/sec) = -31.42$ for which $V(t) = K(t)$ for both the choices of parameters.

7 Planck and BICEP2 data

The recent Planck results [16] posed serious constraints to the inflationary scenario, ruling out popular models ($V \sim \phi^p, p \geq 2$). The particular model given by (7) predicts a small positive value for the slow-roll parameter $\eta_V \simeq 3/(4TH_I)$, while Planck data favor potentials with $V_{,\phi,\phi} < 0$. Nevertheless,

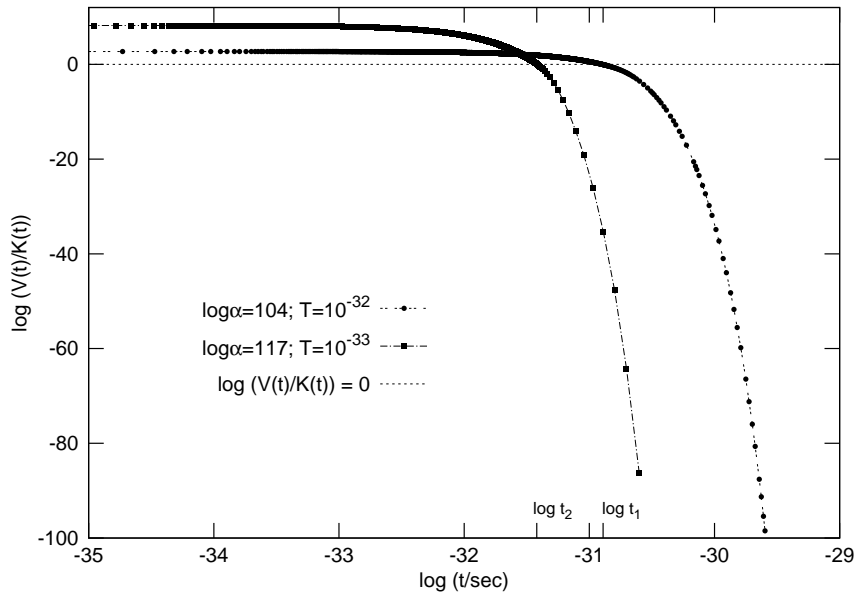


Figure 2: $\log(V(t)/K(t))$ vs. $\log(t/sec)$ (t is the time). The figure shows two plots of $\log(V(t)/K(t))$ corresponding to the following choices of parameters: ($\alpha = 10^{104}$; $T = 10^{-32}$ sec) and ($\alpha = 10^{117}$; $T = 10^{-33}$ sec). It also shows the plot $y = 0$ and the corresponding times $\log(t_1/sec) = -30.89$ and $\log(t_2/sec) = -31.42$ for which $\log(V(t)/K(t)) = 0$ for both the choices of parameters.

our particular model can be tested against Planck constraints for running spectral index n_s . For the scalar spectrum parameter n_s and the tensor spectral index r during the beginning of the inflation we obtain:

$$n_s \simeq 1 - \frac{3}{2TH_I}, \quad \epsilon_V \simeq \frac{1}{2TH_I}, \quad r \simeq 16\epsilon_V. \quad (35)$$

The Planck constraint, i.e. $n_s \in [0.955, 0.967]$, can be satisfied in the running case, where $r < 0.26$ (otherwise $r < 0.11$), but with a value for $n_s \sim 0.97$. By setting $T \simeq 10^{-32}s$, $I_\phi/k_\phi \sim 10^{102}$ we have $r \simeq 0.16$. More precisely, we have to set $1/(TH_I) \simeq 0.02$. The same result can be obtained by setting $T \sim 10^{-33}s$ and $I_\phi/k_\phi \sim 10^{104}$. Moreover, all the conditions raised in the paper are satisfied since $T/T_I \simeq 320$ (see (16)) and with $t_e \in \sim (10^{-34}, 10^{-32})s$. The particular model (7) predicts a huge amount of gravitational waves. This is at odd for Planck, but is good for BICEP2. The BICEP2 result [17] strongly suggest a running scalar spectrum index n_s with r in the range $r \in$

[0.15, 0.27] with the central value $r = 0.2$. Note that, by setting $1/(TH_I) = 0.025$, we obtain $r = 0.2$ and $n_s = 0.9625$, in perfect agreement with the value of Planck experiment. If Bicep2 data were confirmed, then our simple model is able to allow a correct amount of scalar to tensor perturbations together with the central value for n_s predicted by Planck.

To obtain a negative value for η_V together with a smaller amount of gravitational waves within Planck data, we must consider the potential (6) with a suitable $k > 0$ and $n > 1$. As a title of example, we consider explicitly the case with $n = 3$. During the de Sitter inflationary phase, for $t \ll T$, we can thus neglect k_ϕ with respect to I_ϕ . We have:

$$\phi_{,t} \simeq -\frac{k\sqrt{2}}{4e^{\frac{k^3}{4}}}c^{\frac{3}{2}}\sqrt{\frac{\sqrt{24}I_\phi}{T\sqrt{\pi GI_\phi}}}, \quad \phi_{,t,t} \simeq \frac{(-4 + 3k^3)\sqrt{2}}{16e^{\frac{k^3}{4}}}c^{\frac{3}{2}}\sqrt{\frac{\sqrt{24}I_\phi}{T^3\sqrt{\pi GI_\phi}}}. \quad (36)$$

The conditions (8) are satisfied by a condition similar to (14); i.e. with $k \in (0, 1)$ we have

$$T \gg \frac{(4 - 3k^3)\sqrt{8}}{4k\sqrt{3}H_I}. \quad (37)$$

During inflation, in the de Sitter like phase ($t \ll T$), By denoting $H_I^2 \simeq 8\pi GI_\phi/(3c^2)$, for the indices we thus obtain:

$$\begin{aligned} \epsilon_V &\simeq \frac{3k^2 e^{\frac{k^3}{2}}}{2TH_I}, \\ \eta_V &\simeq \frac{e^{\frac{k^3}{2}}}{4kTH_I} (9k^3 - 4), \\ n_s &\simeq 1 - \frac{e^{\frac{k^3}{2}}}{TH_I} \left[\frac{9k^2}{2} + \frac{2}{k} \right]. \end{aligned} \quad (38)$$

From (38) we see that $\eta_V < 0$ if and only if $k < (4/9)^{1/3}$. As a title of example, for $k = 1/2$ we have, by setting $e^{1/16}/(TH_I) \simeq 0.0074$ (which is always possible for the reasonings below equation (35)), $\epsilon_V \simeq 0.0028$, $r \simeq 0.04$, $\eta_V \simeq -0.01$, and as a result we obtain the best fit Planck value $n_s \simeq 0.962$. Generally, in order to satisfy the Planck constraints, for fixed T and n (> 1), a smaller value for k implies a greater value for H_I . To this purpose, note that k cannot be arbitrary small. The transition to the stiff era also arises for (6) in a very short time after the early inflationary epoch one given by (7) for $n > 1$. Also in this case, according to BICEP2, we can easily obtain a value for $r \simeq 0.2$. Also for the potentials (6), we can reconstruct

the effective potential during the initial phase of inflation ($t/T \ll 1$). Once again, we obtain as a dominant effective part during these very early times a behaviour similar to (18) with $V(t(\phi)) \sim \phi + \text{const}$. In particular, for $t \simeq 0$, the potential $V(t(\phi))$ with good approximation is linear with respect to ϕ . Hence, our inflationary potentials can mimic axion monodromy models at the beginning of the inflation suggesting that the starting mechanism for inflation could be in our case related to the one of these models motivated by chaotic inflation. In particular, this is a general properties for exponentially time decaying potentials given by (6), with an expansion during inflation at $t \simeq 0$ given by:

$$V(\phi) = V_0 + V_1(\phi - \phi_0) + V_2(\phi - \phi_0)^2 + \text{higher orders}, \quad V_1, V_2 \in R. \quad (39)$$

With the flowing of the time during inflation, the nonlinear terms negligible at $t \simeq 0$, become more and more relevant. These examples show how with the present approach we can obtain a good agreement with Planck and BICEP data and at the same time a possible simple mechanism explaining the matter formation in the early universe together with a unification between dark energy and an early de Sitter phase by a single potential. In particular, the existence of stiff matter in the early universe can be useful to explain the abundance of heavy elements in our universe.

8 Building late times running dark energy

Concerning the issue related to the small value of the cosmological constant, it can be alleviated by introducing a running cosmological constant in (6.) As an example, in (6) we could take $k_\phi \rightarrow k_\phi(t/\tau)^n e^{-\frac{t}{\tau}}$, $\tau \sim t_0$, $n \geq 0$, where t_0 is the present day cosmic time. In this way we obtain a late times 'quintessence'-like field with an effective cosmological constant running to zero at late times. Also in this case, the physics up to the recombination is practically left unchanged with respect to the one given by (6). However, a more physically motivated possibility, which seems the most natural in our context, is the one given in terms of the so called agegraphic dark energy [27, 28]. This kind of holographic dark energy is motivated by applying arguments of quantum mechanics and general relativity. The energy density is given by:

$$\rho_q = \frac{3F^2}{8\pi Gt^2}, \quad (40)$$

where the positive constant F ($F > 1$ to have a current accelerated universe) takes into account quantum effects in curved spacetimes. Unfortunately, the

expression (40) cannot have a matter-dominated phase if $F < 1$ and without an interaction with the dark matter, as shown in [29]. In [29] this problem has been solved by considering the conformal time η instead of t . However, in our context, it seems more natural to solve this issue by considering, as suggested in [29], the potential:

$$V(t) = \frac{3F^2 c^2}{8\pi G(t + \tau)^2} + I_\phi e^{-\frac{(t+kT)^n}{T^n}}, n \geq 1 \quad F > 1, \quad (41)$$

where the cut-off τ is greater than the recombination time and less than the time where cosmic structures form. In this manner, the agegraphic term is certainly negligible with respect to the exponential one in the early inflationary phase, and also in the kination and the radiation era since there $\Omega_q \ll 1$. Hence, all the reasonings of the sections 2,3,4 and formulas (38), (39) are left unchanged. For the late times de Sitter phase, the agegraphic dark energy can mimic the cosmological constant (see [29]). As correctly argued in [29], the expression (40) has been originally motivated by a 'gedanken experimenten' concerning distances measurement with light-clocks in Minkowski spacetime. However, in the early universe the cosmological expansion affects the possible localizing measure (see [30, 31] in the context of non commutative geometry). Only when the value of the cosmic flow is sufficiently small, the Minkoskian limits can be obtained, as shown in [31]. As a consequence the radiation dominated scenario discussed in section 4 remains valid and the problem of the small value of k_ϕ is alleviated. Moreover, note that it is not clear as to obtain a primordial inflationary epoch together with the transition to the radiation era in the usual ageographic context, i.e. without the exponential term in (41). To be more quantitative, from (41), the condition such that the agegraphic term is completely negligible during primordial inflation is

$$\tau \gg \frac{F}{H_I}, t < \tau, \quad (42)$$

in practice $\tau \gg t_e$. Moreover, we must have a small Hubble flow in order to have a physical motivation for the Minkowskian expression (40). To this purpose, it is interesting to note that, as shown in [31], for a flat Friedmann spacetime, rather less limitations arise for the uncertainty of a coordinate with respect to the Minkowskian case due to the role of a huge Hubble flow H . Another possibility to take into account the role of the Hubble flow according to the reasoning above is to take a time variable $F(t)$:

$$V(t) = \frac{3F^2(t)c^2}{8\pi G(t + t_i)^2} + I_\phi e^{-\frac{(t+kT)^n}{T^n}}, n \geq 1 \quad F > 0 \quad (43)$$

where the time t_i is a time of the order of the begin of the primordial inflation in the usual timing of the primordial inflation. This time is due to the fact that in this paper the start of the inflation is fixed at $t = 0$.

Hence, the condition (42) during the primordial inflation becomes:

$$F(t) \ll t_i H_I, \quad t \leq t_e, \quad (44)$$

In order to allow the dark matter to dominate, after recombination the function $F(t)$ must be chosen of the order of unity. After the recombination, the role of the Hubble flow in gedanken measurements becomes negligible and Minkowskian expression (40) is regained. It should be stressed that the new agegraphic potentials expressed in terms of the conformal time η (see [28, 29]) are 'phenomenological'. In fact, the use of a conformal time instead of the age of the universe t in (40) is motivated by phenomenological purposes. Since $\eta = \int dt/a(t)$, the original derivation for the metric fluctuations in Minkowski spacetime due to the presence of clock devices can be done in terms of the conformal time η , but its expression is not obtained by merely substituting t with η in (40). Hence, the naive use of the expression (40) with $t \rightarrow \eta$ loses its original motivation. In our context, both the terms k_ϕ and the one of this section can be seen as representing small fluctuations during the primordial inflation survived up to dominate the recent history of the universe. Summarizing, with the potentials (6), (41) and (43), we have a well defined de Sitter inflationary era motivated by axion monodromy potential, together with a simple mechanism for the transition to the radiation era up to a physically motivated term leading to the late times de Sitter phase.

9 Conclusions and final remarks

This paper is an attempt to obtain a unified description of the universe from the inflationary era up to the late de Sitter phase. In particular, we introduce a physically viable class of phenomenological potentials $V(t)$ that allow us to achieve this unified description. In fact, our models are able to produce an inflationary mechanism both at early and late times. We show that a smooth transition from the inflationary epoch up to the radiation era can be obtained. After recombination, the scalar field ϕ generates small corrections to the Hubble flow H that look as $H \sim \frac{2}{3t} + \frac{const.}{t^3} + o(1)$. Although these corrections are expected very small, they could be investigated by future cosmological data. Moreover, a smooth transition to the de Sitter accelerate phase is obtained.

The models (6) have four arbitrary constants, i.e. k_ϕ, I_ϕ, T, k . Two of them can be fixed by data concerning the present value of the cosmological constant ($\sim k_\phi$) and the effective cosmological constant driving the primordial inflation ($\sim I_\phi$). Unfortunately, we have not at our disposal a sound estimate for this ratio from ordinary quantum field theory. The other parameters can be chosen in light of Planck and BICEP2 data.

The parameter T represents the characteristic time after which primordial inflationary de Sitter-like expansion phase is not more efficient. The ones of the section 7 have $F(t)$ instead of k_ϕ .

We have also tested our class of models with the recent Planck and BICEP2 data, in particular for the indices $n_s, \epsilon_V, r, \eta_V$. We found that the model with a convex potential can be acceptable if we consider the running spectral index Planck constraints and the more recent BICEP2 data. By considering more general potentials (6) with $n > 1$, we can easily obtain concave potentials with an acceptable range (< 0.12) for the tensor ratio r according with Planck data. More general potentials can be used provided that $V(t)$ be monotonically decreasing with respect t , nearly constant during inflation and rapidly decreasing soon after inflation to a small value, i.e. the cosmological constant, or to a small running cosmological constant, as shown in section 7. However, irrespective of the modifications on $V(t)$, our study suggests that the definition of V as an agegraphic potential allows to introduce potentials with a time varying form in terms of ϕ . In fact, at the begin of the primordial inflation our potentials (6) and (43) have with good approximation a linear expression in terms of ϕ . There, a well posed mechanism to start inflation in terms of axion monodromy is given, further motivating the choices (43) and (6). However, also during inflation other higher orders do appear. This is in line with the idea that quantum fluctuations can add further terms to the initial expression for $V(\phi)$ due to renormalization group equation (to this purpose see [15]). Moreover, the explicit presence of t permit us to follows the timing of the universe just in time to obtain the fundamental transition to the radiation era before nucleosynthesis an up to the dark matter era. Often in the literature these transitions are obtained only asymptotically (see [18]), which is unphysical. In our approach we consider from the onset a simple physically motivated expression for V in terms of the cosmic time t , provided that a monotonically decreasing expression for ϕ is allowed. For this reason we named the agegraphic potential 'phenomenological'. The exponential form of the potentials (7) and (6) is dictated from the necessity to have an efficient primordial inflationary mechanism together with a rapidly decaying allowing a plausible simple mechanism for a graceful exit from inflation up to matter creation and to a

late times de Sitter phase. In this regard, note that an arbitrary naive choice for $V(t)$ generally does not work. As an extreme example, since the class of potentials (6) and (43) rapidly converge to a constant or negligible value, one may be tempted to set a potential of the form $V(t) = I_\phi$ for $t < T$ and $V(t) = k_\phi$ for $t > T$. Apart from a lack of continuity at $t = T$ that does not permit a smooth transition from the two regimes at $t < T$ and $t > T$, these models predict a strictly gaussian perturbation, i.e. $\eta_V = \epsilon_V = 0, n_s = 1$, in complete disagreement with Planck data, which are the cornerstone of any physically viable cosmological model.

In this manner we have a possible unification of the two inflationary epochs by a single smooth agegraphic potential expressed in terms of the cosmic time t in such a way that dark energy is a relic of primordial inflation together with a possible simple graceful exit from inflation up to radiation era without invoking the usual reheating mechanism or dangerous particles creation due to the gravitational field. It is also interesting to note that in this framework the mechanism chosen for primordial inflation is not plagued from fine-tuning of ϕ_0 since the only condition that leads to an efficient inflationary mechanism is that the characteristic time T is of the order or some order larger than t_e , i.e. the time after which inflation is not more strictly in a de Sitter phase. Theoretically, we could take $\phi_0 = 0$ and inflation works as well. Obviously, the mechanism leading up to radiation era obviously must be further investigated by quantum calculations, by resorting the post inflationary non oscillating scenarios, but read in our frame and with a different mechanism for matter-radiation creation without encounter the drawbacks of usual non-reheating cosmologies (see [25]). To this purpose note that the mechanism proposed leading to nucleosynthesis is not plagued from fine tuning problems and only requires a negligible remnant of radiation soon after inflation.

Appendix

In this section we obtain an effective description of our potential V in terms of the variable ϕ . To this purpose, we adopt the expressions (29)-(33) to put $V(\phi)$ in a form similar (but more complicated) to the one present in [19] with the domain expressed in terms of ϕ . The calculations are simple but the final expressions for the relations among the parameters are rather cumbersome. Hence in this appendix we only present the potential together with the suitable equations for the matching conditions.

We denote with $\phi_{ik}, \phi_{ir}, \phi_{im}, \phi_s$ the values of the potential respectively at

the begin of kination, radiation, dark matter era and structures formation. We have added another transition zone, indicated with ϕ_{tr} , that describes the short transition between the early inflationary epoch and the kination era. We have:

$$V(\phi) = k_\phi + I_\phi + \frac{I_\phi}{AT}(\phi - \phi_0) + I_\phi \left[\frac{B}{TA^3} + \frac{1}{2A^2T^2} \right] (\phi - \phi_0)^2, \quad \phi \in [\phi_{tr}, \phi_0]; \quad (45)$$

$$= k_\phi + I_\phi e^{-\frac{t(\phi)}{T}}, \quad t(\phi) = -a\phi + b, \quad \phi \in [\phi_{ik}, \phi_{tr}] \quad (46)$$

$$= k_\phi + I_\phi e^{-\frac{t(\phi)}{T}}, \quad (47)$$

$$t(\phi) = \frac{c^2\beta}{\sqrt{12\pi G}} \left[\left(1 + \frac{\sqrt{12\pi G}t_{ik}}{c^2\beta} \right) e^{-(\phi - \phi_{ik})\frac{\sqrt{12\pi G}}{c^2}} - 1 \right],$$

$$\beta = \frac{1}{c\sqrt{K_{ik}}} - \frac{\sqrt{12\pi G}}{c^2}t_{ik}, \quad \phi \in [\phi_{ir}, \phi_{ik}],$$

$$= k_\phi + I_\phi e^{-\frac{t(\phi)}{T}}, \quad t(\phi) = \frac{1}{\left[\frac{\phi - \phi_{ir}}{2c\sqrt{K_{ir}}t_{ir}^{\frac{3}{2}}} + \frac{1}{t_{ir}^{\frac{1}{2}}} \right]^2}, \quad \phi \in [\phi_{im}, \phi_{ir}]; \quad (48)$$

$$= k_\phi + I_\phi e^{-\frac{t(\phi)}{T}}, \quad t(\phi) = \frac{1}{\frac{\phi - \phi_{im}}{c\sqrt{K_{im}}t_{im}^2} + \frac{1}{t_{im}}}, \quad \phi \in [\phi_s, \phi_{im}]; \quad (49)$$

$$= k_\phi + I_\phi \left(\frac{\phi - \phi_\infty}{B_2} \right)^{\frac{c}{T\sqrt{24\pi G k_\phi}}}, \quad \phi \in [\phi_\infty, \phi_s]. \quad (50)$$

The next step is to impose the matching conditions at $\phi = \phi_{tr}, \phi = \phi_{ik}, \phi = \phi_{ir}, \phi = \phi_{im}, \phi = \phi_s$. To obtain a continuous and differentiable expression for $V(\phi)$, we must impose the continuity of $V(\phi)$ and $V_\phi(\phi)$ at that points. To start with, we must paste the functions (45) and (46) at $\phi = \phi_{tr}$. From the continuity of $V(\phi)$ and its derivative we obtain:

$$I_\phi + \frac{I_\phi}{AT}(\phi_{tr} - \phi_0) + I_\phi \left[\frac{B}{TA^3} + \frac{1}{2A^2T^2} \right] (\phi_{tr} - \phi_0)^2 = I_\phi e^{-\frac{t_{tr}}{T}}, \quad (51)$$

$$\frac{I_\phi}{AT} + 2I_\phi \left[\frac{B}{TA^3} + \frac{1}{2A^2T^2} \right] (\phi_{tr} - \phi_0) = \frac{I_\phi}{T} e^{-\frac{t_{tr}}{T}} a, \quad (52)$$

where

$$t_{tr} \simeq 10^{-2}T = -a\phi_{tr} + b. \quad (53)$$

The equations (51)-(53) permit to obtain the parameters ϕ_{tr}, a, b . Concerning the transition at ϕ_{ik} we must paste (46) with (47) at $\phi = \phi_{ik}$.

We obtain:

$$t_{ik} \simeq 10^3 T = -a\phi_{ik} + b, \quad (54)$$

$$\beta + \frac{\sqrt{12\pi G} t_{ik}}{c^2} = a. \quad (55)$$

From (54) we can obtain ϕ_{ik} (with the condition $\phi_{ik} < \phi_{tr} < \phi_0$). With this value we can obtain β from (55).

The same calculations must be done for the functions (47) and (48) at $\phi = \phi_{ir}$. The continuity is obtained by calculating the function $t(\phi)$ in (47) at $\phi = \phi_{ir}$ and substituting the expression so obtained for $t(\phi_{ir}) = t_{ir}$ in the expression for $t(\phi)$ given by (48). For the differentiability condition we have:

$$\left(\beta + \frac{\sqrt{12\pi G} t_{ik}}{c^2} \right) e^{-(\phi_{ir} - \phi_{ik})} = \frac{1}{c\sqrt{K_{ir}}}, \quad (56)$$

that can be easily solved for K_{ir} . Concerning the matching between the potentials (48) and (49), also in this case the continuity at $\phi = \phi_{im}$ is obtained by calculating $t(\phi)$ in (48) at $\phi = \phi_{im}$ and putting the obtained expression in the formula for $t(\phi)$ in (49). For the differentiability we have:

$$t(\phi_{im}) = \frac{1}{\left[\frac{\phi_{im} - \phi_{ir}}{2c\sqrt{K_{ir}}t_{ir}^{\frac{3}{2}}} + \frac{1}{t_{ir}^{\frac{1}{2}}} \right]^3} \frac{1}{t_{ir}^{\frac{3}{2}}\sqrt{K_{ir}}} = \frac{1}{\sqrt{K_{im}}}. \quad (57)$$

From equation (57) we can easily obtain K_{im} . Finally, we can paste the potentials (49) and (50) when dark energy era begins to start, i.e. at the epoch of the formation of the big structures in the universe (at redshift $z \simeq 0.5$). The continuity equation it gives:

$$t(\phi) = \frac{1}{\frac{\phi_s - \phi_{im}}{c\sqrt{K_{im}}t_{im}^2} + \frac{1}{t_{im}}} = -\frac{c}{\sqrt{24\pi G}} \ln \left(\frac{\phi_s - \phi_\infty}{B_2} \right). \quad (58)$$

Equation (58) can be solved analytically in terms of B_2 . The differentiability condition at $\phi = \phi_s$ can be solved analytically in terms of ϕ_∞ . Summarizing, in this way we have the parameters ϕ_0, ϕ_s left free for the potential $V(\phi)$. The potential so obtained can generate the physics depicted in this paper. The traduction of $V(t)$ in terms of ϕ is important since it permit us to study the model of this paper as an ordinary field theory.

In fig. 3 we have plotted the behaviour of $V(\phi)$ (vs $-\phi$) for $T = 10^{-33}$ and $\phi_0 = 0$ (remember that in our tractation ϕ_0 plays no role) in Planck

units. The reconstructed potential, as stated above, is a monotonic increasing function of ϕ (decreasing with respect to $-\phi$). Note that the potential shows two plateau concerning the begin of the primordial inflation ($\phi = 0$) and the begin of the kination era up to the begin of the late times de Sitter phase ($\phi = \phi_\infty$).

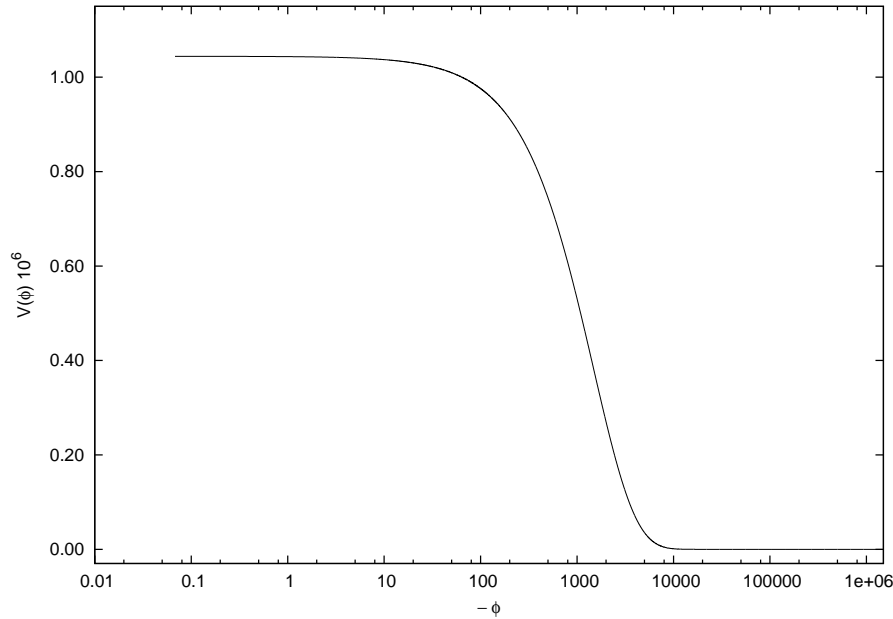


Figure 3: $V(\phi)$ vs. $-\phi$ (ϕ is negative) to have a logarithmic scale. $V(\phi)$ has been multiplied by 10^6 to have a more readable y range. The figure shows the plot of $V(\phi)$ for the following choice of parameters: ($\alpha = 10^{117}$; $T = 10^{-33}$ sec). It is apparent the practically constant value of the $V(\phi)$ in the range $\phi \in [\phi_{tr}, 0]$, the rapidly decrease in the range $\phi \in [\phi_{ik}, \phi_{tr}]$ and again the practically constant behaviour with $V \simeq k_\phi$ in the range $\phi \in [\phi_\infty, \phi_{ik}]$

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