

1 *Phytochemical composition, antioxidant and wound healing activities of*

2 ***Teucrium polium subsp. capitatum (L.) Briq. essential oil***

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17 **ABSTRACT**

18 *Teucrium polium* is widely used in Algerian folk medicine as to treat wounds. The aim of  
19 this study was to evaluate the chemical composition, antioxidant and wound healing  
20 properties of *Teucrium polium* essential oil. The composition was obtained by a  
21 combination of GC-FID and GC-MS analyses. The antioxidant activity was evaluated by  
22 in vitro assays (total antioxidant capacity, DPPH and bleaching of  $\beta$ -carotene). The in  
23 vivo wound healing potential of an ointment containing 10% of *T. polium* essential oil  
24 was investigated. The main components were in this order:  $\beta$ -pinene, germacrene D,  $\beta$ -  
25 pinene, myrcene, limonene, bicyclogermacrene, *trans*- $\beta$ -guaiene, spathunelol and  $\beta$ -  
26 bourbonene. *Teucrium polium* essential oil displayed a moderate antioxidant activity. The  
27 *in vivo* experiments showed that 10% OEO accelerated the wound healing process in  
28 comparison with controls. This study provides a scientific rationale for the use of  
29 *Teucrium polium* essential oil in the treatment of wounds.

30

31 **Keywords:** *Teucrium polium*; Essential oil; Chemical composition; Antioxidant; Wound  
32 healing

33

## 34 **Introduction**

35 Lamiaceae is one of the largest families of flowering plants comprising about 250 genera  
36 and over 7,000 species. Most of the plants of this family are aromatic and therefore  
37 important source of essential oils (EOs); Lamiaceae are widely used as culinary herbs and  
38 reported as medicinal plants in several folk traditions (1). *Teucrium* genus comprising  
39 more than 300 species is the largest of the Lamiaceae family in the Mediterranean area  
40 (2,3).

41 Algeria is one of the major countries in Africa with a remarkable floristic richness  
42 related to its ecosystem and landscape diversity. The number of taxa of its flora is  
43 estimated at about 4000 including 300 endemic taxa of which approximately 90% are  
44 present in the north of the country (4). Unfortunately, notwithstanding this large  
45 patrimony of Algerian flora, until now, only few species have been studied.

46 In Algeria *Teucrium polium* is represented by 12 subspecies including the most  
47 common *T. polium* L. subsp. *polium* and *T. polium* L. subsp. *capitatum* (5,6). The latter  
48 is a perennial, pubescent, aromatic plant, 20-50 cm high, white or grey hairs on stems,  
49 with green-grayish leaves and white flowers. *T. polium* is widely used in Algerian folk  
50 medicine as antidiabetic, antihypertensive and to treat wounds (7). In addition, many  
51 biological activities have been ascribed to different extracts of this plant, such as  
52 antioxidant, hepatoprotective, anti-cancer, antimicrobial, antinociceptive, and analgesic  
53 activities (8). According to a recent review (9) which analyzed about 270 papers dealing  
54 with the chemical composition and the antimicrobial activity of *T. polium* essential oil,  $\alpha$ -  
55 pinene,  $\beta$ -pinene, spathulenol, verbenene,  $\beta$ -myrcene were individuated as the main  
56 components. These oils showed a mosquitocidal, repellent and insecticidal activities  
57 (10,11), and antimicrobial properties (12,13).

58 The aim of the present study has been to report the chemical composition of the  
59 essential oil *T. polium* subsp. *capitatum* collected in Algeria, and, for the first time to  
60 establish the antioxidant and wound healing properties by *in vitro* and *in vivo* studies, as  
61 well as the safety of its dermal traditional use.

62

## 63 **Materials and methods**

### 64 *Plant material*

65 The flowering aerial parts of *Teucrium polium* subsp. *capitatum* were collected in May  
66 2018, from M'sila (Algeria). The plant was identified and authenticated taxonomically by  
67 Sarri D. (Department of Nature Sciences and Life, University of M'sila). A voucher  
68 specimen of the plant is deposited in the herbarium (AB-13, 2018) of the same  
69 Department.

#### 70 ***Essential Oil Isolation***

71 One-hundred grams of air dried aerial parts of plant were subjected to hydrodistillation  
72 using a Clevenger apparatus according to the current European Pharmacopoeia (13) until  
73 there was no significant increase in the volume of oil collected (3 h). The oil was dried  
74 over anhydrous sodium sulphate and stored under N<sub>2</sub> in a sealed vial until required.

#### 75 ***Essential Oil Analysis***

76 Gas chromatographic (GC) analyses were run on a Shimadzu gas chromatograph, Model  
77 17-A equipped with a flame ionization detector (FID), and with an operating software  
78 Class VP Chromatography Data System version 4.3 (Shimadzu). Analytical conditions:  
79 SPB-5 capillary column (15 m x 0.10 mm x 0.15 μm), helium as carrier gas (1mL/min).  
80 Injection in split mode (1:200), injected volume 1 μL (4% essential oil/CH<sub>2</sub>Cl<sub>2</sub> v/v),  
81 injector and detector temperature 250 e 280 °C, respectively. Linear velocity in column  
82 19 cm/sec. The oven temperature was held at 60 °C for 1 minute, then, programmed as  
83 reported previously (14). Percentages of compounds were determined from their peak  
84 areas in the GC-FID profiles.

85 Gas-chromatography-mass spectrometry (GC-MS) was carried out in the fast  
86 mode on a Shimadzu GC-MS mod. GCMS-QP5050A, with the same column and the  
87 same operative conditions used for analytical GC-FID, operating software GCMS  
88 solution version 1.02 (Shimadzu). Ionization voltage 70 eV, electron multiplier 900 V,  
89 ion source temperature 180 °C. Mass spectra data were acquired in the scan mode in *m/z*  
90 range 40-400. The same oil solutions (1 μL) were injected with the split mode (1:96).

#### 91 ***Identification of Components of Essential Oils***

92 The identity of components was based on their GC retention index (relative to C<sub>9</sub>-C<sub>22</sub> *n*-  
93 alkanes on the SPB-5column), computer matching of spectral MS data with those from  
94 NIST MS libraries (15), the comparison of the fragmentation patterns with those reported  
95 in literature (16) and, whenever possible, co-injections with authentic samples.

#### 96 ***Total Antioxidant Capacity (TAC) assay***

97 The TAC of *T. polium* EO was evaluated by the phosphomolybdenum method (17). An  
98 aliquot of 0.3 mL of the EO was combined with 3 mL of the reagent solution (0.6 M of  
99 sulfuric acid, 28 mM of sodium phosphate and 4 mM of ammonium molybdate). The  
100 tubes were incubated in a water bath at 95°C for 90 min. After the samples were cooled  
101 at room temperature and the absorbance was measured at 695 nm. The total antioxidant  
102 activity was calculated by the following equation:

$$103 \quad TAC (\%) = ([A_{sample} - A_{control}] / A_{blank}) \times 100$$

104 Where  $A_{sample}$  is the absorbance of the sample mixed with the reagent solution,  $A_{control}$  is  
105 the absorbance of deionized water mixed with the sample and  $A_{blank}$  is the absorbance of  
106 the reagent solution mixed with deionized water. The antioxidant activity was expressed  
107 in  $\mu\text{g}$  of Ascorbic Acid Equivalent per mg of EO ( $\mu\text{g}$  AAE /mg EO). All tests were carried  
108 out in triplicate.

#### 109 ***$\beta$ -Carotene/linoleic acid assay***

110 The ability of the EO to inhibit the lipid peroxidation has been evaluated using the  $\beta$ -  
111 carotene/linoleic acid assay (18). The solution of  $\beta$ -carotene/linoleic acid mixture was  
112 prepared by dissolving 0.5 mg of  $\beta$ -carotene in 1 mL of chloroform with 25  $\mu\text{L}$  of linoleic  
113 acid and 200 mg of tween 40. After complete evaporation of chloroform, 100 mL of  
114 distilled water saturated with oxygen (30 min) was added to the mixture under vigorous  
115 stirring. 2.5 mL of the emulsion was added to 350  $\mu\text{L}$  of EO at different concentrations.  
116 BHT was used as positive control and the methanol and distilled water as negative control.  
117 The absorbance was measured at 490 nm after 24 hours of incubation at room temperature  
118 in the dark. The antioxidant activity (AA%) was calculated, using the following equation:

$$119 \quad AA\% = (AE / AE_{t_0}) \times 100$$

120 Where AE: Absorbance in the presence of the EO after 24 h and  $AE_{t_0}$ : absorbance in the  
121 absence of the EO at 0 hour. All measurements were performed in triplicate.

#### 122 ***Animals***

123 New Zealand albino rabbits weighing (1.9-2.1 kg) were purchased from Pasteur Institute  
124 of Algiers (Algeria), they were fed *ad libitum* with water and kibble diet. Animal studies  
125 have been authorized by the Institutional Ethic Committee (Registration N°:  
126 DO1N01UN280120150001) and all procedures were performed according to  
127 International Council for Laboratory Animal Science (20).

128 Before the experimental procedure, an area on the back of the rabbits was shaved  
129 with an electric razor. The animals were left in their cages 24 hours to verify the absence  
130 of irritation of the shaved zone (21).

### 131 ***Preparation of the ointment***

132 The essential oil of *T. polium* was incorporated in petroleum jelly (PJ) (Unilever, France)  
133 at a concentration of 10% to obtain the Ointment Essential Oil OEO 10%. Namely, 10 g  
134 of essential oil was blended with 10 g of petroleum jelly previously melted in a water  
135 bath. The formulation was manually mixed to obtain a homogeneous mixture. This is a  
136 traditional preparation used by local herbalists to treat wounds (7).

137 Cicatryl-Bio (CIC), an allantoin-based pharmaceutical preparation (Pierre Fabre,  
138 Paris, France) was used as reference drug.

### 139 ***Acute dermal irritation***

140 The study was conducted according to the Organization for Economic Co-operation and  
141 Development (OECD) guidelines 404 (22). The OEO 10% was applied topically on the  
142 back of the animals at an amount of 0.5 g per rabbit. The animals were observed for  
143 mortality and any toxic or deleterious effects with special attention given to the first 4 h  
144 and then once daily for a period of 14 days following the topical application. At the  
145 application sites, the skin was observed for signs of erythema, edema and local injury.  
146 The body weight and food intake were also recorded

### 147 ***Evaluation of wound healing activity***

148 The rabbits were randomly divided into 4 groups of 4 rabbits as follows: first group was  
149 untreated (UT), second group treated with the reference drug (CIC), third group with OEO  
150 10% and fourth group with petroleum jelly (PJ).

151 Animals were anaesthetized using intraperitoneal injection of ketamine (90  
152 mg/kg)-xylazine (10 mg/kg) (23). A circle of 2.5 cm in diameter was drawn on the skin  
153 of the lumbar region, which was then excised. Excisional wounds were immediately  
154 treated and the animals placed in individual cages with clean litters. Preparations (CIC,  
155 OEO 10% and PJ) were topically applied at an amount of 0.5 g per rabbit once per day  
156 for 16 days (24).

157 The dimensions of excision wounds were measured every 4 days during the trial  
158 period by tracing the wounds on a transparent paper and measuring through the graph

159 paper. The percentage of the evolution of wound contraction was calculated using the  
160 following formula (25):

161 
$$\% \text{ Wound contraction} = [(Initial \text{ wound size} - Specific \text{ day wound size}) / Initial \text{ wound size}] \times 100$$

### 162 ***Histological section***

163 At the end of the experimentation the rabbits were sacrificed. The tissue slices were fixed  
164 in formalin (10%) for 72 h. The samples were dehydrated by passing them through three  
165 successive baths of ethanol. Then they were thinned in two baths of xylene and embedded  
166 in paraffin by two successive baths at 60 °C each one. The paraffin blocks obtained were  
167 then cut with a microtome, rehydrated and stained with haematoxylin-eosin (26) and  
168 examined by Optika B-500 microscope.

### 169 ***Statistical analysis***

170 The data obtained in the studies were subjected to one way of analysis of variance  
171 (ANOVA) for determining the significant difference (GRAPH PAD). The results are  
172 presented as means  $\pm$  SD. The inter group significance was analyzed using Tukey test and  
173 differences were considered significant at  $p \leq 0.05$ .

174

## 175 **Results**

### 176 ***Extraction yield and chemical composition of essential oils***

177 The hydrodistillation of the aerial parts of *T. polium* subsp. *capitatum* gave an oil with a  
178 yield of 0.53%  $\pm$  0.05% (v/w). The chemical composition was determined by a  
179 combination of GC-FID and GC-MS analyses. Table 1 lists the 83 components identified  
180 in the oil, which have been subdivided in four classes: monoterpene hydrocarbons (MH),  
181 oxygenated monoterpenes (OM), sesquiterpenes (S) and others (O), being the last class  
182 representative of not terpenoid components.

183 *T. polium* subsp. *capitatum* EO was found to be rich in MH (*ca.* 60% and 11  
184 compounds), S was the second class (*ca.* 30% of total and 27 compounds), a low content  
185 of OM (*ca.* 6% and 31 compounds), finally the O class with a total amount largely below  
186 1% with 13 compounds.

187 The main components identified in the EO were in this order:  $\beta$ -pinene (*ca.* 33%),  
188 germacrene D (*ca.* 17%),  $\alpha$ -pinene (*ca.* 10%), myrcene (*ca.* 8%), limonene (*ca.* 7%),  
189 bicyclogermacrene (*ca.* 3%), *trans*- $\beta$ -guaiene (*ca.* 1.7%), spathunelol (*ca.* 1.6%) and  $\beta$ -  
190 bourbonene (*ca.* 1.3%). All others compound comprising also all oxygenated

191 monoterpenes and the others class were below 1%. Figure 1 shows the typical GC profile  
192 of this essential oil.

### 193 ***In vitro antioxidant activity***

194 The *in vitro* antiradical activity of *T. polium* essential oil was evaluated by TAC, DPPH  
195 and bleaching test of  $\beta$ -carotene.

196 The experimental results obtained by the total antioxidant capacity test show  
197 clearly that the studied essential oil is significantly ( $p \leq 0.001$ ) less powerful antioxidant  
198 than the reference standard ( $508.91 \pm 7.56 \mu\text{g EAA/mg}$  and  $417.98 \pm 1.85 \mu\text{g of EAA/mg}$   
199 respectively).

200 In the DPPH free radical method, the essential oil and the BHT depleted the initial  
201 DPPH concentration by 50% but at different concentrations. The  $\text{IC}_{50}$  of essential oil in  
202 compared with BHT was very significantly low ( $p \leq 0.001$ ) ( $5550.33 \pm 0.10 \mu\text{g/mL}$  and  
203  $14.6 \pm 0.71 \mu\text{g/mL}$ , respectively).

204 In the case of inhibition of  $\beta$ -carotene bleaching assay, the antioxidant capacity is  
205 determined by inhibiting the formation of the conjugated diene hydroperoxides arising  
206 from linoleic acid oxidation. The essential oil was not able to effectively complete inhibit  
207 the linoleic acid oxidation, and only  $53.52\% \pm 1.48$  inhibitions were achieved at 2 mg/mL  
208 concentrations, which were significantly ( $p \leq 0.001$ ) far below the positive control BHT  
209 which showed a value of  $89.10\% \pm 0.55$  at the concentration of 2 mg/mL.

### 210 ***Acute dermal irritation***

211 The animals were divided in the following four groups: untreated group (UT); treated  
212 with Cicatryl-Bio group (CIC); 10% essential oil ointment group (OEO 10%); petroleum  
213 jelly group (PJ). They were observed frequently during the 14 days following the topical  
214 application of 0.5 g of OEO 10%. No poisonous signs or mortality have been observed.  
215 The rabbits did not show any critical changes in behavior and breathing, any disability in  
216 feeding and water utilization, or postural irregularities and loss of hair. There were no  
217 irritation signs, no erythema, eschar, edema, or any other reactions on the skin of all  
218 animals after topical application.

### 219 ***Evolution of the healing process of wounds***

220 During the healing period, and according to a specific interval of time of four days, the  
221 wounds were regularly measured and photographed. The assessment of the evolution of



222 the surface of each wound excision was performed on the treated and untreated animals;  
223 the comparison between the different groups is indicated in Table 2 and Figure 2.

224 There was a progressive and time-dependent decrease of the wound surface area.  
225 All treated animals showed significant reduction in wound area when compared to  
226 untreated group ( $p < 0.05$ ). A very high significant difference ( $p < 0.001$ ) was observed  
227 between all treated groups and the untreated group at the end of the experimentation. The  
228 treated group with OEO 10% produced greater wound contraction compared with the  
229 other treated groups (CIC and PJ). There was no significant difference between treated  
230 group with the OEO 10% and the group treated with the drug reference Cicatryl regarding  
231 the percentage of wound contraction during all the period of healing.

### 232 ***Histological sections***

233 The results of histopathological examination are showed in Figure 3, which allows  
234 comparing cicatricial zones of rabbits (treated or not treated) to a healthy zone on the  
235 same histological cut of the same sample.

236 The histological sections belonging to the untreated and PJ treated groups showed  
237 an inflamed dermis, infiltrant epidermal and incomplete epithelization with poorly  
238 formed granulation tissue and sparse distribution of collagen fibers and a plenty of  
239 inflammatory cells. These observations were in accordance with the wound healing  
240 process delay (Figure 3 a,b). On the contrary, animals topically treated with CIC and OEO  
241 10% showed a better re-epithelization resulting in more regular cell layers and more  
242 epidermal ridges with abundant granulation tissue formation and higher collagen content  
243 (Figure 3 c,d). These histopathological observations provided additional evidences of the  
244 wound healing activity of OEO based formulation.

### 245 **Discussion**

246 The yield ( $0.53\% \pm 0.05$ , v/w) of *T. polium* belongs to the interval of values reported in  
247 the literature ranging between 0.14 and 0.6% (6). Chromatographic data showed that *T.*  
248 *polium* EO is mainly constituted by monoterpene hydrocarbons and characterized by  $\beta$ -  
249 pinene (33%) as most leading component followed by sesquiterpenes with high amount  
250 of germacrene D (17%) and a low content of oxygenated monoterpenes. This profile is  
251 more or less similar to those previously reported (5,6,27-29), but very different from other  
252 studies reporting the preponderance of sesquiterpenes in the chemical characterization of  
253 EOs derived from other ecotypes (Jordan, France, Algeria, Serbia, the Balkans, and Iran)

254 (8). On the basis of a literature survey many other compounds have also been identified  
255 in *T. polium* oil including  $\delta$ -cadinene and  $\alpha$ -cadinol (30), undecane, dodecane, tridecane,  
256 lycopersene (9),  $\alpha$ -pinene, verbenol,  $\alpha$ -terpineol, spathulenol and epizonaren (12),  
257 germacrene D, ocimene,  $\beta$ -pinene (12), limonene and camphor (31).

258 The difference in the quality or quantity of the composition of volatile oils may  
259 be due to genetic, differing chemotype, drying conditions, mode of distillation and or  
260 extraction and geographic or climatic factors (28,31).

261 Results obtained in this study showed that *T. polium* EO have a moderate  
262 antioxidant activity against several charged radicals with the highest efficiency in  
263 hydrogen atoms transfer-based (HAT) and mixed mode electron transfer (ET/HAT)  
264 assays and weak efficiency in inhibition of lipid peroxidation. These results were similar  
265 to those reported by Mahmoudi and Nosratpour (28) and Bendjabeur et al. (5).

266 Several molecules, among those identified in the essential oil under examination  
267 are endowed with various pharmacological properties such as antimicrobial, antioxidant,  
268 anti-inflammatory and analgesic effects (32-34).

269 Acute dermal toxicity corresponds to the adverse effects occurring within a short  
270 time of dermal application of a single dose of a test substance (35). In our study, no signs  
271 of dermal toxicity were observed after application of the *T. polium* ointment. Based on  
272 our data, short-term treatment with EO-based formulation appears safe. The OEO 10%  
273 significantly improved the wound healing process after excision in albino rabbits. On  
274 histological examination, the treated groups (Cicatryl-Bio, OEO 10%) showed higher  
275 collagen deposition and complete re-epithelialization. The best results were obtained with  
276 OEO 10%. The treatment with the ointment had a strong impact on the granulation and  
277 epithelialization of wounds, accelerated tissue repair and reduced the duration of this  
278 process. This may be due to the combined effects of the bioactive constituents, mainly  
279 terpenes. The dermal absorption of EO-based substances, as these terpenes increase  
280 percutaneous absorption of drugs and other compounds due to their lipophilic  
281 characteristics. According to Cal and Sopala (36), the maximum concentration of terpenes  
282 in the stratum corneum and epidermis was obtained within 15 min of application. This  
283 bioavailability of the active molecules stimulates the inflammatory cell production  
284 (macrophage type-2) which is a key regulation step of the wound healing process. The

285 anti-inflammatory effect is essential to shorten the healing period as well as to reduce  
286 pain and scarring (37).

287 Our data confirm results obtained in previous studies performed with extracts in  
288 other animal models (38), reported that the treatment with an extract from callus tissue  
289 derived from *T. polium* had a strong impact on the granulation and epithelialization of  
290 wounds, accelerated tissue repair, and reduced the duration of wound healing process in  
291 rats. Ansari *et al.* (39) also demonstrated the effectiveness of a 2% *T. polium* extract with  
292 91.5% of wound contraction against 75.3% for the reference drug silver sulfadiazine  
293 cream on experimental second degree burns in mice.

294

## 295 **Conclusion**

296 Results of this study showed that the 10% ointment obtained from the essential oil of *T.*  
297 *polium* is significantly effective in wound healing and could accelerate wound healing  
298 process in excision model on rabbits. Moreover, acute dermal toxicity assessment in  
299 albino rabbits indicated that the ointment essential oil of *T. polium* is potentially safe over  
300 a two-week treatment period corresponding to a typical application time in the therapy of  
301 wounds. The present study corroborates scientifically the traditional claims of *T. polium*  
302 in wound healing.

303

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**Table 1.** Chemical composition of *Teucrium polium* essential oil<sup>a</sup>

#	RI <sup>b</sup>	RI <sup>c</sup>	Class/Compounds	%	SD
			<b>Monoterpene Hydrocarbons (11)</b>	<b>59.7</b>	<b>0.003</b>
3	930	931	$\alpha$ -Thujene	0.1	0.000
4	939	941	$\alpha$ -Pinene	9.7	0.004
5	954	954	Camphene	0.3	0.000
6	960	959	Thuja-2.4(10)-diene	0.1	0.000
7	979	987	$\beta$ -Pinene	32.8	0.016
8	990	996	Myrcene	7.8	0.005
9	1017	1020	$\alpha$ -Terpinene	t	0.000
10	1026	1028	<i>o</i> -Cymene	0.1	0.000
11	1029	1036	Limonene	7.3	0.005
12	1037	1041	$\beta$ -Z-Ocimene	0.2	0.000
14	1050	1052	$\beta$ -E-Ocimene	1.1	0.001
18	1088	1091	Terpinolene	0.2	0.005
			<b>Oxygenated Monoterpenes (31)</b>	<b>6.2</b>	<b>0.007</b>
16	1072	1078	<i>cis</i> -Linalool oxide	t	-
17	1082	1088	Camphenilone	t	-
19	1096	1101	Linalool	0.2	0.005
20	1105	1105	$\alpha$ -Fenchocamphorone	0.1	0.006
22	1116	1113	endo-Fenchol	0.1	0.001
23	1126	1127	$\alpha$ -Campholenal	t	-
24	1140	1142	Nopinone	0.3	0.001
25	1139	1145	<i>trans</i> -Pinocarveol	0.8	0.006
26	1142	1148	<i>trans</i> -Sabinol	0.1	0.006
27	1143	1151	<i>cis</i> -Sabinol	0.3	0.000
28	1158	1162	Nerol oxide	t	-
29	1164	1167	Pinocarvone	0.6	0.001
30	1169	1172	Borneol	0.2	0.000
31	1177	1182	Terpinen-4-ol	0.1	0.020
32	1188	1189	$\alpha$ -Terpineol	t	-
33	1195	1199	Myrtenal	0.8	0.013
34	1195	1201	Myrtenol	0.6	0.016
36	1205	1214	Verbenone	0.1	0.000
37	1216	1224	<i>trans</i> -Carveol	0.1	0.001
38	1229	1233	Nerol	0.2	0.000
39	1241	1245	Cumin aldehyde	0.1	0.001
40	1243	1248	Carvone	0.1	0.000
41	1267	1275	Geranial	t	0.001
42	1271	1279	Perilla aldehyde	0.1	0.001
43	1285	1289	Bornyl acetate	0.3	0.000
44	1290	1296	Thymol	0.4	0.068
45	1298	1303	<i>trans</i> -Pinocarvyl acetate	0.1	0.000
47	1326	1330	Myrtenyl acetate	t	-
51	1361	1368	Neryl acetate	0.1	0.000
52	1381	1383	Geranyl acetate	0.1	0.047
58	1436	1452	Neryl acetone	0.1	0.0
			<b>Sesquiterpenes (27)</b>	<b>30.0</b>	<b>0.170</b>
49	1338	1343	$\delta$ -Elemene	0.1	0.001
53	1388	1392	$\beta$ -Bourbonene	1.3	0.004
54	1390	1397	$\beta$ -Elemene	0.1	0.004
56	1420	1426	$\beta$ -Ylangene	0.3	0.000
57	1430	1442	$\beta$ -Copaene	t	-
59	1454	1457	$\alpha$ -Humulene	0.1	0.001
60	1466	1469	<i>allo</i> -Aromadendrane	0.5	0.000
61	1479	1475	$\gamma$ -Muurolene	0.1	0.000

62	1481	1496	Germacrene D	16.6	0.016
63	1489	1498	$\beta$ -Selinene	0.5	0.081
64	1500	1507	Bicyclogermacrene	3.2	0.205
65	1502	1513	<i>trans</i> - $\beta$ -Guaiene	1.7	0.157
66	1502	1517	$\gamma$ -Patchoulene	0.3	0.063
67	1513	1521	$\gamma$ -Cadinene	0.3	0.014
68	1523	1528	$\delta$ -Cadinene	0.5	0.177
69	1538	1540	$\alpha$ -Cadinene	0.1	0.000
70	1561	1566	Germacrene B	0.2	0.008
71	1575	1568	Germacrene D-4-ol	0.2	0.005
72	1578	1588	Spathulenol	1.6	0.006
74	1592	1609	Viridiflorol	0.1	0.004
76	1640	1631	<i>epi</i> - $\alpha$ -Cadinol	0.1	0.005
77	1642	1651	<i>epi</i> - $\alpha$ -Muurolol	0.4	0.001
78	1654	1665	$\alpha$ -Cadinol	0.6	0.001
79	1676	1684	Cadalene	t	-
80	1688	1697	Eudesma-4(15)7-dien-1 $\beta$ -ol	0.2	0.001
81	1700	1704	Eudesm-7(11)7-en-4-ol	0.6	0.001
82		1849	Perhydro farnesyl acetone <sup>d</sup>	0.4	0.001
<b>Others (13)</b>				<b>0.5</b>	<b>0.001</b>
1	855	855	2 <i>E</i> -Hexenal	0.1	0.000
2	902	923	Heptanal	t	-
13	1042	1048	Benzene acetaldehyde	t	-
15	1055	1063	Pentyl iso butanoate	0.1	0.003
21	1112	1110	1-Octen-3-yl acetate	t	-
35	1201	1207	Decanal	t	-
46	1317	1319	3 <i>E</i> -Hexenyl tiglate	t	-
48	1332	1333	Hexyl tiglate	t	-
50	1359	1363	Eugenol	0.1	0.000
55	1400	1410	Tetradecane	t	-
73	1600	1604	Hexadecane	0.1	0.002
75	1612	1620	Tetradecanal	0.1	0.004
83	1900	1866	Nonadecane	T	0.000

<sup>a</sup> The numbering refers to elution order, and values (relative peak area %  $\pm$  SD) represent averages of 3 determinations (t = trace, < 0.05%); <sup>b</sup> Literature Retention Index (RI); <sup>c</sup> Retention index (RI) relative to standard mixture of *n*-alkanes on SPB-5 column; <sup>d</sup> Tentatively identified by MS data only.

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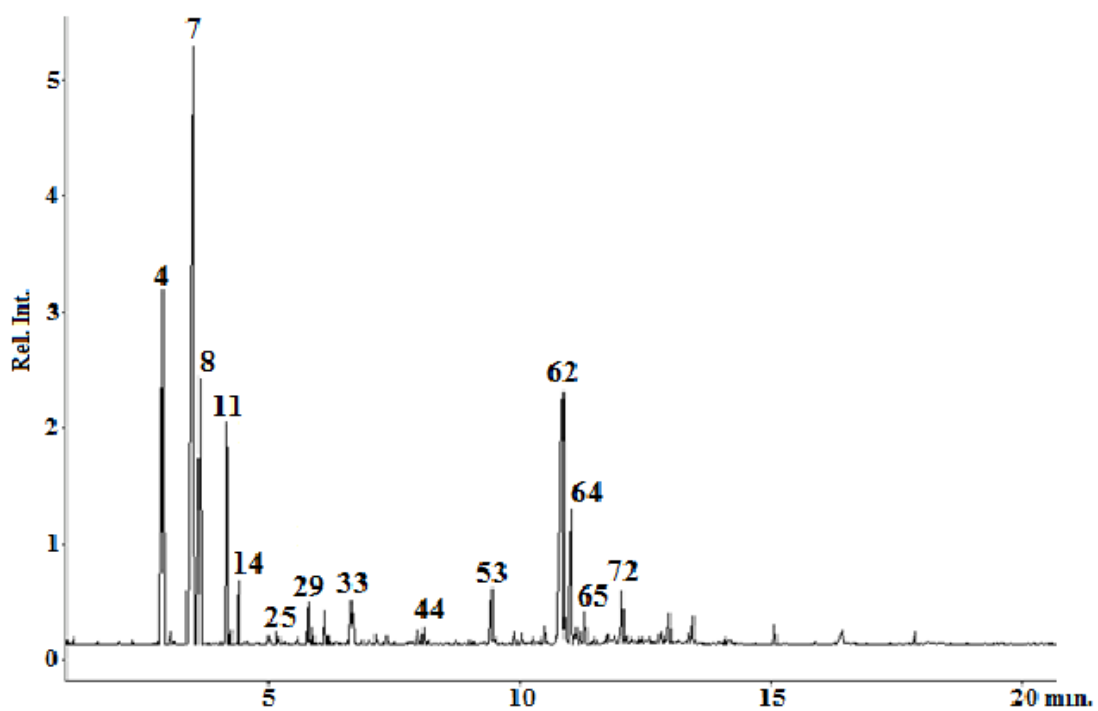
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**Table 2.** Effect of different treatments on the evolution of the healing process of excision wounds.

Group	Wound contraction (%)			
	Number of days			
	4	8	12	16
UT	15.73 ± 0.07	23.93 ± 0.21	25.57 ± 0.50	42.62 ± 0.48
CIC	19.87 ± 0.23	29.48 ± 0.28	58.33 ± 0.24**	85.25 ± 0.02***
OEO 10%	5.63 ± 0.23	24.03 ± 0.12	62.90 ± 0.28 ***	89.61 ± 0.17 ***
PJ	17.91 ± 0.12	26.86 ± 0.21	32.83 ± 0.15*	67.16 ± 0.14**

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Values are expressed as mean ±SD (n = 4), \* p<0.05, \*\*, p<0.01, \*\*\* p<0.001 when treated groups are compared to the UT group. UT: untreated group; CIC: group treated with Cicatryl-Bio; OEO 10%: group treated with essential oil ointment; PJ: group treated with petroleum jelly.



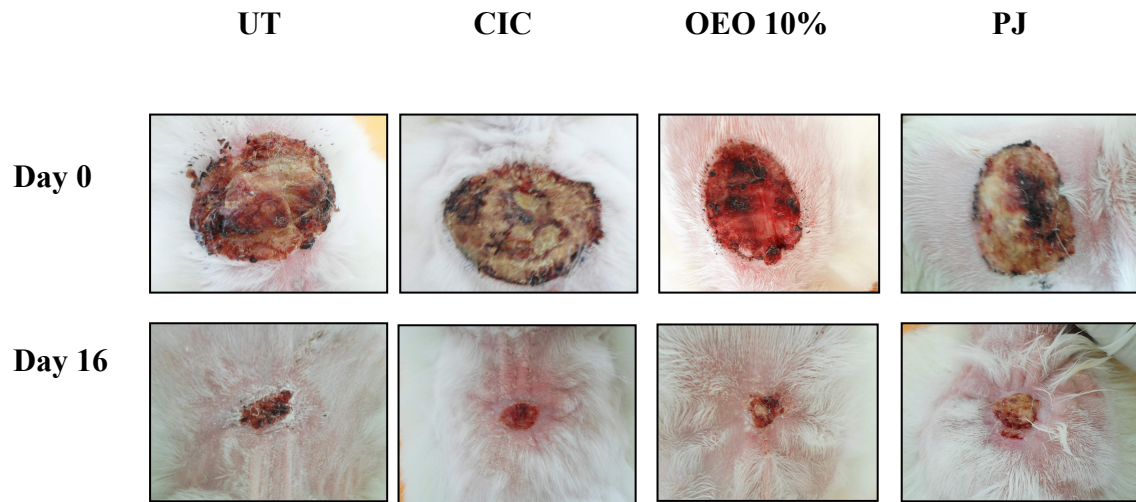
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466 **Figure 1.** GC profile of *Teucrium polium* essential oil, for the peak numbering see  
 467 Table 1.

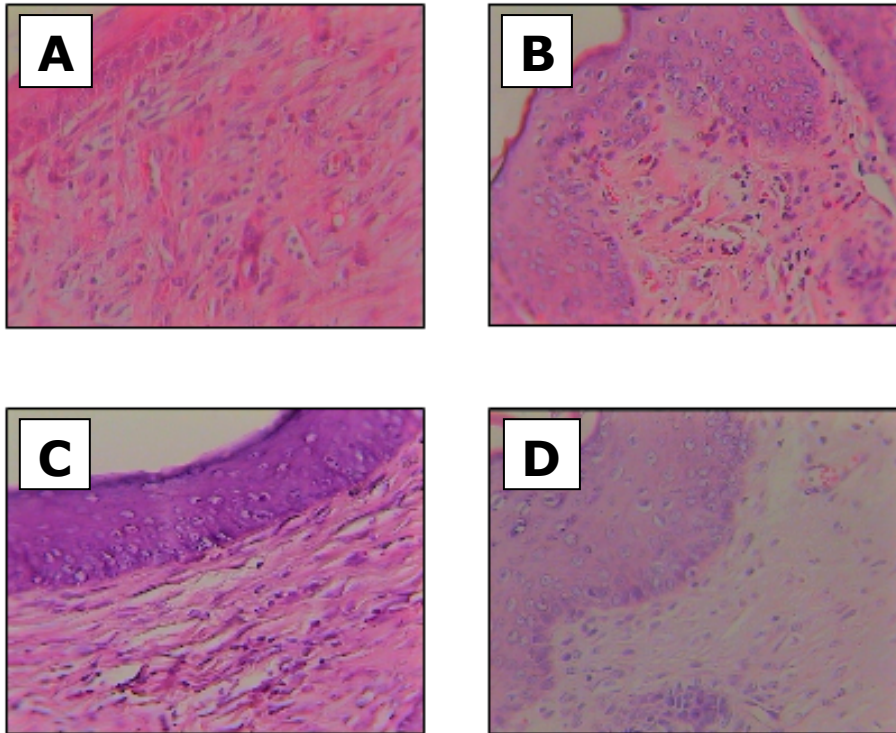
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471 **Figure 2.** Chronology of excision wound healing in different groups. UT: Untreated  
472 group, CIC: Cicatryl-treated group, OEO 10%: ointment essential oil 10%-treated group  
473 and PJ: petroleum jelly-treated group.  
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477 **Figure 3.** Histological evaluation of wound skin sections stained with hematoxylin and  
478 eosin (40 X magnification). **A** and **B**: UT and PJ-treatment, respectively, showing fewer  
479 collagen fibers and a plenty of inflammatory cells; **C** and **D**: animals treated with OEO  
480 10% and CIC drug reference, respectively, showing better healing and complete re-  
481 epithelialization.