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# Gliadin-Specific CD8<sup>+</sup> T Cell Responses Restricted by HLA Class I A\*0101 and B\*0801 Molecules in Celiac Disease Patients

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Initial studies associated the HLA class I A\*01 and B\*08 alleles with celiac disease (CD) susceptibility. Subsequent analyses showed a primary association with HLA class II alleles encoding for the HLA DQ2.5 molecule. Because of the strong linkage disequilibrium of A\*01 and B\*08 alleles with the DR3-DQ2.5 haplotype and a recent genome-wide association study indicating that B\*08 and B\*39 are predisposing genes, the etiologic role of HLA class I in CD pathogenesis needs to be addressed. We screened gliadin proteins (2 $\alpha$ -, 2 $\omega$ -, and 2 $\gamma$ -gliadin) using bioinformatic algorithms for the presence of peptides predicted to bind A\*0101 and B\*0801 molecules. The top 1% scoring 9- and 10-mer peptides ( $N = 97$ , total) were synthesized and tested in binding assays using purified A\*0101 and B\*0801 molecules. Twenty of ninety-seven peptides bound B\*0801 and only 3 of 97 bound A\*0101 with high affinity ( $IC_{50} < 500$  nM). These 23 gliadin peptides were next assayed by IFN- $\gamma$  ELISPOT for recognition in peripheral blood cells of CD patients and healthy controls carrying the A\*0101 and/or B\*0801 genes and in A\*0101/B\*0801<sup>-</sup> CD patients. Ten of the twenty-three peptides assayed recalled IFN- $\gamma$  responses mediated by CD8<sup>+</sup> T cells in A\*0101/B\*0801<sup>+</sup> patients with CD. Two peptides were restricted by A\*0101, and eight were restricted by B\*0801. Of note, 50% (5/10) of CD8<sup>+</sup> T cell epitopes mapped within the  $\gamma$ -gliadins. Our results highlight the value of predicted binding to HLA molecules for identifying gliadin epitopes and demonstrate that HLA class I molecules restrict the anti-gluten T cell response in CD patients. *The Journal of Immunology*, 2017, 198: 000–000.

Celiac disease (CD) is a T cell-mediated enteropathy that affects almost 1% of the worldwide population carrying the HLA genes coding for DQ2.5 (DQA1\*05/DQB1\*02) or DQ8 (DQA1\*03/DQB1\*03) heterodimers (1). CD arises in genetically susceptible individuals upon exposure to dietary wheat gluten or similar prolamins from rye and barley (2).

The strong genetic association with HLA class II genes and the identification of several DQ2.5/DQ8-restricted gluten epitopes, recognized specifically by CD patients, underscore the key role of adaptive immunity mediated by CD4<sup>+</sup> T lymphocytes in CD pathogenesis (3, 4). However, one of the main features of all forms of CD, from silent to active, or even refractory CD, is a massive infiltration of CD8<sup>+</sup> T lymphocytes in the epithelium and lamina

propria of small intestinal mucosa (5). Several studies investigated the phenotype and function of CD8<sup>+</sup> T cells resident in the epithelium of CD intestinal mucosa (5, 6). These cells display a pattern typical of cytotoxic CD8<sup>+</sup> lymphocytes (CTLs), with large perforin granules and high Fas ligand surface expression, and are involved in enterocyte apoptosis and villous atrophy (7–9). When exposed to gluten, these CTLs become activated and express the markers of NK cells, such as NKG2C/D (10).

Despite these findings, evidence of a gluten-specific, TCR-dependent activation of CD8<sup>+</sup> T lymphocytes is still lacking. We demonstrated previously that a gliadin peptide specifically stimulated CD8<sup>+</sup> CTL responses in CD patients (9, 11). These CD8<sup>+</sup> T cells are resident in the lamina propria, release IFN- $\gamma$ , and lyse enterocytes upon recognition of the gliadin peptide presented by HLA class I A\*02 molecules (9, 11). A further study demonstrated that brief consumption of gluten-containing food mobilized CD8<sup>+</sup> T lymphocytes in the peripheral blood of patients with CD, along with the well-documented recruitment of CD4<sup>+</sup> T cells (12). The expression of gut-homing markers and a focused TCR repertoire suggested a gluten-driven expansion of these CD8<sup>+</sup> T cells (12). However, the lack of a genetic association of the HLA A\*02 gene with CD cast doubt on the direct relevance of HLA class I-restricted CD8<sup>+</sup> T cell responses in CD pathogenesis.

The primary genetic link of HLA with CD is with class II DQA1\*05/DQB1\*02 genes, carried either in *cis* configuration, as in the DR3-DQ2.5 haplotype, or in *trans* configuration, as in DR5-DQ7/DR7-DQ2.2 haplotypes (13, 14). However, the earliest genetic studies, performed in the 1970s, reported an association of CD with HLA class I A\*01 and B\*08 genes (15, 16). A more recent genome-wide association study (GWAS) finely mapped the MHC region and identified additional risk regions independent of

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The online version of this article contains supplemental material.

Abbreviations used in this article: CD, celiac disease; GWAS, genome-wide association study; PT-gliadin, peptic-tryptic digest of gliadin; SFC, spot-forming cell; tTG, tissue transglutaminase.

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the HLA DQA1\*05 and DQB1\*02 genes (17). Among them, the HLA B\*0801 allele, in strong linkage disequilibrium with DR3-DQ2.5 genes, contributes to genetic susceptibility to CD (17).

In this study, we investigated whether A\*0101 and B\*0801 class I alleles restrict the adaptive CD8<sup>+</sup> T cell responses to gluten in subjects with CD. A library of gliadin peptides predicted to bind to A\*0101 or B\*0801 were screened for in vitro binding to purified A\*0101 or B\*0801 molecules. High-binding peptides were then assayed for immunogenicity in CD subjects.

## Materials and Methods

### Study population and HLA class I and II gene typing

To recruit a study population carrying the A\*0101 and/or B\*0801 alleles, we genotyped 103 subjects (children and adults) with CD for HLA class I A and B genes, as well as 27 adult non-CD controls (Table I). The adult subjects were enrolled at Moscati Hospital of Avellino, and children were enrolled at the Department of Translational Medical Science, Section of Pediatrics, University of Naples Federico II. All subjects, or their parents in the case of children under 12 y old, gave full informed consent to the experiments. The study was approved by the Ethical Committees "Carlo Romano" of the University of Naples, "Federico II," register number 7/12 on April 11, 2012 and by Campania Nord, register number CECN/314 on October 21, 2015. Patients were diagnosed with CD in accordance with the 1990 European Society for Pediatric Gastroenterology Hepatology and Nutrition guidelines. All CD volunteers were on gluten-free diet for  $\geq 2$  y and were serum negative for anti-tissue transglutaminase (tTG) and anti-endomysial Abs at the time of enrollment. Non-CD adult controls were recruited from the blood donor volunteers at Moscati Hospital (Supplemental Table I).

Pure genomic DNA was extracted using commercial kits (Genomic DNA Miniprep Kit; Sigma-Aldrich, St. Louis, MO) from T cell blasts generated by stimulating PBMCs with PHA (Roche, Basel, Switzerland). CD patients and controls were genotyped for HLA A and B class I loci, as well as for DQA1, DQB1, DRB1 class II loci, using AllSet+ Gold SSP commercial typing kits (Life Technologies, distributed by EsseMedical, Milan, Italy).

### Identification of potential HLA A\*0101- and B\*0801-restricted gliadin peptides

The amino acid sequences of six gliadin proteins (two  $\alpha$ -gliadin, two  $\gamma$ -gliadin, and two  $\omega$ -gliadin) (Swiss-Prot accession numbers Q9M4L6-1 and P18573-1 for  $\alpha$ -gliadin, P08453-1 and P08079-1 for  $\gamma$ -gliadin, and AAG17702 and Q40215-1 for  $\omega$ -gliadin) were screened using bioinformatic algorithms to identify peptides predicted to bind HLA A\*0101 and/or B\*0801 molecules (Supplemental Table II). Predictions were performed using the consensus algorithm available from the Immune Epitope Database (<http://www.iedb.org>) (18). Peptides were synthesized (A&A Labs, San Diego, CA) and tested in classical competition assays, using purified MHC molecules, for their capacity to bind A\*0101 and B\*0801 molecules. MHC purification and quantitative competition assays using radiolabeled probe peptides were performed as previously described (19). Each competitor peptide was tested at six concentrations covering a 100,000-fold dose range and in three or more independent experiments. Under the conditions used, if the concentration of the radiolabeled ligand is less than the concentration of purified MHC (i.e., the probe is the limiting reagent) and the measured IC<sub>50</sub> values are greater than the concentration of purified MHC (i.e., [label] < [MHC] and IC<sub>50</sub>  $\geq$  [MHC]), the measured IC<sub>50</sub> values are reasonable approximations of the true kiloDalton values (20, 21). High-affinity binding peptides (IC<sub>50</sub> < 500 nM) were subsequently synthesized as purified (>95%) material for use in T cell assays.

### IFN- $\gamma$ ELISPOT assay

The immunogenicity of gliadin peptides selected on the basis of their affinity for A\*0101 or B\*0801 molecules was assessed with IFN- $\gamma$  ELISPOT assays on fresh PBMCs collected from CD patients and healthy volunteers, as previously reported (11). The study population for the immunogenicity experiments consisted of 24 CD subjects (mean age 25.4 y, range 5–60 y), either positive or negative for A\*0101/B\*0801 (Table II), and 10 non-CD controls carrying the A\*0101 and/or B\*0801 genes (Supplemental Table I).

Known immunogenic peptides from influenza A virus PB1 and NP proteins restricted by HLA A\*0101 (CTELKLSDY and VSDGGPNLY) or B\*0801 (ELRSYWAI) were used as intra-assay control peptides (Supplemental Fig. 1). Gliadin (Fig. 3) and control peptides (Supplemental Fig. 1) were assayed at a concentration of 10  $\mu$ g/ml. A peptic-tryptic digest of gliadin (PT-gliadin) was also used to stimulate PBMCs at a concen-

tration of 50  $\mu$ g/ml. Cells ( $2 \times 10^5$  per 200  $\mu$ l) were suspended in complete medium (X-VIVO 15 supplemented with 5% pooled AB human serum and antibiotics; all provided by Lonza, Basel, Switzerland), plated in 96-well nitrocellulose-backed plates (MAHAS4510; Millipore, Bedford, MA) coated with 10  $\mu$ g/ml of anti-IFN- $\gamma$  mAb (Mabtech, Stockholm, Sweden), and incubated for 36–40 h at 37°C in the presence or absence of gliadin/peptides. Plates were washed extensively with PBS/0.05% Tween-20 and incubated with 10  $\mu$ g/ml of secondary anti-IFN- $\gamma$  biotinylated Ab for 2 h and with streptavidin-HRP (BD Pharmingen, San Diego, CA) for 1 h. Spots were developed by adding aminoethyl carbazole (Sigma-Aldrich) solution and counted using an ImmunoSpot image analyzer (A.EL.VIS, Hannover, Germany). Data are expressed as the net IFN- $\gamma$ –spot-forming cells (SFC) per  $10^6$  cells (i.e., SFC per  $10^6$  cells in the presence of gliadin/peptides minus the SFC per  $10^6$  cells with medium alone). A1/B8-binding peptides are considered immunogenic when IFN- $\gamma$  SFC responses exceed the mean (+ 2 SD) of IFN- $\gamma$  SFC in at least three A1/B8<sup>−</sup> CD patients.

### Generation of short-term CD8<sup>+</sup> T cell lines

Short-term CTL lines were derived against the most immunogenic gliadin peptides with high binding affinity for the B\*0801 molecule, as previously reported (11). PBMCs ( $4 \times 10^6$ ) from three B\*0801<sup>+</sup> CD patients (CD#5, CD#14, CD#15) were stimulated with autologous monocytes ( $2 \times 10^6$ ) prepulsed with a pool of  $\omega$ -gliadin<sub>11–19</sub> (AMAMKIATA) and  $\gamma$ -gliadin<sub>224–232</sub> (QGMHILLPL) peptides (6  $\mu$ g/ml of each) in the presence of 3  $\mu$ g/ml  $\beta$ 2-microglobulin (Calbiochem, San Diego, CA). At days 19–21 from the culture set-up, CD8<sup>+</sup> T cells were isolated from bulk lines using MACS immunomagnetic separation, according to the manufacturer's protocol (Miltenyi Biotec, Bergisch Gladbach, Germany). Both bulk culture and purified CD8<sup>+</sup> T cells were assayed by IFN- $\gamma$  ELISPOT against each single peptide. Autologous PBMCs or HLA-matched immortalized B cells ( $1 \times 10^5$  cells per well) were used as APCs. APCs were pulsed overnight with each gliadin peptide (10  $\mu$ g/ml) in the presence of  $\beta$ 2-microglobulin (3  $\mu$ g/ml) and then added to T cells.

## Results

### HLA A\*0101 and B\*0801 are frequently represented in the study CD population

To select a study cohort carrying HLA class I A\*0101 and B\*0801 alleles, we oligotyped 103 subjects with a diagnosis of CD for HLA class I A and B genes, as well as for DQA1 and DQB1 class II genes (Tables I, II). As reported in Table I, our CD cohort consisted totally of HLA DQ2.5 subjects. Among them, 18.4% were A\*0101<sup>+</sup> (B\*0801<sup>−</sup>), 8.7% were B\*0801<sup>+</sup> (A\*0101<sup>−</sup>), and 14.6% carried both A\*0101 and B\*0801 alleles. Overall, in our study population, the phenotypic frequencies of A\*0101 and B\*0801 were 33 and 23%, respectively, higher compared with 13 and 8% found in the general worldwide population (22, 23). Because the A\*0101 and B\*0801 alleles are in linkage with DR3-DQ2.5 genes in almost 60% of cases, resulting in the DR3-DQ2.5–A1–B8 extended haplotype (24, 25), we also oligotyped a subgroup of CD patients (61 of 103) for the DRB1 locus. A total of 24 subjects (39.3%) was DR3<sup>+</sup>, thus carrying the DQ2.5 coding alleles in *cis* configuration (Table I). Among these DR3<sup>+</sup> individuals, 17 (70.1%) were A\*0101 and/or B\*0801 carriers, confirming the linkage disequilibrium between A\*0101/B\*0801 alleles and the DR3-DQ2.5 haplotype found in the general population (26).

### Screening of gliadin proteins for peptides binding to A\*0101 and B\*0801 molecules

Bioinformatic algorithms available online (<http://www.iedb.org>) (18) were used to identify gliadin peptides predicted to bind HLA A\*0101 and B\*0801 molecules. The entire amino acid sequences of two  $\alpha$ -gliadins, two  $\gamma$ -gliadins, and 2  $\omega$ -gliadins contain 2492 unique 9- and 10-mer peptides. The 97 peptides representing the top 1% scoring sequences for each size and each allele were selected for in vitro binding studies (Supplemental Table II). More specifically, 47 of 97 (48.5%) were predicted to bind A\*0101, 46 of 97 (47.4%) were predicted to bind B\*0801, and the remaining 4 of 97 (4.1%) were predicted to bind both molecules.

Table I. HLA class I and II frequency in the CD cohort

HLA Alleles	Cases	Frequency (%)
A*01	34/103	33.0
B*08	24/103	23.3
Total of A*01 and/or B*08	43/103	41.7
DQA1*05 and DQB1*02 (DQ2.5)	103/103	100.00
DRB1*03 (DR3)	24/61	39.3
DR3-DQ2.5-A1/B8	17/61	27.9

Interestingly, almost 50% of the peptides mapped to  $\gamma$ -gliadins (48/97), whereas the remaining peptides derived from  $\omega$ -gliadins (24/97) or  $\alpha$ -gliadins (25/97) (Supplemental Table II).

The selected peptides were tested for their capacity to bind purified A\*0101 and B\*0801 in *in vitro* quantitative competition binding assays, as described in *Materials and Methods*. As shown in Table III, 23 peptides bound the cognate HLA class I molecule with a high affinity ( $IC_{50} < 500$  nM), with the great majority of these peptides (20/23, 87%) binding B\*0801. Of note, two of the three gliadin peptides binding A\*0101 mapped to  $\alpha$ -gliadin, whereas the majority (12/20, 60%) of the B\*0801 binders were  $\gamma$ -gliadin peptides.

#### Immunogenicity of HLA A\*0101- and B\*0801-binding gliadin peptides

Up to one half of HLA class I high-affinity binding peptides of viral protein origin are immunogenic in humans carrying the appropriate HLA class I genotype and in HLA class I-transgenic mice (25, 27–30). Accordingly, we next investigated the 23 gliadin peptides that bound A\*0101 or B\*0801 for their immunostimulatory properties in CD patients. CD subjects either positive or negative for A\*0101/B\*0801 (CD#1–24, Table II) and HLA A\*01/B\*08<sup>+</sup> healthy controls (CTR#1–10, Supplemental Table I) were selected for the functional assay.

IFN- $\gamma$  production in PBMCs stimulated with each single peptide, according to a protocol that allows the detection of memory T cell responses in peripheral blood, was measured by ELISPOT assay (11). ELISPOT data are shown in Fig. 1 and are presented as net IFN- $\gamma$  SFC per  $10^6$  cells (SFC per  $10^6$  cells in the presence of gliadin peptides minus the SFC per  $10^6$  cells with medium alone). A1/B8-binding peptides that elicited responses exceeding a specific cut-off value (see *Materials and Methods*) in at least three HLA A\*0101/B\*0801 patients were considered immunogenic. Two of the three HLA A\*0101-binding peptides,  $\alpha$ -gliadin<sub>158–167</sub> (SSQVLQSTY) and  $\omega$ -gliadin<sub>414–423</sub> (SEEPSYQY), were recognized by three or more A\*0101<sup>+</sup> CD patients (Fig. 1). More specifically,  $\alpha$ -gliadin<sub>158–167</sub> stimulated the activation of IFN- $\gamma$ -secreting cells in four of eight (50%) patients, whereas  $\omega$ -gliadin<sub>414–423</sub> was active in three of eight (37.5%) patients. In contrast, no IFN- $\gamma$  responses were detected in HLA A\*0101 healthy controls against gliadin peptides binding the A\*0101 molecule.

The overall IFN- $\gamma$  responses of PBMCs from patients with CD and healthy controls toward the B\*0801 gliadin peptides are shown in Fig. 2. Eight peptides, derived from all three gliadin families, recalled significant immune reactivity in B\*0801<sup>+</sup> CD patients. The  $\gamma$ -gliadin<sub>286–294</sub> (QLEAIRSLV) peptide recalled IFN- $\gamma$  responses in 62% (8/13) of B\*0801<sup>+</sup> patients with CD. For the A\*0101<sup>+</sup> or B\*0801<sup>+</sup> noneliac controls, if excluding one subject who had a response to  $\gamma$ -gliadin<sub>224–232</sub> (QGMHILLPL) slightly exceeding the cut-off value, no responses were observed to any gliadin peptides. Consistent with the gliadin peptide results, we observed an IFN- $\gamma$  response to known influenza A virus CTL epitopes, restricted by HLA A\*0101 or B\*0801, in a subgroup of A\*0101/B\*0801<sup>+</sup> subjects with a range of SFC per  $10^6$  cells comparable with that observed in response to gliadin peptides (Supplemental Fig. 1).

A large body of studies demonstrated that gluten peptides acquire T cell immunostimulatory properties after the tTG-mediated deamidation of specific glutamine residues (31, 32). Nevertheless,

Table II. CD patients enrolled for immunogenicity assays

Patients	Age (y)/Sex	HLA Class I	HLA Class II
HLA A*0101 <sup>+</sup>			
CD#1	38/F	A1 <sup>+</sup> , B8 <sup>-</sup>	DR5/DR7
CD#2	26/F	A1 <sup>+</sup> , B8 <sup>-</sup>	DR7/DR14
CD#3	5/F	A1 <sup>+</sup> , B8 <sup>-</sup>	DR5/DR7
CD#4	18/F	A1 <sup>+</sup> , B8 <sup>-</sup>	DR3/DRX
HLA B*0801 <sup>+</sup>			
CD#5	41/F	A1 <sup>-</sup> , B8 <sup>+</sup>	DR5/DR7
CD#6	45/F	A1 <sup>-</sup> , B8 <sup>+</sup>	DR3/DR5
CD#7	47/F	A1 <sup>-</sup> , B8 <sup>+</sup>	DR4/DR8
CD#8	8/F	A1 <sup>-</sup> , B8 <sup>+</sup>	DR3/DRX
CD#9	17/M	A1 <sup>-</sup> , B8 <sup>+</sup>	DR3/DR5
CD#10	10/M	A1 <sup>-</sup> , B8 <sup>+</sup>	DR3/DRX
CD#11	11/F	A1 <sup>-</sup> , B8 <sup>+</sup>	DR3/DRX
CD#12	11/F	A1 <sup>-</sup> , B8 <sup>+</sup>	DR3/DRX
CD#13	8/M	A1 <sup>-</sup> , B8 <sup>+</sup>	DR3/DRX
HLA A*0101 and B*0801 <sup>+</sup>			
CD#14	41/F	A1 <sup>+</sup> , B8 <sup>+</sup>	DR3/DR1
CD#15	38/F	A1 <sup>+</sup> , B8 <sup>+</sup>	DR3/DR7
CD#16	60/F	A1 <sup>+</sup> , B8 <sup>+</sup>	DR3/DR7
CD#17	40/F	A1 <sup>+</sup> , B8 <sup>+</sup>	DR3/DR5
HLA A*0101 and B*0801 <sup>-</sup>			
CD#18	27/M	A1 <sup>-</sup> , B8 <sup>-</sup>	DR3/DRX
CD#19	42/F	A1 <sup>-</sup> , B8 <sup>-</sup>	DR3/DRX
CD#20	13/F	A1 <sup>-</sup> , B8 <sup>-</sup>	DR3/DR3
CD#21	16/M	A1 <sup>-</sup> , B8 <sup>-</sup>	DR3/DRX
CD#22	12/F	A1 <sup>-</sup> , B8 <sup>-</sup>	DR5/DR7
CD#23	15/M	A1 <sup>-</sup> , B8 <sup>-</sup>	DR3/DR5
CD#24	20/M	A1 <sup>-</sup> , B8 <sup>-</sup>	DR5/DR7

F, female; M, male.

Table III. Binding affinity to HLA class I A\*0101 and B\*0801 molecules

Protein	Position	Sequence	IC <sub>50</sub> (nM) <sup>a</sup>		Binder
			A*0101	B*0801	
α-Gliadin	158	SSQVLQQSTY	103	— <sup>b</sup>	A*0101
ω-Gliadin	414	SEEPSYQQY	110	—	A*0101
α-Gliadin	217	VSFQQPQQY	365	—	A*0101
ω-Gliadin	12	MAMKIATAA	—	5.2	B*0801
γ-Gliadin	159	FLLQCKPV	—	7.8	B*0801
γ-Gliadin	160	LLQCKPVSL	—	14	B*0801
γ-Gliadin	188	LLQSKPASL	33,513	25	B*0801
γ-Gliadin	189	LQSKPASL	58,779	35	B*0801
α-Gliadin	254	FEEIRNLAL	—	46	B*0801
ω-Gliadin	11	AMAMKIATA	—	48	B*0801
γ-Gliadin	161	LQCKPVSL	—	72	B*0801
γ-Gliadin	224	QGMHILLPL	—	73	B*0801
ω-Gliadin	22	LLSPRGKEL	—	91	B*0801
γ-Gliadin	165	FPQQRPF	—	112	B*0801
ω-Gliadin	10	LAMAMKIATA	—	161	B*0801
γ-Gliadin	213	VMRQCCQQL	—	162	B*0801
α-Gliadin	1	MKTFLILAL	—	223	B*0801
α-Gliadin	141	LIPCRDVVL	—	246	B*0801
γ-Gliadin	31	WLQQLVLPQL	—	286	B*0801
γ-Gliadin	287	LEAIRSLV	—	303	B*0801
γ-Gliadin	286	QLEAIRSLV	17,070	353	B*0801
ω-Gliadin	14	MNIASASRL	—	368	B*0801
γ-Gliadin	203	CAAIHTIIH	—	465	B*0801

<sup>a</sup>Binder threshold (IC<sub>50</sub> < 500 nM).

<sup>b</sup>Dash (—) indicates IC<sub>50</sub> > 100,000 nM.

peptides able to stimulate CD T cells in their native form also were described (9, 33, 34). To confirm that gliadin contains peptides able to stimulate T cell-mediated responses in a deamidation-independent manner, we performed additional experiments in our cohort of A\*0101/B\*0801<sup>+</sup> CD patients using partially digested gliadin extract (PT-gliadin) as Ag. Gliadin-specific cells can be detected in peripheral blood cells from treated CD patients, but not in healthy controls (Fig. 3).

Overall, these data demonstrate that gliadins contain short peptides that are able to recall, in their wild-type form, T cell responses in subjects with CD in the context of A\*0101- and B\*0801-restriction molecules.

#### The reactivity to HLA class I A\*0101/B\*0801-restricted gliadin peptides is heterogeneous

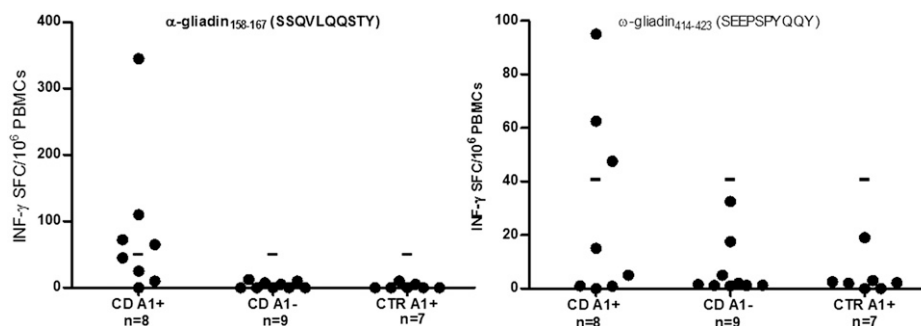
The frequency of IFN-γ responses in the A\*0101/B\*0801<sup>+</sup> CD patients against the HLA-matched stimulatory peptides is summarized in Table IV. Five of eight (63%) A\*0101 CD patients responded to at least one A\*0101 gliadin peptide. The α-gliadin<sub>158–167</sub>

SSQVLQQSTY peptide was the most prominent A\*0101-restricted epitope; it was recognized by four of eight (50%) patients with CD.

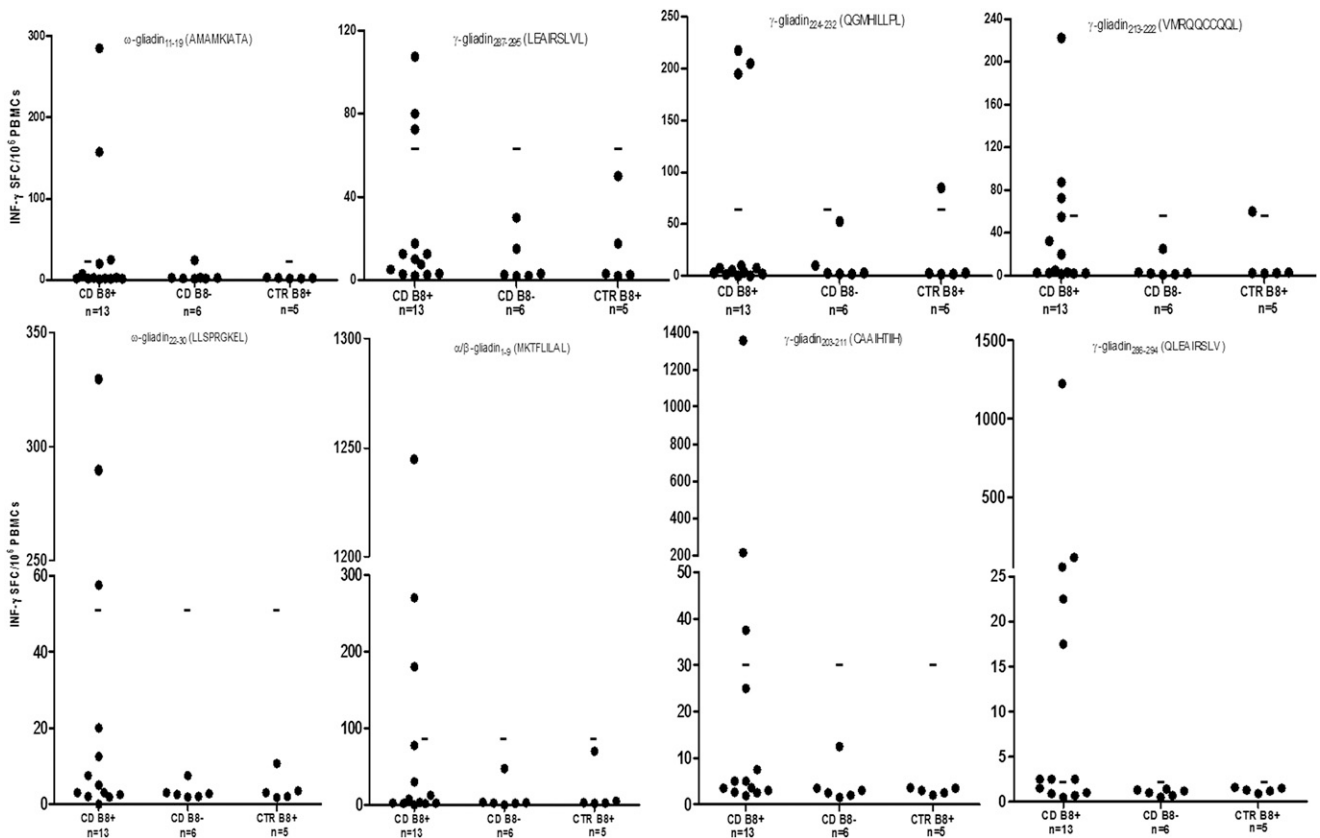
A higher number of responding subjects was observed in B\*0801<sup>+</sup> patients with CD; 10 of the 13 (77%) screened patients were reactive to at least one B\*0801 gliadin peptide. Interestingly, three patients (#7, #9, and #12) were the most responsive, either in terms of the number of peptides recognized (four of eight, seven of eight, and eight of eight, respectively) or the frequency of specific T cells. γ-Gliadin<sub>286–294</sub> (QLEAIRSLV) was the most active peptide; it was recognized by 8 of 13 (62%) patients with CD. Collectively, the profile of responses summarized in Table IV indicates a rather heterogeneous recognition pattern of A\*0101- and B\*0801-binding gliadin peptides.

#### The immune response to HLA A\*0101- and B\*0801-binding peptides is mediated by CD8<sup>+</sup> T cells

Next, we investigated the nature of T cells responding to the newly identified HLA class I-restricted gliadin epitopes. Because T cells reactive to A\*0101/B\*0801-restricted gliadin peptides have a low



**FIGURE 1.** Immunogenicity of HLA A\*0101 binder gliadin peptides. IFN-γ-releasing cells in response to gliadin peptides that bind to HLA A\*0101 with high affinity were detected by ELISPOT in PBMCs from HLA A\*0101<sup>+</sup> CD patients and healthy controls, as well as in HLA A\*0101<sup>-</sup> CD patients. Each peptide was assayed at 10 μg/ml, and results are shown as net IFN-γ SFC per 10<sup>6</sup> cells (SFC in the presence of peptide – SFC in the absence of peptide). Each circle represents the number of IFN-γ-releasing cells monitored in a single subject. Horizontal lines indicate the mean value + 2 SD of responses obtained in A\*0101<sup>-</sup> CD subjects (cut-off value).



**FIGURE 2.** Immunogenicity of HLA B\*0801 binder gliadin peptides. IFN- $\gamma$ -releasing cells in response to gliadin peptides that bind HLA B\*0801 with high affinity were detected by ELISPOT in PBMCs from HLA B\*0801<sup>+</sup> CD patients and healthy controls, as well as in HLA B\*0801<sup>-</sup> CD patients. Each peptide was assayed at 10  $\mu$ g/ml, and results are shown as net IFN- $\gamma$  SFC per  $10^6$  cells. Each circle represents the number of IFN- $\gamma$ -releasing cells monitored in a single subject. Horizontal lines indicate the mean value + 2 SD of responses obtained in B\*0801<sup>-</sup> CD subjects (cut-off value).

frequency in the peripheral blood of treated CD patients compliant with a gluten-free diet, we generated in vitro peptide-specific T cell cultures. T cells reactive toward two active B\*0801 peptides,  $\omega$ -gliadin<sub>11-19</sub> (AMAMKIATA) and  $\gamma$ -gliadin<sub>224-232</sub> (QGMHILLPL), were expanded to generate cytotoxic short-term T cell lines, as described in *Materials and Methods* (35). At the end of the expansion period, the bulk T cell cultures were enriched in CD8<sup>+</sup> T cells by immunomagnetic separation. FACS analysis determined that, in the bulk culture, an average of 52% of the cells were CD3<sup>+</sup>CD8<sup>+</sup>, whereas, upon immunomagnetic separation, 93.9% of the cells were CD3<sup>+</sup>CD8<sup>+</sup>. In the bulk culture, the frequency of cells secreting IFN- $\gamma$  in response to  $\omega$ -gliadin<sub>11-19</sub> peptide was 110–166.5 per  $10^6$  cells (mean  $133 \pm 47$ ,  $\sim 0.01\%$ ) (Fig. 4), whereas responses to  $\gamma$ -gliadin<sub>224-232</sub> were in the range of 399–3496 per  $10^6$  cells (mean  $1948 \pm 2189$ ,  $\sim 0.2\%$ ) (Fig. 2). Following immunomagnetic separation to enrich CD8<sup>+</sup> T cells, the IFN- $\gamma$ -secreting cells were markedly enhanced in response to  $\omega$ -gliadin<sub>11-19</sub> (4,628–6,327 per  $10^6$  cells, mean  $5,477.85 \pm 1200$ ,  $\sim 0.55\%$ ) and  $\gamma$ -gliadin<sub>224-232</sub> (8,891–11,255 per  $10^6$  cells, mean  $10,073.25 \pm 1671$ ,  $\sim 1\%$ ). Of note, an increase in the IFN- $\gamma$  response to gliadin also was observed upon CD8<sup>+</sup> T cell enrichment.

Taken together, these data indicate that CD8<sup>+</sup> T cells specific for HLA class I-restricted gliadin peptides can be detected in the peripheral blood of CD patients.

## Discussion

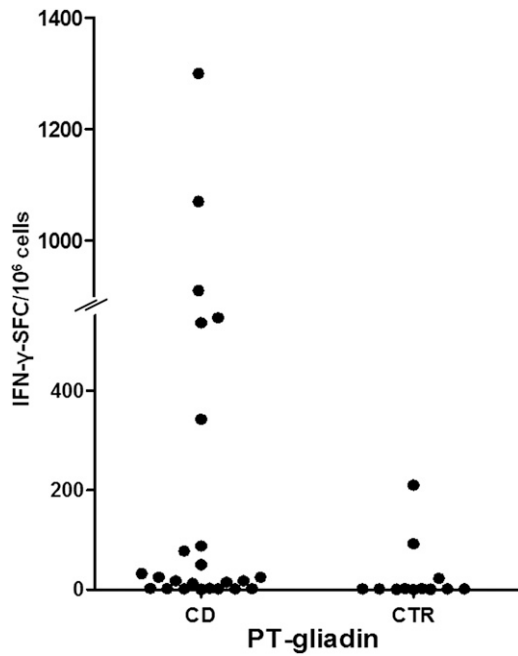
We report that several gliadin peptides with high binding affinity for HLA class I A\*0101 or B\*0801 molecules are able to stimulate CD8<sup>+</sup> T cell responses in CD patients. To identify CD8<sup>+</sup> T cell epitopes derived from gliadin, we took advantage of a strategy that

combines bioinformatic analyses, in vitro MHC-peptide binding assays, and functional assays in patients with CD.

The sequences of two  $\alpha$ -,  $\gamma$ -, and  $\omega$ -gliadins were screened for the presence of peptides predicted to bind A\*0101 and B\*0801 molecules using algorithms available from the Immune Epitope Database (<http://www.iedb.org>) (18). Although all families of gliadin ( $\alpha$ -,  $\gamma$ -, and  $\omega$ -gliadins) contained potential binders to HLA A\*0101 and B\*0801, in vitro binding analysis identified 20 peptides with high affinity for B\*0801 but only three A\*0101 high binder peptides. This remarkable difference in repertoire is consistent with a previous study by Paul et al. (36) that highlighted how A\*0101 is associated with a very narrow repertoire and relatively few binder peptides compared with other common HLA A and B molecules.

Almost half of the HLA class I-binding gliadin peptides were able to specifically stimulate IFN- $\gamma$  responses in peripheral blood of CD patients. In particular, we found that 2 of 3 A\*0101 peptides ( $\alpha$ -gliadin<sub>158-167</sub> and  $\omega$ -gliadin<sub>414-423</sub>) and 8 of 20 B\*0801 peptides ( $\omega$ -gliadin<sub>11-19</sub>,  $\gamma$ -gliadin<sub>224-232</sub>,  $\omega$ -gliadin<sub>22-30</sub>,  $\gamma$ -gliadin<sub>213-222</sub>,  $\alpha$ -gliadin<sub>1-9</sub>,  $\gamma$ -gliadin<sub>287-295</sub>,  $\gamma$ -gliadin<sub>286-294</sub>, and  $\gamma$ -gliadin<sub>203-211</sub>) were selectively recognized by CD patients. Furthermore, we determined that the newly identified gliadin epitopes, selected based on their high affinity for HLA class I A\*0101/B\*0801 molecules, stimulated CD8<sup>+</sup> T cells in subjects with CD.

CD is an autoimmune disorder in which adaptive immunity, mediated by CD4<sup>+</sup> T cells, has a central pathogenic role. Several comprehensive studies characterized the phenotype, function, and peptide repertoire of gluten-specific CD4<sup>+</sup> T lymphocytes in CD patients (13, 34, 37, 38). However, several lines of evidence indicated that the massive infiltration of CD8<sup>+</sup> T lymphocytes into



**FIGURE 3.** T cells reactive to native PT-gliadin in peripheral blood of CD patients. PBMCs from treated CD patients and healthy controls were stimulated PT-gliadin (50 μg/ml). Specific IFN-γ-releasing cells were detected by ELISPOT, as indicated in Fig. 1. Results are shown as net IFN-γ SFC per 10<sup>6</sup> cells. Each circle represents the number of IFN-γ-releasing cells monitored in the individual subject.

the intestinal mucosa of CD patients has a prominent role in the generation of intestinal villous atrophy. In particular, the pathogenic function was primarily attributed to the intraepithelial CD8<sup>+</sup> T lymphocytes associated with innate immunity (5, 6). These lymphocytes are armed to kill enterocytes after gluten exposure, albeit through a TCR-independent mechanism (5). Our data suggest that gliadin-specific adaptive CD8<sup>+</sup> T lymphocytes restricted by HLA class I molecules may also participate in the inflammatory cascade triggered by gluten.

We reported previously that gliadin contains a peptide capable of activating adaptive CD8<sup>+</sup> T lymphocytes exclusively in CD patients. This epitope, corresponding to the 123–132 residues of α-gliadin, is restricted by HLA A\*02 class I molecule and is specifically recognized by HLA\*0201<sup>+</sup> CD subjects (11). Because there is no strict genetic association with the HLA A\*0201 gene [carried by 30–40% of CD subjects and the general white population (39)], we have now expanded our analysis to A\*0101 and B\*0801, two frequent HLA class I alleles in the general worldwide population and in linkage with the DQ2.5 CD-risk alleles.

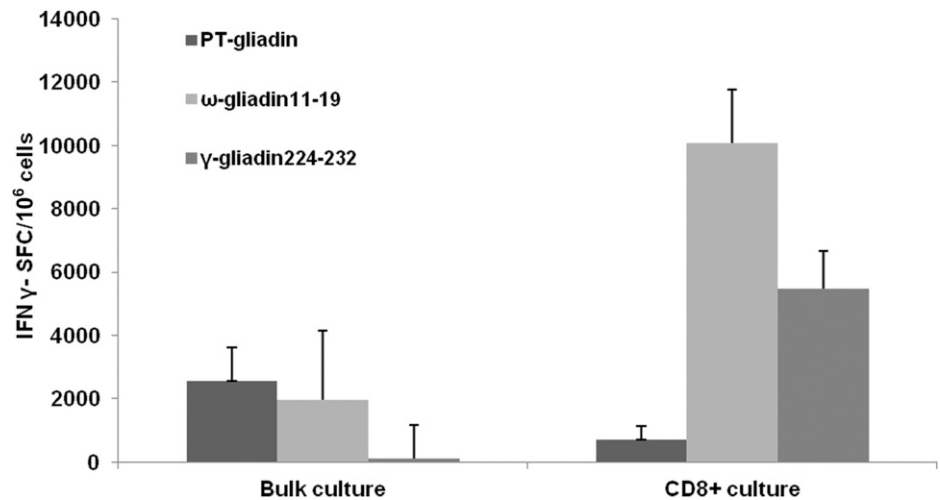
Similar to findings on gliadin peptides activating CD4<sup>+</sup> T cells (34), we observed a heterogeneous recognition profile of CD8<sup>+</sup> T cell peptides, in particular for B\*0801-restricted epitopes. Notwithstanding a large response heterogeneity, two peptides, α-gliadin<sub>158–167</sub> (restricted by HLA A\*0101) and γ-gliadin<sub>286–294</sub> (restricted by HLA B\*0801), were highly stimulatory; they induced T cell responses in 50 and in 62% of CD patients, respectively. Interestingly, we found that five of eight B\*0801-restricted gliadin epitopes mapped to the γ-gliadins. This finding indicated that γ-gliadins are an important trigger factor in CD pathogenesis, in accordance with our previous studies describing several CD4<sup>+</sup> T cell epitopes in this prolamin family (40, 41). Notably, the HLA class I gliadin epitopes described in our study were active in their wild-type form. Although it is well known that the enzymatic deamidation of specific glutamines is key in en-

Table IV. Recognition frequency of HLA class I-restricted gliadin epitopes in CD patients

Code	Protein	Sequence	Volunteers with CD																	Responders (%)	
			CD#1	CD#2	CD#3	CD#4	CD#5	CD#6	CD#7	CD#8	CD#9	CD#10	CD#11	CD#12	CD#13	CD#14	CD#15	CD#16	CD#17		
A*01-restricted CD8 epitopes	α-Gliadin	SSQVLQQSTY	+ <sup>a</sup>																		4/8(50)
	ω-Gliadin	SEEPSYQY																			3/8(37.5)
	ω-Gliadin	AMAMKIATA																			3/13(23)
	γ-Gliadin	QGMHLLPL																			3/13(23)
B*08-restricted CD8 epitopes	ω-Gliadin	LLSPRGKEL																			3/13(23)
	γ-Gliadin	VMRQCCQQL																			3/13(23)
	α-Gliadin	MKFTLLAL																			3/13(23)
	γ-Gliadin	LEAIRSLV																			3/13(23)
	γ-Gliadin	QLEAIRSLV																			3/13(23)
	γ-Gliadin	CAAHTTHH																			8/13(62)
	ω-Gliadin	CAAHTTHH																			3/13(23)
	ω-Gliadin	CAAHTTHH																			3/13(23)

<sup>a</sup>+ indicates a positive peptide response.

**FIGURE 4.** HLA class I B\*0801-binding peptides are recognized by CD8<sup>+</sup> T cells in CD patients. Short-term T cell lines (CTLs) were obtained by stimulating PBMCs from HLA B\*0801<sup>+</sup> CD patients with gliadin peptides  $\omega$ -gliadin<sub>11-19</sub> and  $\gamma$ -gliadin<sub>224-232</sub>. Peptide-specific IFN- $\gamma$ -releasing cells were detected by ELISPOT in bulk CTL culture and in CD8<sup>+</sup> CTLs (magnetic depletion). Net IFN- $\gamma$  SFC per 10<sup>6</sup> cells is shown. Each peptide was assayed at 10  $\mu$ g/ml; PT-gliadin was assayed at 50  $\mu$ g/ml as a control Ag. CTLs were generated from three CD patients. Results from one representative patient are shown.



hancing the CD4<sup>+</sup> T cell immunogenicity of gliadin in CD patients (31, 32), our data provide evidence of gliadin peptides that can elicit adaptive T cell responses independently of posttranscriptional modifications mediated by tTG.

Our findings are in agreement with previous studies demonstrating a strong correlation between HLA binding affinity and peptide stimulatory capability (30, 42, 43). It was shown that 50% of all high-affinity binders are immunogenic in an HLA A\*02 mouse system (27). We found that, among the 23 gliadin peptides selected in this study on the basis of high binding affinity to HLA class I molecules, ~43% were immunogenic in subjects with CD. These data confirm that binding analyses provide a useful tool to facilitate the identification of peptides that are potential CD8<sup>+</sup> T cell epitopes.

The PBMCs reacting to HLA A\*0101/B\*0801 gliadin epitopes are CD8<sup>+</sup> T cells, as demonstrated by analysis of short-term T cell lines specific for two of the most active epitopes. These results confirm previous findings from our group showing that gliadin contains a 10-mer epitope that is able to activate adaptive CD8<sup>+</sup> T cells in HLA A\*0201 CD patients but not in healthy controls (9, 11). Recently, Han et al. (12) reported an increase (from 0.02 to 1.11%) in the proportion of total CD8<sup>+</sup> T cells of intestinal origin (CD38<sup>+</sup> and  $\alpha$ E $\beta$ 7<sup>+</sup>) in the peripheral blood of CD patients after 3 d of gluten challenge, along with a concomitant increase (from 0.03 to 1.52%) in CD38<sup>+</sup> $\alpha$ E $\beta$ 7<sup>+</sup> TCR $\gamma$  $\delta$  T cells (12). These findings strongly suggest that gluten triggers the activation and mobilization of intestinal CD8<sup>+</sup> T cells.

Several studies demonstrated that CD8<sup>+</sup> T cells have a cytotoxic function (5–7, 9, 11) in CD intestinal mucosa. In addition, we previously demonstrated the apoptosis of CaCO<sub>2</sub> cells presenting a gluten peptide to HLA class I-restricted CD8<sup>+</sup> T lymphocytes isolated from CD gut mucosa (9). These observations parallel those pertaining to the involvement of cytotoxic CD8<sup>+</sup> T cells in the pathogenesis of several other autoimmune diseases. Islet-infiltrating pancreatic T cells are made predominantly by CD8<sup>+</sup> T cells (44) and further in vitro evidence established their role in pancreatic  $\beta$ -cell destruction (45). Of note, Coppieters et al. (46) showed the presence of islet-reactive CD8<sup>+</sup> T cells in insulinitic lesions from patients with recent-onset or longstanding type 1 diabetes, suggesting a role for these cells in the onset and progression of autoimmune diabetes.

Early genetic studies reported an association of CD with the HLA A\*0101 and B\*0801 class I alleles (15, 16), although further studies demonstrated that primary genetic susceptibility is provided by HLA class II DQ genes (47). Of relevance, a recent fine

mapping of the MHC locus identified the HLA B\*0801 gene as an additional risk factor for CD patients (17). Interestingly, A\*0101 and B\*0801 genes are part of the extended DR3-DQ2.5-A1-B8 (COX) haplotype. COX is a highly conserved haplotype and is associated with several autoimmune diseases (24). Specifically, COX is expressed in CD with high frequency (48) and is associated with more severe clinical manifestations and with complicated CD (49). Although we found that approximately one third of our CD patients were DR3-DQ2.5-A\*0101/B\*0801<sup>+</sup>, further studies are needed to define the exact penetrance of the extended DR3-DQ2.5-A1-B8 haplotype in larger Italian CD cohorts. Such studies could be important to allow for more complete risk stratification. It will be interesting to correlate the clinical onset, disease severity, and the magnitude of the antigliuten T cell response with the HLA class I and II genotypes. These studies would help us to understand CD immunopathogenesis and may also define strategies for treating, or even preventing, this dietary disorder (50).

In conclusion, we demonstrate that gliadins contain epitopes that elicit CD8<sup>+</sup> T cell responses restricted by HLA class I A\*0101 and B\*0801 molecules. Our immunologic findings are corroborated by recent GWAS analyses showing a genetic association of CD with the HLA class I B\*0801 gene (17), strongly suggesting a role for CD8<sup>+</sup> T lymphocytes in CD pathogenesis.

## Disclosures

The authors have no financial conflicts of interest.

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